

BENSON POLYTECHNIC HIGH SCHOOL

BLUEPRINT





Benson Blueprint 2009



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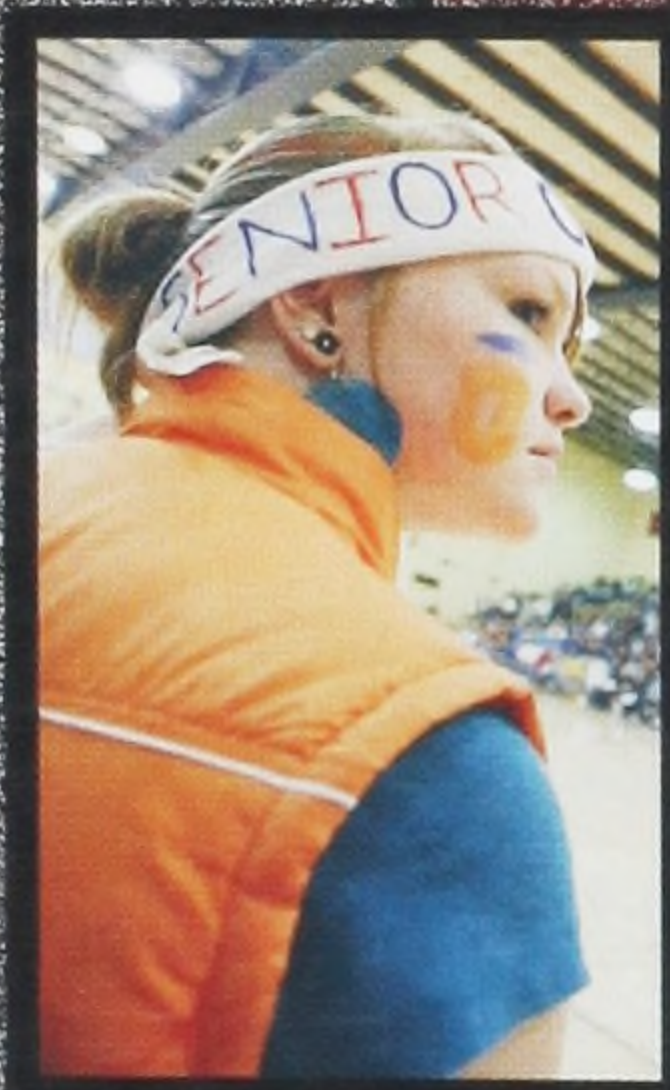
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"Success is the ability to overcome total disaster." -
Winston Churchill

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Rock
with the
orange
and roll
with the
blue.

"United by Spirit, Bonded by Name"

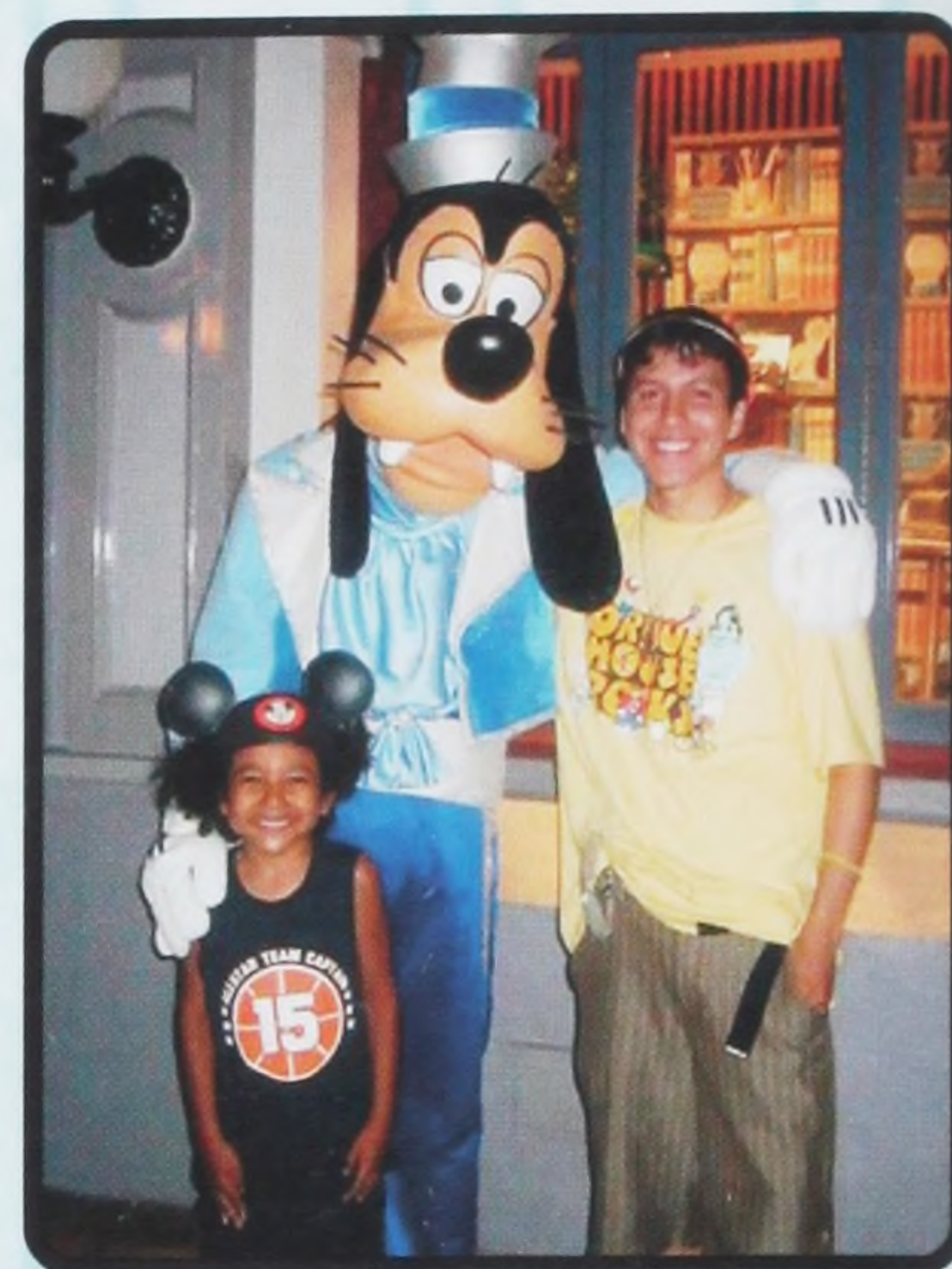
SUMMER FUN



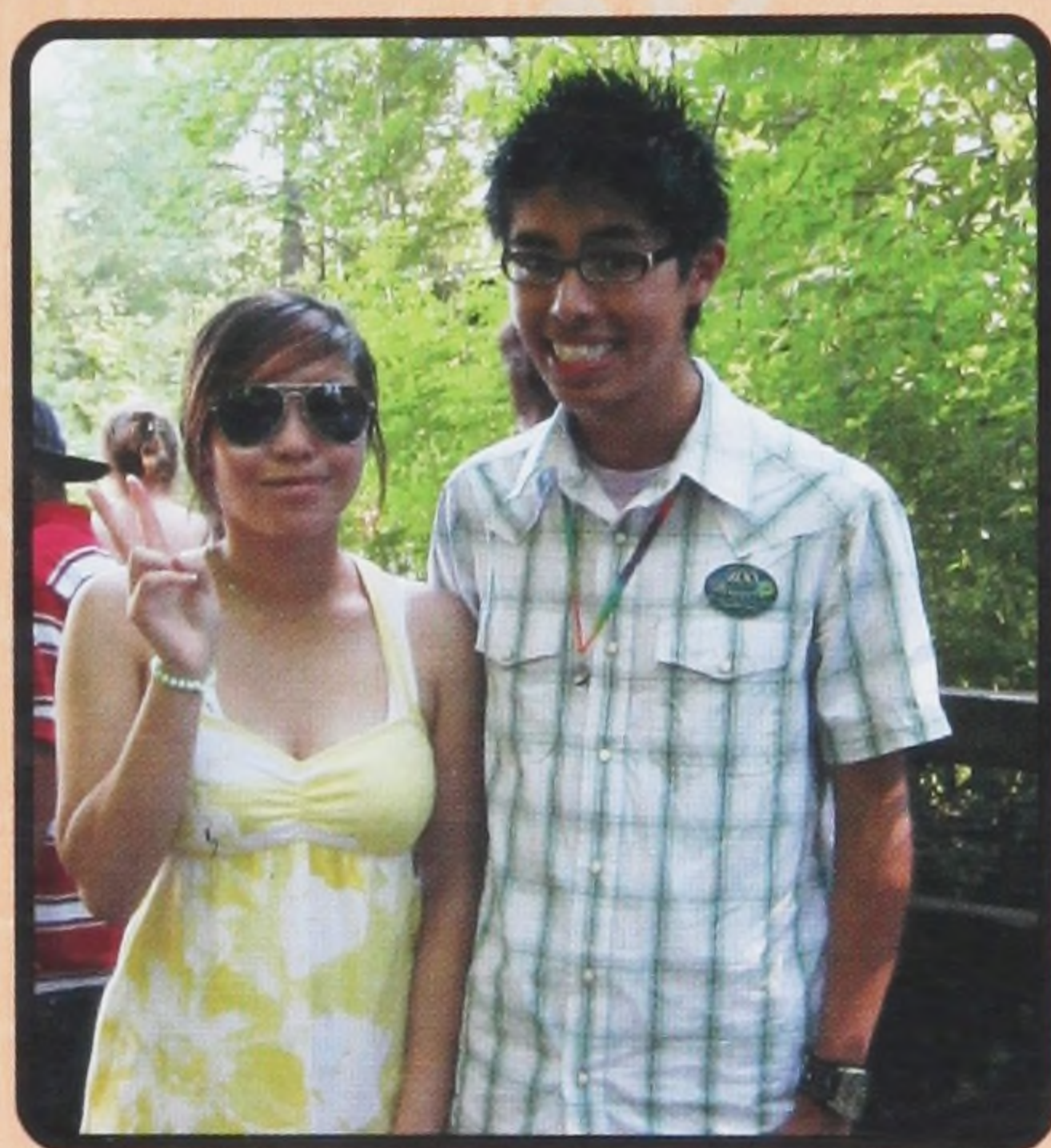
Pulling off the stunner shades, Khayrie Rivers and his cousin stop and pose for a candid picture.



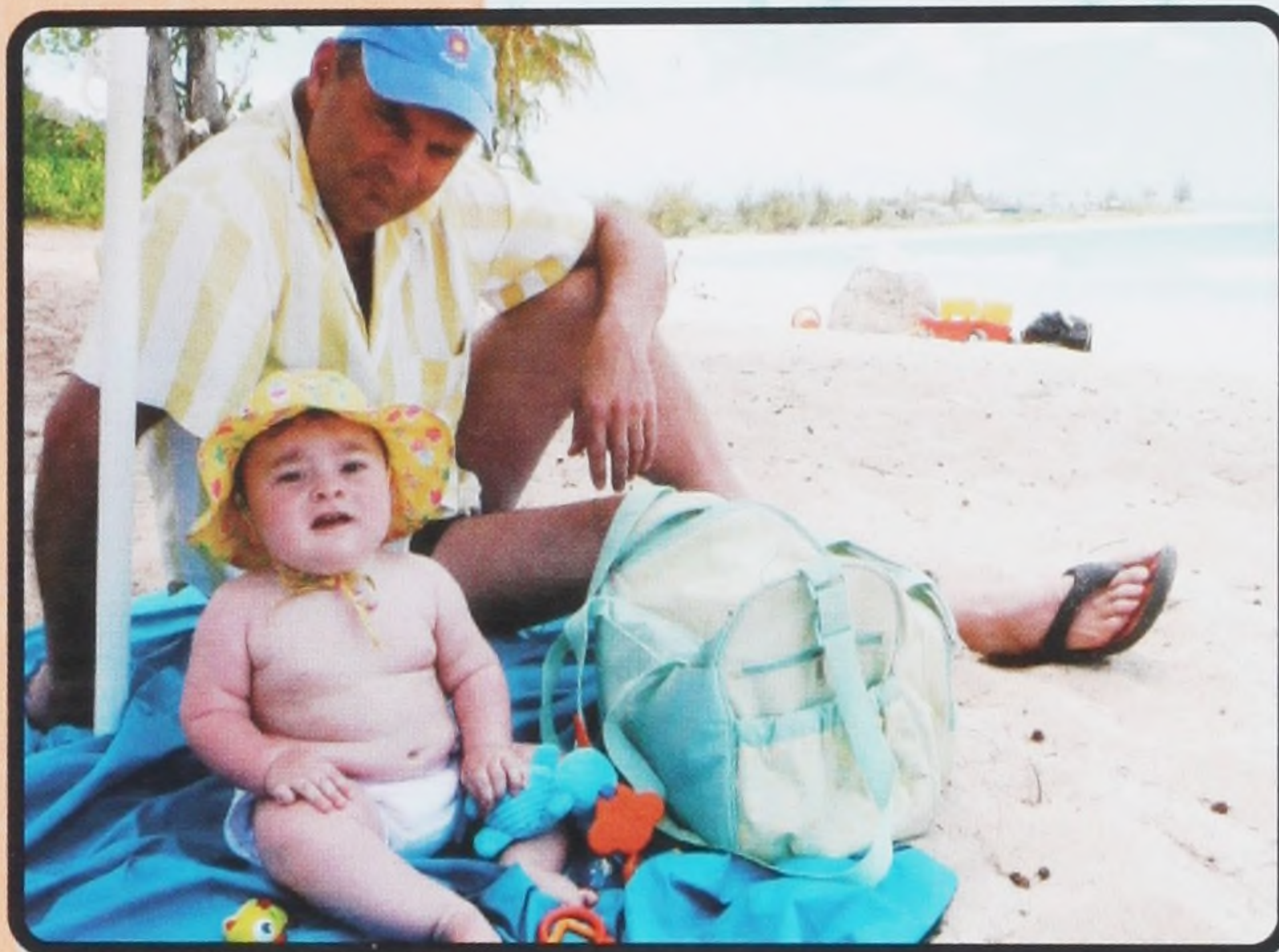
Patrick Valdefiera entertains the crowd with the "freeze" stance, leaving others speechless and impressed at Grassy Knoll Gallery.



Noel Maalouf and his little brother find one of their favorite Disney characters at Disneyland.



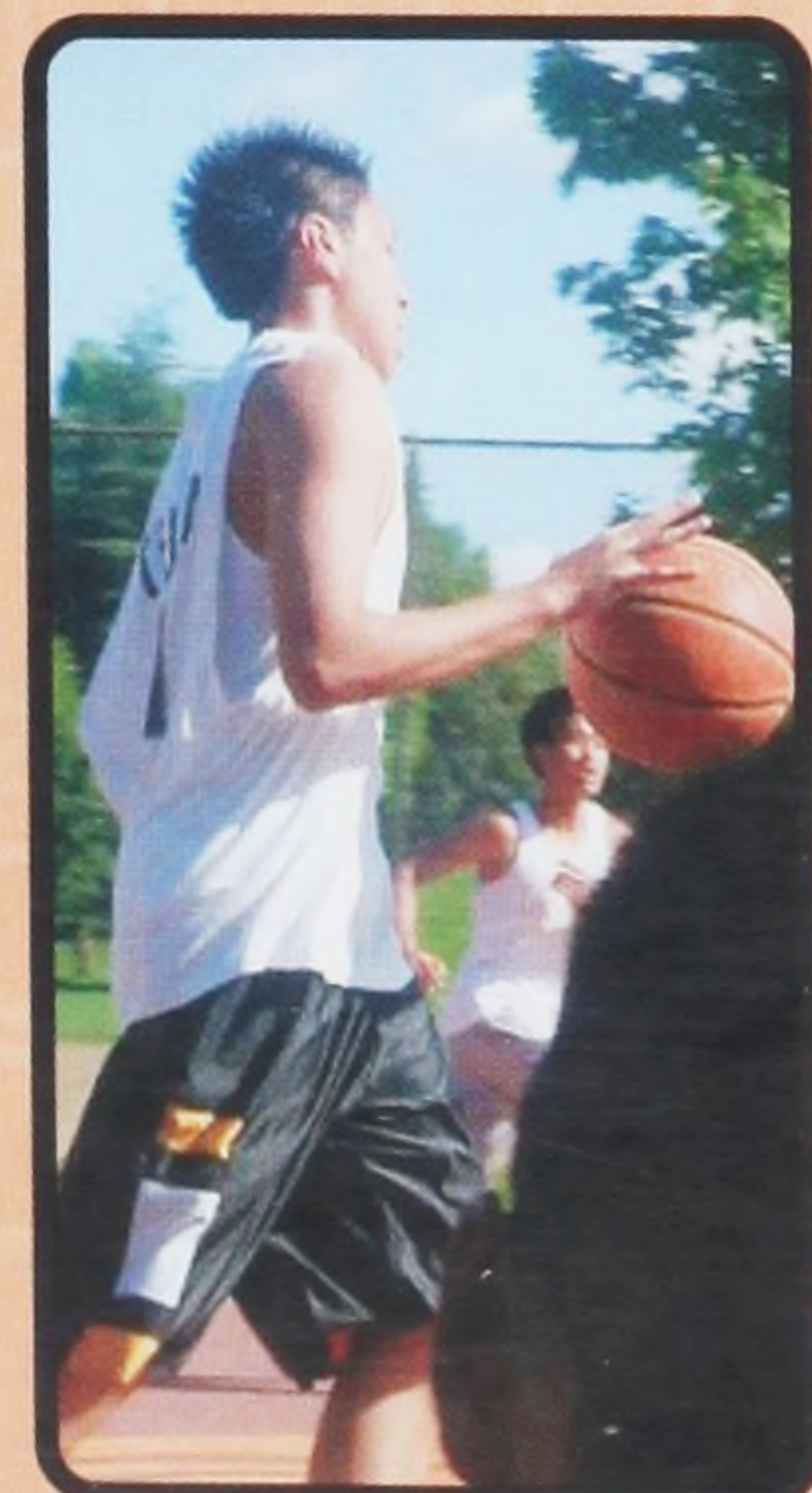
Animal lovers Annie Chen and Freddy Rodriguez spend quality time together at the Oregon Zoo.



Making sandcastles and playing in the sand, Mr. Ryan takes his adorable baby Michael to Kailua, Hawaii.



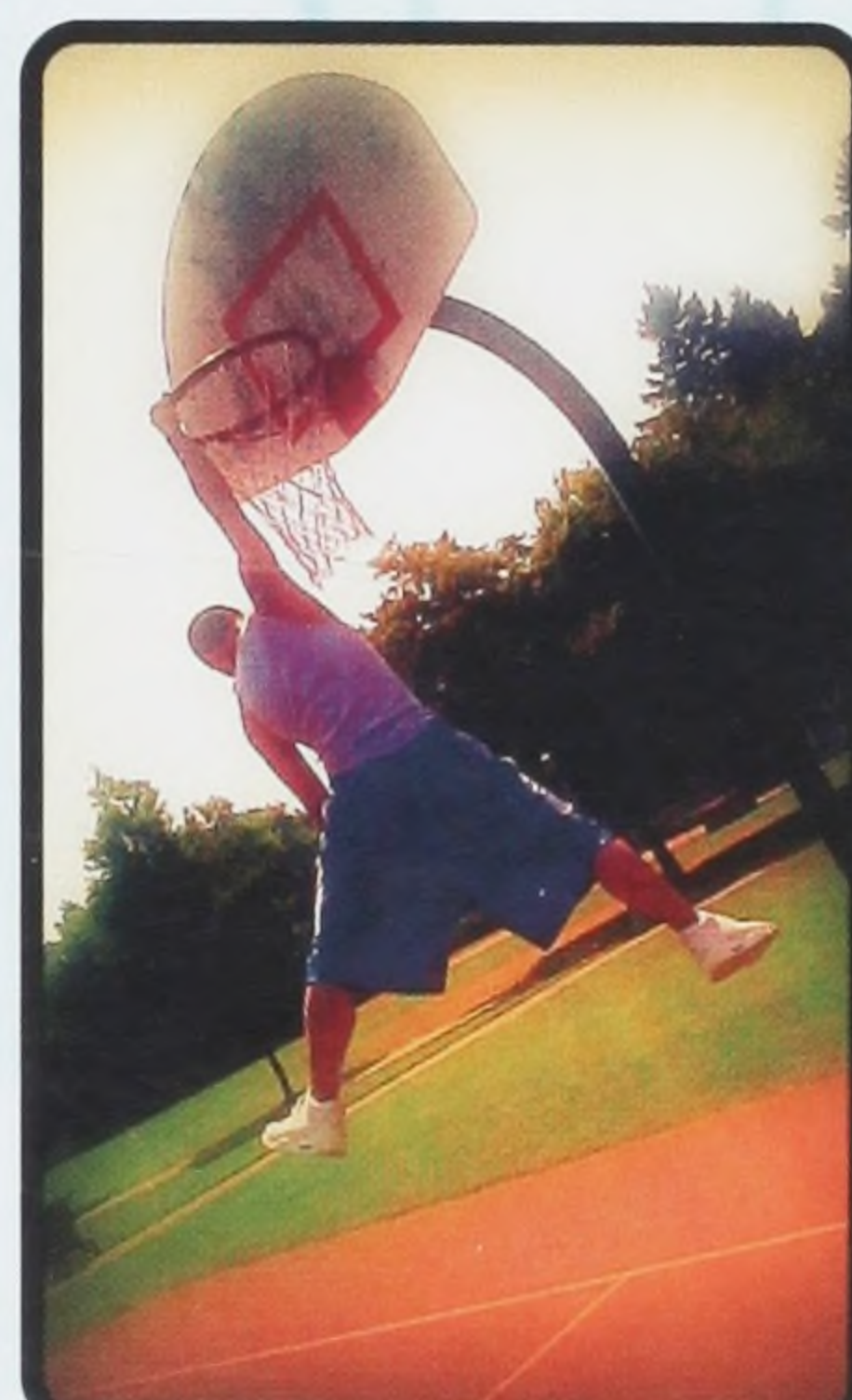
Jessica Nguyen walks through the Kansas City Plaza and stops to take a picture on the pretty stairs.



Staying in tip top shape, Antony Nguyen plays basketball at Atkinson park to prepare for CACA's fall tryouts.



Taking advantage of the fallen leaves, Dale Johnson takes a snapshot of Daniel Lurvey skating at Glenhaven Skate Park.



Best friend Tien Nguyen captures Kelly Gutierrez hanging from the basketball rim after making a monster jam. The two spend quality time together at Peninsula Park.



Who says there's no snow in the summertime? Instead of sweating in the sun, Dale Johnson heads to Mt. Hood to snowboard, having fun in the snow.

NO WORRIES, JUST FUN.



Mrs. Ganoe enjoys the coolness of a gorge waterfall on a scorching hot August day last summer. Ms. Ganoe deserves some R&R after all the hard work she does in the career center.



Tommy Ngo poses in front of a popular Buddah found in Suoi Tien, Vietnam.



Enjoying the perfect weather, Kiara Penson goes downtown to relax and soak up the sun.



Reliving their childhood, Lisa Le, Nhi Vu, Bich-Ngoc Nguyen, and Tu Tran sit down to take a funny memorable picture at Rose City Park.



Ethan Shaddock and Jenna Osterman treat themselves with delicious smores on a boating trip.



Cousins Laura and Mariela Ramirez go to Glenhaven park reliving their childhood memories by taking pictures in the sun.



Best friends Eddy Sanchez and Juan Marin cook a mouthwatering breakfast at Elmers.

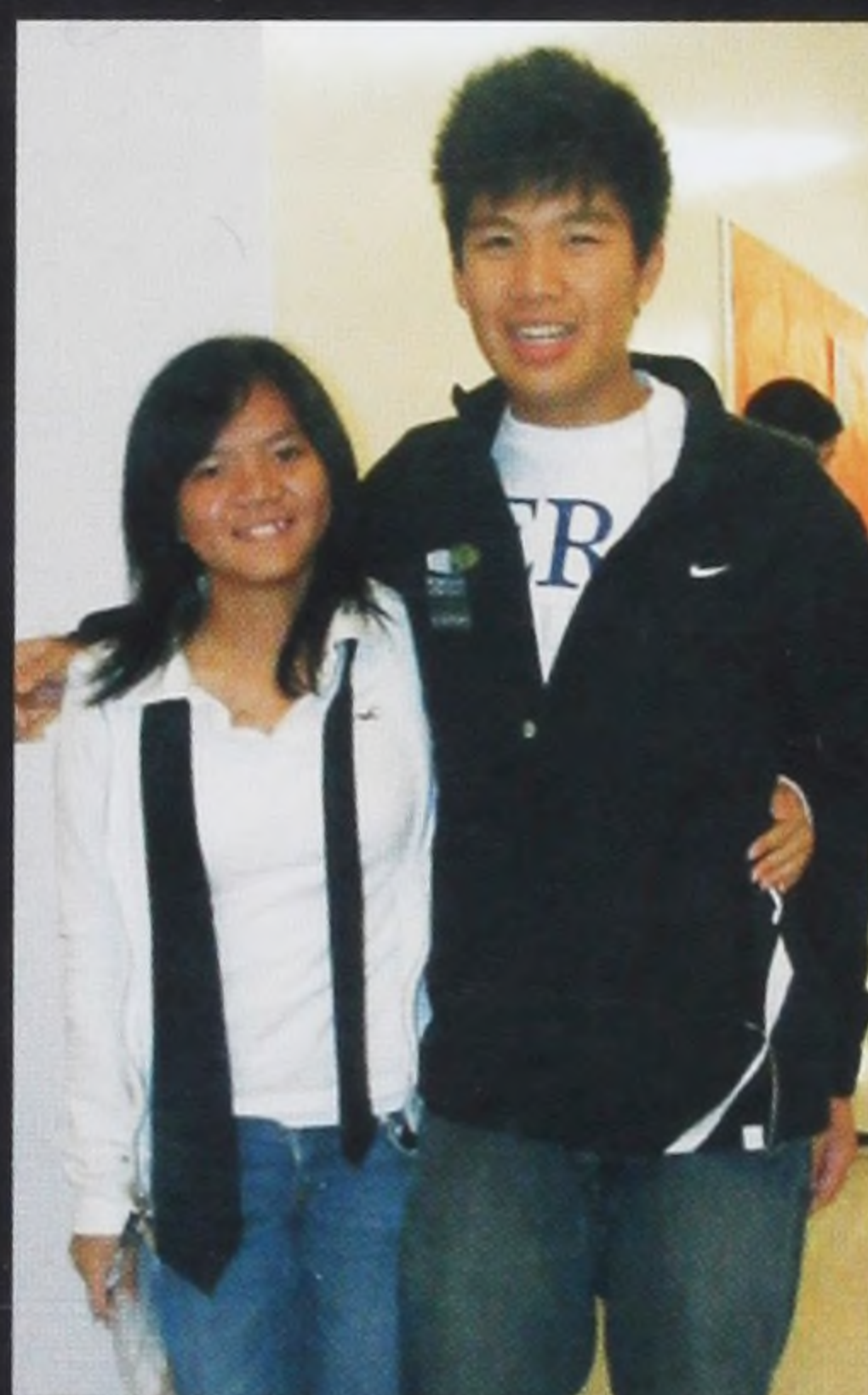
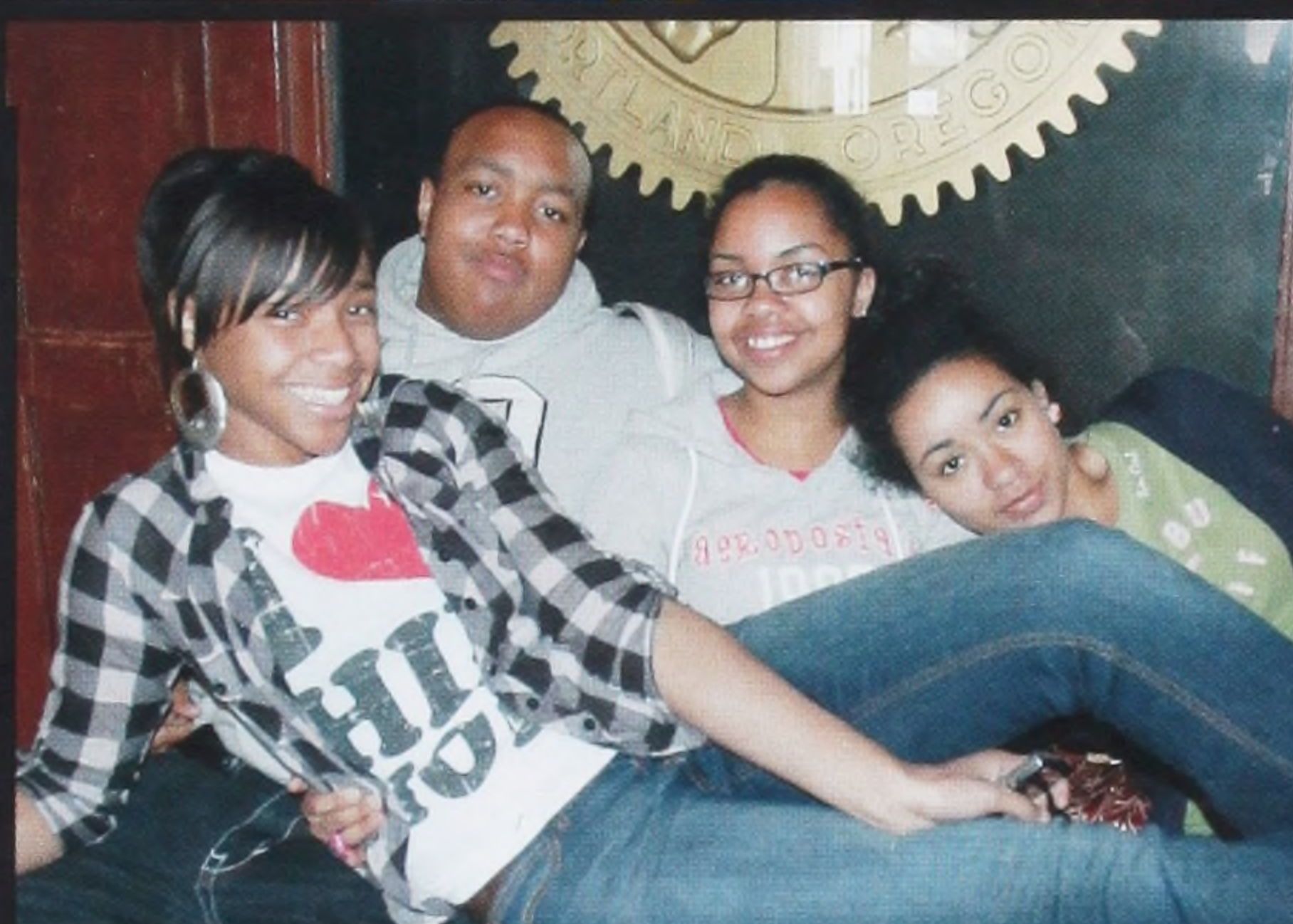


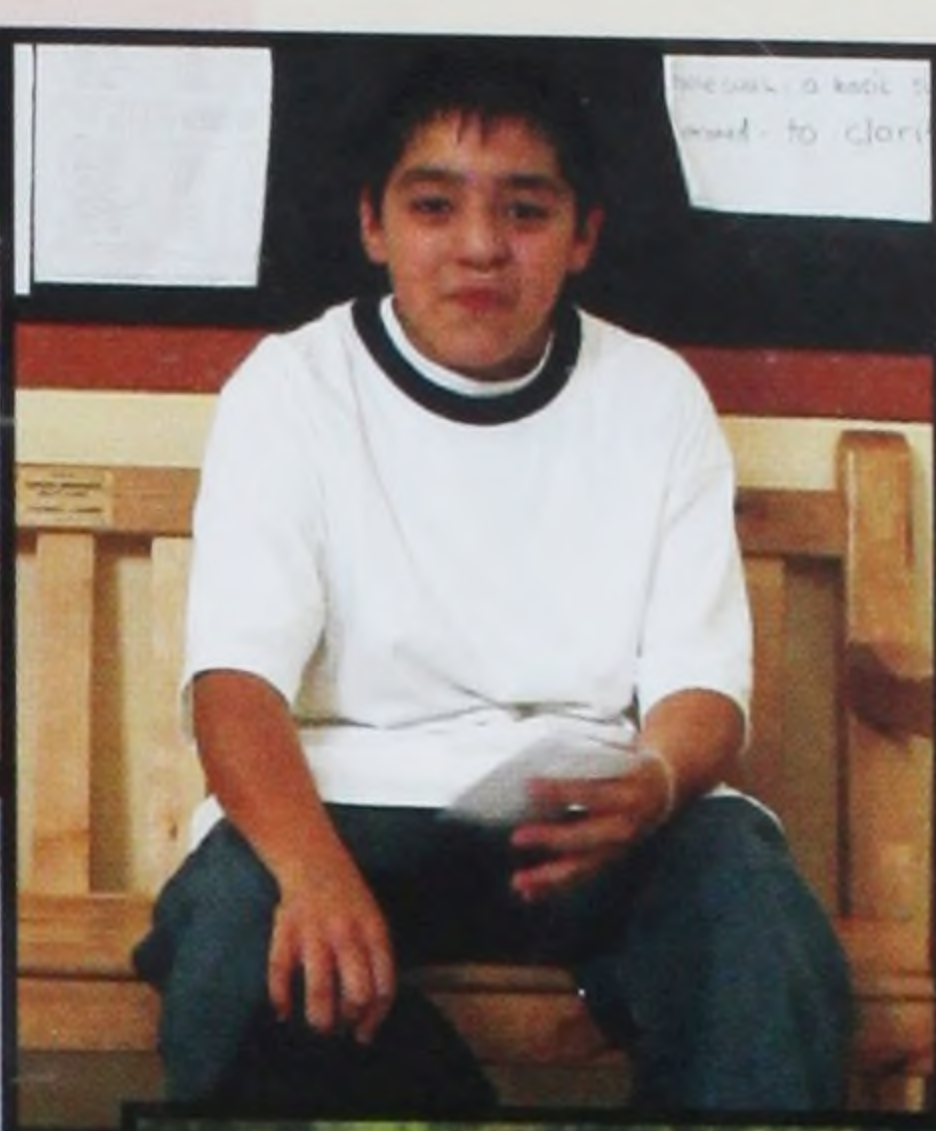
Using his photography skills, Kelly Gutierrez takes a picture of Danny Saechao watching the sunrise at Wild Horse Canyon.



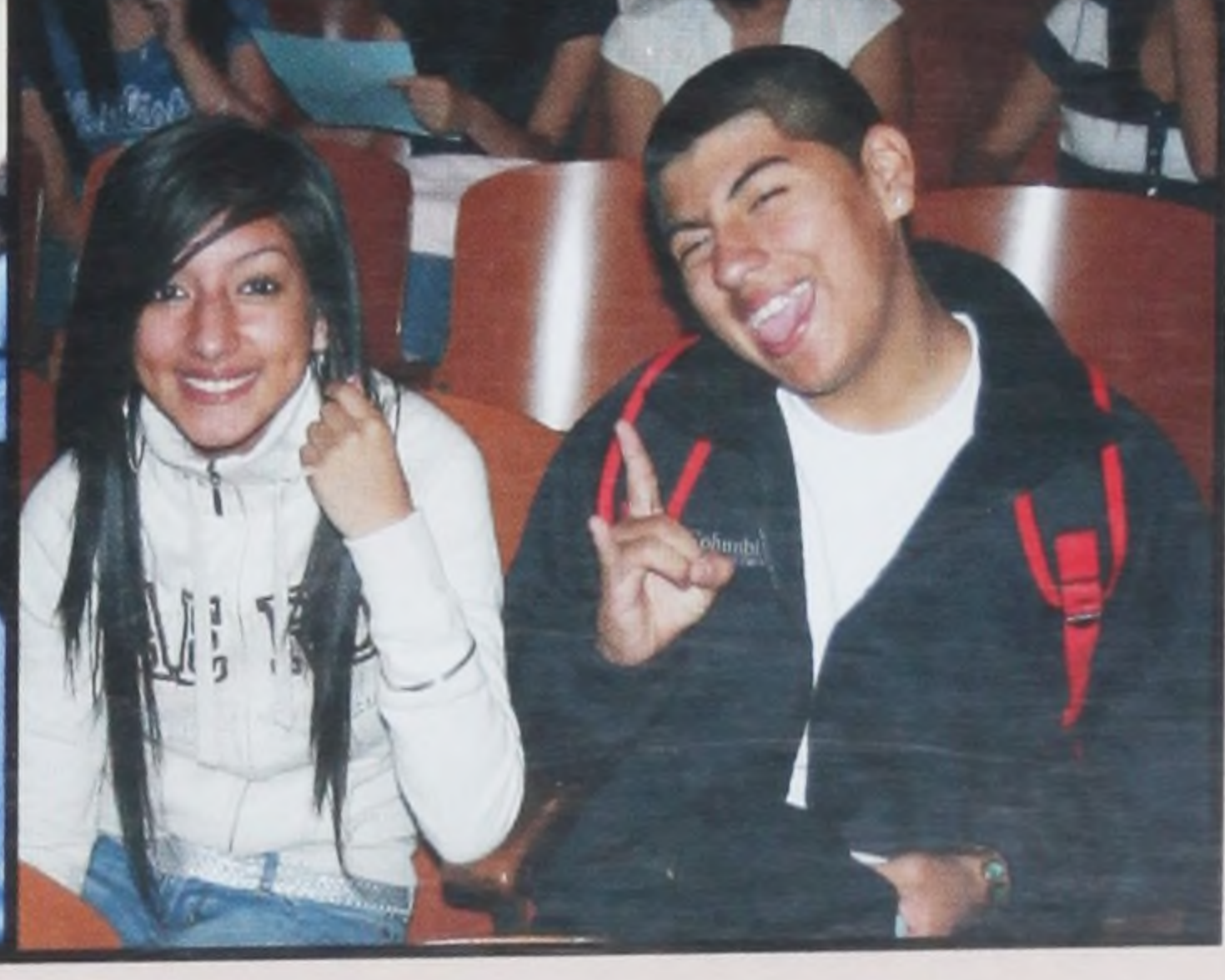
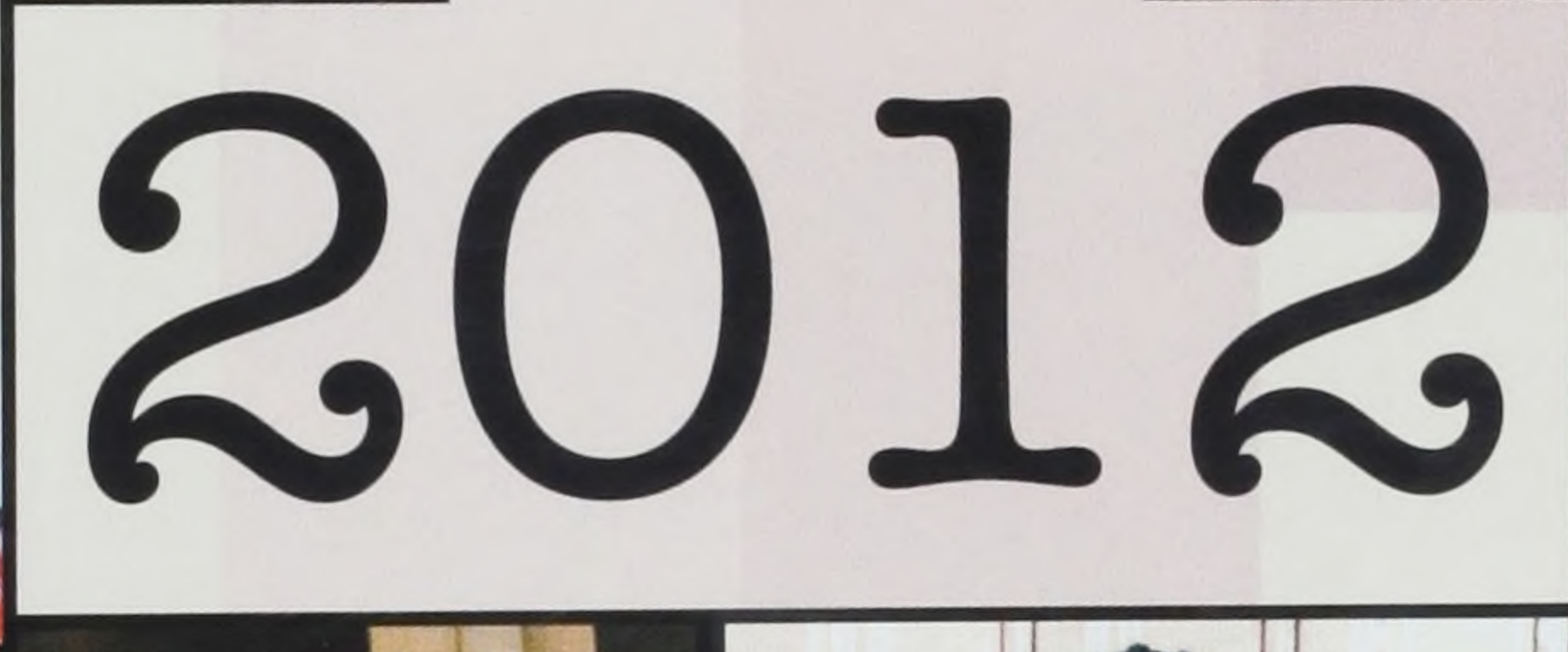
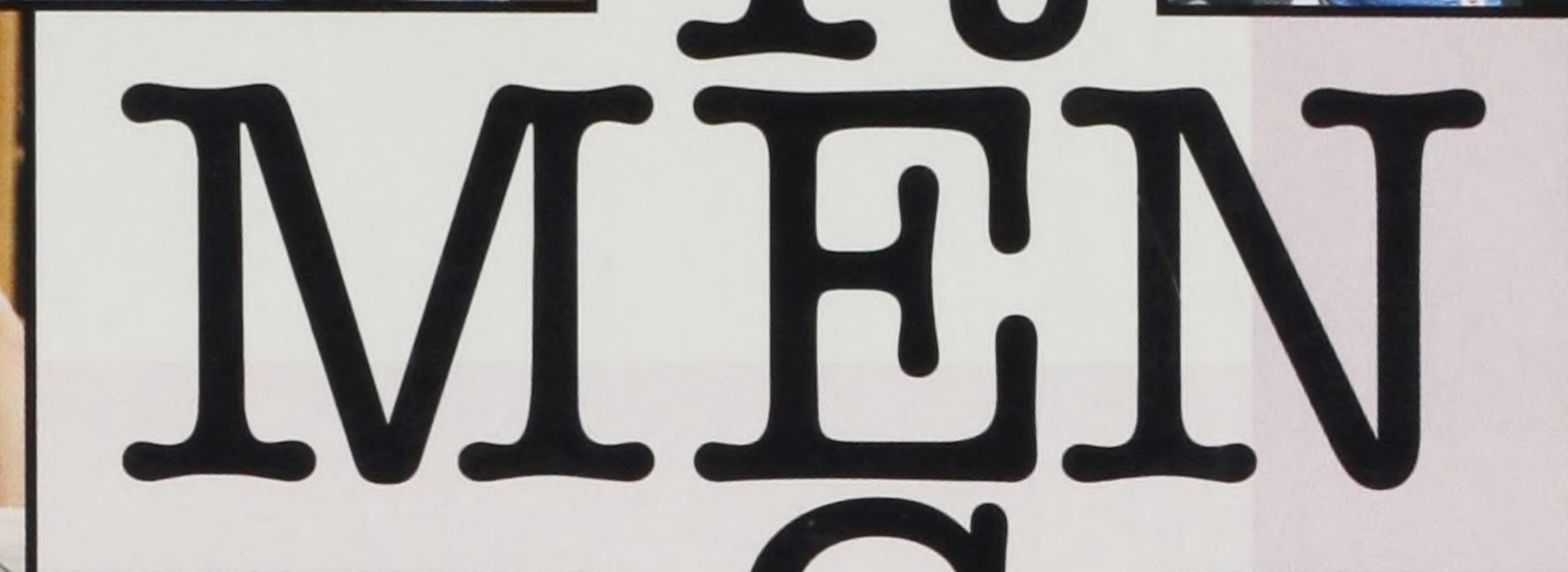
Shane Sahnaw strolls the Kansas City Streets and comes across the Sprint Center. Kansas City was the site of the SKILLS National contest.

Hall Life





F R I E N D S H I P 2012





Davioun
Aaron-Love



Bryan
Adolphson



Devontae
Ahmed



Seyram Akoto



Daniel Alba



Ana Alfaro-
Hernandez



Ashia Allen



Keegan Allison



David Alvarez



Jessica
Anderson



Diego
Andres-Ramirez



Denzel Bailey



Isaac Bailey



Tracey Barber



Tori Barton



Sanjay Battan



Ryan Baugh



Jose Bautista



Sade Beasley



Jared Berg



Yosief Berhe



Katelyn
Beshears



Penelope Biggs



Marche Black



Wesley Black



Andrea
Blackmon-
Wallace



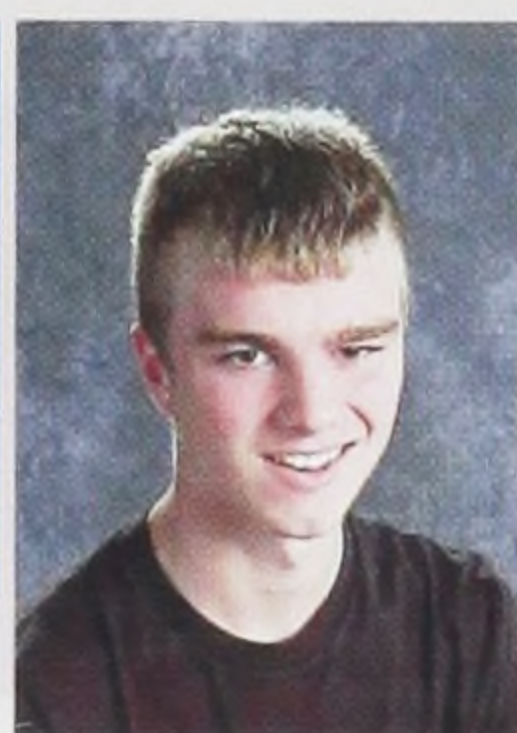
Nicholas Blank



Kayla Borges



Lasean Branch



Jordan
Broderick



Jeffery Brown



Maria Bueno



Michael Bunker



Dalton Butler



Kyler Buzalsky



Antonio Cabine



Sara Cahill



Daelonz
Caldwell



Ajanae Calhoun



Karla Carballo



Samuel
Carlisle-
Sullivan



Jasmine
Casanova-Dean



Miriam
Castaneda-Dzul



Jahara Castillo



Clarizza
Catabay



Blia Cha



Joshua Cha



Pajku Cha



Kasandra
Chancey



Alvin Chau



Ana-Lilia
Chavez-Garcia



Lorita Chen



Jaimie
Chinchilla



Jesse Claudio



Reilly Cocklin



Nicole Codi



Deseree Cole



Jasmine Cole



Brock Collar



Joshua Coon



Timothy
Covington



Crystal Crone



Christian Cruz



Samara
Cunningham



Kimberly Dam



Rian Damske



Su Dao



Dalontae Davis



Latasha Davis



Jadiel Demara



Logan Desoto



Duy Do



Jade Dodge



Nicole Dodier



Pascual
Domingo-
Lopez



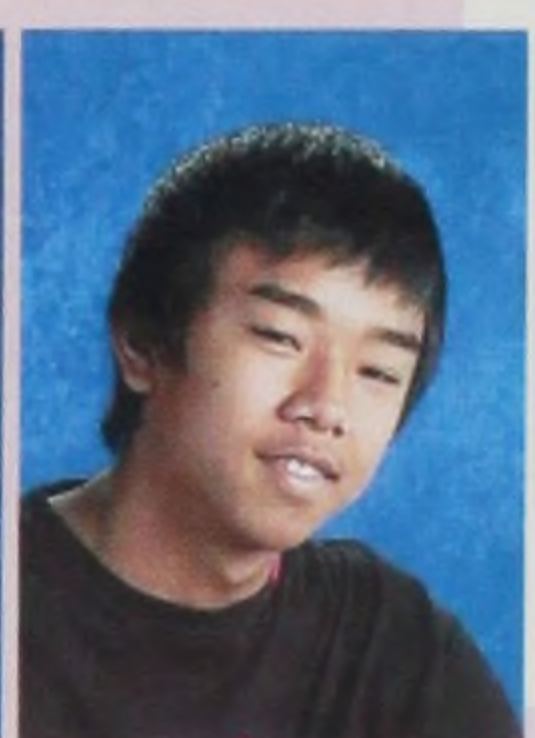
Kiara Drake



Josiah
Dunnington



Lina
Duran-Perez



Aparrdean El



Gabriel Elias



Alexander Eliw



Veronica
Espinoza



Alberto Euan



Forrest Ewen



Tobias
Ferguson



David Ferman



Traemon
Franklin



Matthew
Freeman



Kahreana Frison



Destiny Fulton



Josephine
Gamez-Reyes



Luis Angel
Garcia-Trujillo



Roote
Gebremariam



Jessica
Gonzalez-
Martell



Kathy
Gonzalez-
Palafox



Ian Grall



Aaron
Greenbaum



Ivan Gutierrez



Zachariah
Haddad



Christian
Hagner



Tyreisha Hale



Regina Hall



Dalontriara
Hall-Goodman



Benjamin
Hamilton



Khari-Malik
Hannah



Cory Harris



Ramar Hatchett



Dylan Haupt



Zachary
Heineman



Arlene
Hernandez



Maria
Hernandez-
Garcia



Alexander
Hibbard



Xuan Hoang



Donovan
Hodges



Lacey Howard



Donald
Husband



Orlando Ibarra



Esteban
Ibarra-Martinez



Abdul-Rahman
Jeffery



Britney Johnson



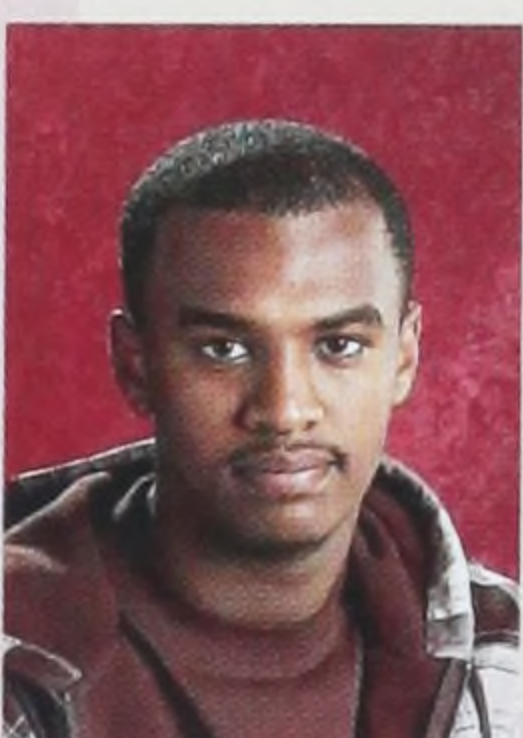
Adeshia Jones



Alexander Jones



Yanteunnea
Jones



Robel Kahassai



Zane Kelley



Nikhil Kishore



Joseph Klein



Nikkita Klein



Mikel Kralicek



Matthew Laclair



Teresa Lai



Alan Lam



Carina Lam



Raymond Lao



Breanna Larkins



Adam
Lashbaugh



Duaci Lee



Marc Leverett



Dasyanique
Lewis



Winnie Liu



Mariah Lomax



Christopher
Lord



Amury Lozano



Brandon
Luna-Mendoza



Brenden
Luworo



Grant
Macgillivray



Charles Maricle



Berenice
Marin-Puc



Joseph
Marteeny



Eva Martinez-
Mercado



Luis Mata



Alexie
McClaurin



Tatyana
McDonald



Alexander
McEmrys



Lukeisha
McGuffy



Heather McKay



Miguel
Mendoza



Emiliano
Mendoza-
Mccrory



Alec Meter



Daisy Michel



Magdalena
Miguel



Lauren Miller



Ignacio Mims



Anthony
Minnieweather



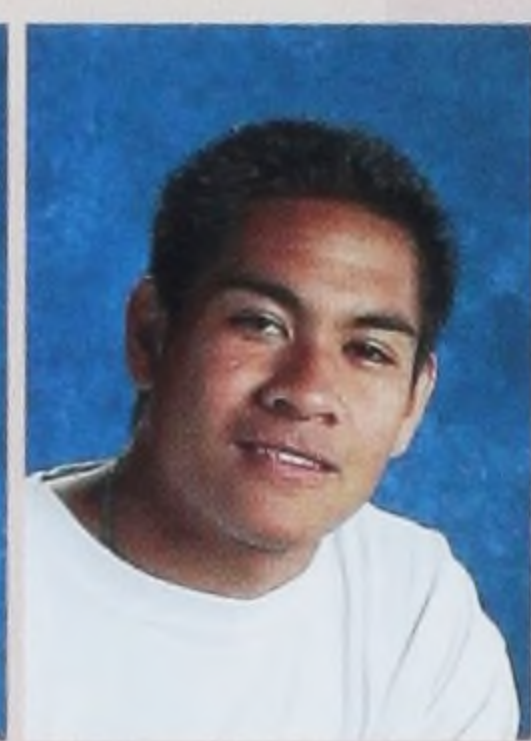
Andre Mitchell



Brian Mitchell



Lasandra
Mitchell



Tatafu Moeaki



Dominique
Moore



Taylor Moore



Nickolas
Mueller



Samuel Munson



Julian Nelson



Bao Nguyen



Eric Nguyen



Khoa Nguyen



Phap Nguyen



Vivian Nguyen



Zachary Nye



Dennis
Ocampo-
Escobar



Thomas Olson



Amy
Panyanouvong



Jorge
Parra-Duarte



Diego Pascual-
Sebastian



Hermelinda
Pascual-
Sebastian



Spencer Paxton



Felipe
Pedro-Lopez



Diadira
Pedro-Xuncax



Ester Penate



Samuel Percell



Billy Pham



Maria Pham



Izayah-Patrick
Phillips



Joe Phomma



Andrew Pike



Rebecca
Pounder



Oscar
Prado-Avila



Nick Preciso



Mercedes
Preston



Brandon
Proppe



Hao Quach



Benjamin
Quinones-
Becerra



Fabian Ramirez



Yessica
Ramirez-
Gonzalez



Erick Rebollo



Tyler Regen



Shanice Reid



Demetrius
Rhodes



Kavonte Rice



John Richards



Gerald
Richardson



Cesar Rivera



Chance
Robinson



Maria Rojas
Mendez



Jorge
Ruiz-Esquivel



Xzashia Sabb



Davon Samoun



Jared Samuels



Damian
Sanchez



Maria Sanchez
Alvez



Thomas
Sanders



Amber
Sandoval



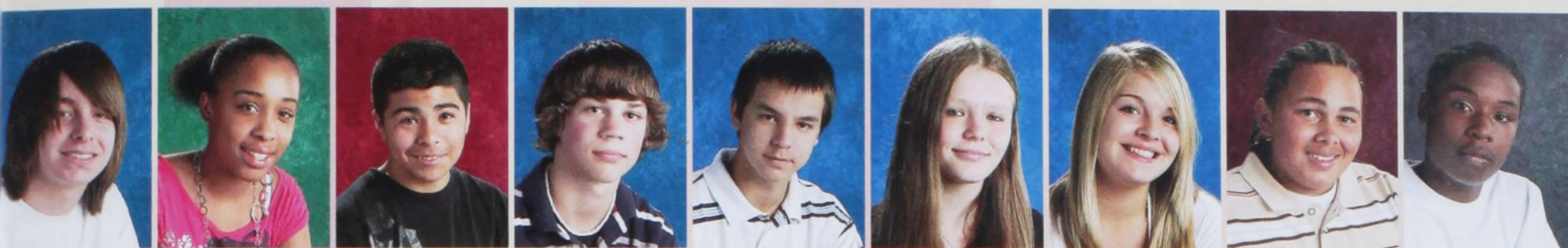
Guadalupe
Sandoval-Juarez



Francisco
Santos-
Quintero



Alexander
Sattley



Austin Schroeder Justice Scott Alejandro Serna-Garcia Trenton Shadduck Veniamin Shevchenko Cami Smalley Ashley Smith Dwayne Smith Reginald Smith



Travis Smith Andrea Soto Gregory Spencer Emily St. Martin Zane Steinbrecher Salesni Sundar Nathan Swoverland Ivan Tatarenko David Taylor



Devin Taylor Khadijah Taylor Ryan Taylor Arianna Temple Kendall Thompson Markus Thompson Jecyeson Thornton Olivia Tidwell William Tillman



Jonathan Tina Blair Tinker Helen Tran Phuong Tran Tuyen Tran Jason Trieu Marissa Tripp Seanice Trojan Khang Truong



Mike Truong Samuel Tsehaineh Vanessa Vargas Tanya Vasquez Thuc Vinh Vincent Vu-Phan Tyler Wagner Daniel Wallberg Anthony Walsh



Shaniqua
Warren



Kendra White



James
Wilkinson



Sarah Willey



Roneisha
Williams



Sjohn
Williamson



Davon Wilson



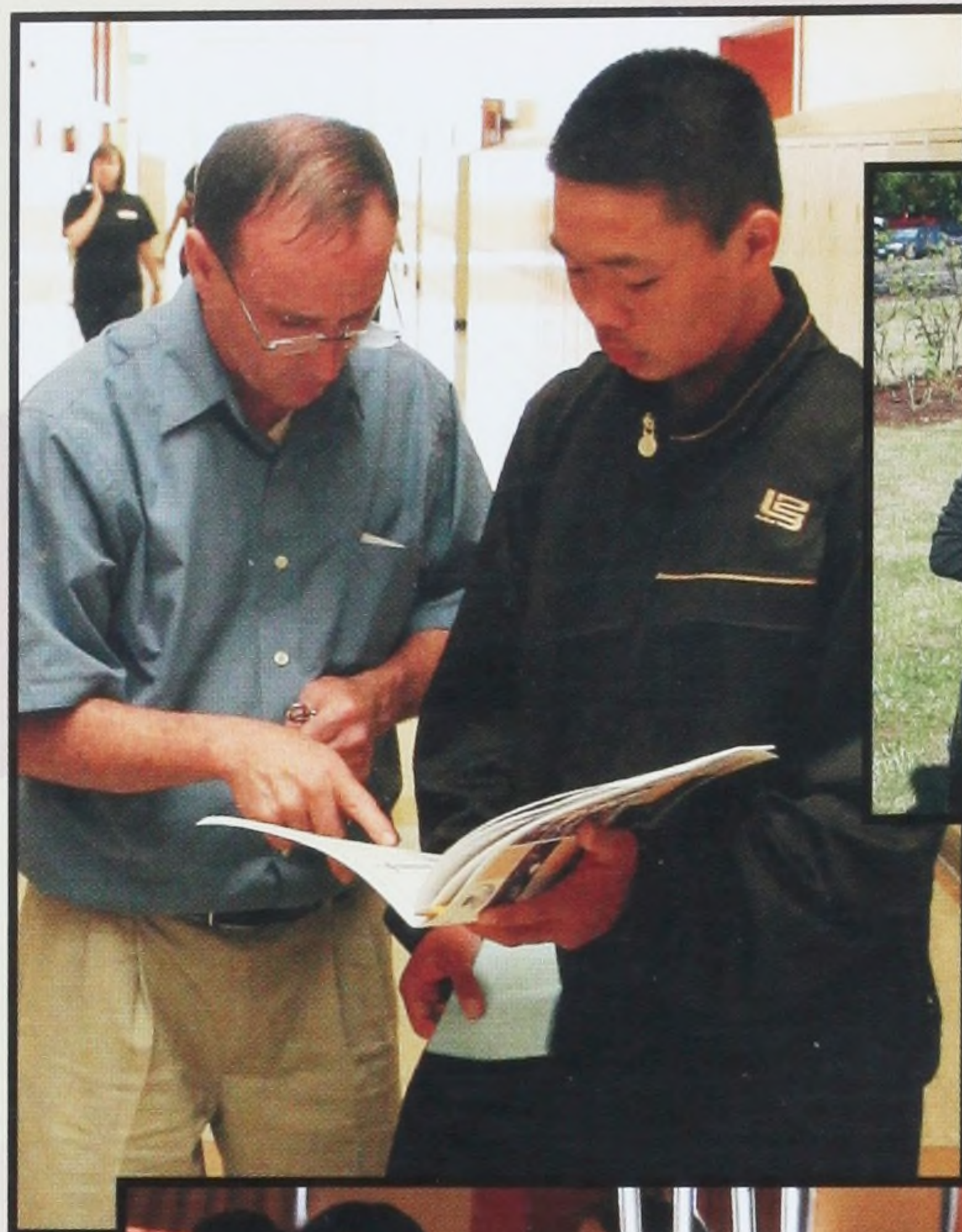
Matthew
Wilson



Fars Woldai

Camera Shy

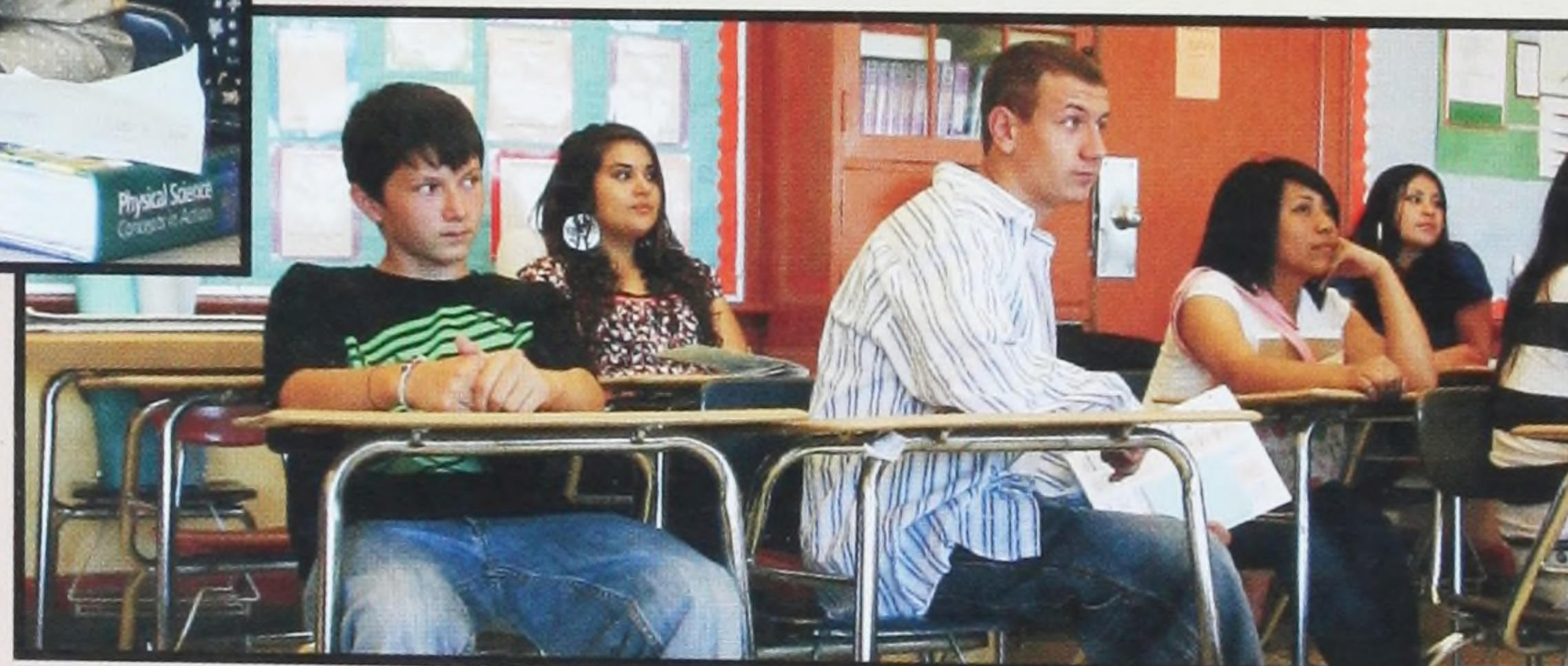
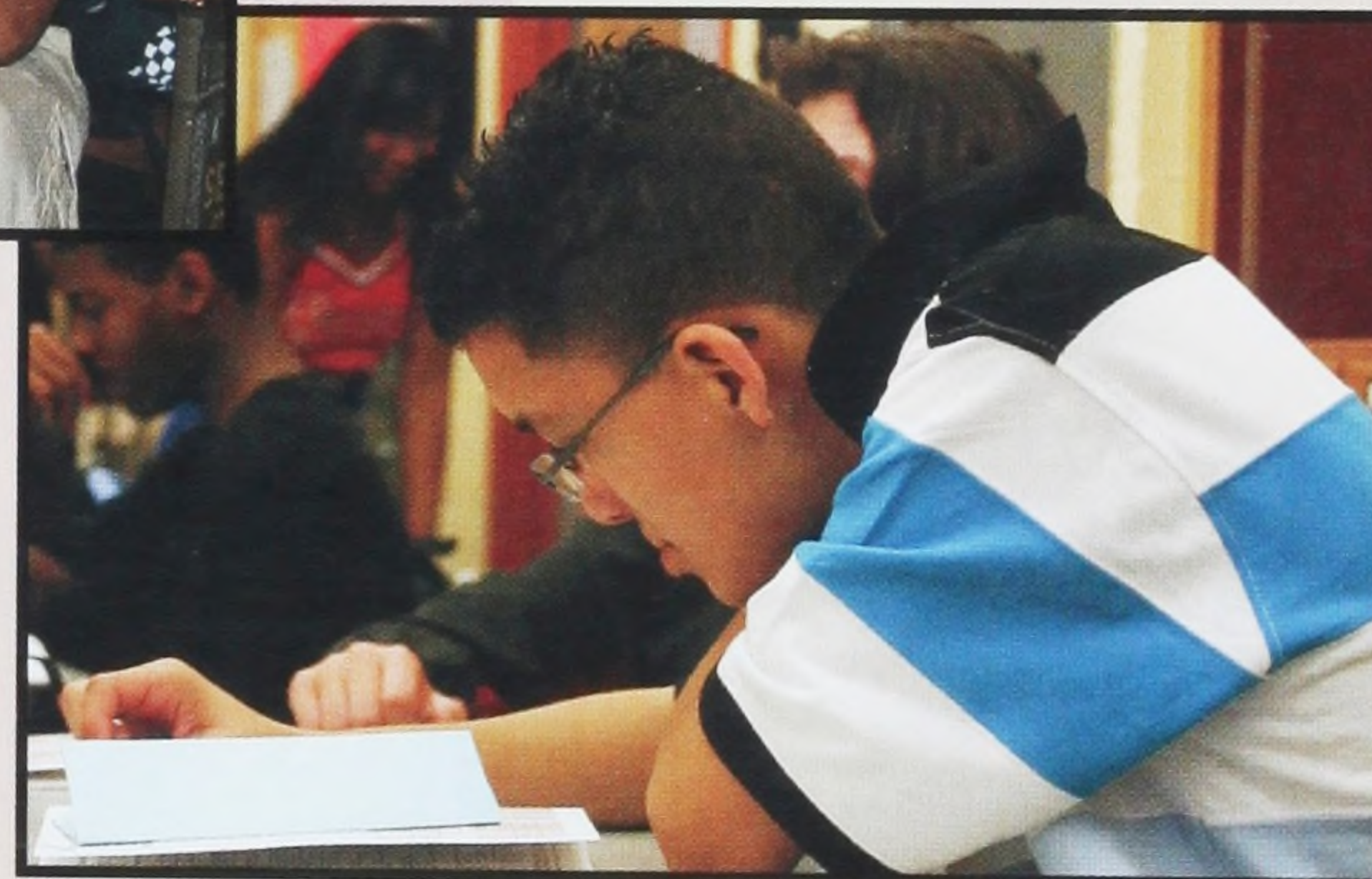
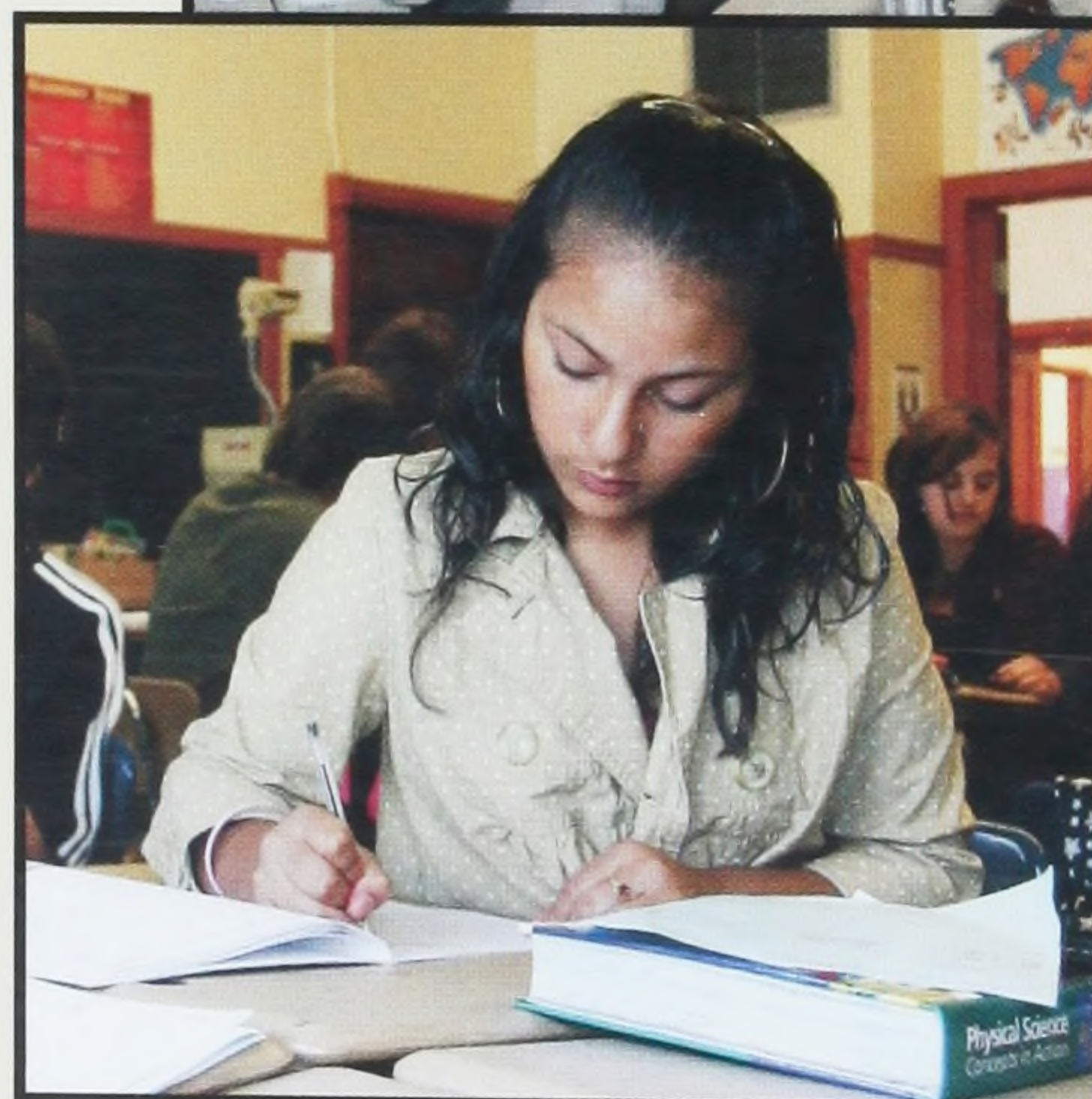
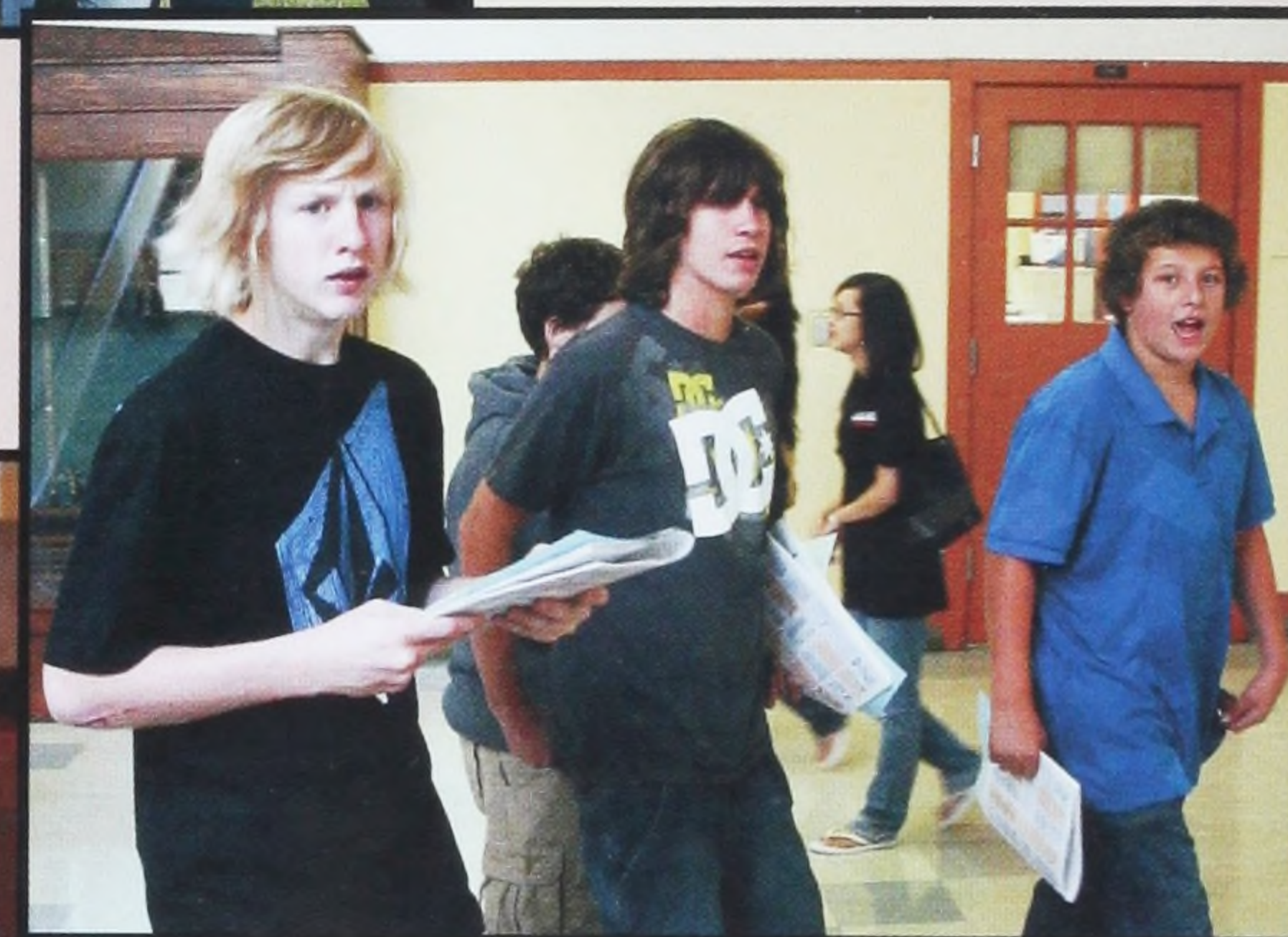
Aguirre, Mariano
 Almanza, Alejandro
 Arnold, Alexander
 Bernal, Monica
 Berta, Mikias
 Camel, Dion
 Christman, Daniel
 Crawford, Miguel
 Daniel, Adam
 Fulton, Destiny
 Guzman, Edger
 Hannan, Kylie
 Hughes, Ian
 Johnson, Clifford
 Johnson, Deborah
 Johnson, Kavahshia
 Juan, Abelardo
 Korbut, Haley
 Marshall, Breanna
 Matias Domingo, Carlos
 Mendoza-Rosas, Mayra
 Mercier, Tyler
 Morgan-Glover, Raymond
 Myers, Stuart
 Navarrete-Pineda, Aileen
 Ngo, Coung
 Nguyen, Mydung
 Nickolsen, Kelley
 Nieto, Marvin
 Pagnotta, Jasmine
 Paz, Fernando
 Pedro-Juan, Domingo
 Pham, Myduyen
 Richards, Damari
 Roberts, Shambre
 Schuman, Leah
 Scott-Rlley, Douglas
 Smith-Mason, Sydney
 Solano-Calix, Heidi
 Solano-Calix, Marilyn
 Stewart, Brandon
 Vasquez, Fredidam
 Volenski, Frank
 Ward, Jontaye
 Wedd, Dagzanique
 White, Bryce



Abdullah Yahya



Miguel Zacarias
Hernandez



[illegible]

HOMECOMING!

Rock with the **Orange** and
Roll with the **Blue**!



Special homecoming
assembly guest:
John McCain



Spirit!



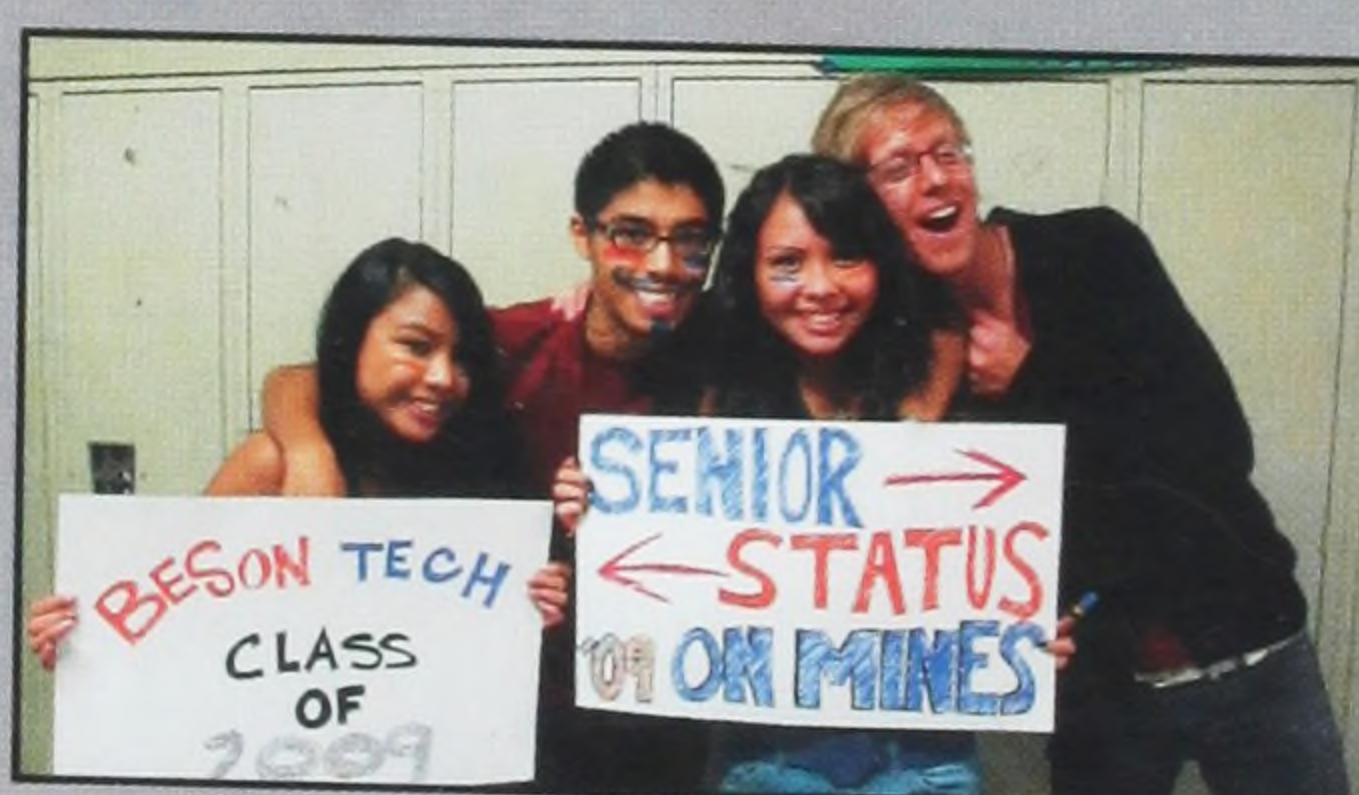
Royalty!



Old School!



Time to funkafize!



Class of '09



Nerds Rule!



Long live the King!

It was a dark and stormy day in the spooky halls of Benson High School.

HALLOWEEN



Dressed for success!



It's Peanut Butter Jelly Time!



You're under arrest!



Good fairy or bad?



Don't forget to brush!



Pumpkin patch escapee.

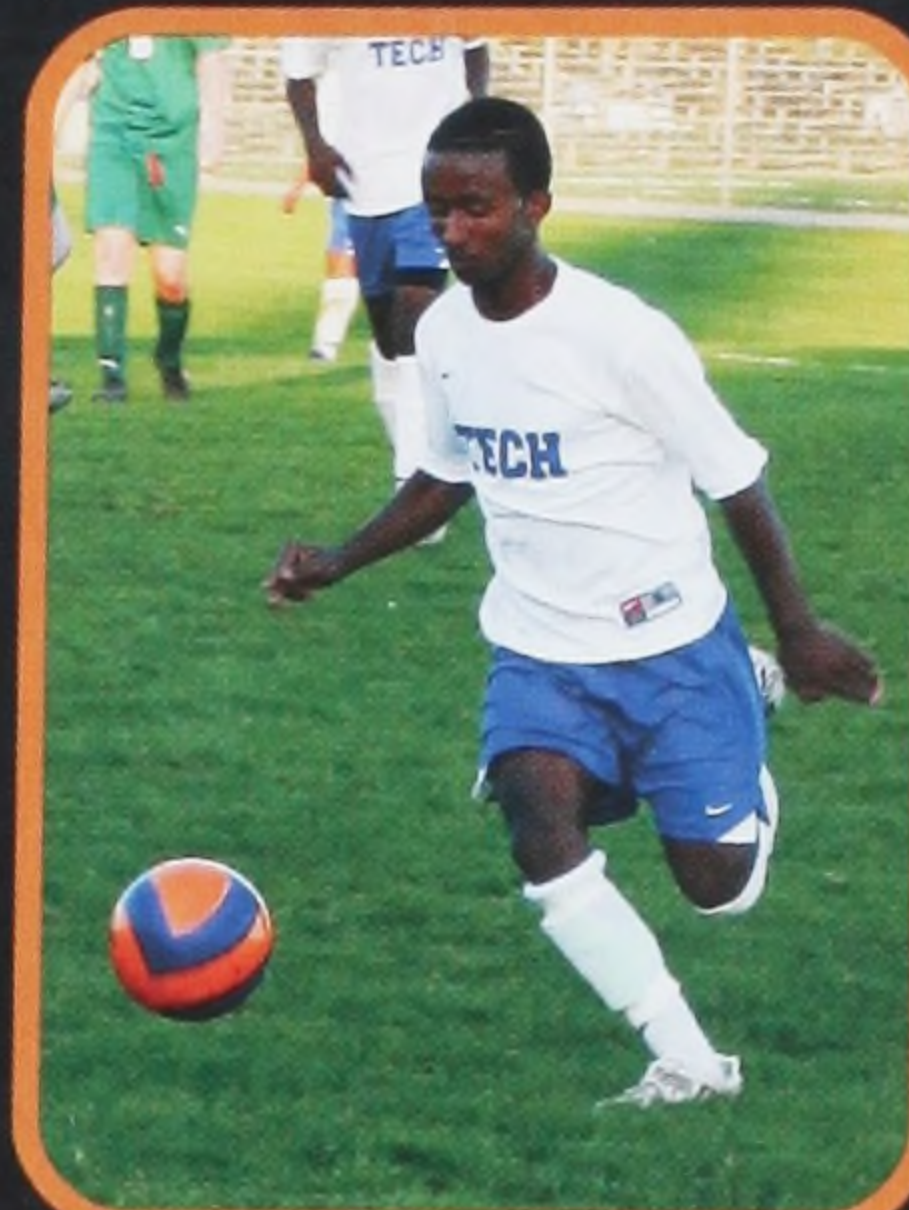


Dr. Who?



Sly would be proud!

M E N S S O C C E R



VARSITY MVP PLAYER

Jorge
Cruz-Hernandez

P.I.L FIRST TEAM

Jorge Cruz
Abush Metiku

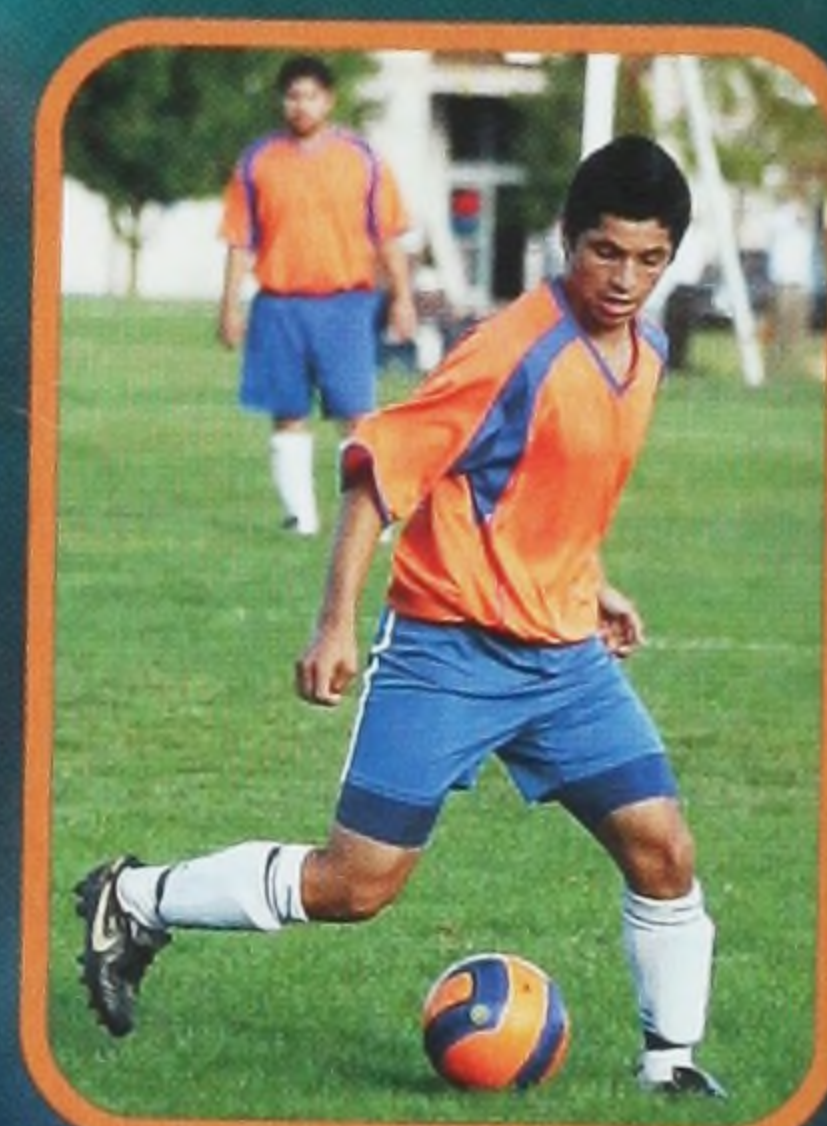


P.I.L Second Team

Hong Fam
Danniel Morales

HONORABLE MENTION

Kwabena Boateng
Roberto Quezada
Edwin Ayala





**VARSITY
MVP PLAYER**
Anna Pinkerton

**JV MVP
PLAYER**
Brenda Juarez



WOMENS SOCCER



Who said girls
can't play sports?

We'll show you
that we CAN!



Ready or not
here we
come..



1,2,3 TECH!

Varsity Football



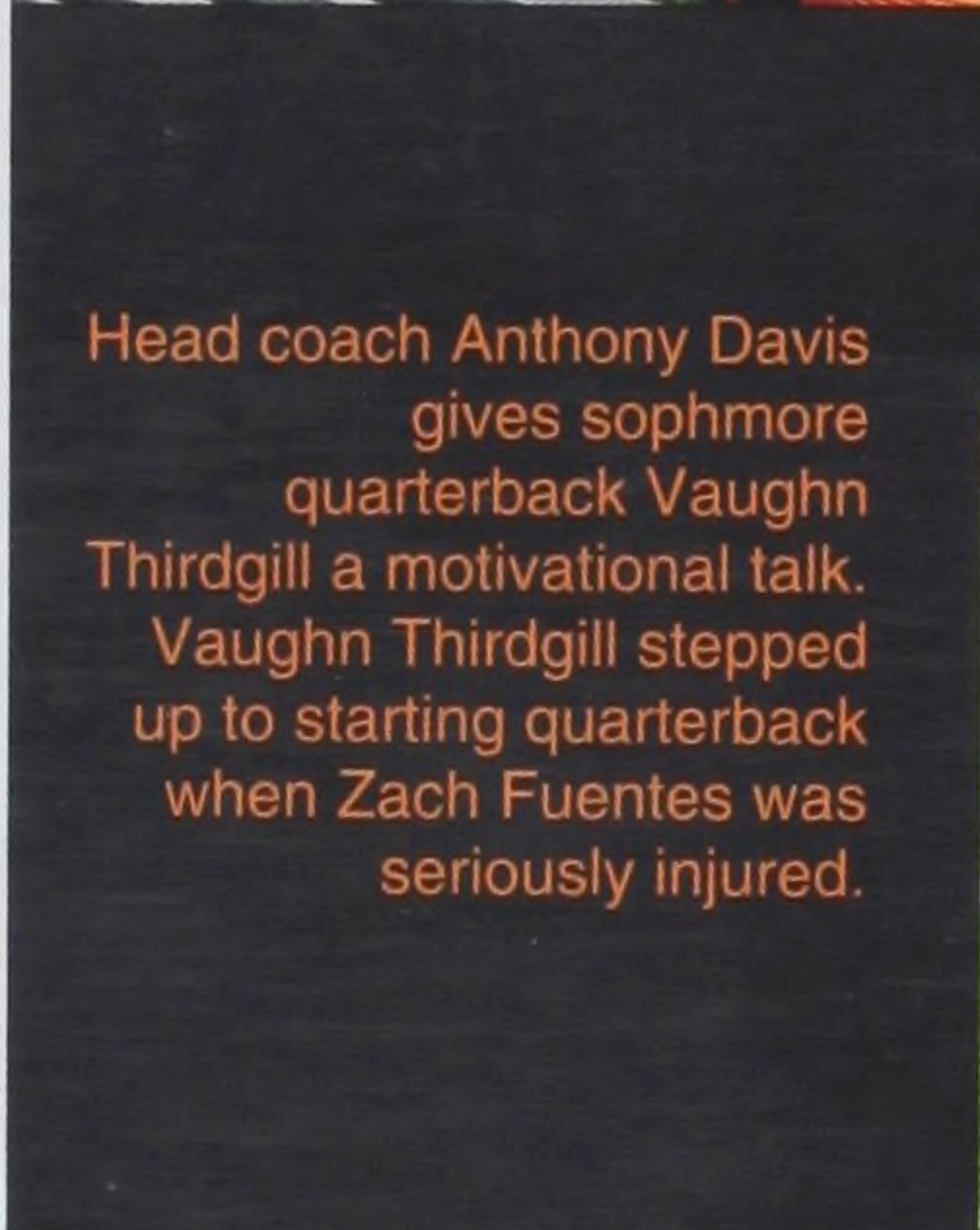
The Varsity Team gets pumped up before a big game against Cleveland. Coach Dale Rule leads the cheer.



Pierce Woods and Antjaun Hammick get water after some hard playing time on the field. Pierce Woods is a great shutdown corner and Antjuan Hammick is a big hitting linebacker.



Captains Germarcus Lambert, Ethan Shaddock, Shawn Spears, and Michael Meza line up for the coin toss to start the game. They're 2-0 going into their third game in hopes to come out with a win.



Head coach Anthony Davis gives sophomore quarterback Vaughn Thirdgill a motivational talk. Vaughn Thirdgill stepped up to starting quarterback when Zach Fuentes was seriously injured.



First team MVP Demarkus Davis sets up to make a big play on defense. He led the team in interceptions and overall defensive yards.



Running Back Freddy Jackson sprints to get the catch. Freddy Jackson is considered one of the fastest backs in the state and one of the fastest sprinters in Track and Field.

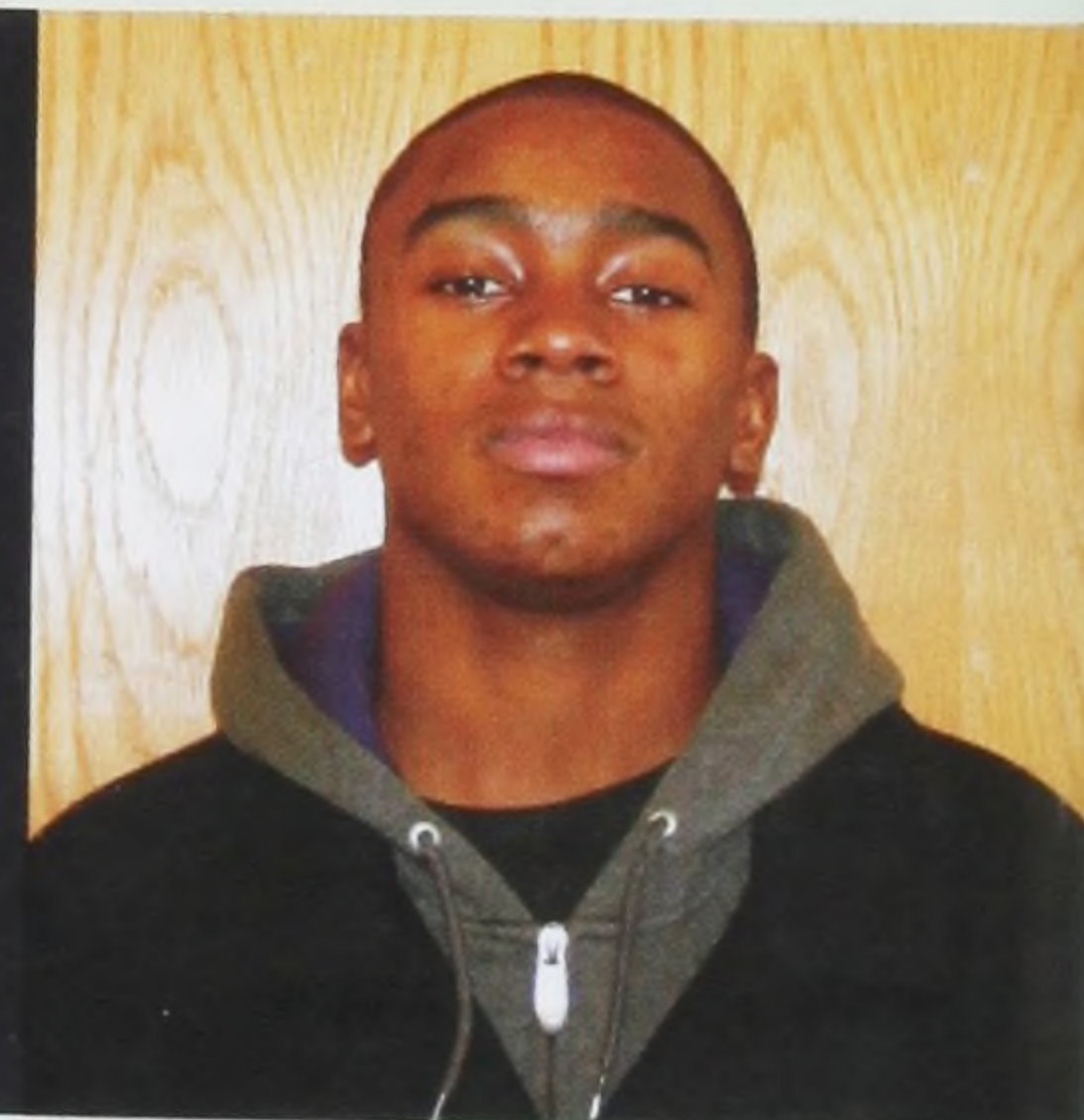


First Team Defense
 Demarkus Davis-Defensive Back
Second Team Offense
 Gabriel Jenks-Gaurd
Second Team Defense
 Kelly Miller-Line Backer
 Xavier Phillips-Defensive Line

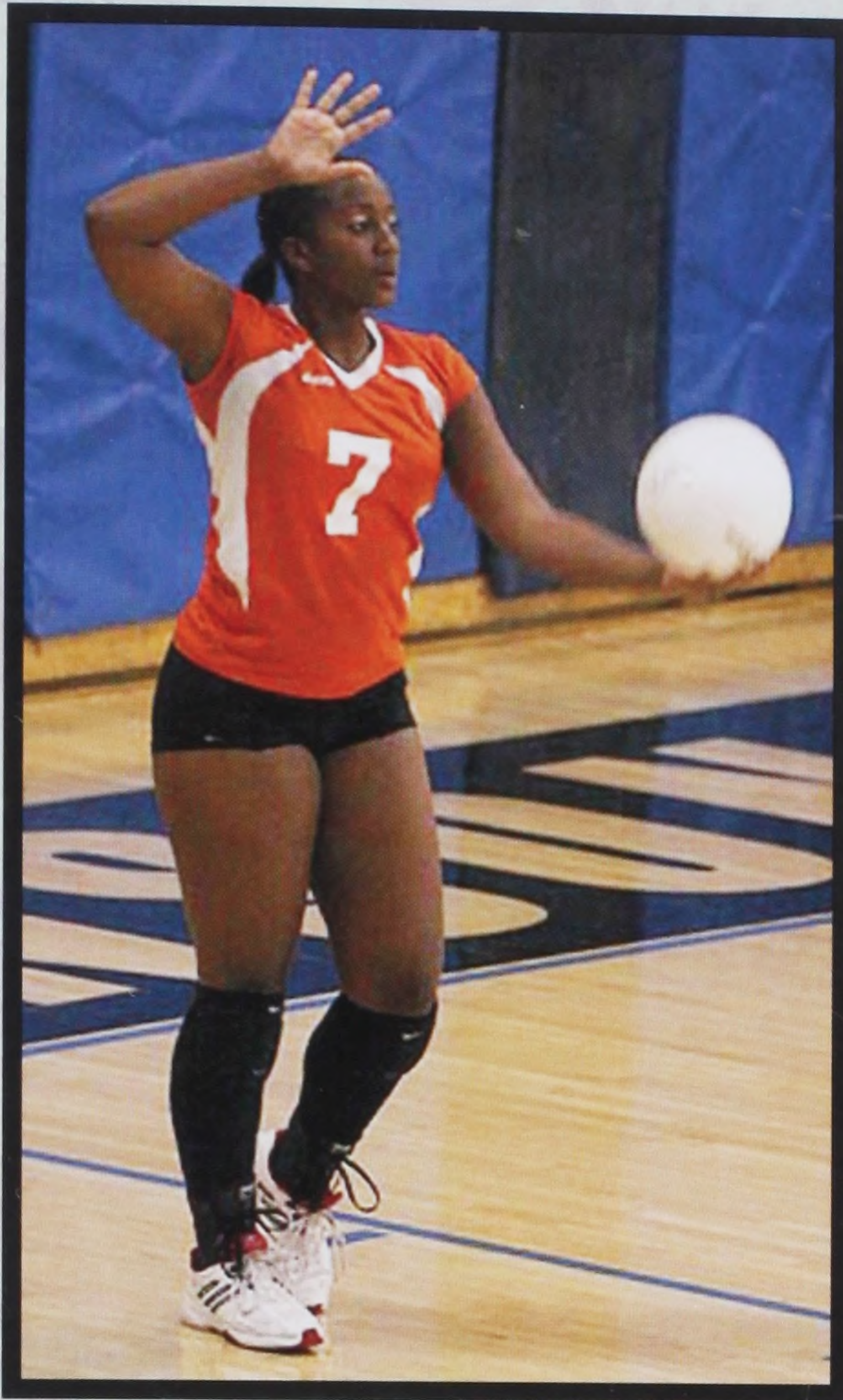
Most Valuable Player
 Demarkus Davis

Captains
 Demarkus Davis
 Ethan Shaddock

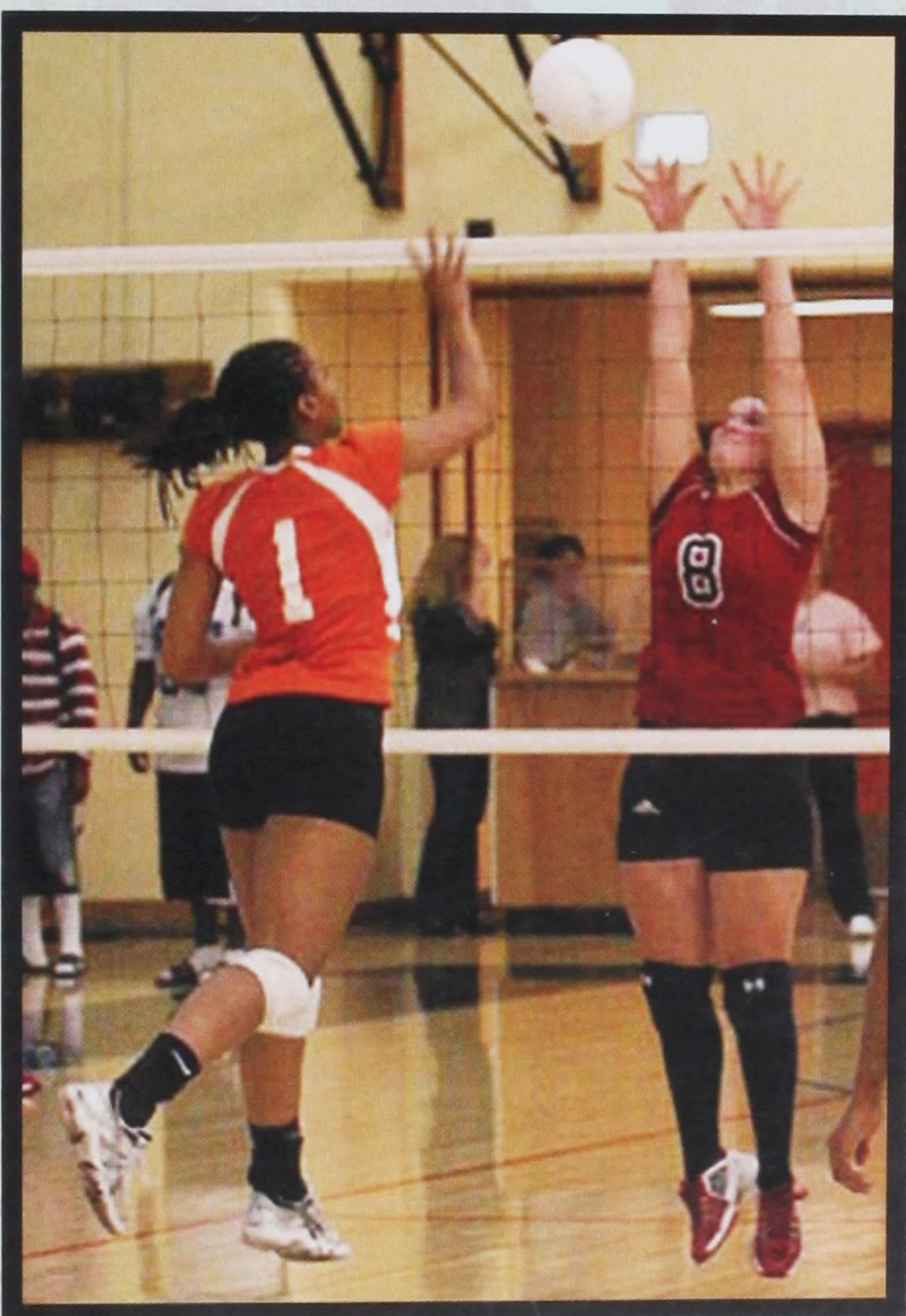
Head Coach
 Anthony Davis



VOLEYBALL



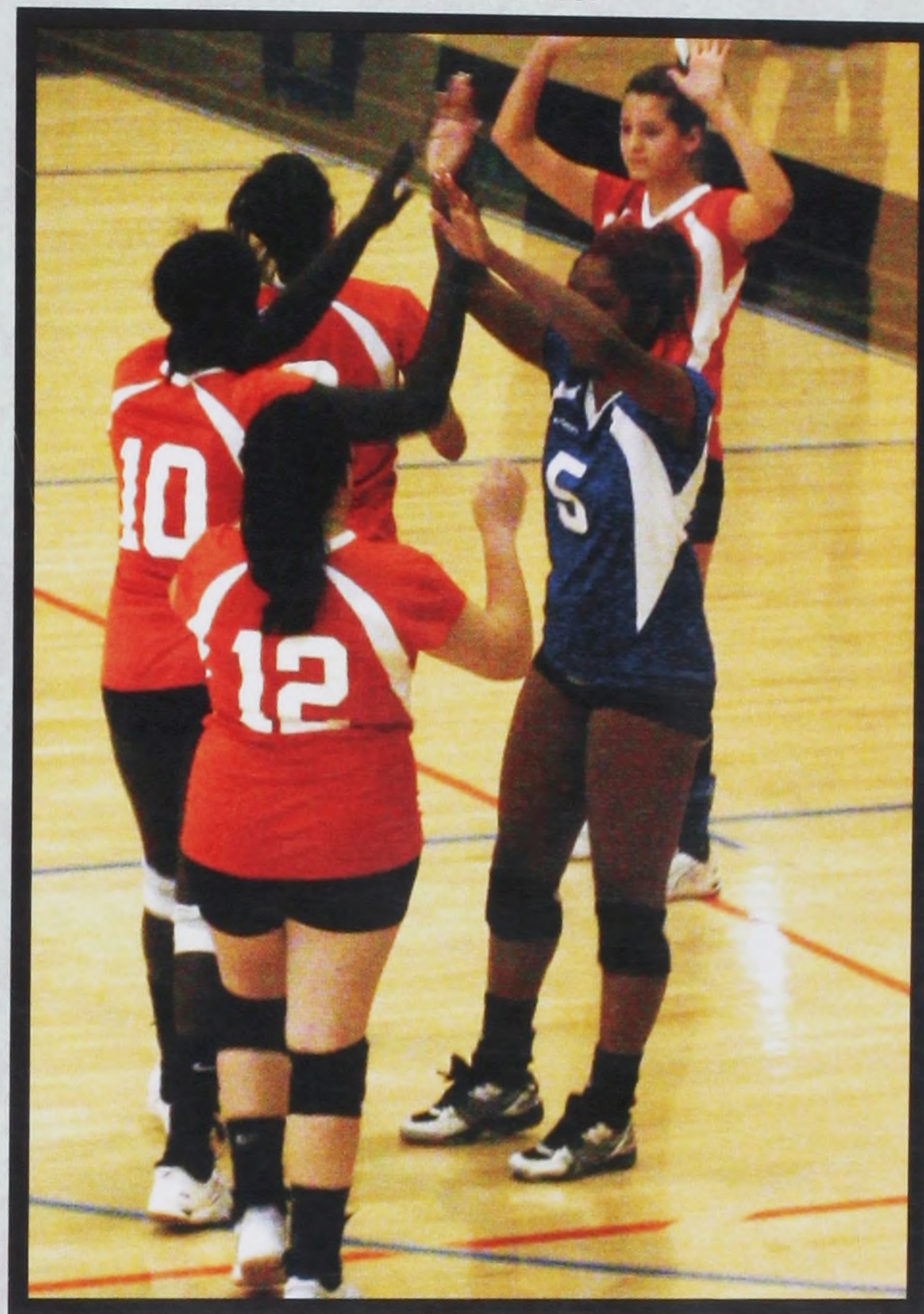
Shakhara Green serves it up at one of Benson's many home games. Her determination got her second team PIL All-City.



Player of the Year, Kameron Boggan, hits the ball over the net and scores one for Benson. Opponents tried hard all season unsuccessfully to block her kill shots.



Mary Hartley digs out a kill shot to save a point. Excellent fundamentals and technique were the key to the Techsters success in 2008.



Julitha Franz, Akeem Beng, Mary Hartley, and Katie Deem congratulate each other on a great play.

Player of the Year
Kameron Boggan

First Team:
Kameron Boggan
Jordan Briggs
Mary Hartley

Second Team:
Julitha Franz
Shakhara Green

Coach of the Year
Linda McLellan



Cross Country



Feel the burn!



Top left: Humberto Gomez maintains a comfortable lead between himself and his opponent on the track.

Left: Mathew Wilson is feeling the burn. But that won't stop him!



Cameron Villarreal shows how it's done. The guy in the green can only watch helplessly as this determined techman passes him on the field.

The Benson JV team lines up on the field, ready to give the race all they've got. These runners are not to be underestimated.



MVP
Humberto Gomez



Coach Clark

"Our team is young this year, but growing. They seem to really believe in our practices and by the end of the year I saw real improvement."



Keegan Allison smokes the competition! He passed up that kid in the green without a sweat.



Anthony Burns is off to a powerful start! His ability to start strong is a valuable asset to his team. The rest of the runners struggle just to keep him in sight.



Anders Wohler leads the pack. He is ready to fight to keep his lead.

Varsity Football



Front row (left to right): Kelly Miller, Freddy Jackson, Germarcus Lambert, Darray Frazier, Willie Pinckney, Matthew Dodier, Alex Steely, Juwan Robins, Pierce Woods. Second row: Xavier Phillips, John Hart, Dylan Haupt, Brian Osuna, Antjuan Hammick, Gerald Stewart, Shawn Spears, Ethan Shaddock, Jayme Kent. Third row: Carlous Johnson, Coach Kory Murphey, Coach Ali Rolle, Coach David Brannon, Coach Steven Jackson, Coach Anthony Davis, Coach Dale Rule, Coach Dave Goodell, Coach Monte Catabay, Coach Curtis Johnson, Coach Leon McKenzie. Back row: Demarkus Davis, Wesley Gray, Austin Booker, Gabriel Enks, Nate Cote, Vaughn Thirdgill, Terry Adolphson, Zac Fuentes, Michael Meza, Joey Hunter.

Freshmen Football



Front Row (left to right): William Tillman, Demetrius Rhodes, Duy Do, Ramar Hatchett, David Alvarez, Devontae Ahmed, David Taylor, Dwayne Smith, Bryan Adolphson. Middle Row: Coach Cody Brainard, Abdul Jeffery, Marc Loverette, Robel Kahassai, Nick Preciso, Alec Meter, Brian Mitchell, Marvin Nieto, Ignacio Mims, Coach Nick Crawford. Back Row: Coach Leon McKenzie, Gregory Spencer, Khari Hannah, Tatafu Moeaki, Alex Sattley, Coach Monte Catabay, Timothy Covington, Daniel Wallberg, Dylan Haupt, Douglas Riley, Coach Dave Goodell.

Mens Varsity Soccer



Front row (from left): Jorge Alvez, Daniel Morales, Hoang Pham, Edwin Ayala. Middle row: Ulisses Alvez, Roberto Quezada, Abush Metiku, Jorge Cruz-Hernandez, Ephrem Diribsa, Efrain Bastida. Back row: Jacob Rotherham, Abner Bastida, Alex Torres, Kwabena Boateng, Fernando Alvez, Tayo Adesida, Coach Ken Weinberg.

Womens Varsity Soccer



Front Row (from left): Lidia Garcia, Sharayah Hanson. Middle Row: Ana Mendez, Veronica Castro, Monica Murguia, Jasmyne Romero. Back Row: Anastasia Nem, Dolores Ramirez, Ericka Vasquez, Coach Kim, Selam Kahassy, Anna Pinkerton, Christy Groda. Not pictured: Jennifer Crowell.

Mens JV Soccer



Front Row (left to right): Paul Nguyen, Oscar Prado, Scott Mueller, Orlando Ibarra, Back Row: Jose Bautista, Brenden Luworo, Coach Terry, Danniell Alba, Brandon Luna-Mendoza

Womens JV Soccer



Front Row (left to right): Tracy Romero, Maria Mendez, Maria Pedro-Juan, Laura Ramirez, Middle Row: Giselle Garcia, Lianne Weller, Danniella Reye, Brenda Juarez, Daisy Michel, Back Row: Coach Anotonette, Mirriam Castanena, Jessica Gonzalez, Maria Perez, Tatiana Marion, Rubi

Varsity Volleyball



Front row (from left): Chloe Thornes, Kathy Saechao, Meyee Cha, Julitha Franz, Katie Deem. Top row: Jordan Briggs, Akeem Beng, Kamie Boggan, Mary Hartley, Katie Dunn, Katie Bonnin, Shakhara Green.

JV-I Volleyball



Front row (from left): Chloe Thornes, Destiny Camara, Meyee Cha, Netty McKenzie, Shakeryha Burton. Top row: Dina Dely, Emily St.Martin, Imani Burris, Coach Tellado, Cory Elliott, Nicole Dodier, Katie Bonnin.

JV-II Volleyball



Front Row: MyVan Vo, Erica Wu, Luwam Kahassay, Roote Gabremariam, Winnie Liu, Bernice Marin. Back row: Tori Barton, Nikki Klein, Danat Habtemariam, Coach McDuffie-Thirdgill, Anna Grey, Jazmine Dean.

Cross Country



Front Row (from left): Keegan Allison, Dennis Ocampo-Escobar, Jonny Francisco-Manuel, Matthew Wilson. Middle Row: Coach Clark, Brennan Gonzales, Josh Coon, Anders Wohler. Back Row: Kyler Buzalsky, Anthony Burns, Cameron Villarreal.



BENSON STAFF



Bruce Alton
Athletic Director



Brett Anderson
Automotive



Terrell Bandy
Student Teacher



Mary Beard
HOSA



Suzanne Berg
Secretary



Troy Berry
Security



Randy Brown
Science



Dennis Carline
Health



Constance Cleaton
Spanish



Bill Cooper
Manager



Shana Corah
Vice Principle Secretary



Debbie Corning
Book Keeper



Steve Curley
Special Ed



David DeMaris
Math



Bill Diss
Electronics/Math



Tim Dittmer
Social Studies



Rachel Draper
Social Studies



Jean Eames
Science



Ron Eilers
Math



Charles Fall
Language Arts



Tony Franciscone
Building Construction



Jenny Ganoe
Lead Tutor



Mary Ganoe
Career Center



Steve Geiszler
Special Ed



Carolyn Goodwin
Language Arts



Melanie Grasle
Administrative Secretary



Emily Gromko
Language Arts



Lynn Haatia
Math



Chris Hager
Science



Pamela Haines
Special Ed



Sharon Hudson
Principle Secretary



Zeno Idzerda
Drafting



Irma Johnson
Book Clerk



Tim Kniser
Science



Markeeta Koch
HOSA



Ariel Lavandera
ESL Assistant



Kathy Lloyd
HOSA



Joseph Mauck
Manufacturing



Scott McCarty
Language Arts



Leon McKenzie
Counselor



Linda McLellan
Physical Education



Shane Moore
HOSA



Steve Naganuma
KBPS



Margrit Neff
Language Arts



Sally Niedermeyer
HOSA



Maggie Parker
Special Ed



Jeanette Pelster
Communications



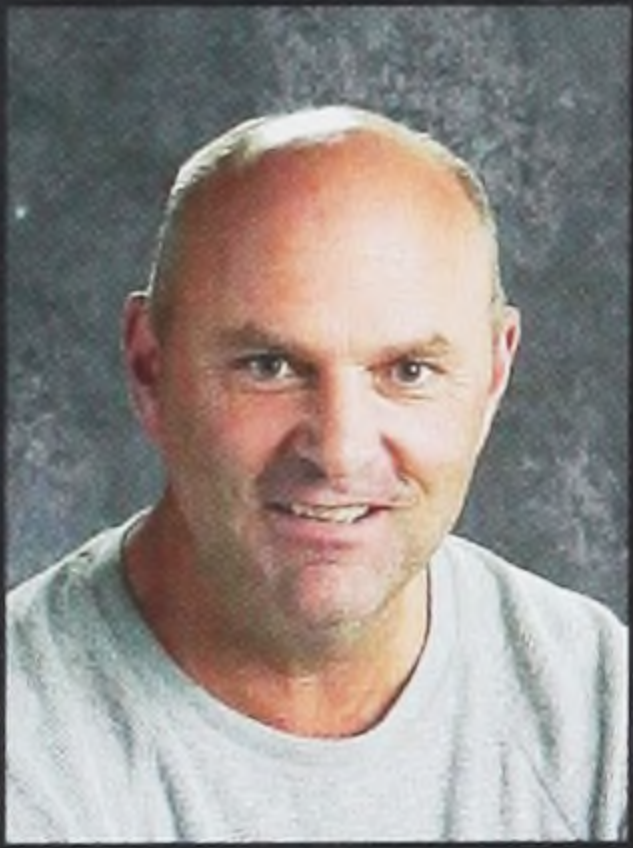
Ed Railey
Automotive



Chris Robertson
School Psychologist



Eduardo Rubio
Electronics



Mike Ryan
Social Studies



Joanne Schneider
Special Ed
Record Clerk



Cathy Skach
Communications



Amy Slaughter
Math



Bryan Smith
Science



Ginger Taylor
Counselor



Erin Tillery
Language Arts



Hung Trinh
Math



Thomas Ustach
Social Studies



Richard Weber
Building Construction



Joshua Weiner
Social Studies



Gwen Whitmore
Language Arts



Jon Wilson
Physical Education/
Health

Camera Shy

RoiSan Anderson
Sara Callies
Shana Corah
Stephanie Davis
Zuleyma Figueroa
Dan Foster
Will Green
Anita Hartling
Tim Hryciw
Albert Lawson
Rob Melton
Michael Meo
Mary Anne Moore
Mary Mountain
Mary Oliver
Matt Pellico
David Shaw
Mark Thibodeau
David Thompson
Vonda VanFarowe
Karen Winterfeld



Mr. Pellico instructs his Physics class on how to make a delicious turkey dish for their Thanksgiving dinner.

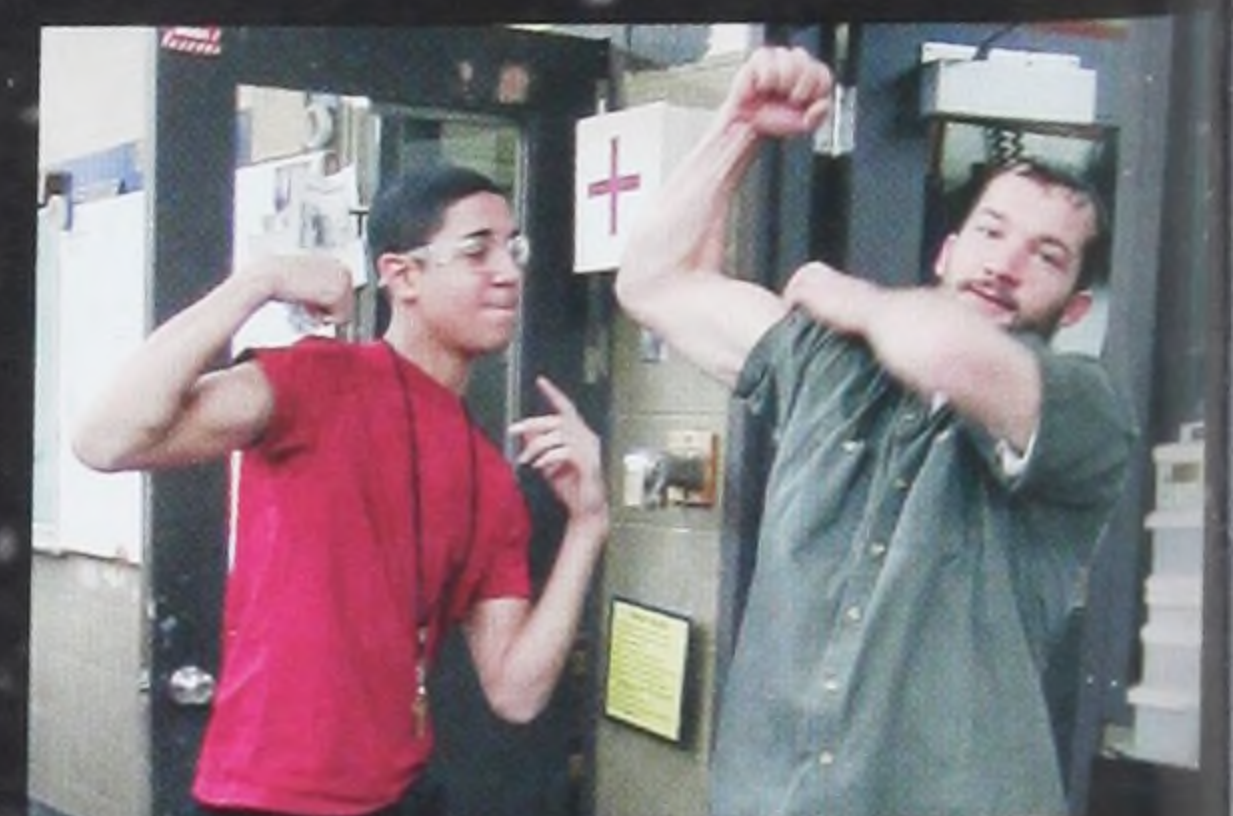
Who says guns aren't an essential tool for construction?



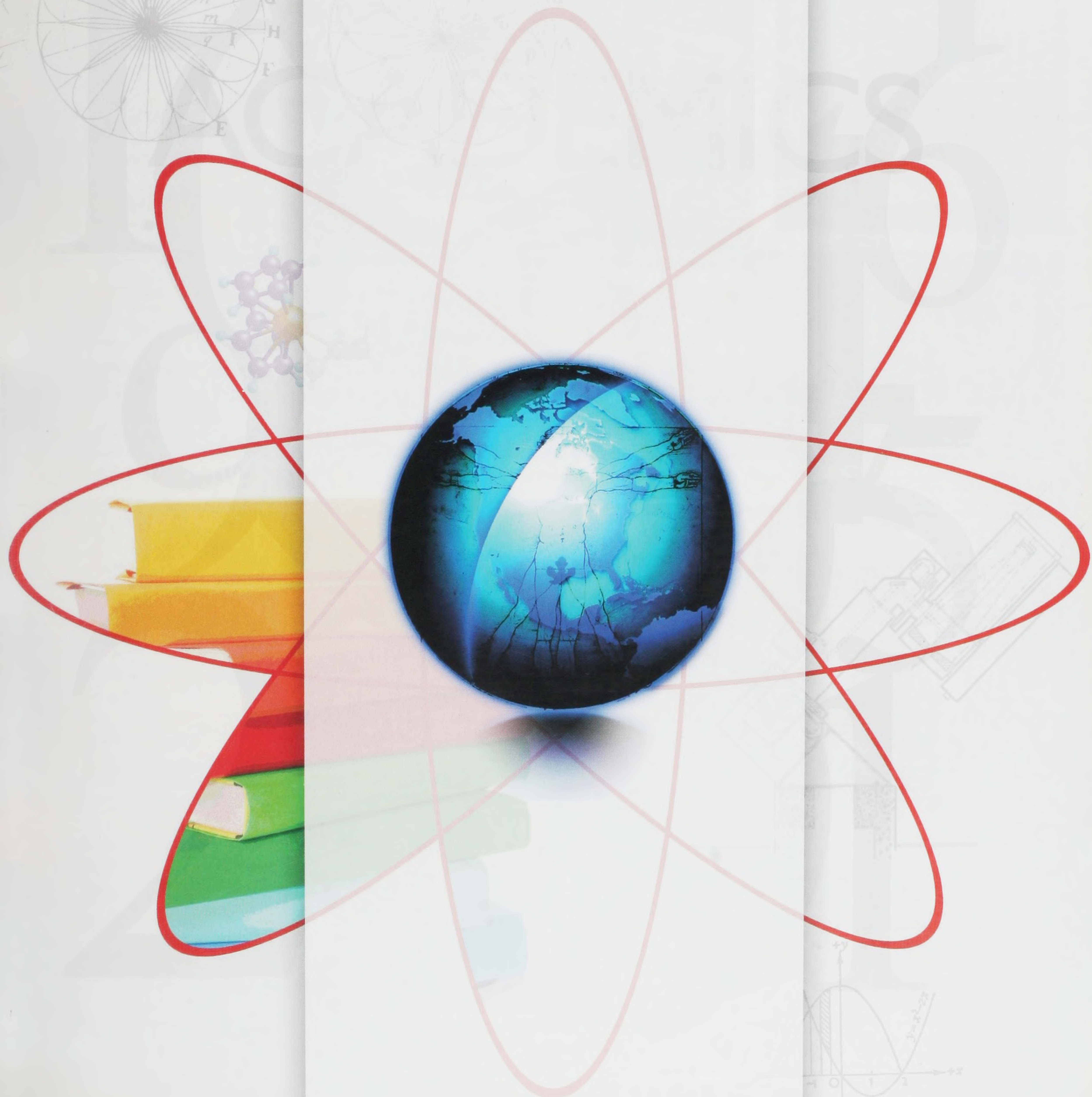
Elisa Wong
Language Arts



Fred Wong
Drafting

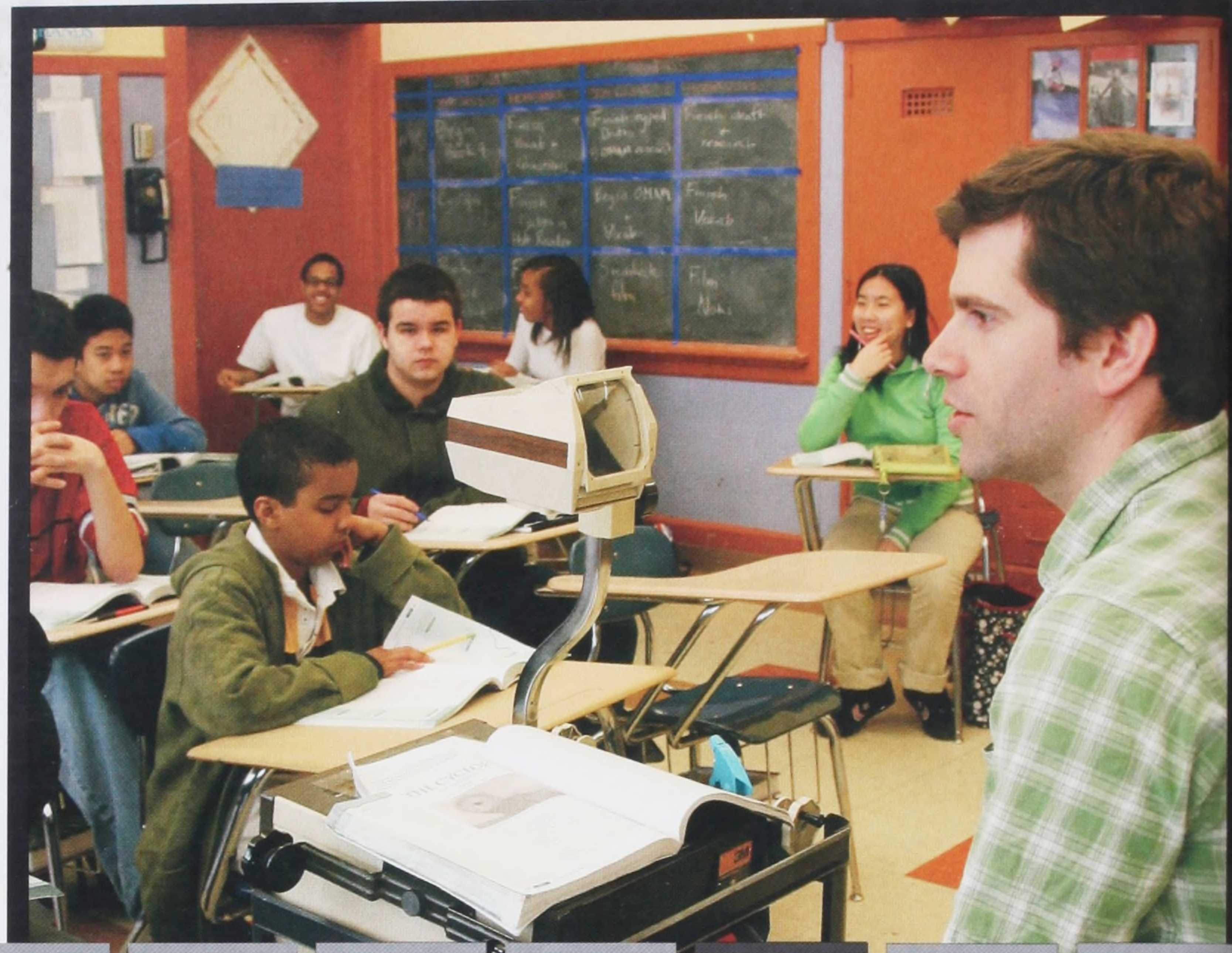
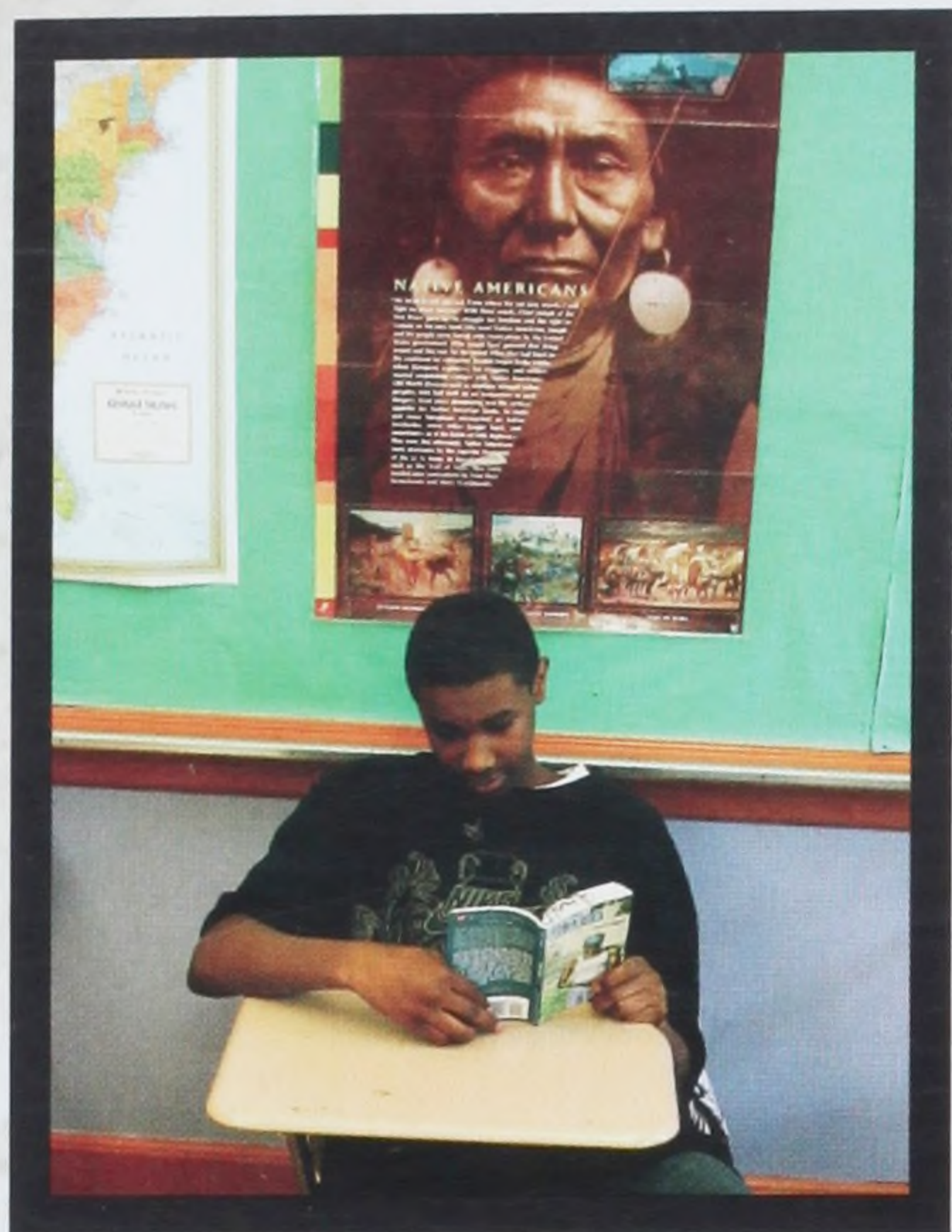


ACADEMICS



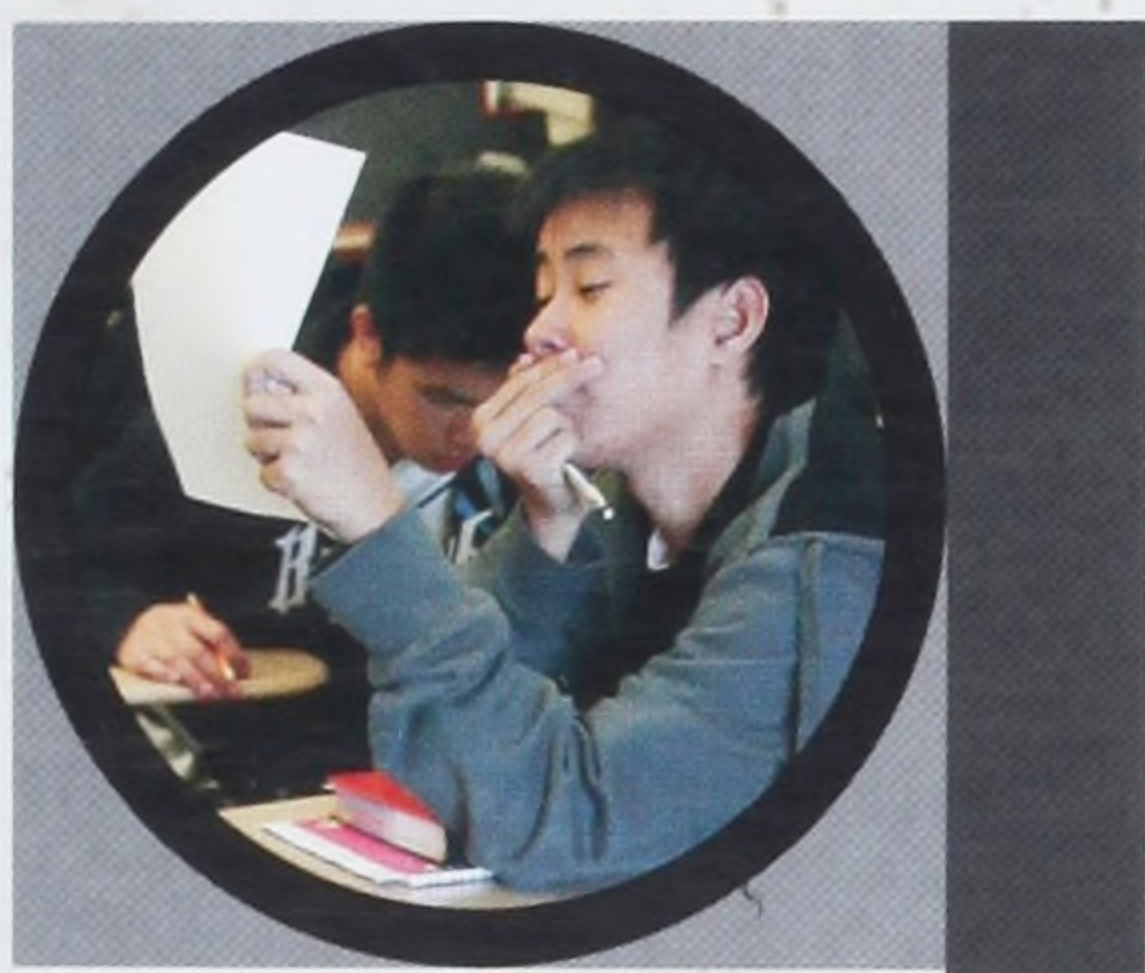
RIGHT: Mr. Mylet's freshman english class meanders on at a nice pace as he perplexes his students with his large literary knowledge.

BELOW: Though the striking resemblance between the two is astounding, Devontae Ahmed remains innocently unaware while reading his book during Ms. Gromko's english class.



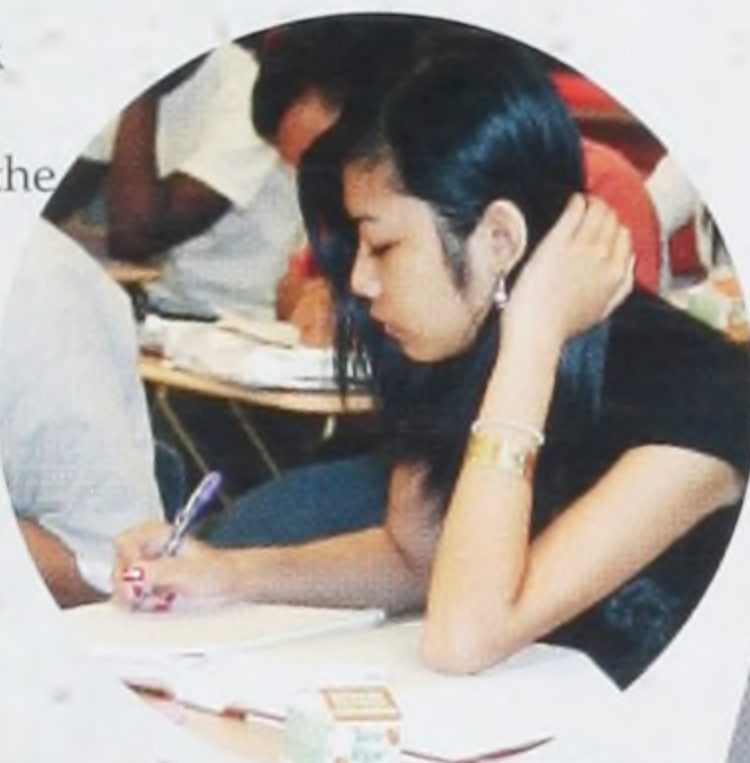
Language Arts

"Language is the blood of the soul into which thoughts run and out of which they grow."
-Oliver Wendell Holmes



Viet Phan, intelligently pondering the book work during 8th period, pays absolutely NO attention to the camera...

Phung Nguyen stays on task even through black and white text adversity to complete the task betrothed to her in second period English.



Katie Bonnin is quite the multitasker; while diligently working during 8th period english, she also finds the strength to TRY and suppress her radiant smile.



Steadily reading and keeping on track with John Steinbeck's Of Mice and Men, Yesenia Avellaneda shows the true intellectual benefit of reading in Mr. Mylet's English class.



1. Roselily Trang's expression tells all as she wades through the murky depths of the Julius Caesar test in English 7th period, Tracy Saechao not far behind..



2. Katelynn Robinson and Sarah Smith actually STUDY during study hall! Tirelessly they crank out their english papers! Amazing!



3. Miriam Castaneda, donning the determination of a true english student, combs through the Unit 9 packet in Mr. Fall's class.



4. Feeling enlightened by the advancement of modern day technology, Ms. Matteri and Jose Bautista type up a masterpiece of an essay.

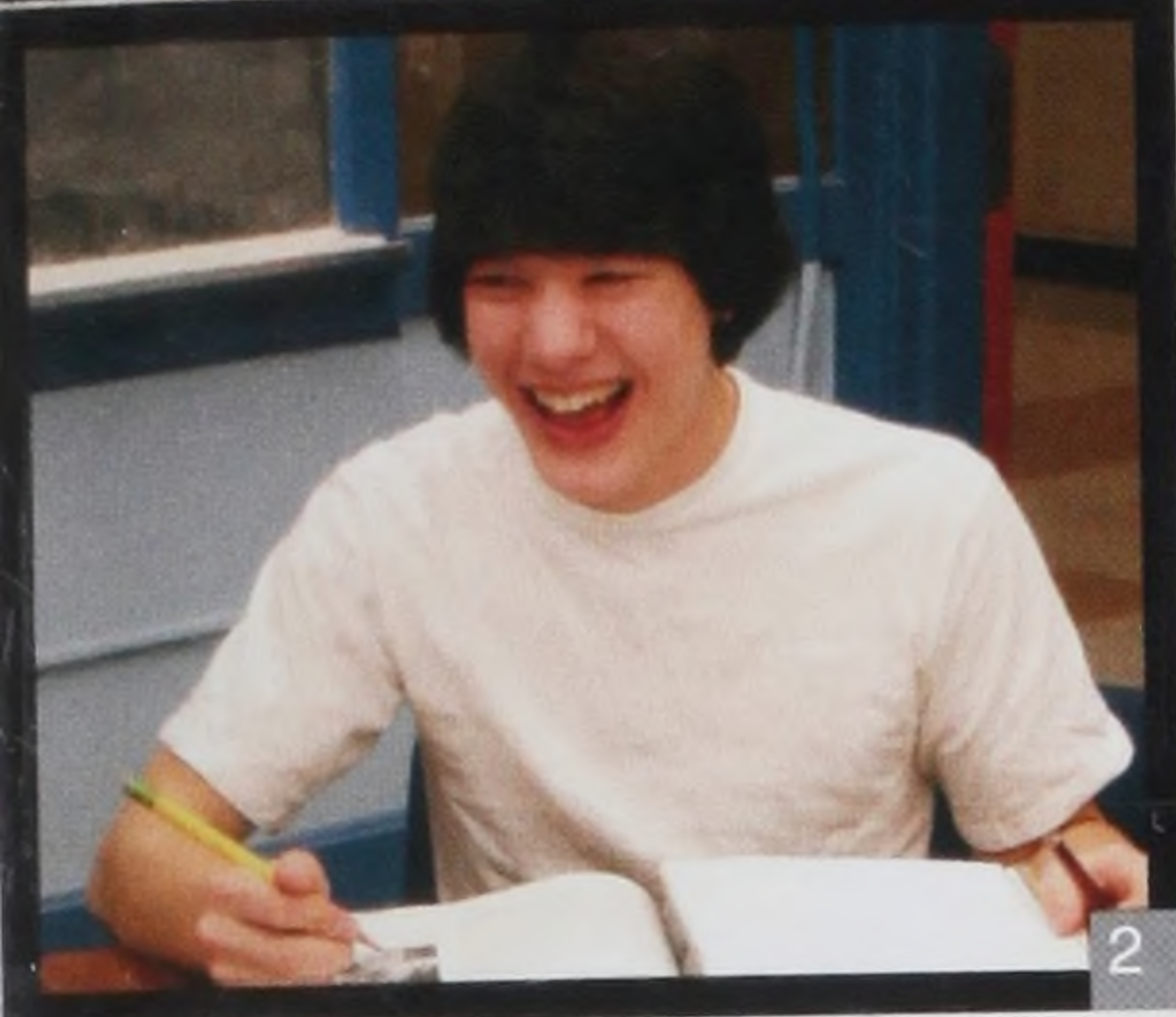


Social Studies



1

1. Brandon Sails, Andrew Finnegan, Khanh Huynh, Michael Le, and James Gault discuss a topic in Mr. Weiner's class.



2

2. Look at that smile! Perry Freund laughs at a joke that a friend has made in Mr. Ryan's US History class.



3

3. Dina Dely and Jennifer Benjamin, one of the amazing Benjamin triplets, look over an assignment in AP US History.



Michael Colon

"History is a guide to navigation in perilous times. History is who we are and why we are the way we are."

-David C. McCullough



Kyla Burch



The World



Vicki Lam & Victoria Nguyen

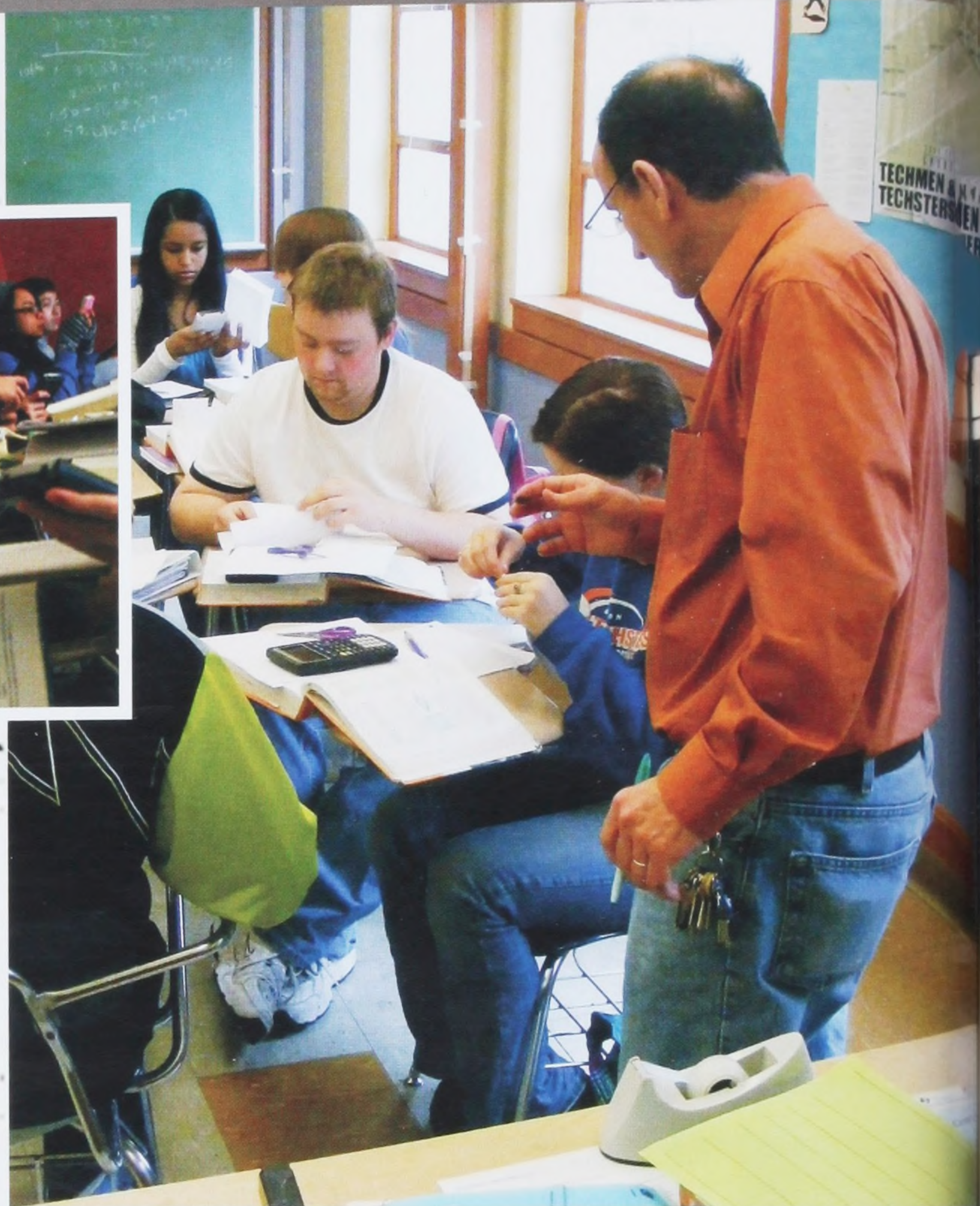


TOP Mr. Ryan, animated and talkative as ever, gets into the conversation about the idiots who ran our country in the past.

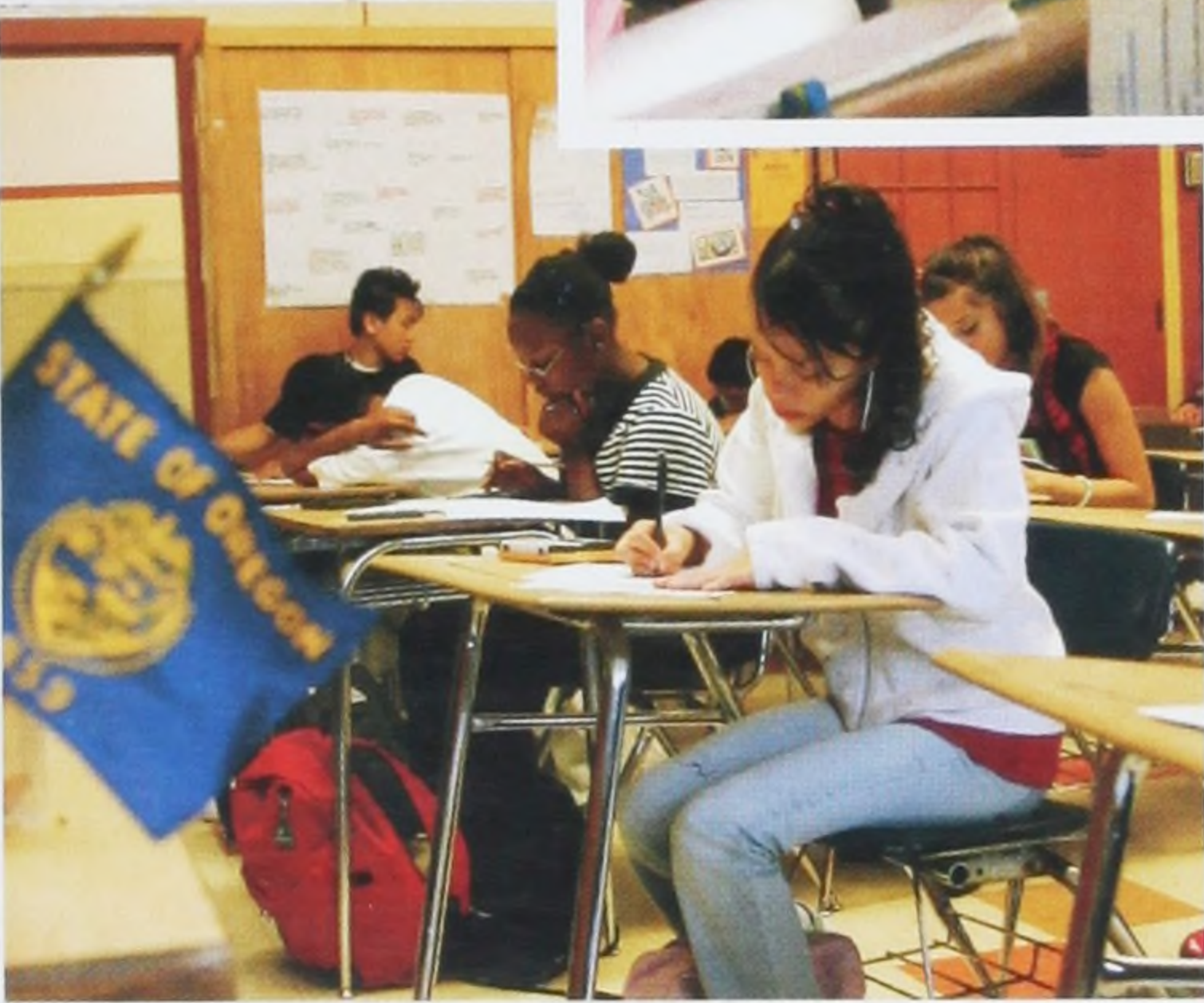
LEFT A sneak snapshot of Ms. Draper's class shows the students working hard, or are they hardly working?

Math

- ▶ Mr. Demaris' helps Ben Pixley and Alyssa Meter on a Pre-Calculus problem. If you're going into engineering, calculus is a must.

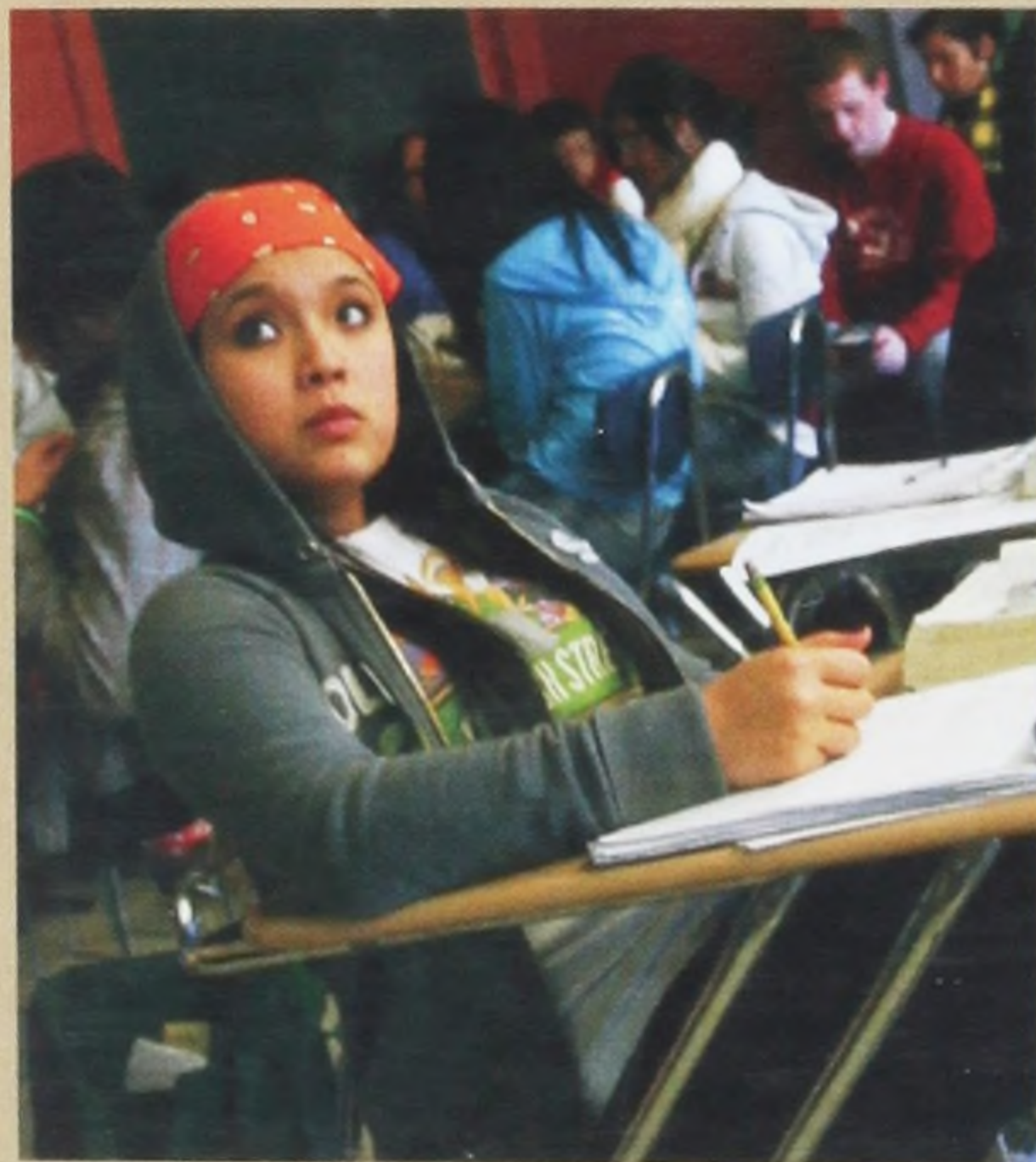
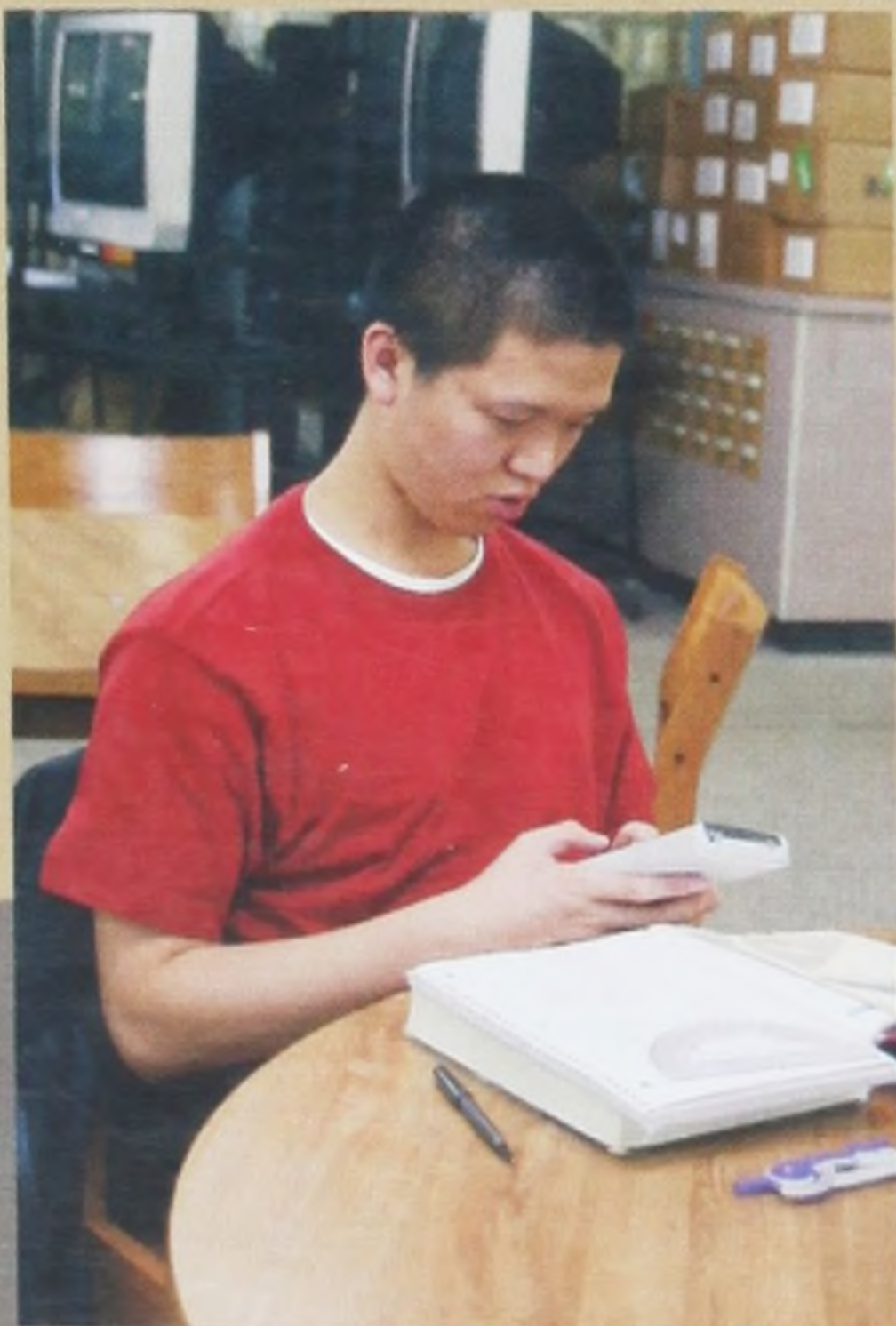


- ▶ Tabina Nguyen, Tony Chau, John Yu, and Judy Asa work in different math groups in Algebra 3-4. They use their calculators to work on a problem that you just can't do (or don't want to do) on paper.



- ▲ Students in Mrs. Haatia's class take a major test on how a pythagorean theory works.

- ▼ Malcolm Cheng works on his math homework in the library. Can't live without one in math!



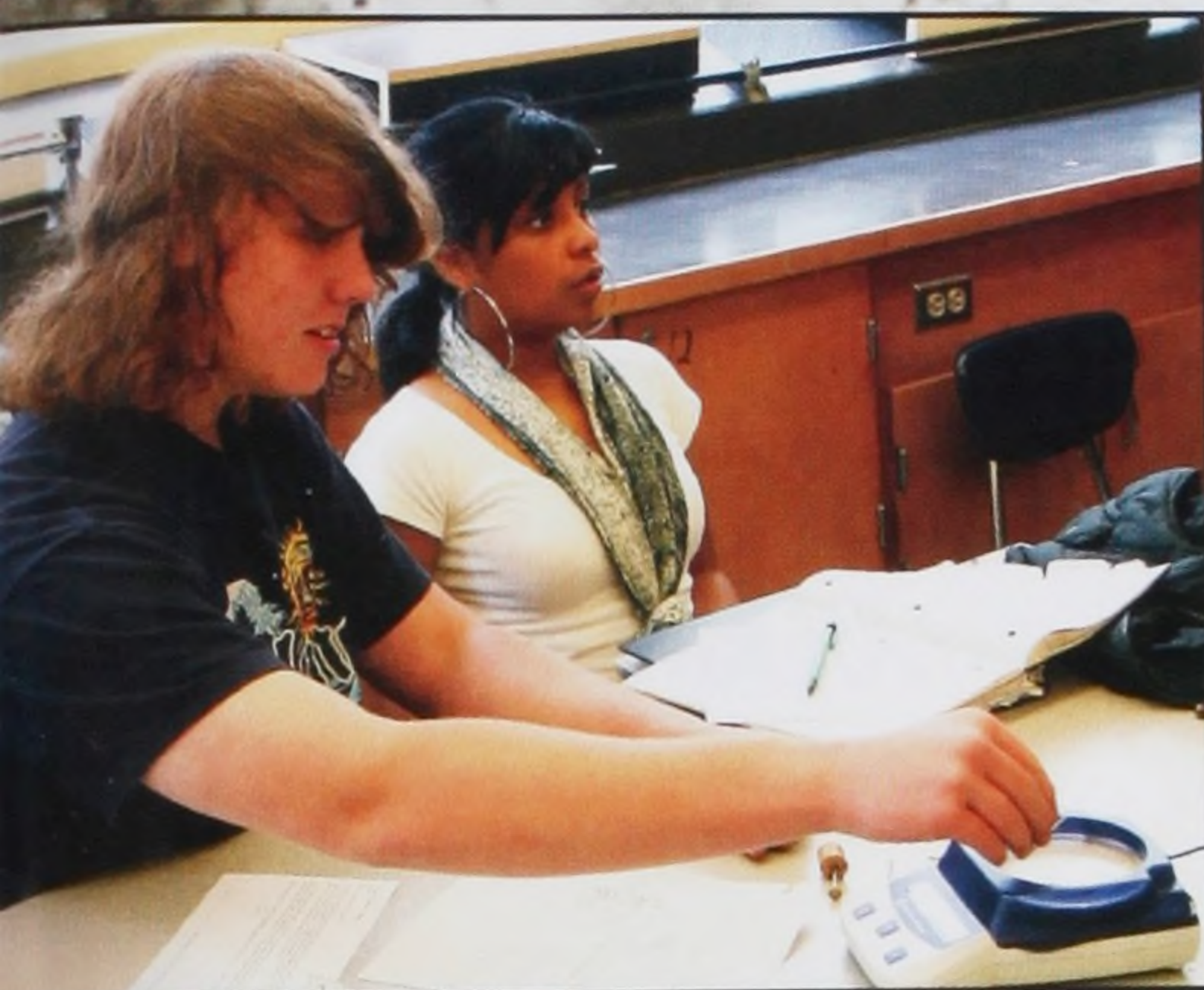
- ▲ Christina Doan checks the overhead screen to take notes for future reference. She hopes to use those notes on her next test.

- ▼ Christy Groda takes a Algebra 3-4 test in Mr. Trinh's class. Can she remember the equations so she can pass the class?



- ▲ Mr. Thibodeau corrects papers while his class silently studies the complexity of mathematics.

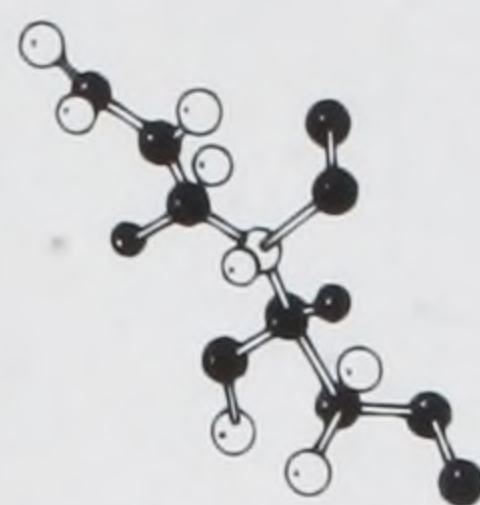
SCIENCE



SCIENCE

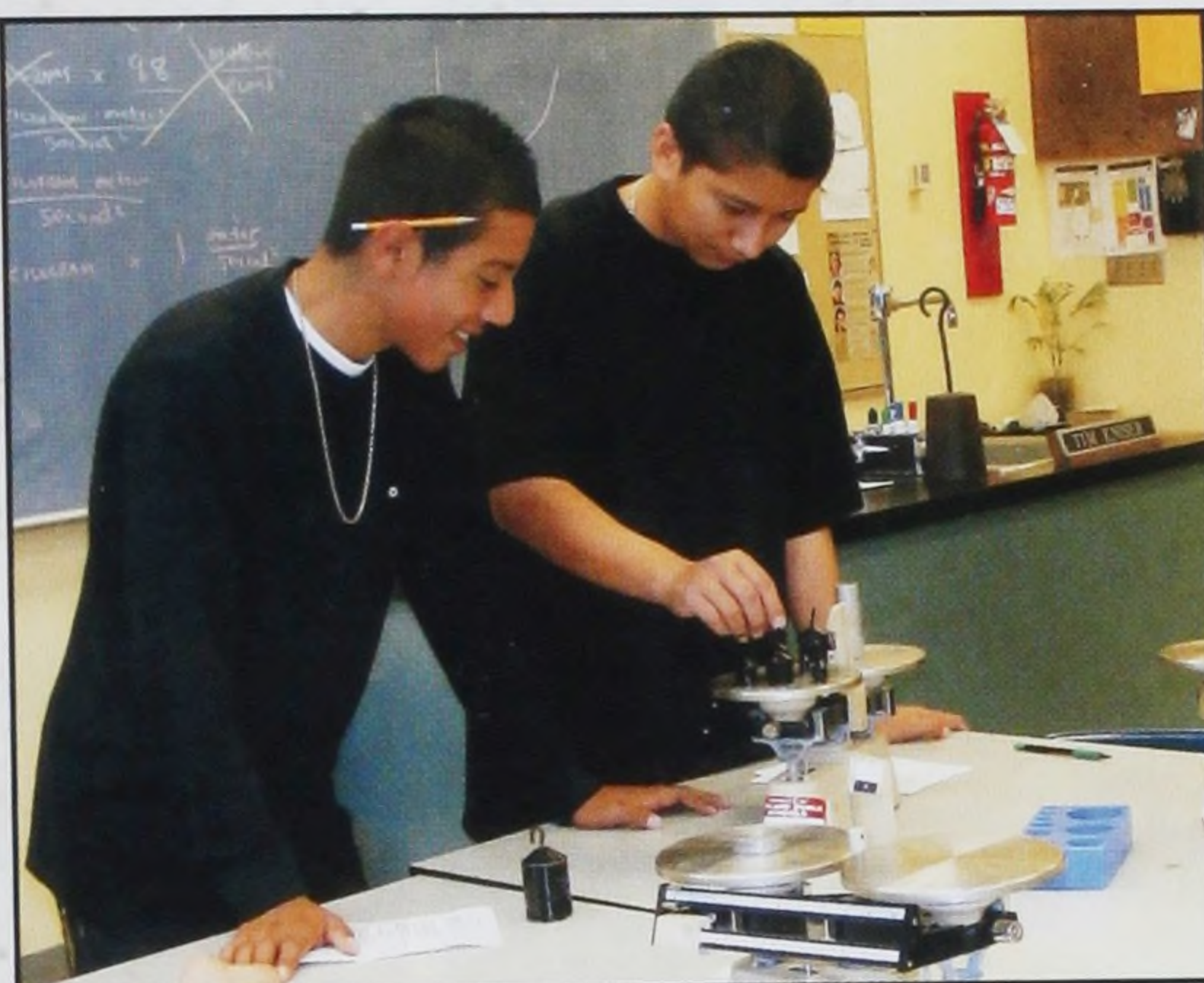
Weighing

Jesse Valder and Daniale Reyes work on a science lab in Mr. Knisers class.



Team work

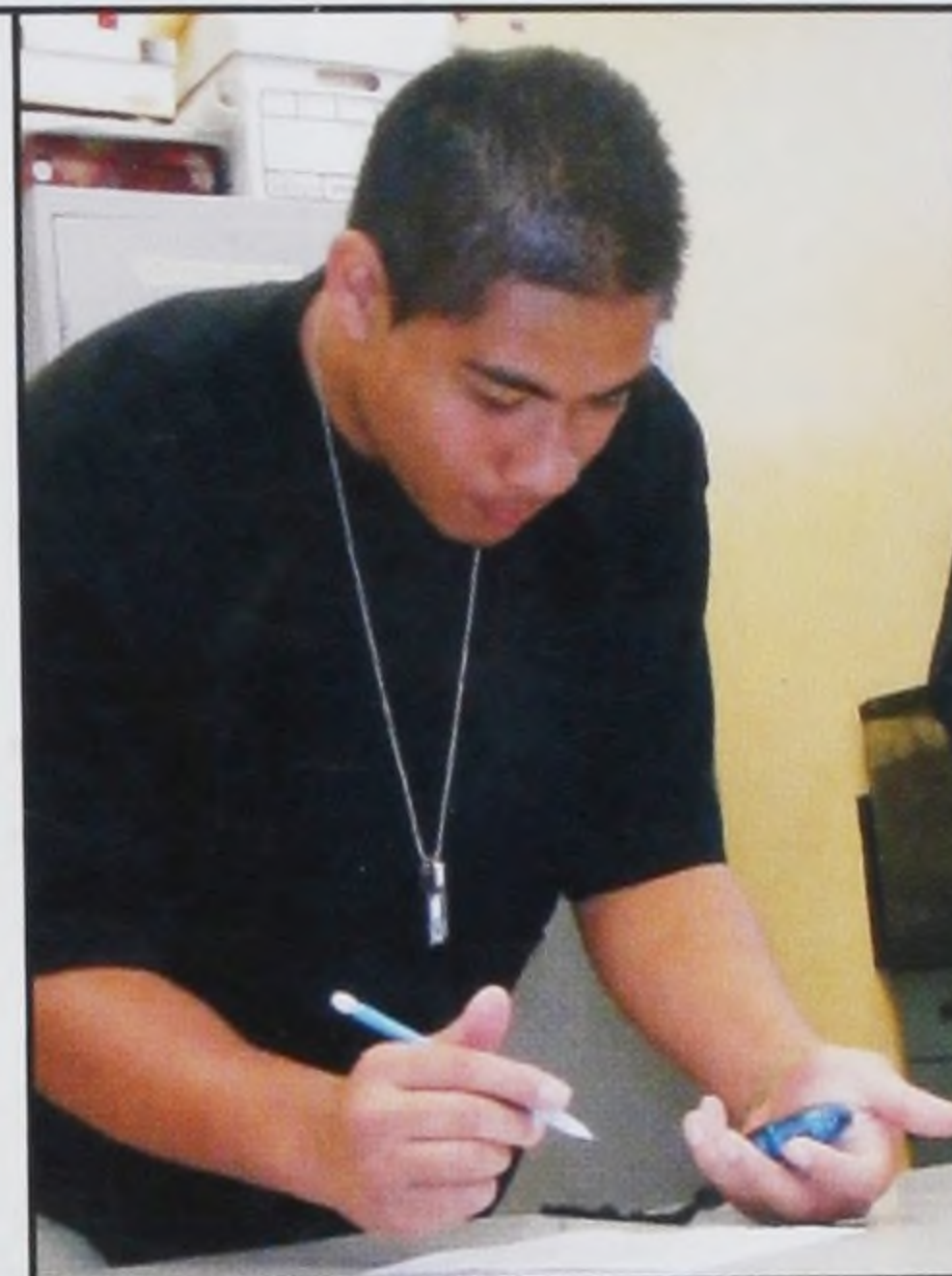
Filipe Pedro balances out the weights on a scale. Alexie, his partner seems to be enjoying just watching him do all the work.



TAKE NOTE

Data

Tatfu Moeaki jots down his timing results onto his data table. Keep up the good work Tatfu!



Lab

Thao Cao, Milan Justel, Thuan Vuong, and Ben Lindsay look through their microscopes at biological phenomena.

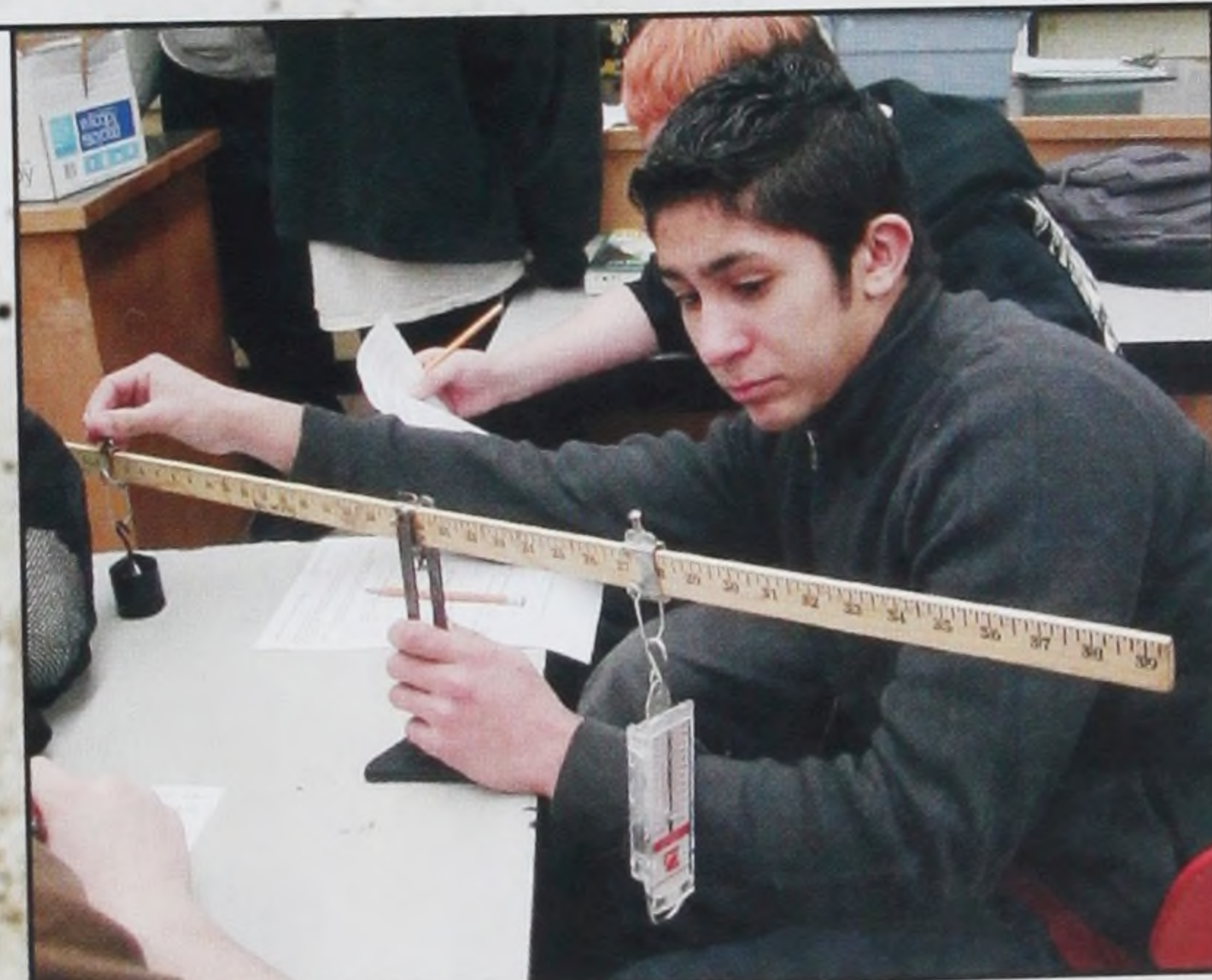
Curious

Tien Nguyen and Nhi Truong check out mating fruit flies through a microscope in Ms. Eames Honors Biology class.



Balance

Raphael Penate measures the force on a first class lever in Mr. Hager's Principals of Technology class.



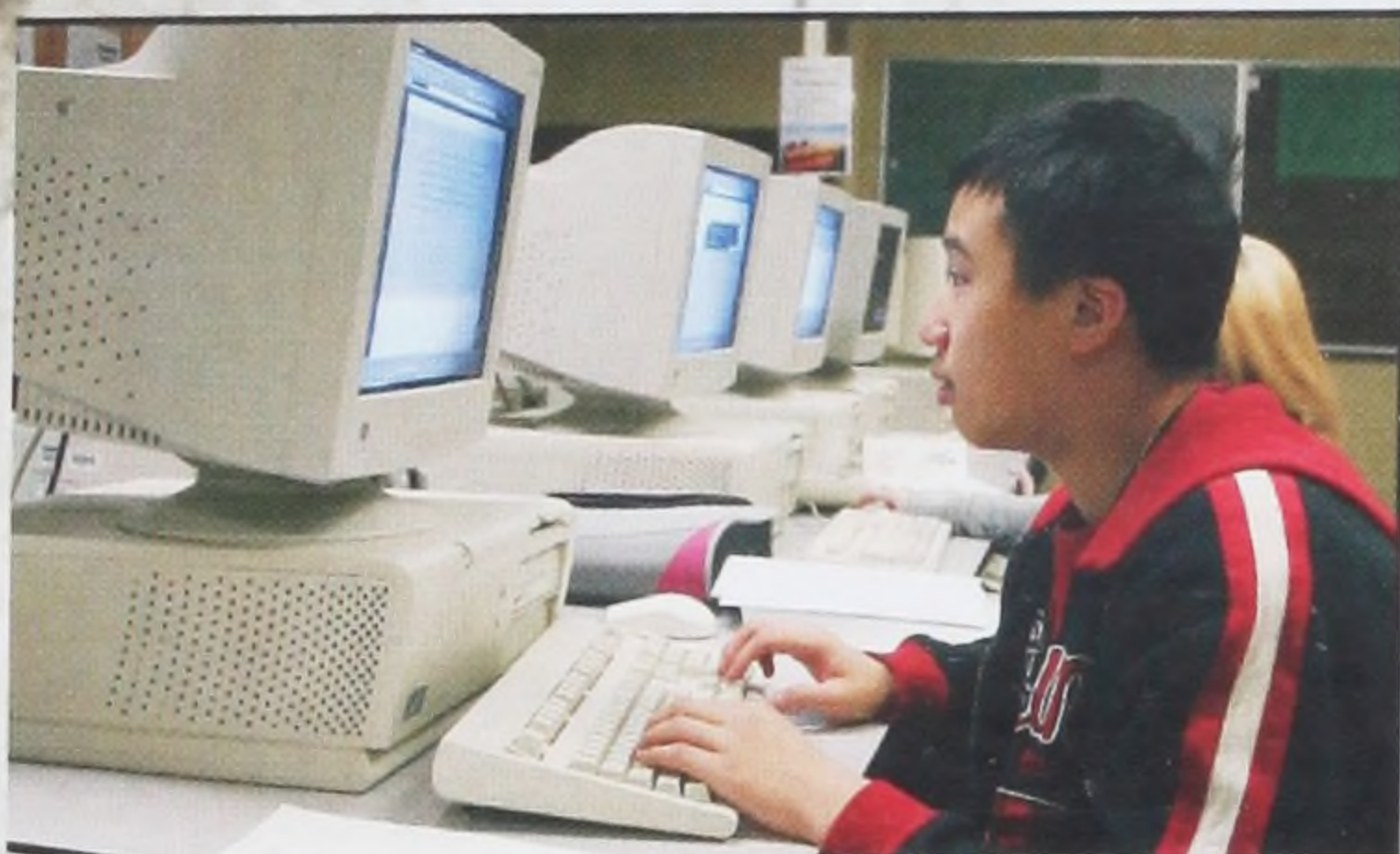
Reactions

Shawn Brown, Anna Arias and Gabe Law watch Mr. Smith try not to hurt himself in a buoyancy experiment.



PE/HEALTH

It's not all fun and games in Health/PE. Here, Phap Nguyen researches for a report on proper nutrition for a healthy lifestyle in Mr. Carline's Health class.

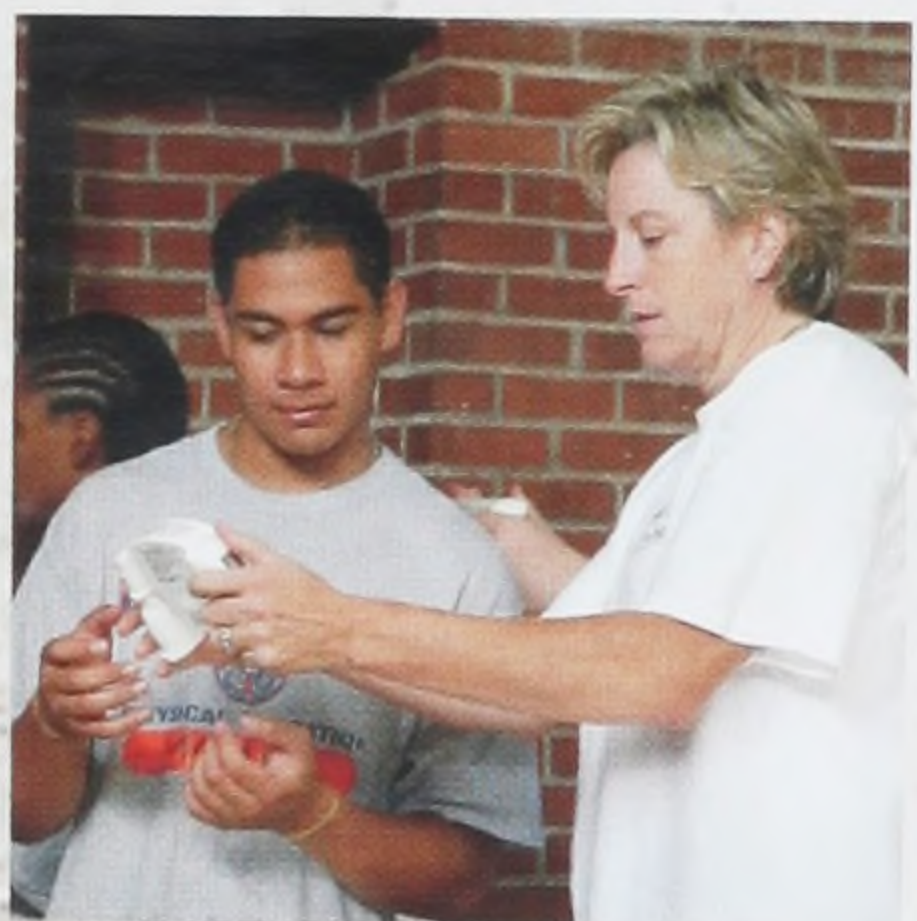


"To keep the body in good health is a duty... otherwise we shall not be able to keep our minds strong and clear."

-Buddha

Right: Run Forrest Run! The indoor track gets a lot of use in the winter.

Below: Ms. McLellan explains the finer points of time management to Tatafu Moeaki.



The 2010 Winter Olympics are just around the corner. Maybe we will see Imani Burris and Diadira Pedro-Xuneax in the skating finals.

Below: Sjoel Williamson puts the big "D" during the basketball unit in PE.



Good form is very important to get the most out of your push-ups. Everyone in PE has to pass their own personalized fitness tests.

Weight lifting is just another of the many different athletic disciplines PE students at BHS get to explore. Mr. Wilson spots for Abdul-Rahman Jeffery on the bench press.



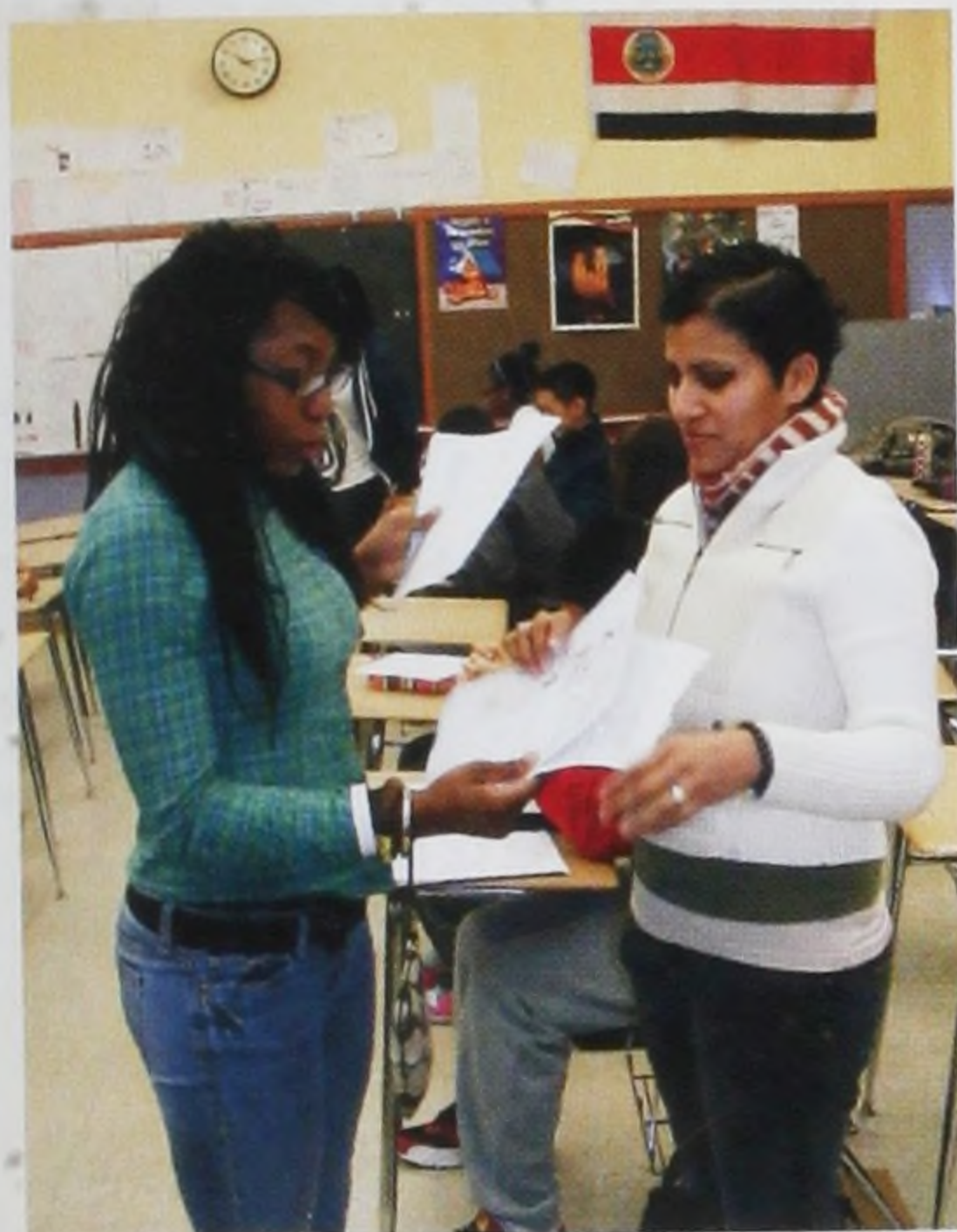
SPANISH

"The man who does not know other languages, unless he is a man of genius, necessarily has deficiencies in his ideas."
Victor Hugo

Below: Zach Fuentes, Julie Phan, Cydney Williamson, and Lulu Tang rehearse for their skit in Ms. Figueroa's Spanish class. Doing skits is a good way to practice your speech skills while also learning to speak and understand the spanish language.



Below: Ms. Figueroa helps Jennifer Benjamin with an assignment. With guidance from Ms. Fig, Jennifer is sure to be a good spanish speaker by the end of the year.



Below: Paige Lawson and Kiera Brinkley model some pinatas in Mrs. Cleaton's Spanish class.



Right: Scott "Squeaks" Mueller, Mary Dang and Ariz Gapi step into the shoes of hispanic tradition in order to get a better feel for the language.



Left: Cody Deem, Jacob Rotherham, Sean Cronk, Stephen Gibson, Chad Deem, and Zack Heineman keep warm by the fireplace they created for a spanish Christmas play in Ms. Figueroa's class.

Below: Josh Harvey works on his poster of latin american foods for Ms. Figueroa's class. Using a collage method is a good way to present food of another culture.



BAND

"Music is a moral law. It gives soul to the universe, wings to the mind, flight to the imagination, and charm and gaiety to life and everything."

-Plato



Melody



Harmony



Rhythm



Technique



Music!

TIME TO BOOGIE!

A normal day in band is no other than a fresh new day of weird. Once you walk into the room before school starting, you can find bandophiles piled up on old, smelly couches, laughing and having a good time. And your first impression could probably be of a bunch of kids who don't understand the meaning of "personal space". But once we get our instruments out and warm up, the mood in the room goes from playful to professional. During class, we act as a team; every different section complements and cooperates with each other. Outside of class, we act as a family; everyone knows each other, and everyone loves each other. That basically sums up what we do: Love & Music.



The Radical "Write"

THE "TEAM". Front row (from left): Brennan Gonzales, Fnan Berhe, Kathy Phouthirath, Sandra Van. Row 2: Philip Melson, Ashley Nguyen. Row 3: Brian Halvorsen, Samantha Lumpkins, Katie Bonnin, Jennifer Huynh, Daniel Lurvey. Row 4: Anton Bogan, Benjamin Rollock, Kyle Bocian.



JOURNALISM

"Put it before them briefly so they will read it, clearly so they will appreciate it, picturesquely so they will remember it and, above all, accurately so they will be guided by its light."

-Joseph Pulitzer

Editor Sandra Van

"I'd like to quote Buddha by saying 'All that we are is the result of what we have thought. The mind is everything. What we think, we become. That is what Tech Pep is all about.'"

-Sandra Van



Editor Brian Halvorsen

"Put your head down and work hard."



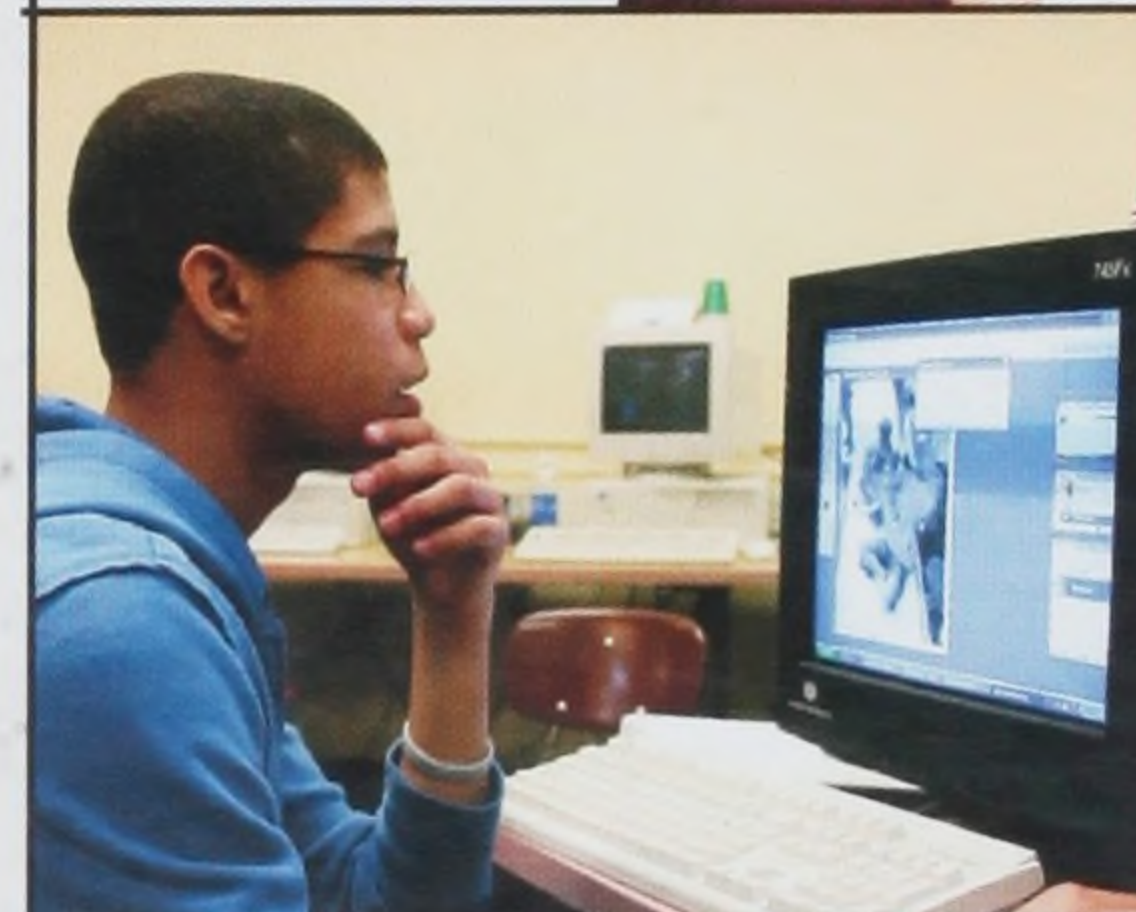
Teamwork

Sandra Van, Kathy Phouthirath and Jennifer Huynh brainstorm ideas for new Tech Pep articles.



Dedication

Jerah Green edits Tech Pep photos with a keen eye using Adobe Photoshop.



Humor

Katie Bonnin and Jennifer Huynh get a kick out of reading their respective Tech Pep articles.



Above: Dionna Johnson gets writing inspiration from above..... or Mr. Melton!

Left: Fnan, Karen, and Philip check the news for some new and exciting subjects to focus on for the next Tech Pep issue.

DIVERSITY
DIVERSITY
DIVERSITY

Right: Richard Cha and Tien Nguyen perform a traditional Vietnamese folk dance.

Below: Sean Rice and Shurita Calloway emcee Benson's annual Diversity Assembly.



DIVERSITY
DIVERSITY

Below: Kiera Brinkley shows off her astonishing dance moves. She left the audience speechless.



DIVERSITY
DIVERSITY
DIVERSITY

Below: Shakara Green, Alexis Jackson and Netta McKenzie sing "L E'vry Voice and Sing".



DIVERSITY

DIVERSITY

DIVERSITY



Above: Tahi Moekie and friends perform a Tongan dance ritual.

DIVERSITY

Right: Mercedes Pizarro sings the Philippino National Anthem. She blew away the crowd with her amazing vocal skills.



Above: Our latina girls Ana, Jamie, Fernanda, Vannessa and Isabel add some spice to the multicultural assembly, dancing "Duranguence."

DIVERSITY



Alexis Lawrence shows off her Swahili dancing skills.



Ebony Stewart lays down an anti-gang rap.

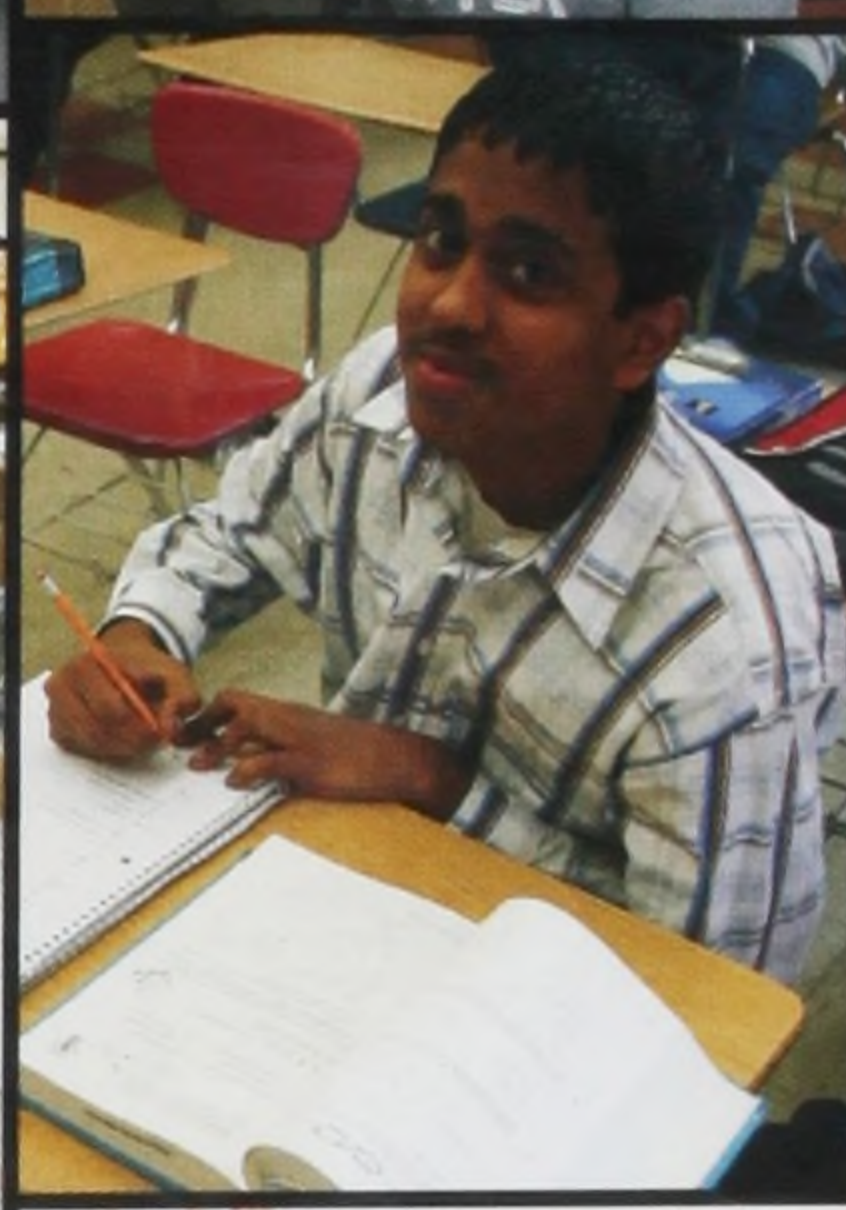
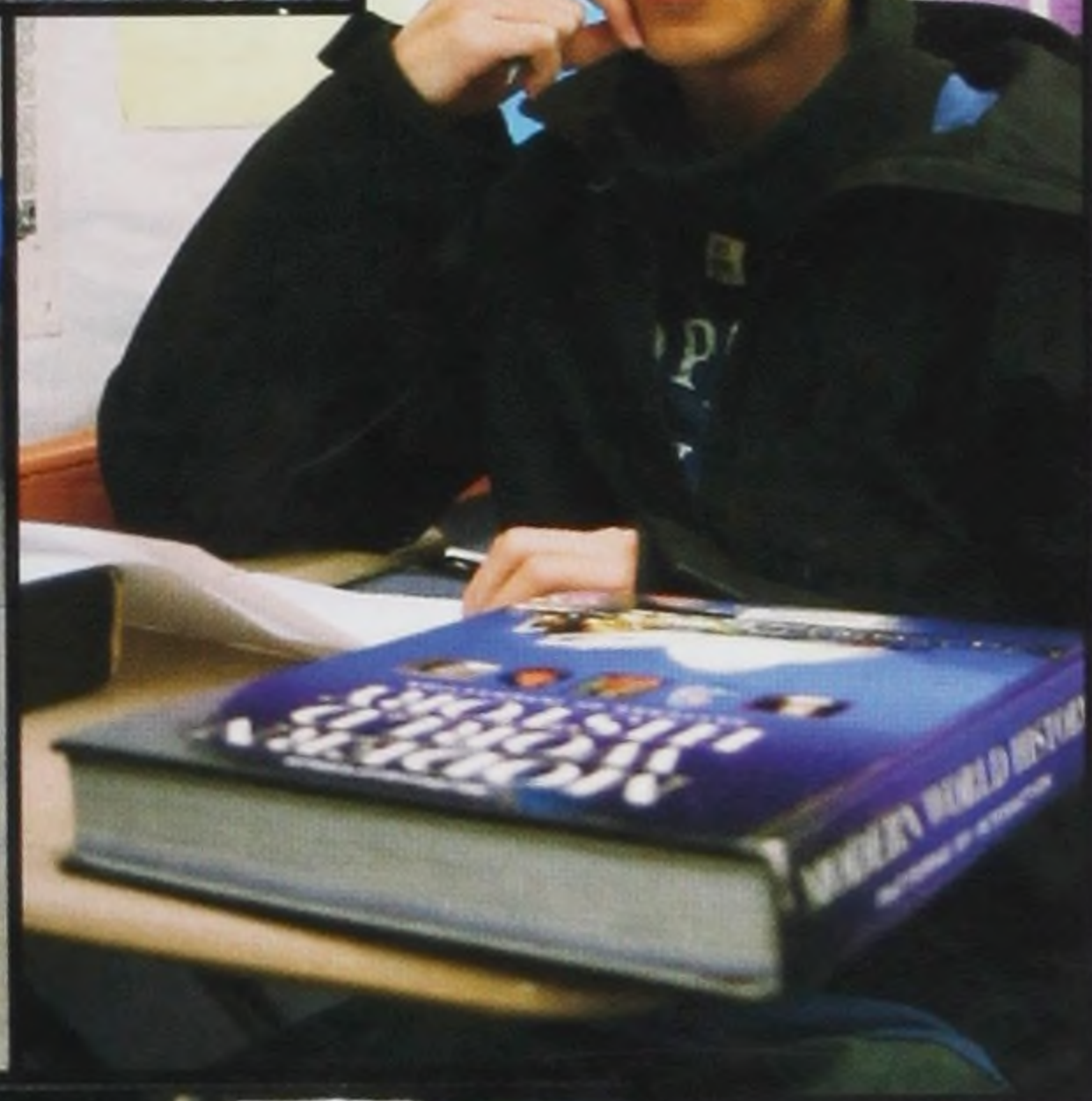
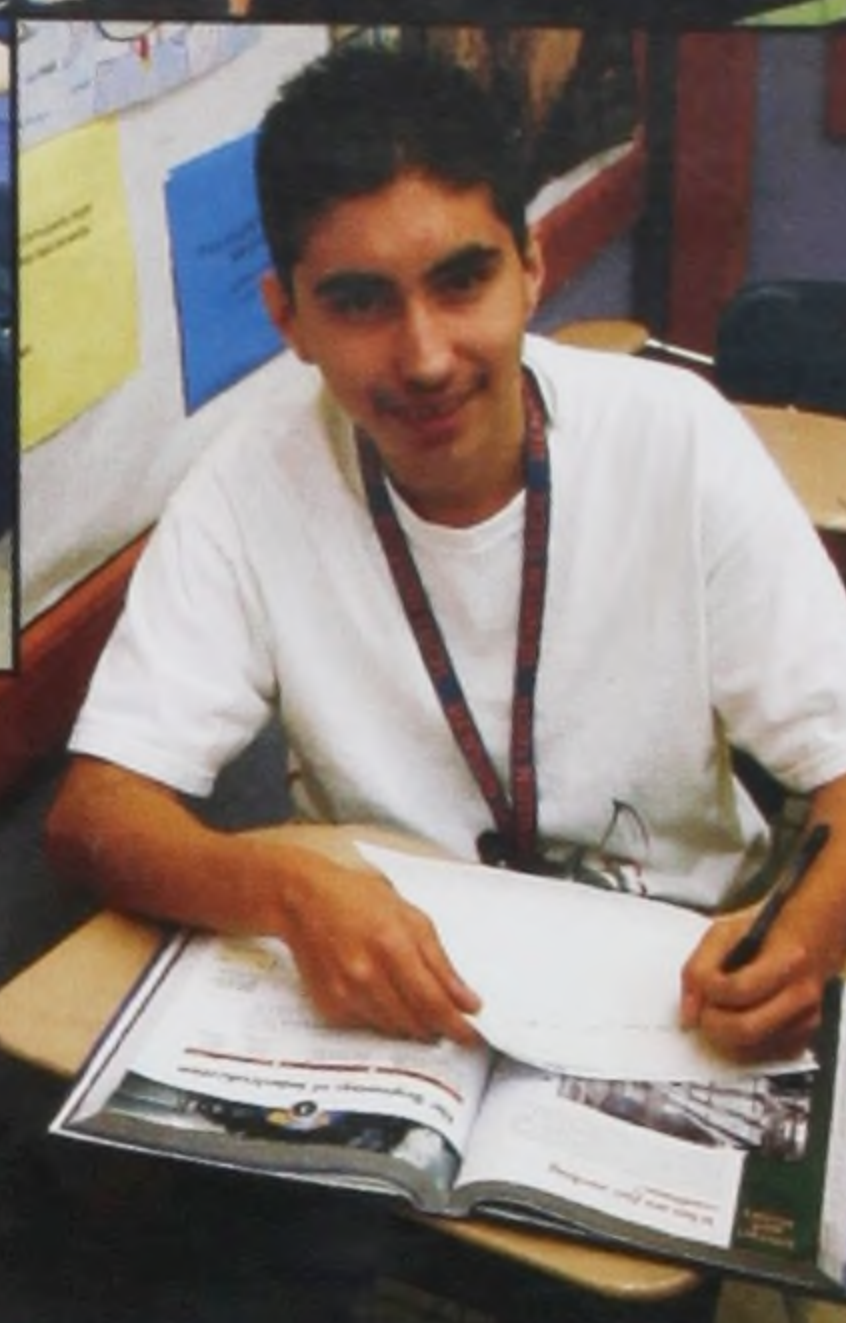


Chico Bailey shows off his awesome Beyonce moves.



Derriel Ingram recites a poem about HIV awareness.

"All people
are a single
nation."
-- Qu-ran



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2011





Luehna Abuan



Abiola
Aderonmu



Mariam
Admasu



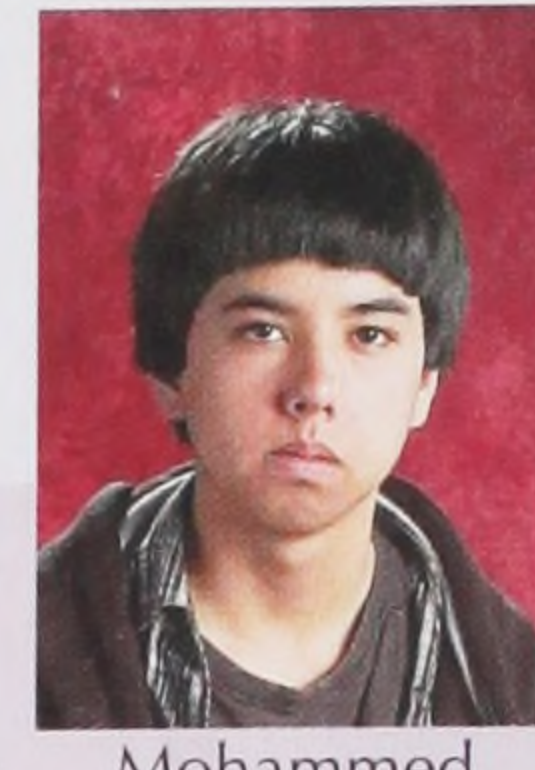
Oscar Alamo



Preyonna Allen



Taylor Allgood



Mohammed
Almahmoud



Adrian Alvarez



Jorge Alvez-
Villafuerte



Andrew
Andrews



Edgar Apolonio



Jasmine Archer



Ana Arias



Douglas
Armstrong



Laronn Arnold



Judy Asa



Nicolle Asencio



Keandra Ashley



Yesenia
Avellaneda



Justin Bailey



Efrain Bastida



Jordan Bates



Seth Bauer



Joe Bechtold



Akeem Beng



Marco Benitez



Fnan Berhe



Damarcus
Berry-Hodge



Kirsten
Bickham



Lakeesha
Blackmon-
Wallace



Kwabena
Boateng



Kyle Bocian



Igor Bogza



Roman Bogza



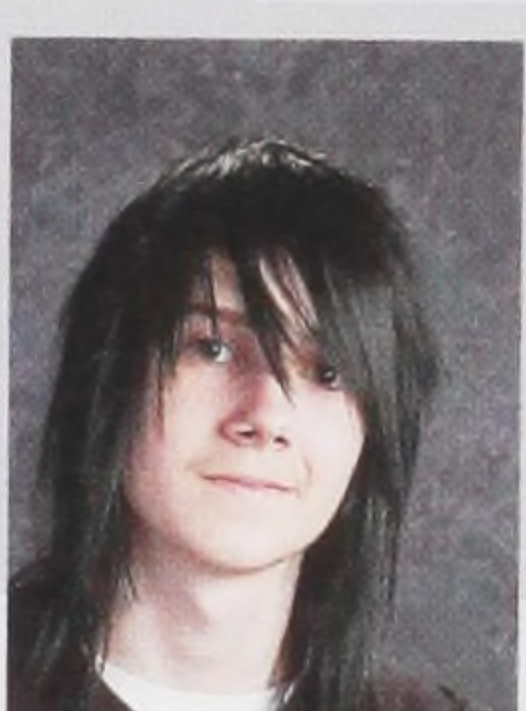
Diamond
Bolden



Katie Bonnin



Michael Bowen



Jason Branscum



Danielle Braun



Tucker Brennan



Kieraqmil
Brinkley



Berenice Brown



Kristina Brown



Sean Brown



Connor Buckley



Kyla Burch



Imani Burris



Sharmaine
Calderon



Trevor Calhoun



Huong Cao-Tram



Christopher Catabay



Meng Cha



Touku Cha



Shawn Chan



Scotty Chandravongsri



Vanny Chao



Jenny Chau



Tony Chau



Andy Chen



Jane Chen



Johnny Chen



Justin Chen



Larry Chiem



Delon Christian



Blaise Clarke



Derek Cleaver



Michael Colon



Carina Conley



Nicolas Crawford



Mary Dang



Sandra Dao



Ileijah Darden



Vishek Dass



Raven Davis



Drake Dawley



Ethan Dedrickson



Michael Deribew



Tomas Diego-Juan



Crystal Dill



Matthew Dodier



Skyler Donald



Daniel Drakos



Kenneth Duong



Minh Duong



Karsten Earnest



Cory Elliott



Nicholas Estrada



Lesieli Eteaki



Coraneisha Evans



Davisha Fair



Daniel Feasler



Stephanie Ferrusca



Elizabeth Ferrusca-Granados



Andrew Finnegan



Leah Fix



Darien Fleming



Glen Foster Jr.



Stephen Fox



Johnny
Francisco-
Manuel



Demi Frazier



Jordan Frazier



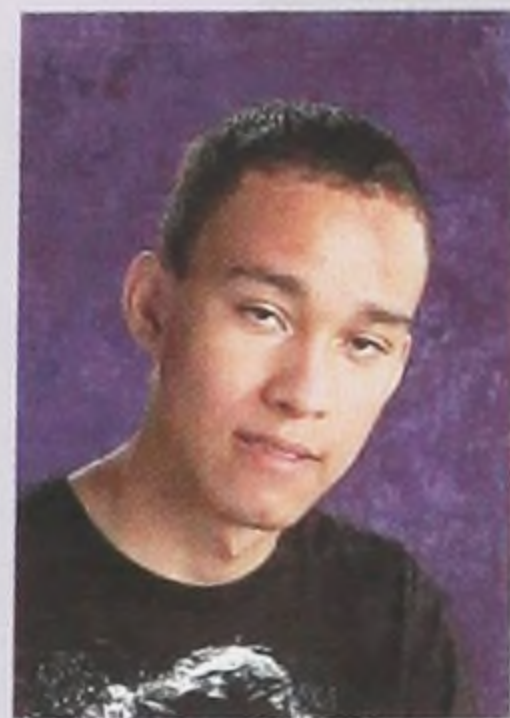
Ariz Gapi



Giselle Garcia



Marquis
Garland-
Norman



Miles
Garlington



Jose Gastelum



James Gault



Austin George



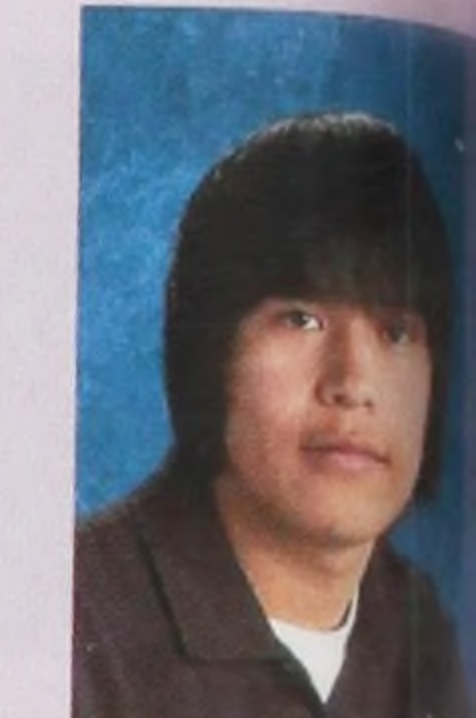
Humberto
Gomez



Monica Gomez



Brennan
Gonzales



Jesus Gonzalez
Aparicio



Cicilio
Goodlance



Anna Gray



Ganay Gray



Wesley Gray



Jerah Greene



Danat
Habtemariam



Bryana Hale



Sharayah
Hanson



Sterling Hardy



Kamaria Harley



Javares Harris



Tiona Harris



Cullen Harrison



Mason Hawk



Alex He



Evelin
Hernandez-
Diaz



Jose
Hernandez-
Ruiz



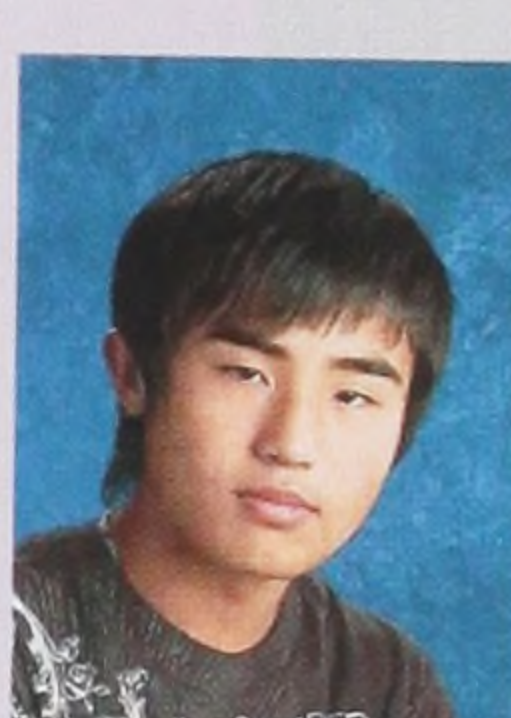
Sue
Heuangsackda



Jiahuan Huang



Jennifer Huynh



Khanh Huynh



Niela Imran



Derriel Ingram



Denise
Inosencio



Joseph Ivezic



Fordos Jabr



Jazmin Jackson



Nerlie Jean



Robert Jensen



Jacob Jipson



Dionna Johnson



Dylan Johnson



Travis Johnson



Brenda Juarez-Alvarado



Luwam Kahassay



Shadee Kelly



Richard Ketchum



Payton Ketterman



Omar King



Joshua Klee



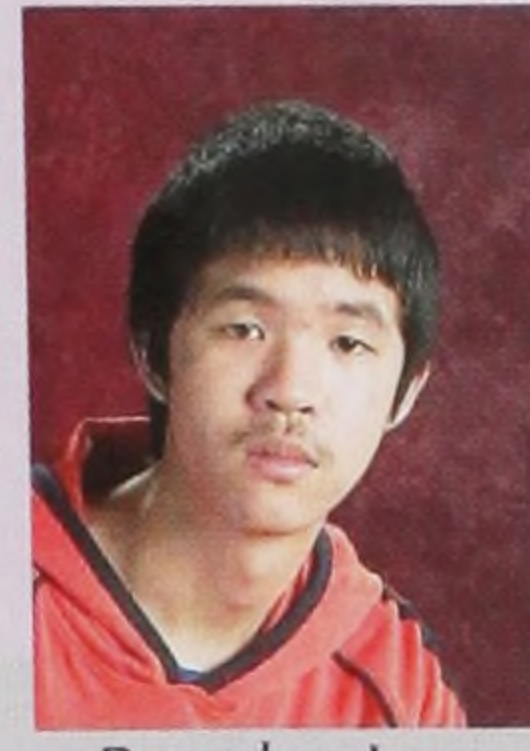
Victor Kuss



Hoan La



Calvin Lal



Brendan Lam



Codie Larsen



Gabriel Law



Alexis Lawrence



Michael Le



Wilson Lee



Matthew Lei



Zachary Leslie-Sexton



Calvin Li



Sherry Liao



Iain Lidster



Joshua Lindsay



Bryan Loop



Erick Lopez



Samantha Lumpkins



Shirley Luo



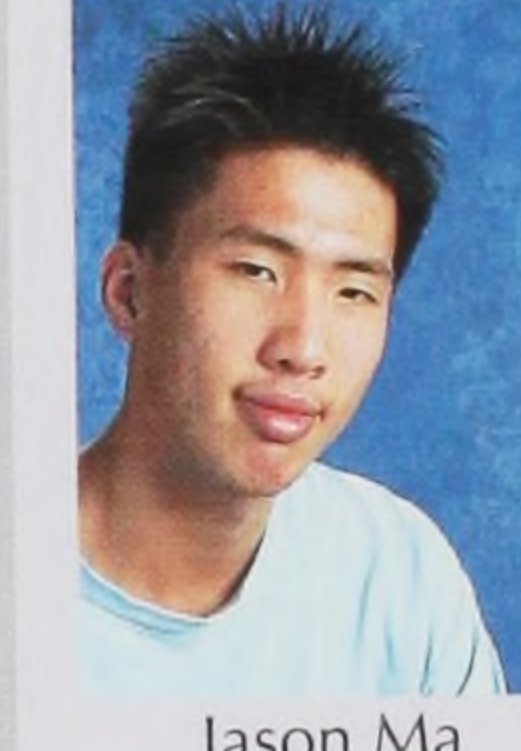
Arnold Luong



Jasmine Luong



Jim Ly



Jason Ma



Eric Malone



Tatiana Marion



Brandon Markle



Karen Mata-Mercado



Adriana McCoy



Memory McDaniel



Malaikah McGee



Jonathan Mendez



Karina Mendez



Abush Metiku



Chase Meyer



Antonio Montoya



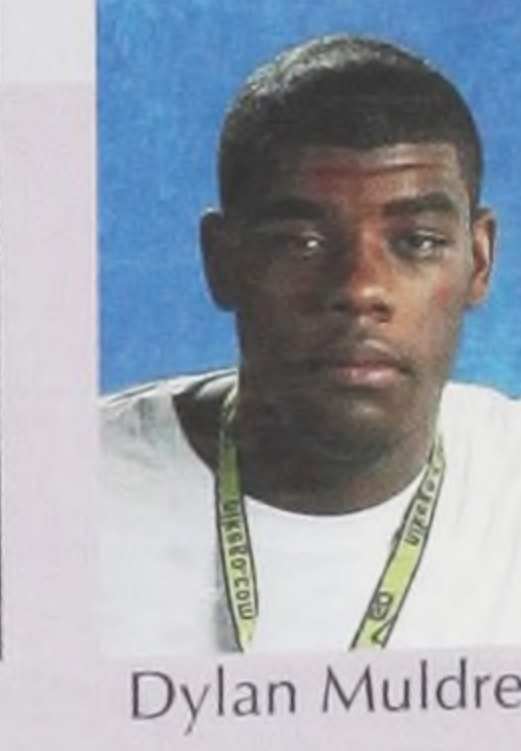
Edgardo Morales-Hernandez



Shaqville Morgan



Taylor Moyer



Dylan Muldrew



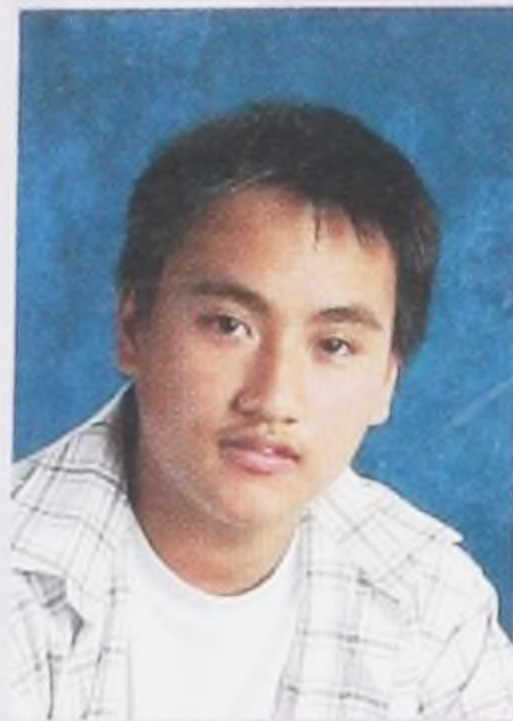
Kayla Musgrave



Christopher
Nanez



Allen Nguyen



Andrew
Nguyen



Duy Nguyen



Gia Yen
Nguyen



Martin Nguyen



Tabina Nguyen



Triet Nguyen



Juniza Nino



Jasmine Norris



Brianna Ono



Khalid Osman



Kyla Overbay



Freddy Parra-
Castillo



Vincent Parsley



Maria Pedro
Juan



Rafael Penate



Leonardo
Perdomo-Rivera



Alex Perez



Isaac Perez



Maria Perez-
Bernal



Bao-Ngoc
Pham



Jessica Pham



Alysha Phan



Billy Phan



Elizabeth Phan



Viet Phan



Steven Phillips



Alexis
Phommasen



William
Pinckney



Mercedes
Pizarro



Oryanna Poe



Nathan Pointer



Nicole Powell



Luseane Pulu



Rubi Quevedo-
Ponce



Roberto
Quezada



Fortino Quiroz-
Alvarez



Laura Ramirez



Taryn Randle



Jomeisha
Rankins



Jazmin Ratcliff



Brandon Read



Daniel Redden



Daniela Reyes



Nancy Reyes



Wendy Reyes-
Gastelum



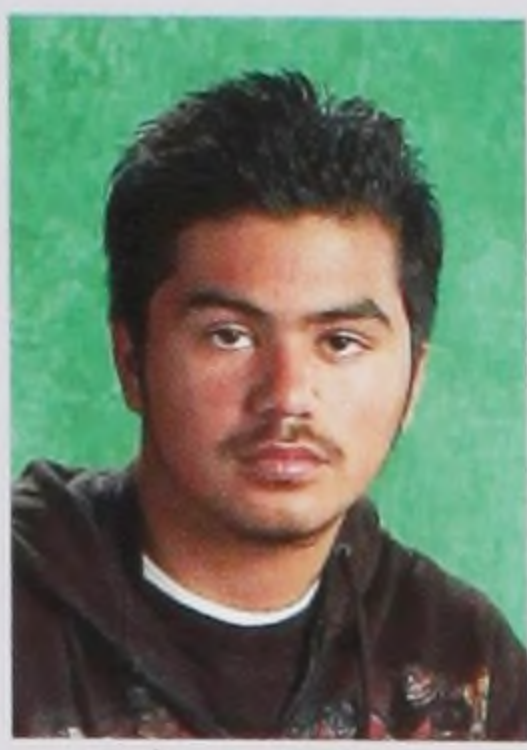
Shawnice
Richey



Janine Rillera



Jose Rios Rubio



Edwin Rivas



Anastasia
Rivera



Khayrie Rivers



Juwan Robins



Miguel
Rodriguez



Perla Rojas



Jose Rojas-
Salazar



Benjamin
Rollock



Jennifer Roman-
Hernandez



Jasmyne
Romero-Clark



Viridiana
Rosales



Nicolas Rosas-
Ramirez



Karissa
Ryckman



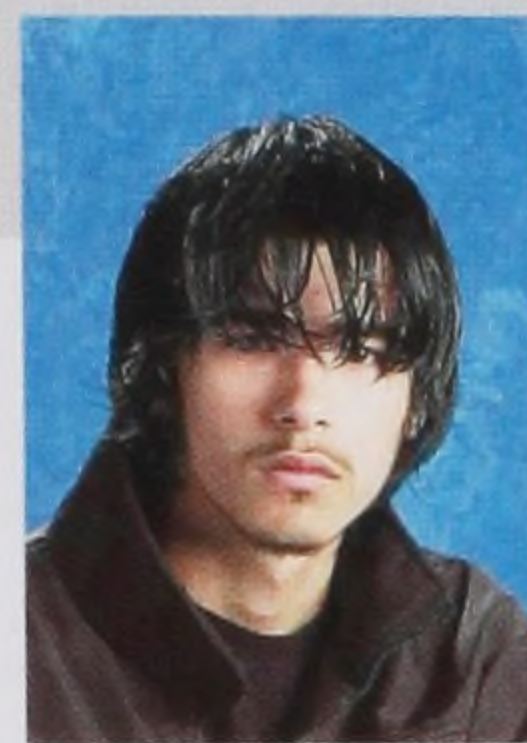
Ledevedere
Sabundo



Tracy Saechao



Brandon Sails



Alejandro
Salazar-
Jackman



Jose Salgado-
Mendez



Nicole Sandall



Lovie Sanders



Andrew
Scribner



Musse Sebhatu



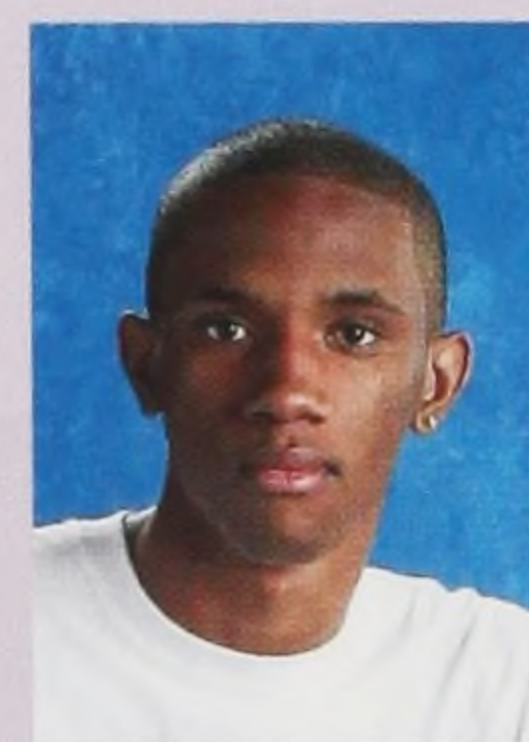
Alexander
Sellers



Andrew Shelton



Jeremy
Simmons



Lavel Smalley



Aryn Smith



Marsean Smith



Christopher
Smith-White



Floyd Spears



Shaquila Spruill



Shawnece
Stanciell



Alejandro
Steeley



Gerald Stewart



Michael Stewart



Tommie
Stringfellow



Indasia
Summerfield



Kaliph Surdam



Zachary Taylor



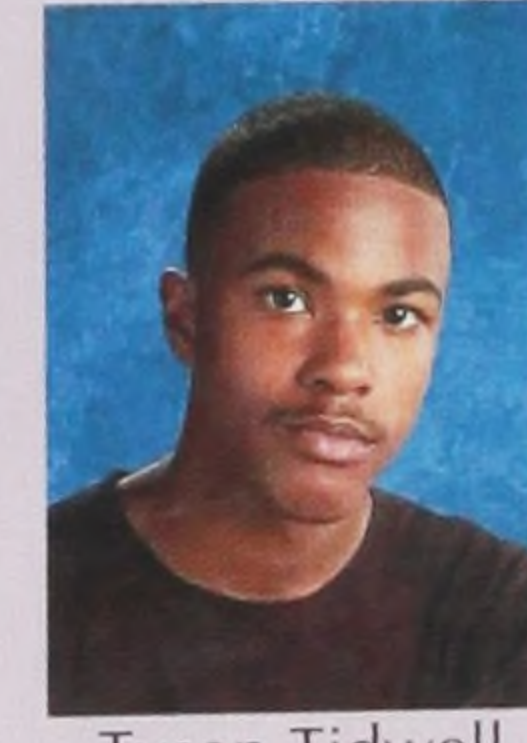
Yuriel Terrones-
Alfan



Vaughn
Thirdgill



Steven Thomas



Tyson Tidwell



Sosaia
Tomoelupe



Wendy Torres-
Villalobos



Shawncy
Townsend



Maikhanh Tran



Thien Tran



Tri Tran



Roselily Trang



Victor Trinh



Christina
Truong



Jenny Truong



Jessica
Valdefiera



Jesse Valdez



Elizabeth Van



Sandra Van



Phoebe Van
Buren



John Vang



Neng Vang



Ke'ranay
Vaughn



Jessica
Vazquez-
Sanchez



Jordan Venable



Osvaldo
Villafuerte



Guadalupe
Villafuerte-
Garcia



Gustavo
Villafuerte-
Garcia



My-Van Vo



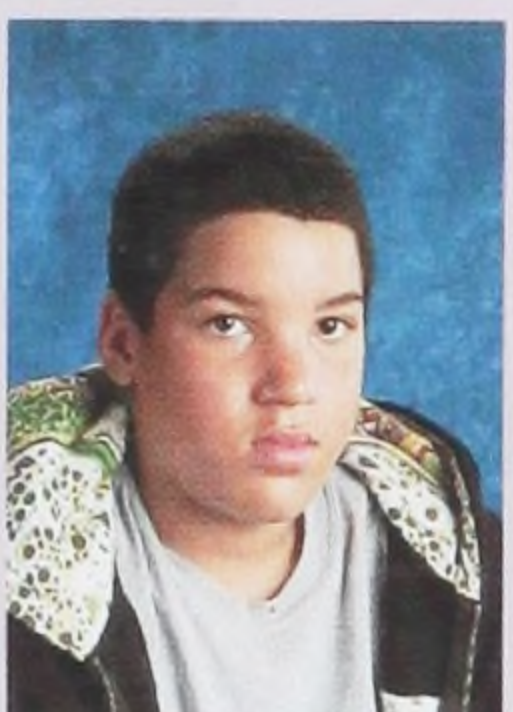
Anthony Vu



Treandranique
Walker-Raiford



Jordan Warren



Zachary
Watson



Lianne Weller



Brieta Williams



Tedarius
Woods



Erica Wu



Jing Wu



May Wu



Joanna Yan

Camera Shy

Alexander, Mason
Andrade-Booker, Javid
Applegate, Eric
Huang, Pauline
Ivy-Royal, Donyel
Morgan, Shaquille
Morse, Samuel
Muench, Joshua
Phillips, Destiny
Rhodes, Ashlee
Richard, Dominique



Keiyo Yassin



Sara Yon



John Yu



Ling Zhan



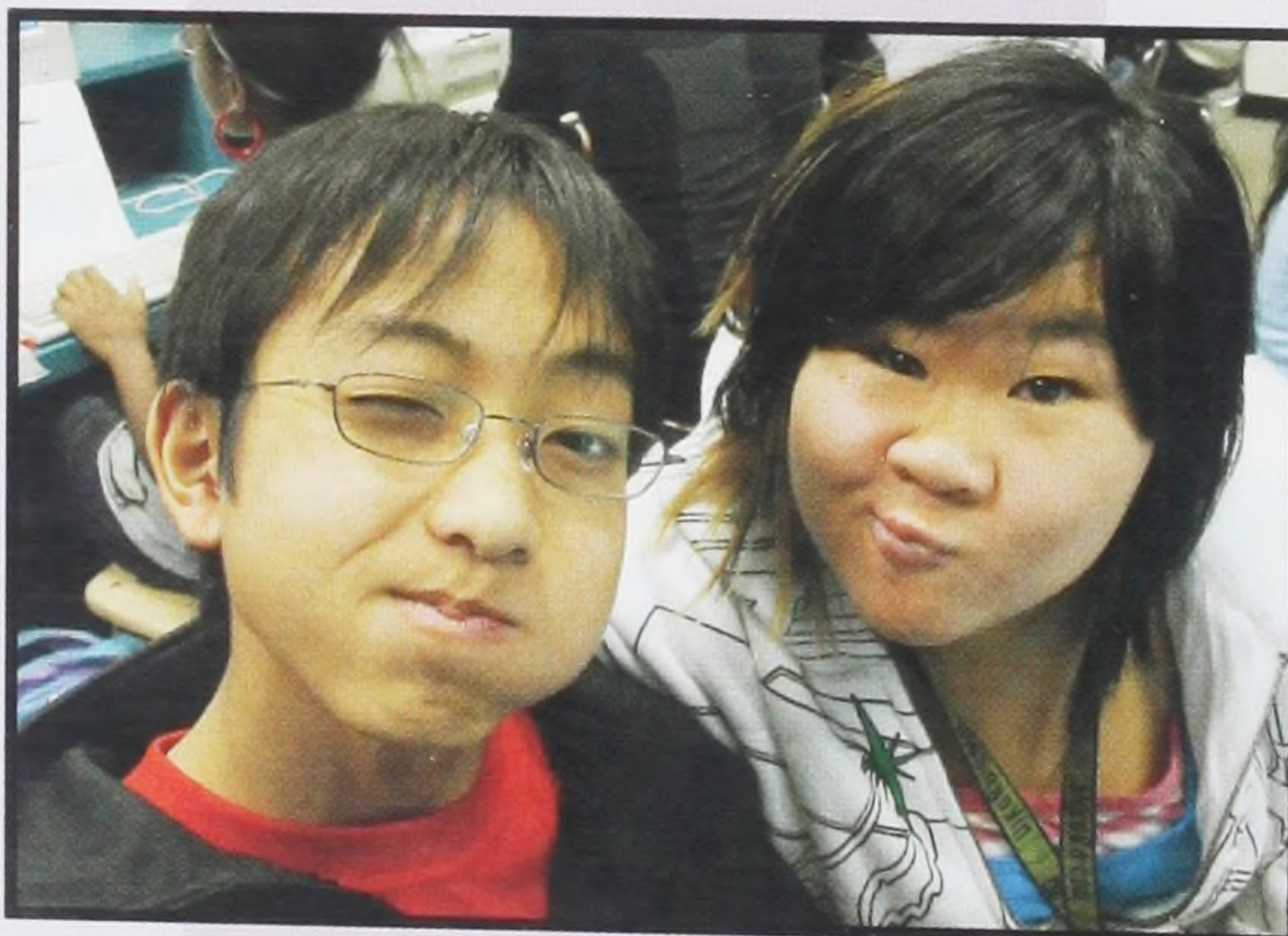
Lily Zhao



Piaoling Zhen

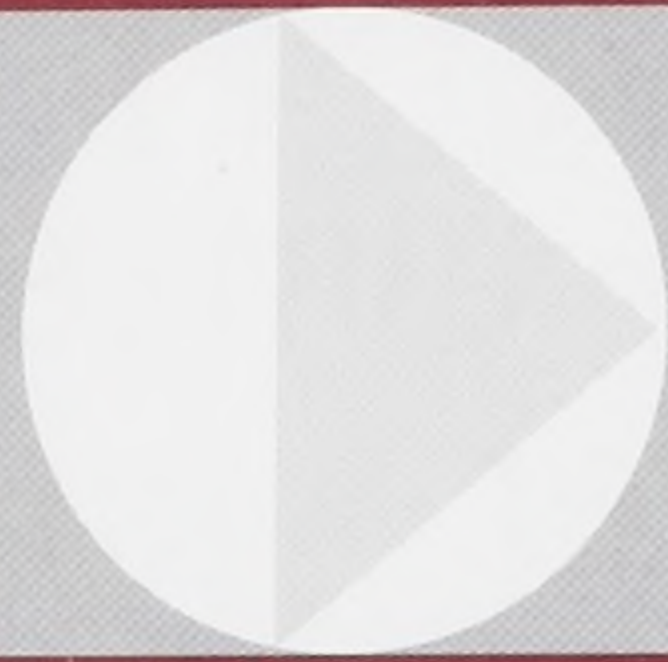
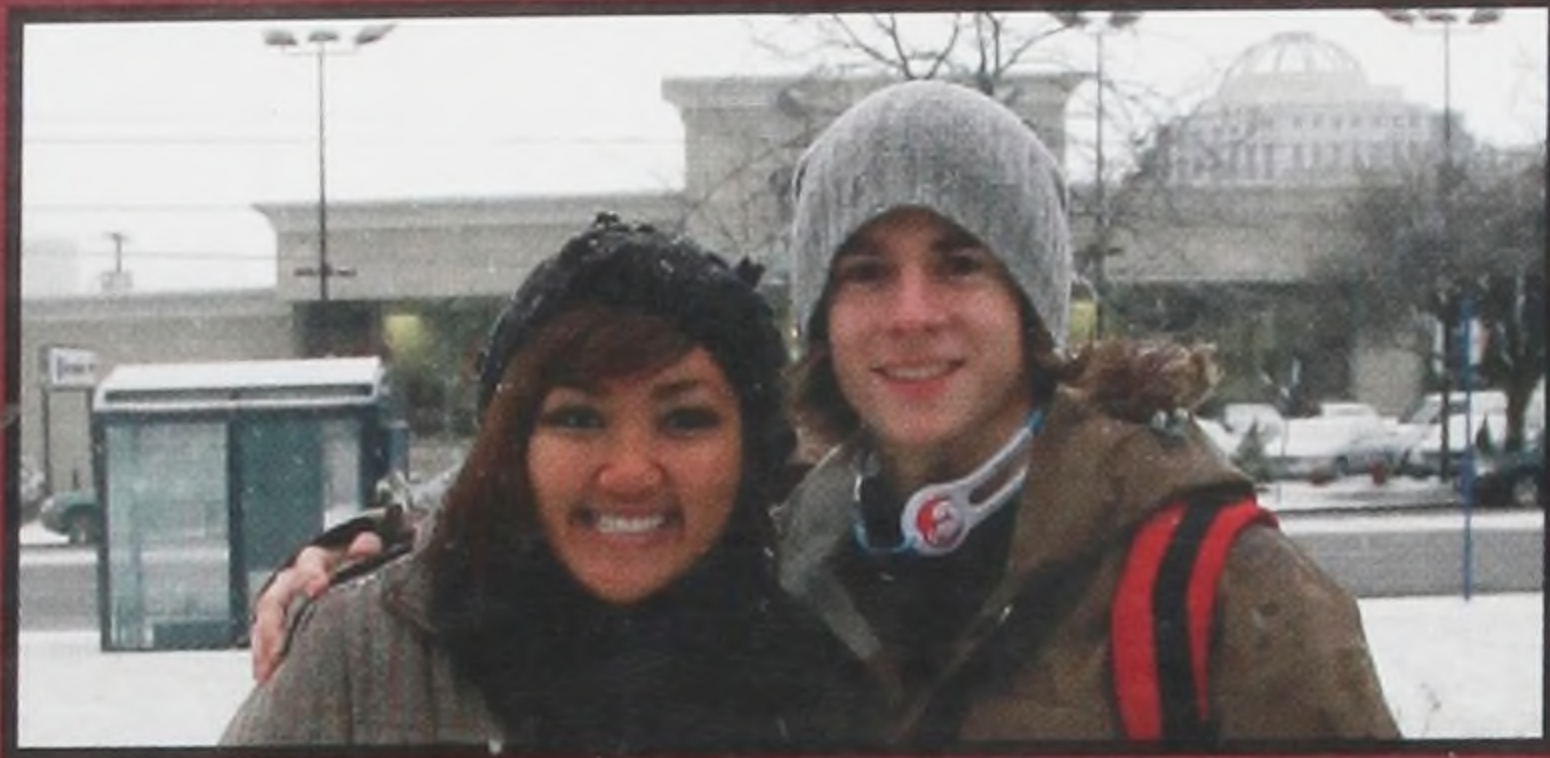
Right: Put your funny face on! Meng Cha and Tabina Nguyen act silly in the computer lab during Ms. Draper's Global Studies class.

Far right: Cory Elliot and Nicole Powell smile for the camera during Global Studies with Ms. Draper (probably using any excuse they could find to stop working.)



[illegible]

spreading the cheer



The Holidays





Student Wishlist

Even with a troubling economy students still have a few select items on their wishlist!



The Apple iPod Touch

This clever new gadget has more popularity with teenagers than it's siblings the iPod Classic and iPod Nano. Its just like the iPhone, only lamer!

Wii Fit

This new Nintendo Wii video game has everyone up and moving. Who knew exercise was so much fun?



Rock Band 2

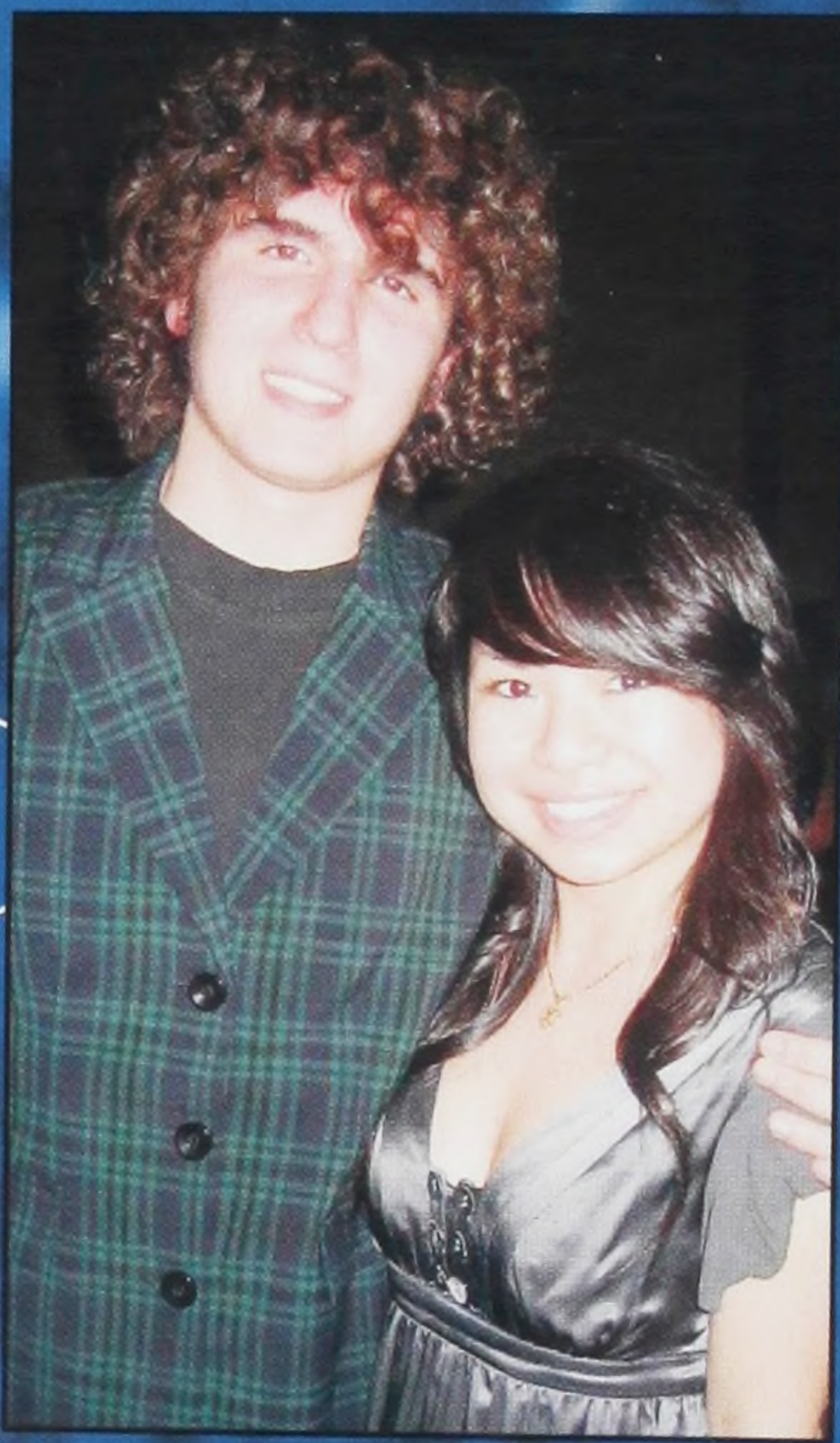
The sequel to 2007's hit game had all of Benson's male students rushing to the store to buy it. Word of advice boys, learn a real instrument!

Ugg Boots

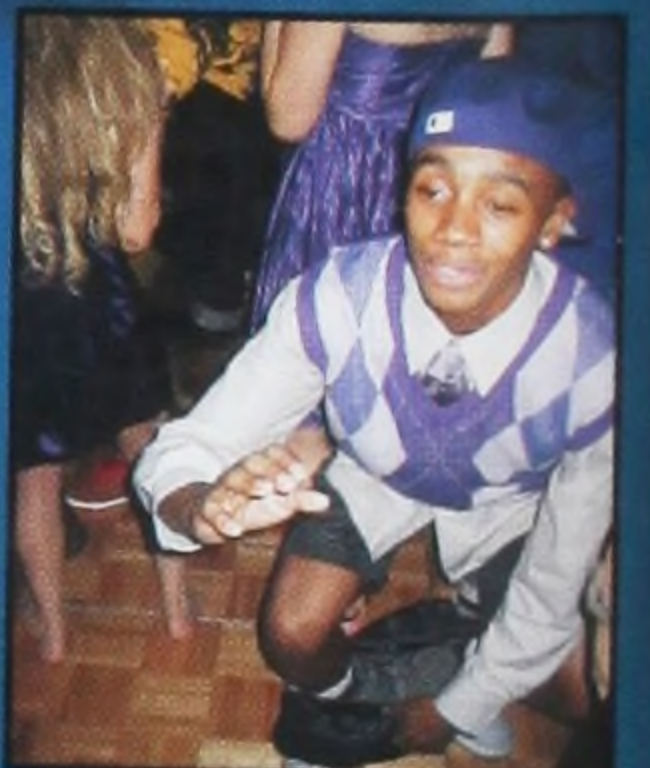
These horrid fur boots for some reason have attracted the attention of Benson's female students for the last few years. Guess they just gotta stick with the trends.



Winter Formal



the dance, the dinner, the dress!





MEN'S HOOPS

Right: Perry Dinyan takes it to the hoop and scores two for the Techmen.

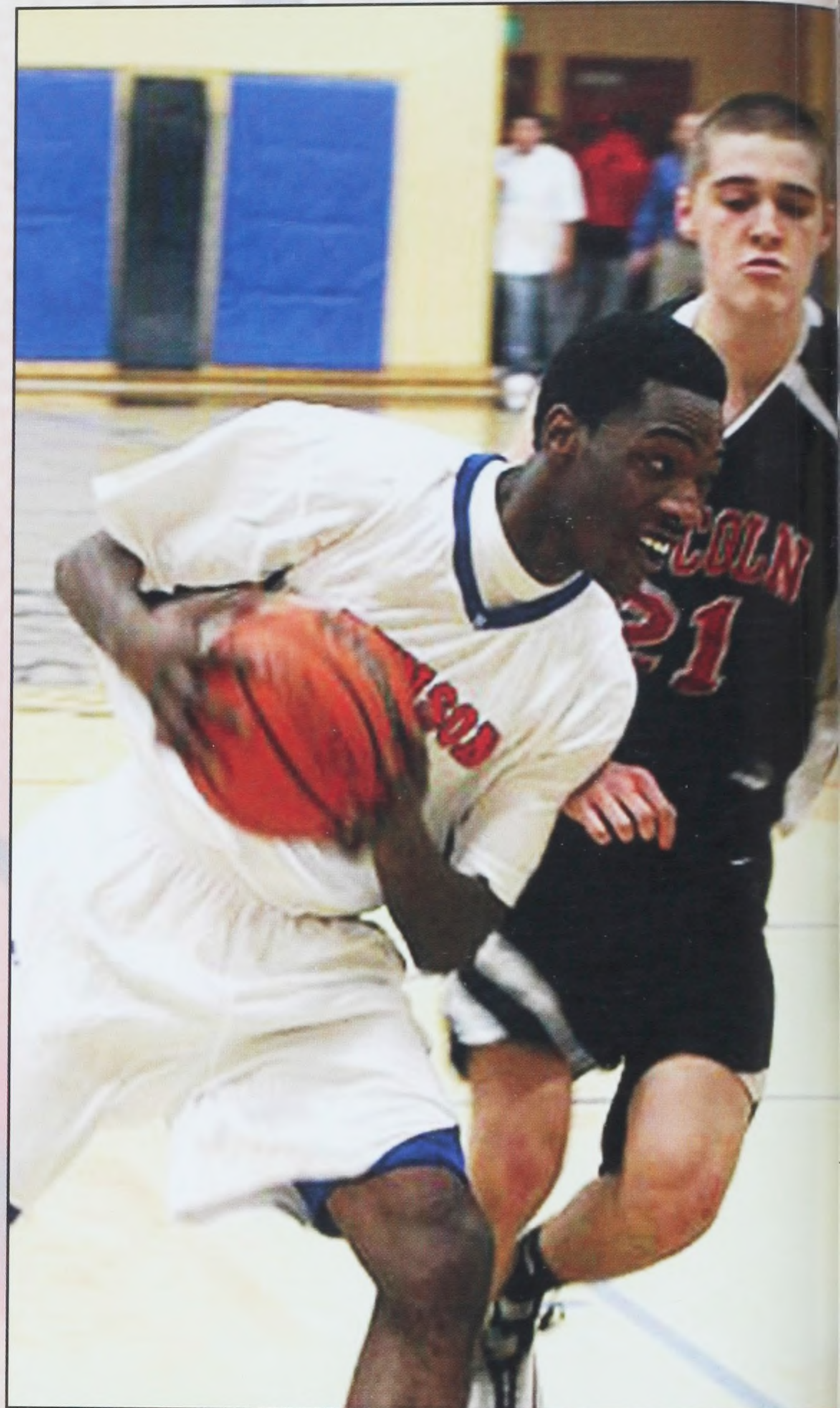
Right: Andre Pennington pulls up for a long range jumper. Money!



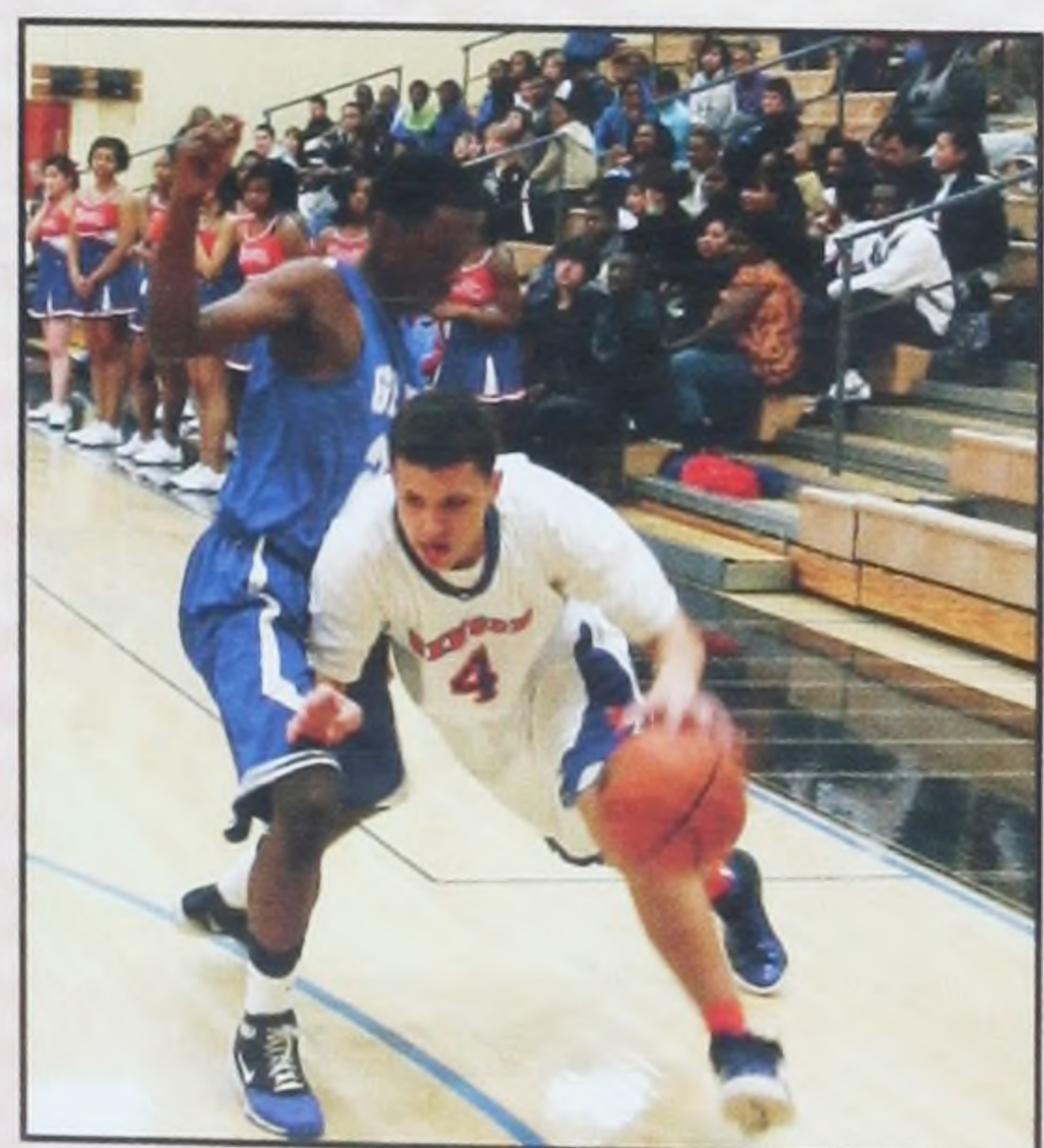
Jeff Moreland takes the ball out while cheer looks dreamily on.



Austin Booker, Demarkus Davis, and Andre Pennington wait for a rebound.



Vaughn Thirdgill sets a screen for Alex Sattley's corner jumper.



Kendall Thompson drives the baseline.



Above: Andrew Andrews goes up strong against Grant.

Right: Benson's starting center Austin Booker and small forward Andre Pennington lead the fast break.



WOMEN'S HOOPS



Left: Diamond Bolden elevates for a jumper. Although three Franklin players are trying to block her she still made the bucket.



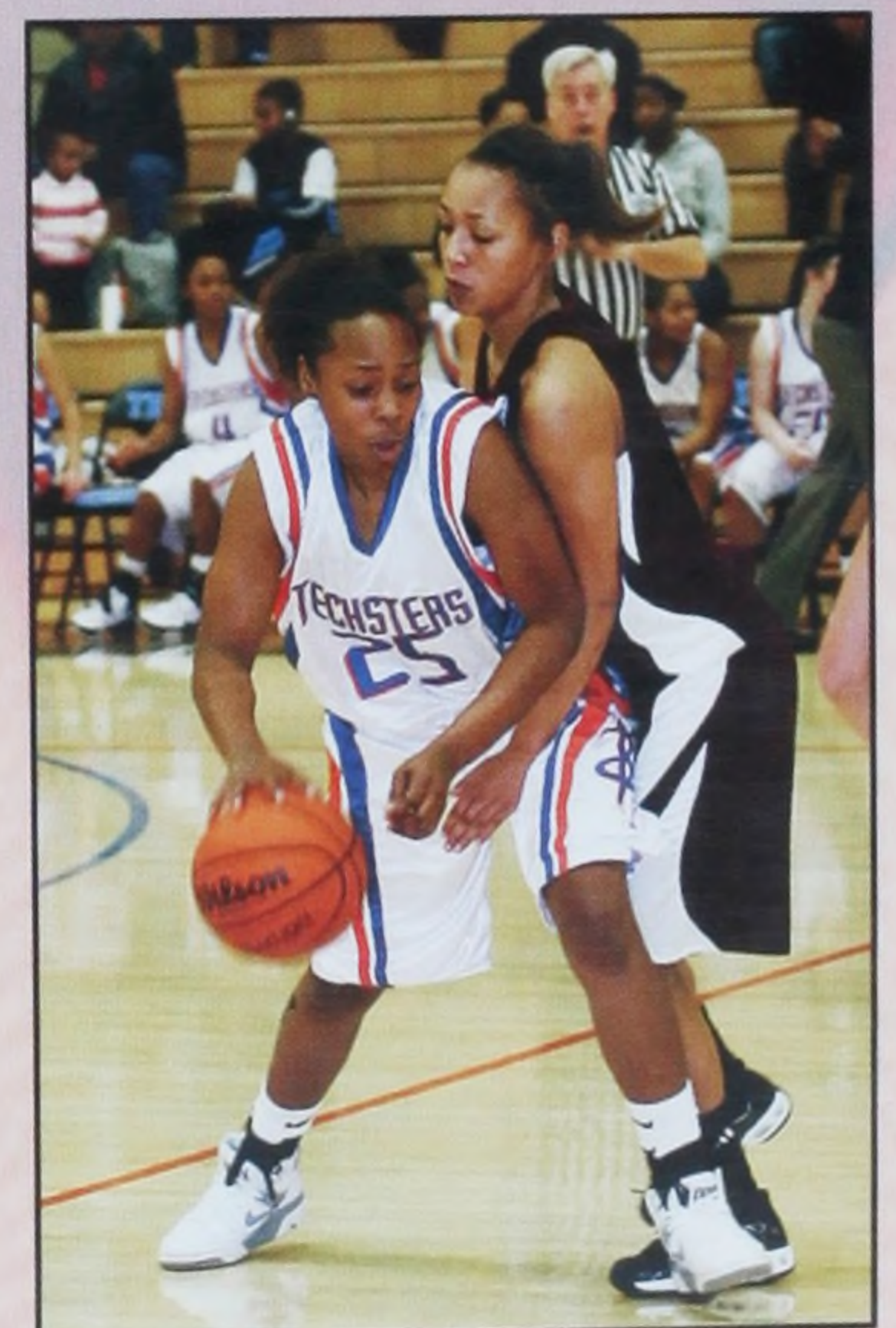
Left: Hayley Bauske lays the ball up during the Franklin vs. Benson game. She shoots! She scores!



Below: JV player Imani Burris gets fouled hard as she lays it up. Physical sacrifices are all part of game.



Above: Kavaly Phosakham takes a shot at the Benson vs. Roosevelt game. Hopefully, all her hard work will help lead the team to victory!



Above: Diamond Ferguson goes head-to-head against Franklin. Mikayla Elliot of Franklin was no match for Diamond's ball handling skills.

Left: Cyniece Johnson dribbles her way to the hoop. Franklin had a tough defense but not tough enough to stop the Techsters.

CHEER!

Below: The cheer squad shows the crowd how to "ROCK with the ORANGE and ROLL with the BLUE!"

Below center: Spirit fingers! They help the foul shots go down.

Bottom: Shakeryha Burton, Anntwannette McKenzie and Esperanza Rendon cheer: "Who's in the house?", "The Techmen are in the House!"

Clockwise from right: Kirsten Bickham gives us an "L"! But wait there is no "L" in Benson. Lakeesha Blackmon-Wallace, Jennifer Huynh and Ashia Allen do the Benson war cry! Dionna Johnson stands vigilant in front of the stands at one of Benson's football games. Shakhara Green & Tore James pose their good side for the camera. Soukthida Heuangsackda and Jomeisha Rankins show that their crest white strips are working! The varsity basketball cheer huddles up with the basketball team before an intense game with Grant.



DANCE!



Left: Marche Black lets her inner diva come out at the men's varsity basketball game. Her expression says it all; Marche is a *Superstar!*

Below: The team gets ready to take the floor at David Douglas high school for their performance of "When I Grow Up" by the Pussy Cat Dolls.



Below: Benson dance team dances at half time at boys varsity game against Wilson. Team captain Cydney Williams leads the formation, as Jasmine Norris, Lulu Tang, and Kiara Drake dance in perfect unison behind her.

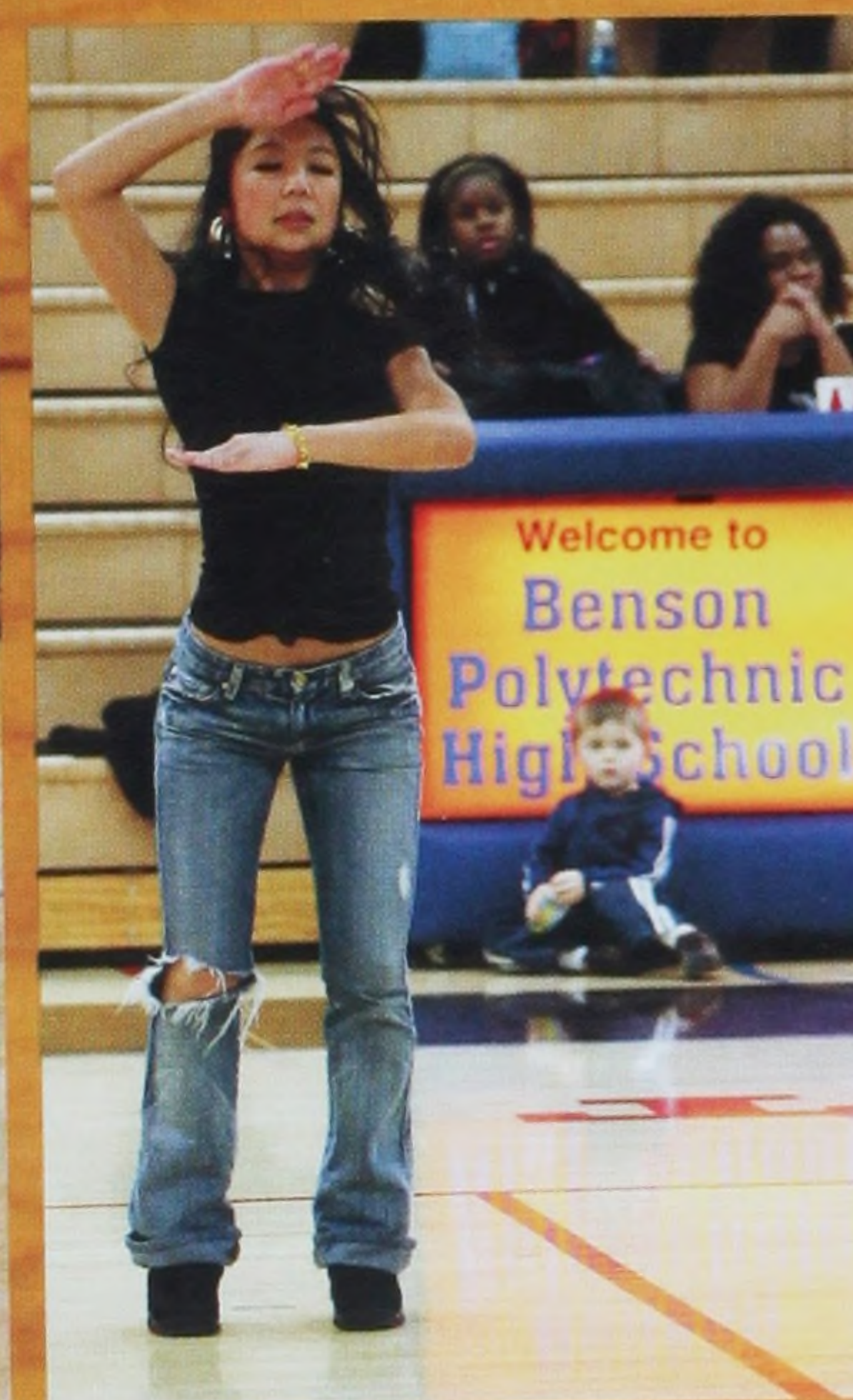


Above: Marlene Sails and Kiara Drake dance at their first competition. You can really see the Tongan influence in this routine.



Above: Jasmine Norris works her body during the dance competition at David Douglas high school during her solo.

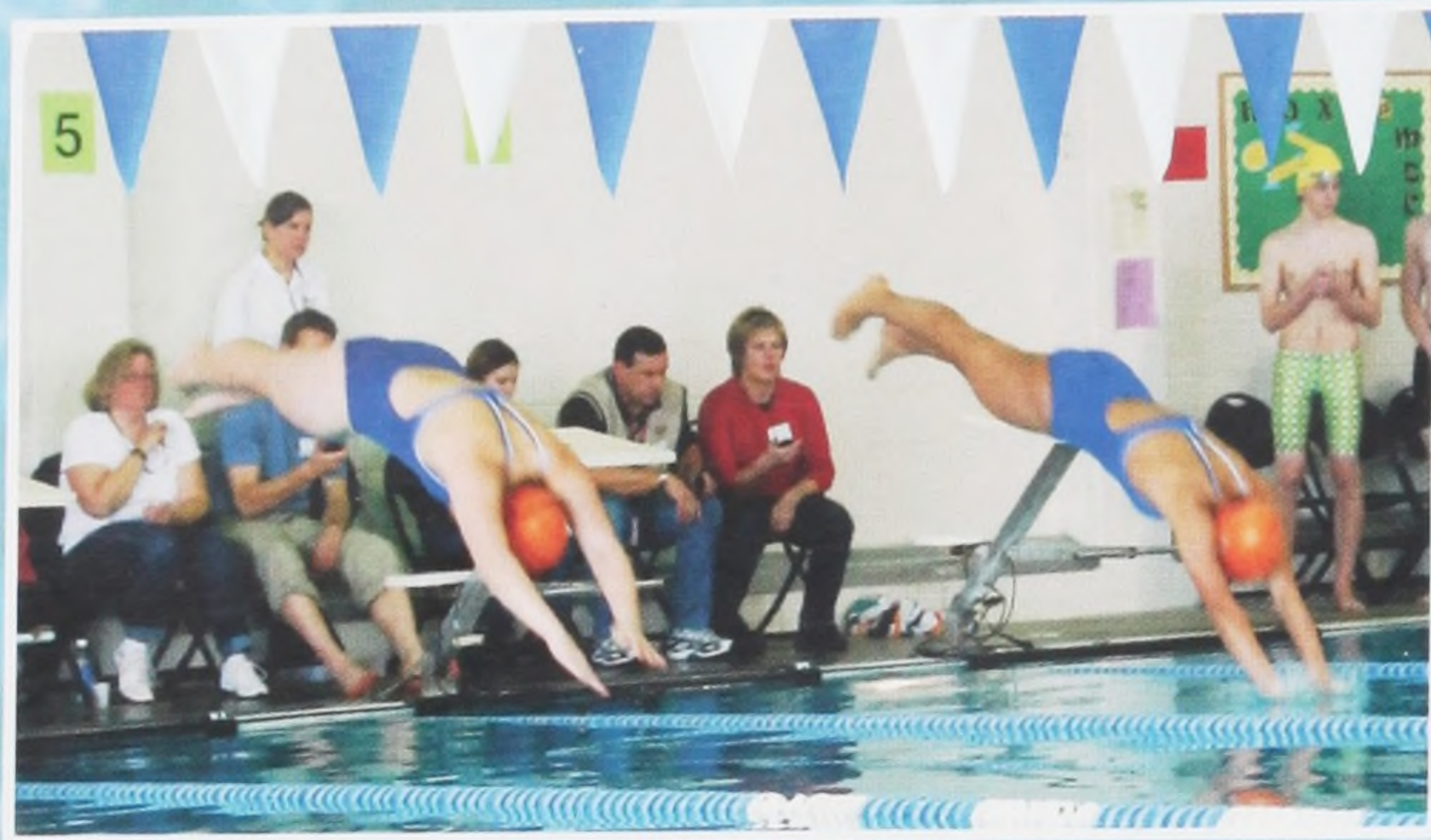
Above center: Marche Black and Aryn Smith pose at the end of their routine at South Medford high school. They got dressed up for their novelty performance which tells a story through their dance.



Above: Lulu Tang grooves at a varsity basketball game during half time. They have fans of all ages.



Above: Benson Technique wows the crowd with their moves at South Medford high school. The finale of their routine left the audience speechless.



On your mark, get set, Go Girls!

Collette Cruz & Corina Conely go for the gold at the PIL District swim championships.



Making a splash!

Brennan Gonzalez cuts through the water during his Freestyle swimming event, keeping great form even as he surfaces to take a quick breath.

SWIMMING



First Aid

During a break between her swim events, Alain Ortega helps wrap up an injured team member's ankle.



Exhaustion

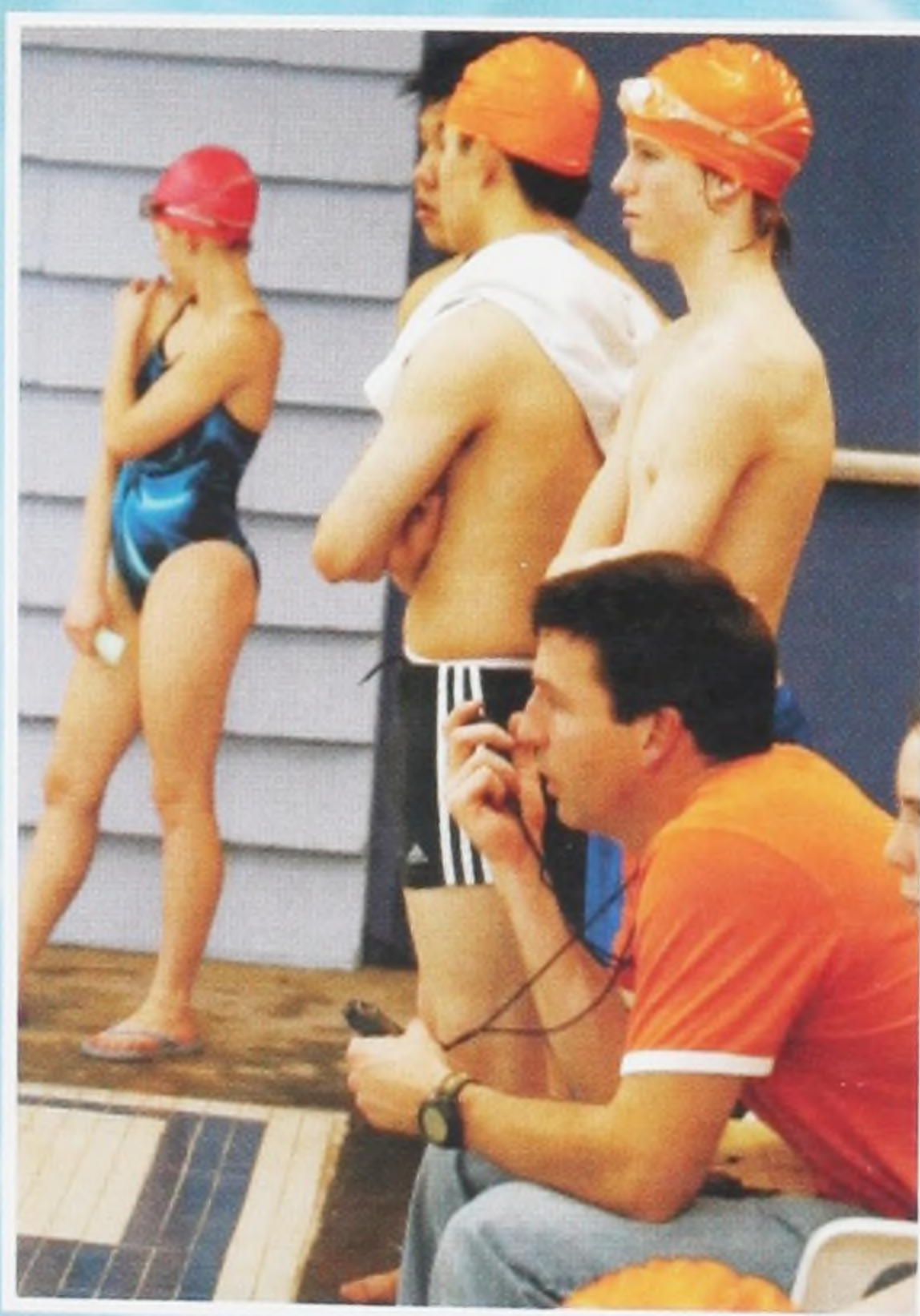
Anna Pinkerton grabs a cat nap before her next event.



Zen Thought

Shane Shawnow gets into some feng-shui as he awaits his heat in the Butterfly event.

Abiola Aderonmu practices her dive entry off the block at the YWCA. Many, many hours of practice time are spent in the pool there.



Coach Ken Weinberg and members of the Benson swim team watch intently from the sidelines. The stopwatch is used to confirm swim times. Every second matters!

Collette Cruz
aka: "Stroke"



Jacob Rotherham
aka: "Freestyle"



M
V
P



Jacob Rotherham turns it up a notch to win big in the breast stroke.



William Pinckney pins his opponent from Grant. His slam moves were notorious in the P.I.L. this season.



Geoffrey Roberti puts the hammer down on his Grant rival with a vicious head lock. He went on to outpoint his rival for the win.

STATE!



Alex Jones
103 lbs. - 1st Place P.I.L.



Geoffrey Roberti
135 lbs. - 1st Place P.I.L.



Ryan Baugh
125 lbs. - 3rd Place P.I.L.

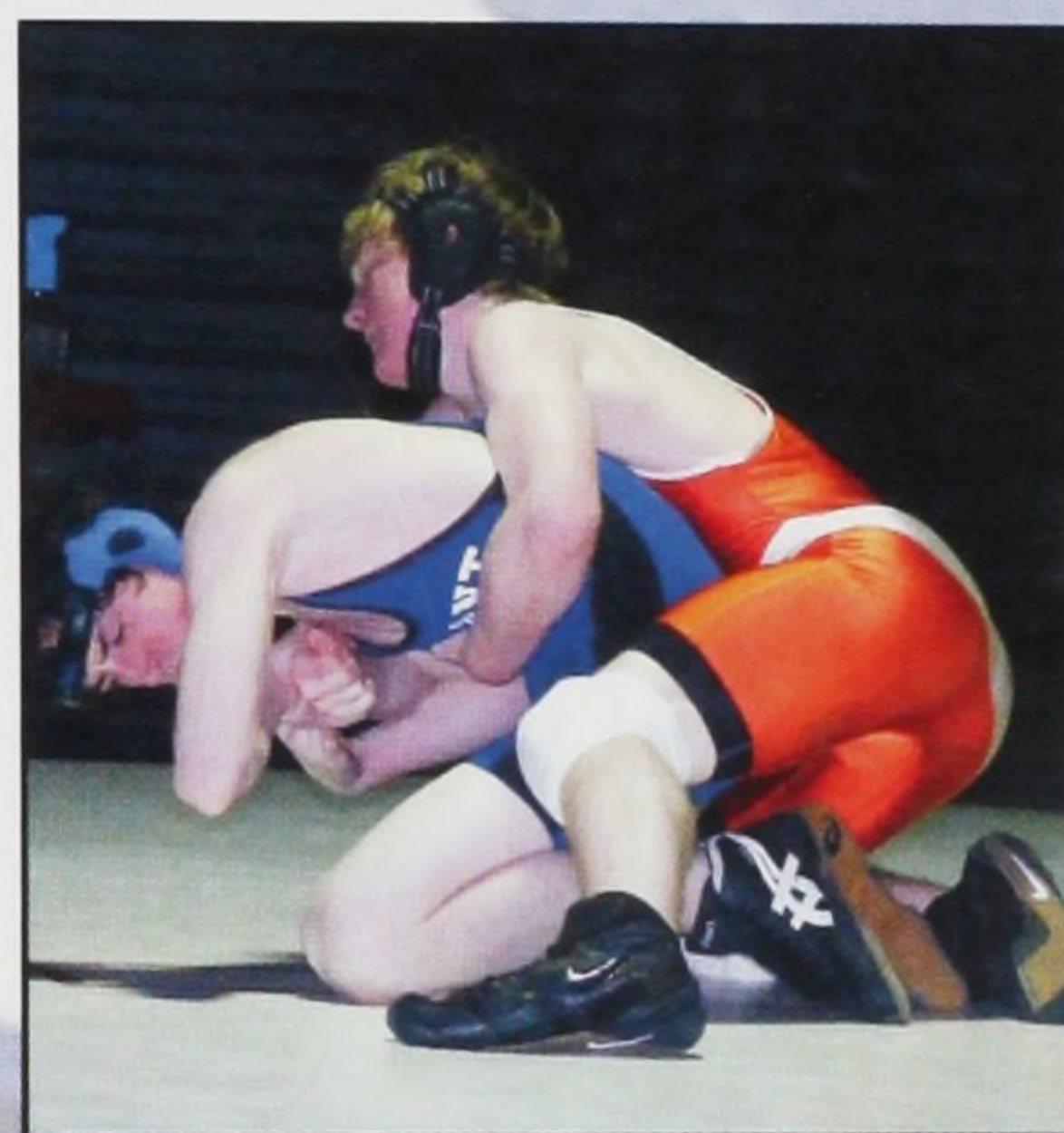


William Pinckney
145 lbs. - 3rd Place P.I.L.

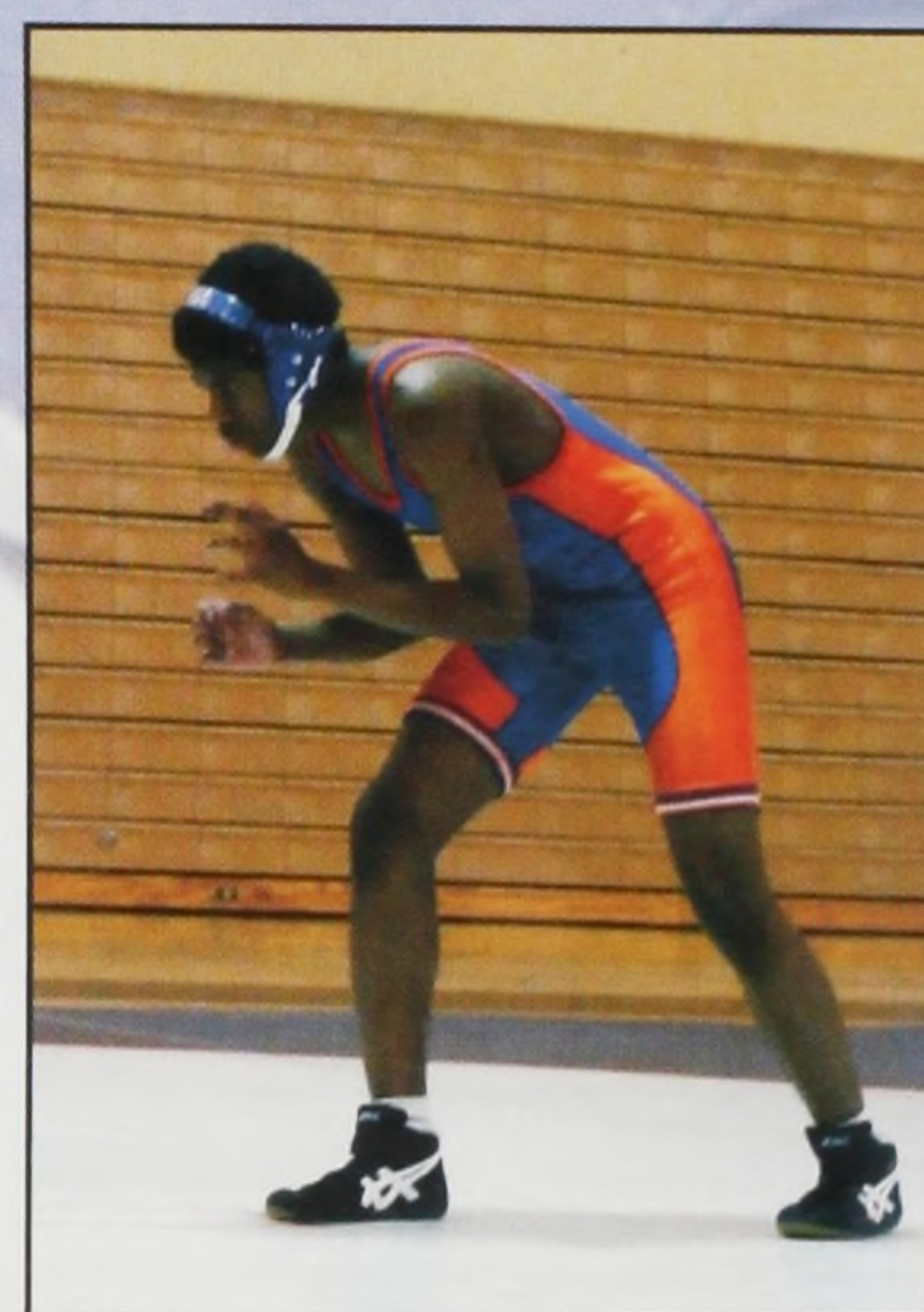


Kaliph Surdam
160 lbs. - 3rd Place P.I.L.

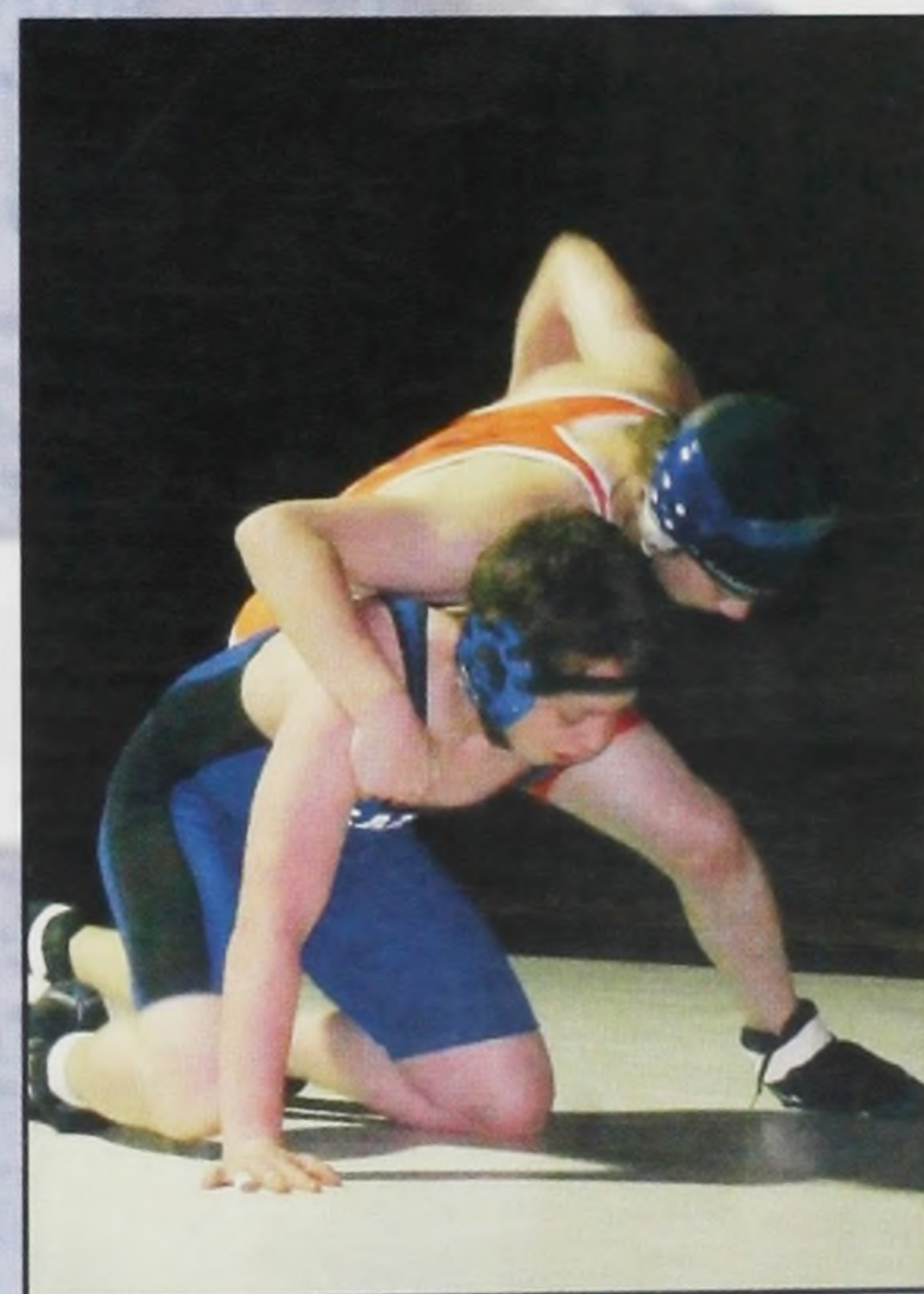
WRESTLING



Ryan Baugh takes down a Grant opponent at 125 lbs.



Denzel Bailey gets ready to strike against his opponent from Cleveland. Benson and Cleveland had some of the most competitive matches of the year.



Trenton Shadduck sets up in the referee's position against Grant. It was a very intense match but eventually Trenton defeated his opponent.



Perla Rojas is "Ready To Rumble!"

Mens Varsity Basketball



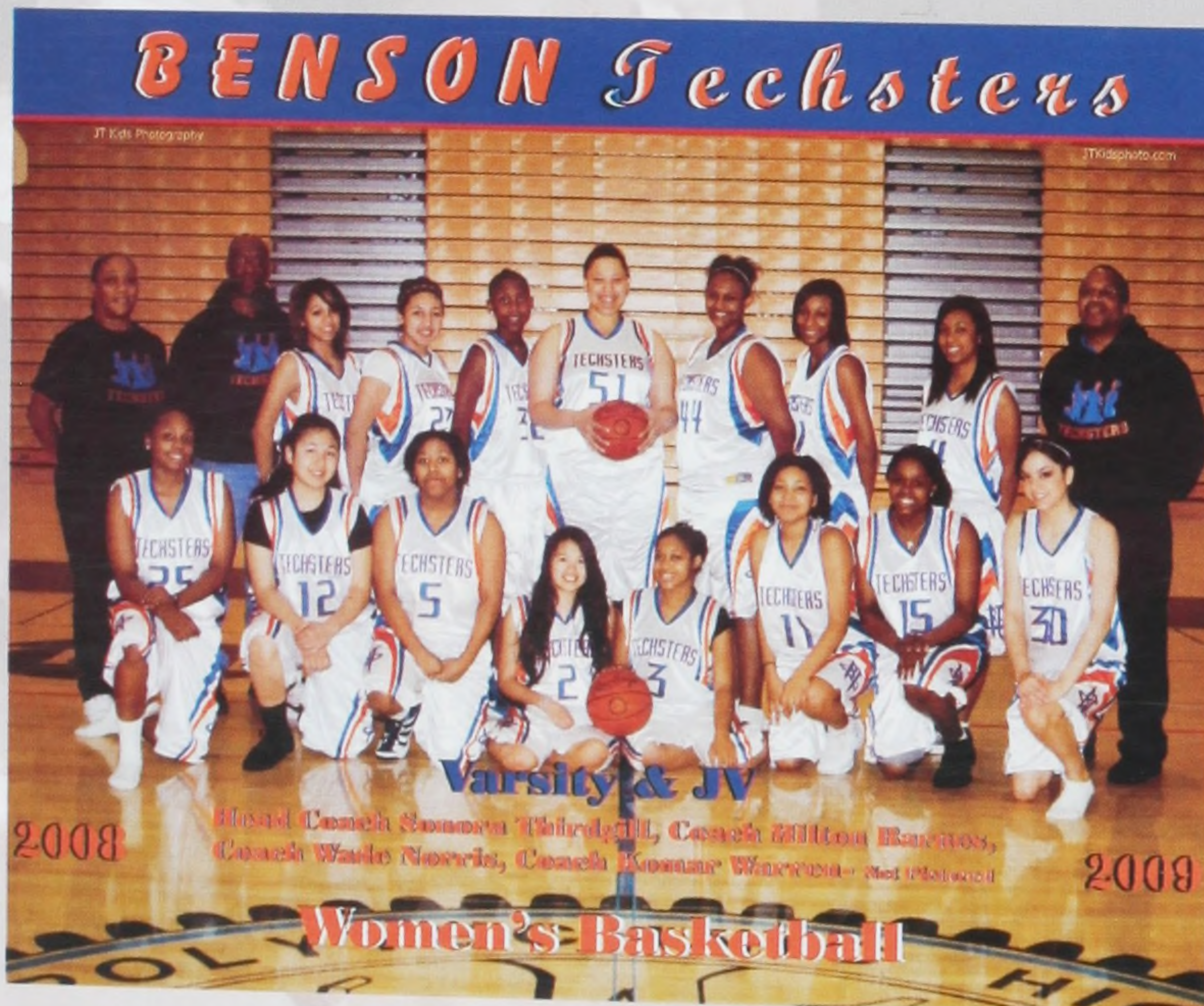
Front row (from left): Kandall Thompson, Jamal Arnold, Isidro Molina, DeMarcus Davis, Alex Sattley.
Back row: Bryce White, Andre Pennington, Andrew Andrews, Austin Booker, EJ Akins, Vaugh Thirdgill.

Mens JV Basketball



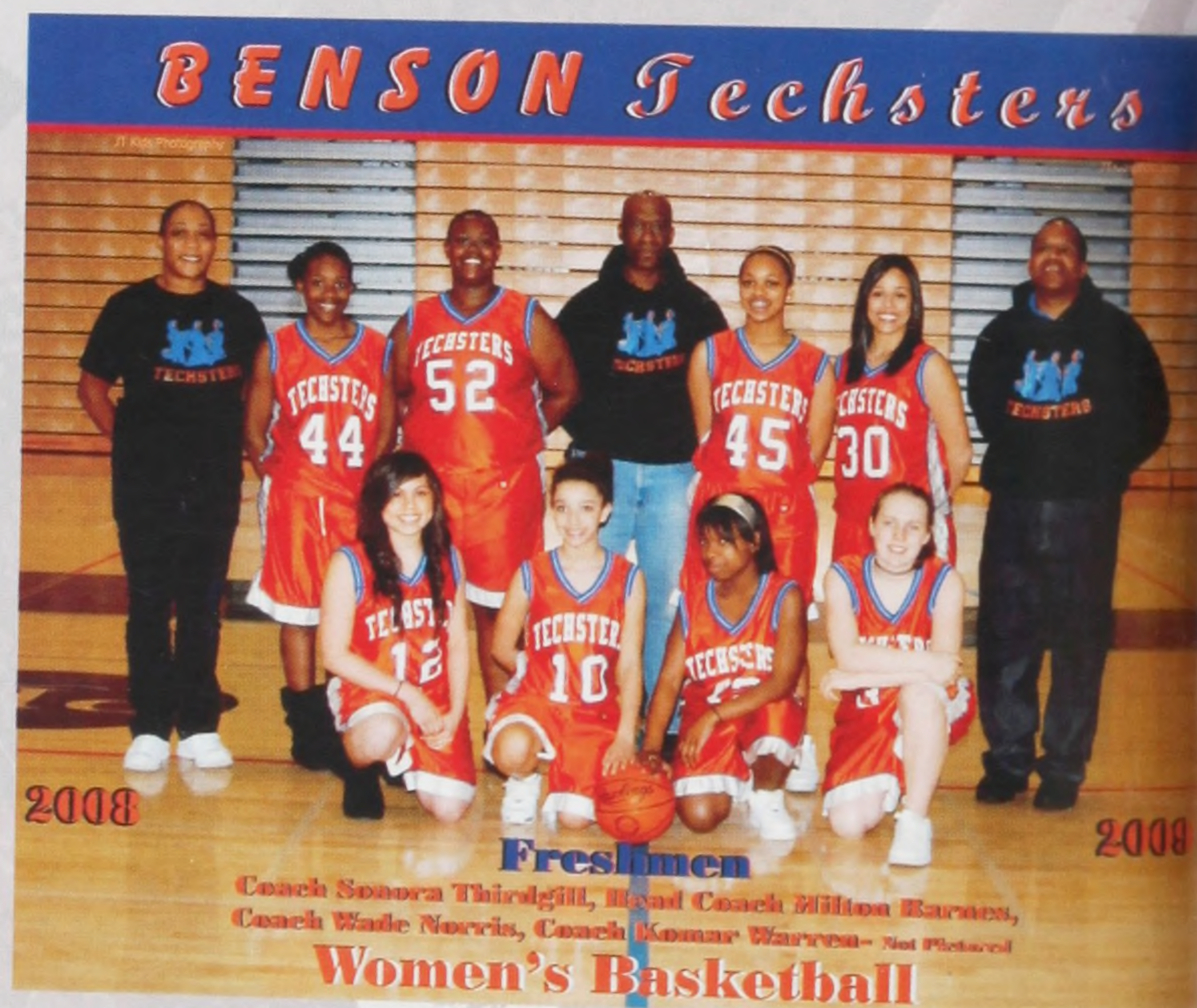
Front row (from left): Demarkus Berry-Hodge, James Gault, Delon Christair, Sjohn Williamson, Khalid Osman.
Back row: Garrett Norman, Mark Kemp, Bryan Adolphson, Kwabena Boateng, Juwan Robins.

Womens Varsity/JV Basketball



Front row (from left): Diamond Ferguson, Kay Phosakhm, Cyniece Johnson, Tracy Saechao, Dionna Johnson, Sierra Peters, Shalisa Jackson, and Kalie Papasadero.
Back row: Coach Sonora McDuffie-Thirdgill, Coach Milton Barnes, Mason Hawk, Imani Burris, Diamond Bolden, Destiny Fulton, Donna Habtemarian, Jayonna McKinley, Jazmin Jackson, Coach Wade Norris.

Womens Freshmen Basketball



Front row (from left): Destiny Camara, Tori Barton, Dasyanique Webb, Kasandra Chancey.
Back row: Coach Sonora McDuffie-Thirdgill, Dagzanique Lewis, Andrea Wallace-Blackmon, Coach Milton Barnes, Roneisha Williams, Xzashia Sabb, and Coach Wade Norris.

Mens Freshmen Basketball



Front Row (from left): Douglass Scott-Riley, Khari-Malik Hannah, Dion Camel, Aparrdean El, Alexander Arnold.

Back row: Jared Samuels, Duy Do, Andrew Mitchell, Blair Tinker, Demetrius Rhodes, Marc Leverett

Swimming

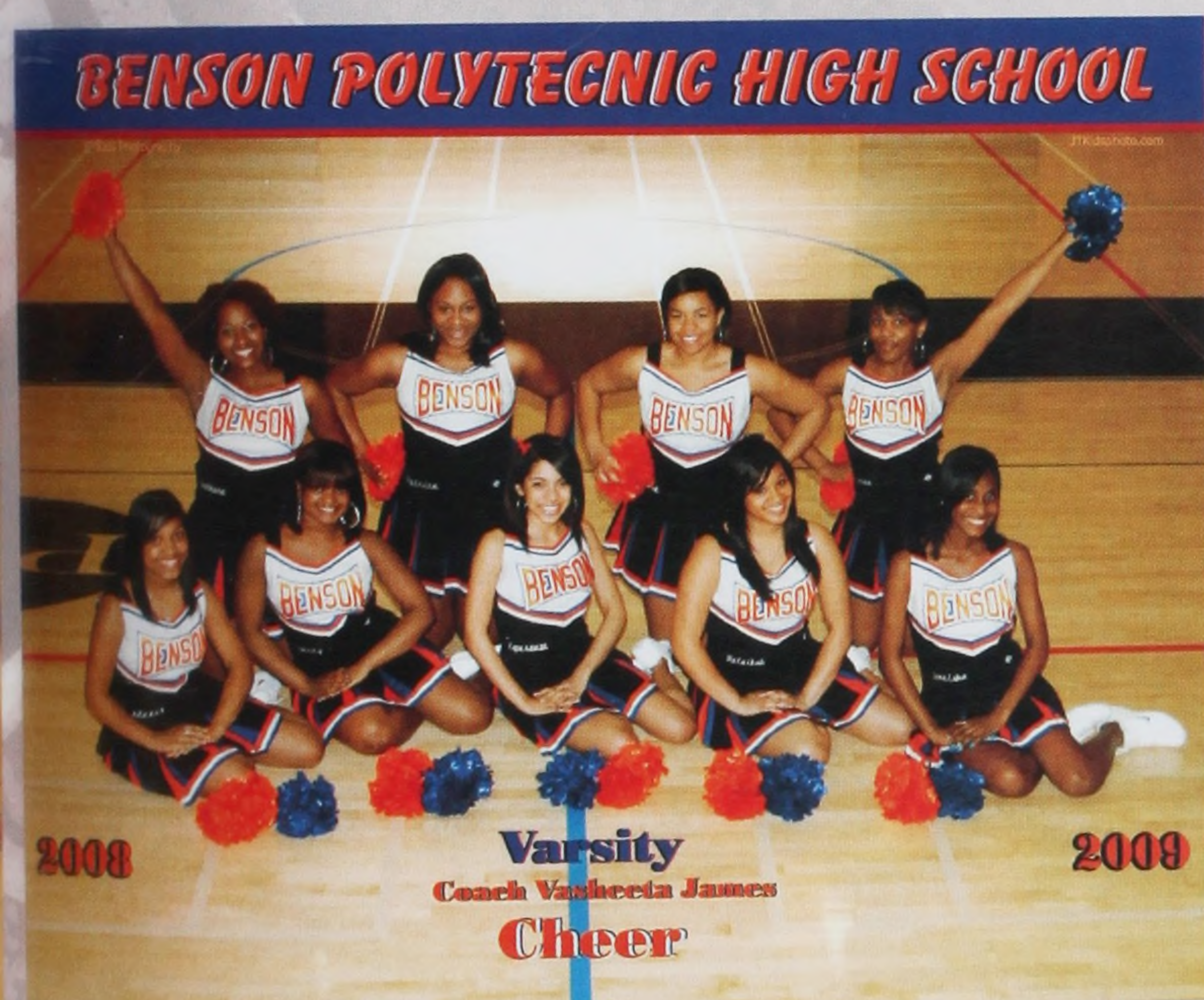


Front row (from left): Jacob Rotherham, Shane Shawnow, Andrew Nguyen, Kenneth Duong.

Back row: Alex Palmer, Hai Nguyen, Abiola Aderonmu, Jiahuan Huang, Tyler Wagner, Alain Ortega, Anna Pinkerton, Sarah Leong, Brennan Gonzales, Tony Chau, Alex Redden.

Not pictured: Collette Cruz, and Corina Stalder.

Varsity Basketball Cheer



Front row (from left): Alexis Lawrence, Anntwannette McKenzie, Esperanza Rendon, Malaikah McGee, Jomeisha Rankins.

Back row: Shakhara Green, Patrice Bass, Tore James, Kirsten Bickham.

Dance Team



Front Row (from left): Kiara Drake, Marlene Sails, Josephine Gamez-Reyes.

Row 2: Cydney Williamson, Dalontriara Hall-Goodman.

Row 3: Jasmine Norris, Aryn Smith, Justice Scott, Marche Black, LuLu Tang.

Wrestling



Front Row (left to right): Ryan Taylor, David Alvarez, Ryan Baugh, Perla Rojas, Nerlie Jean, Samuel Percell, Denzel Bailey.
 Second Row: Joshua Coon, Robel Kahassai, Trenton Shadduck, Marvin Nieto, William Pinckney, Alexander Jones, Keegan Allison, Steven Phillips
 Third Row: Daniel Wallberg, Derriel Ingram, Alejondro Steeley, Gerald Richardson, Kaliph Surdam, Nicholas Blank, Jeffrey Wallberg
 Fourth Row: Glen Foster, Nathan Pointer, Coach Brad Porter, Head Coach JD Taylor, Coach Tyrelle Owens, Coach Brian Six-Shade, Nicole Dodier, Mary Hartley. Not Pictured: Mark Bella, Tobias Ferguson, Darray Frazier, Joseph Marteeny, Ignacio Mims, Joshua Preuitt

Varsity Cheer

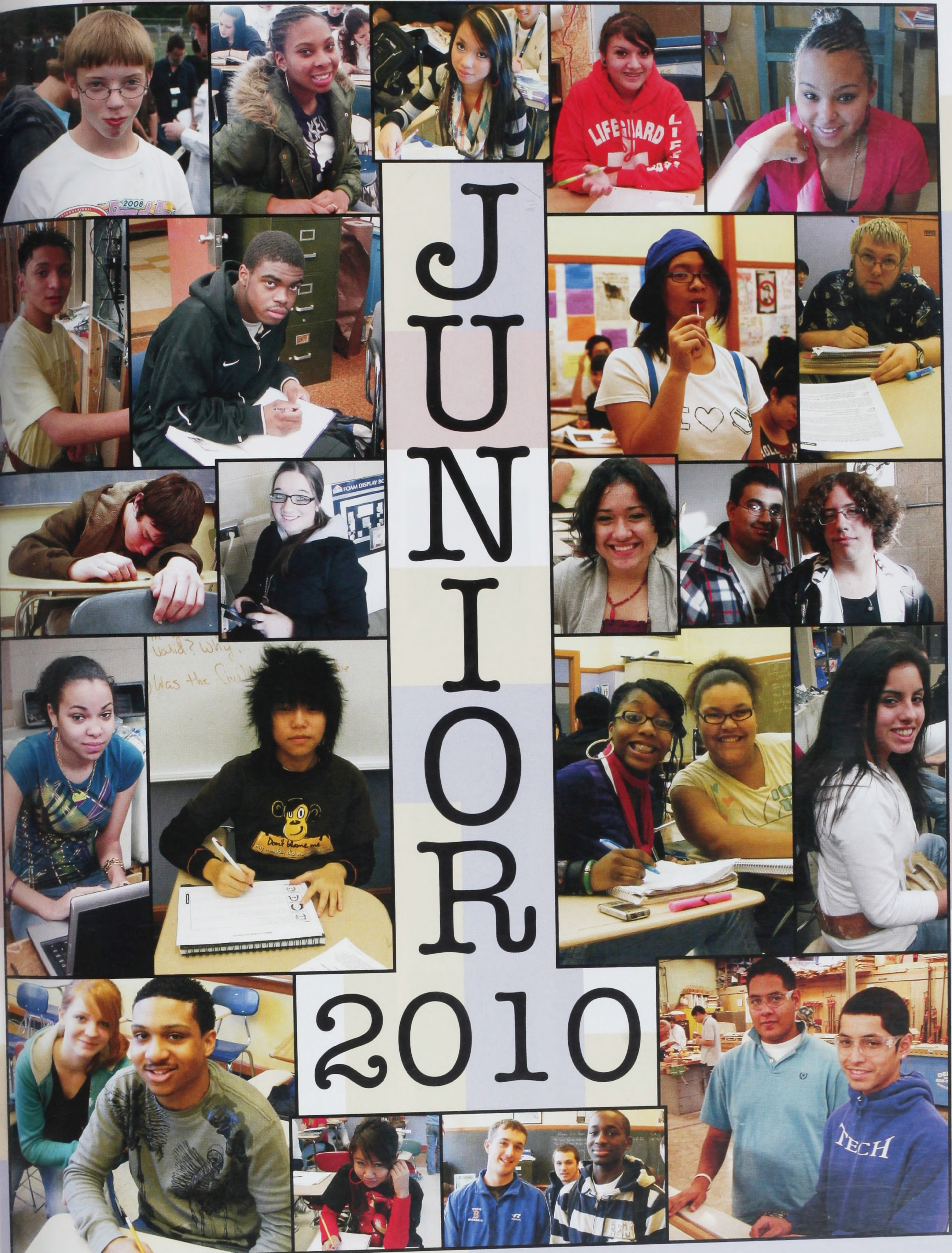


Front Row (from left): Esperanza Rendon, Malaikah McGee, Jomeisha Rankins, Soukthida Heuang sackda.
 Row 2: Dionna Johnson, Kirsten Bickham, Alexis Lawrence.
 Row 3: Antwannette McKenzie, Shakhara Green, Patrice Bass, Tore James.
 Not Pictured: Molly McDonald, Veronica Castro-Luna, Shurita Calloway.

JV Cheer

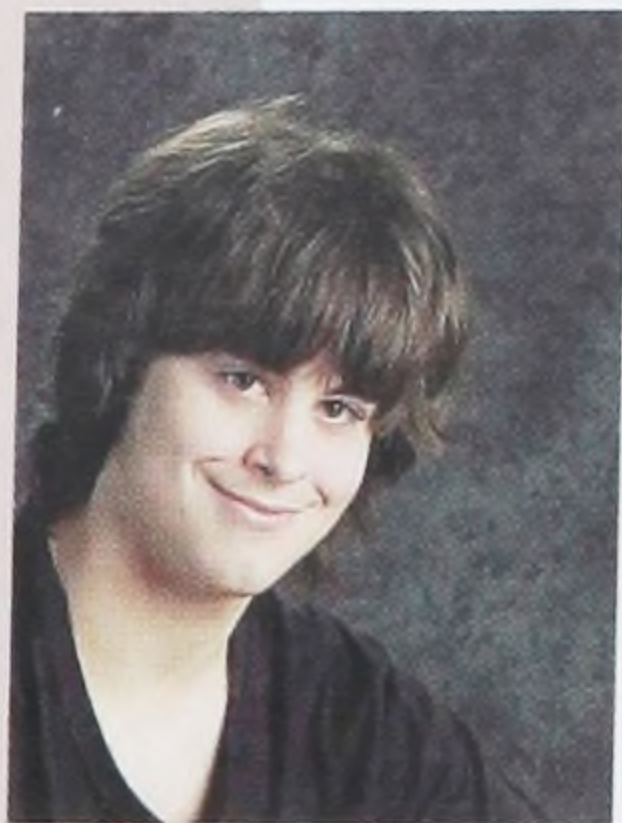


Front Row (from left): Danielle Braun, Lakesha Blackmon-Wallace, Fnan Berhe, Fordos Jabr.
 Row 2: Shawncy Townsend, Karissa Ryckman, Bryana Hale, Samara Cunningham, Jennifer Huynh.
 Row 3: Ashia Allen, Kamari Harley, Shakeryha Burton





Shalom Abit



Terry Adolphson



Kevin Aguirre



Eldridge Akins



Abraham
Almahmoud



Jayson Anderbrhan



Kay Aranda



Sandra Arias



Markie Armstrong



Jamal Arnold



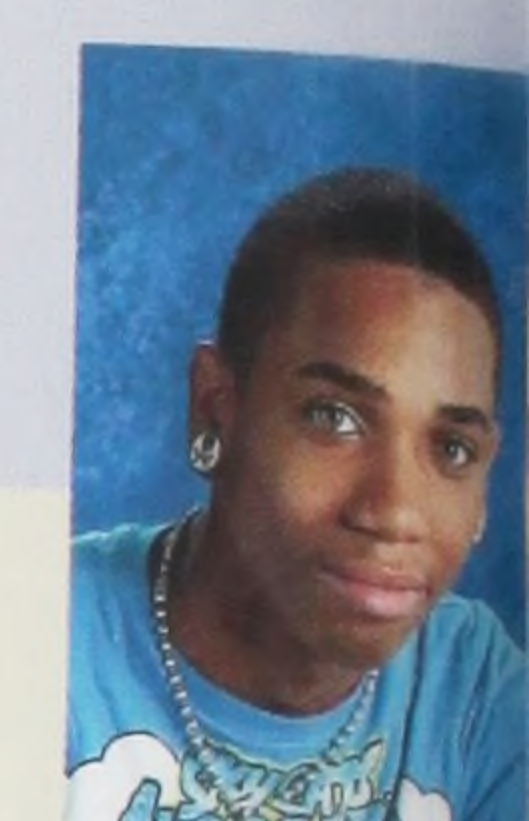
Edwin Ayala



Chico Bailey



Leanna Baker



Otha Banks



Claudia Barcenas



Hayley Bauske



Marcus Beldon



Mark Bella



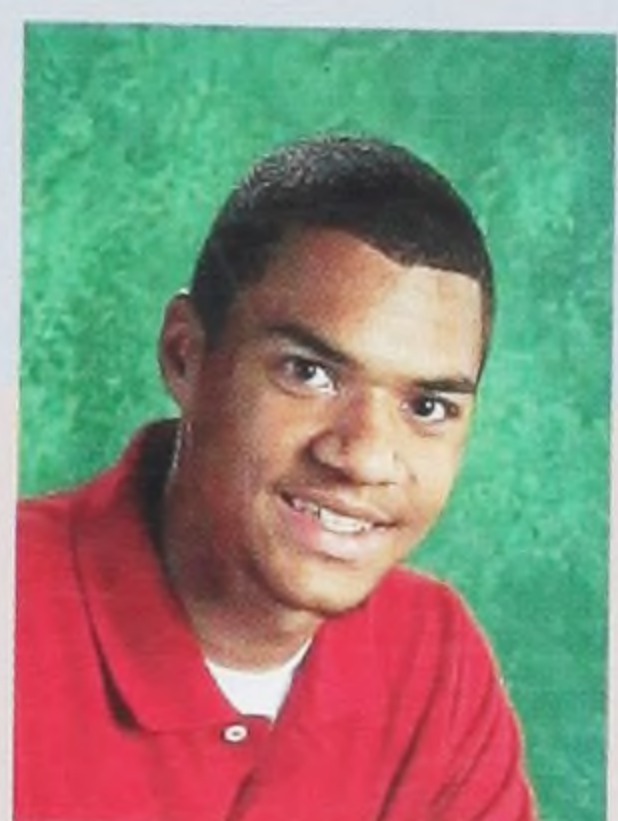
Alicia Benjamin



Jennifer Benjamin



Rachel Benjamin



Anthony Bergeron-
Burns



Brandon Berkey



Kawanna Bolden



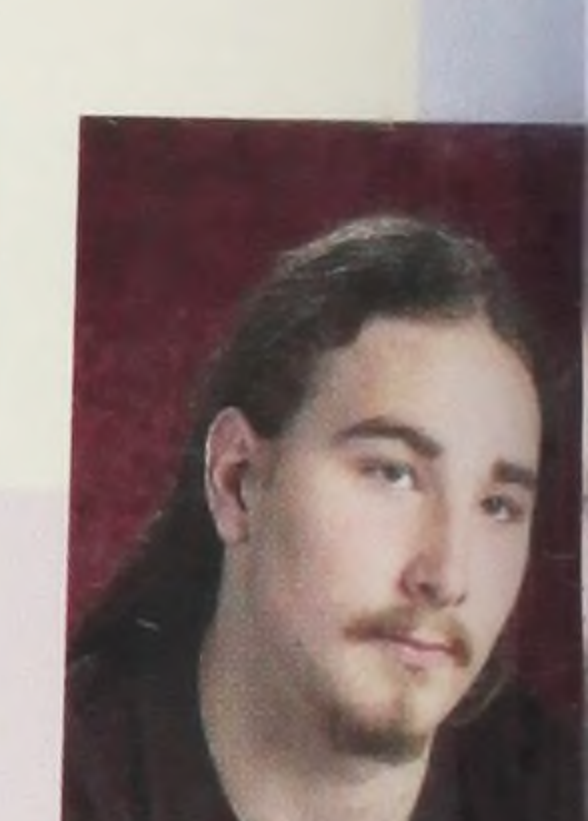
Austin Booker



Ra'chelle Boswell-
Collins



Aryn Bradford



Corbin Bronson



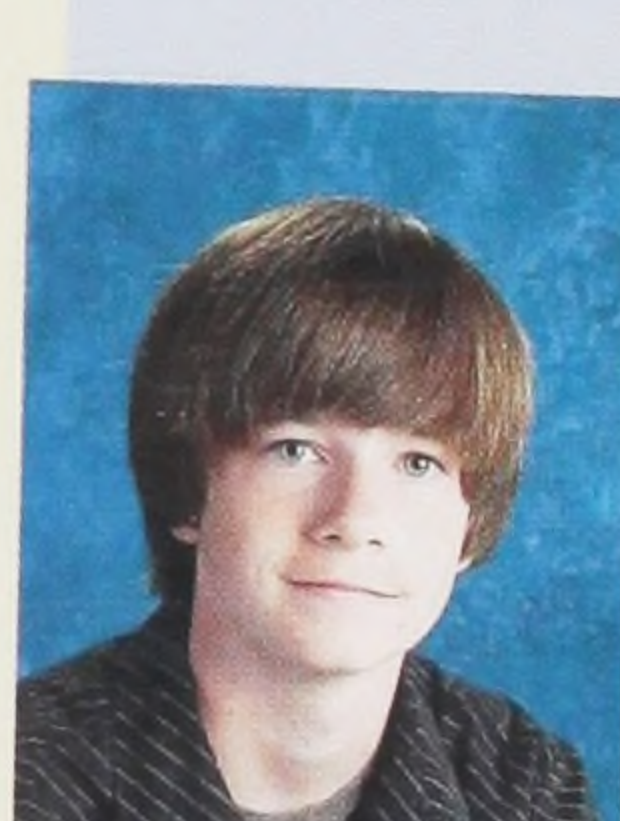
Chelsey Brown



Joshua Brown



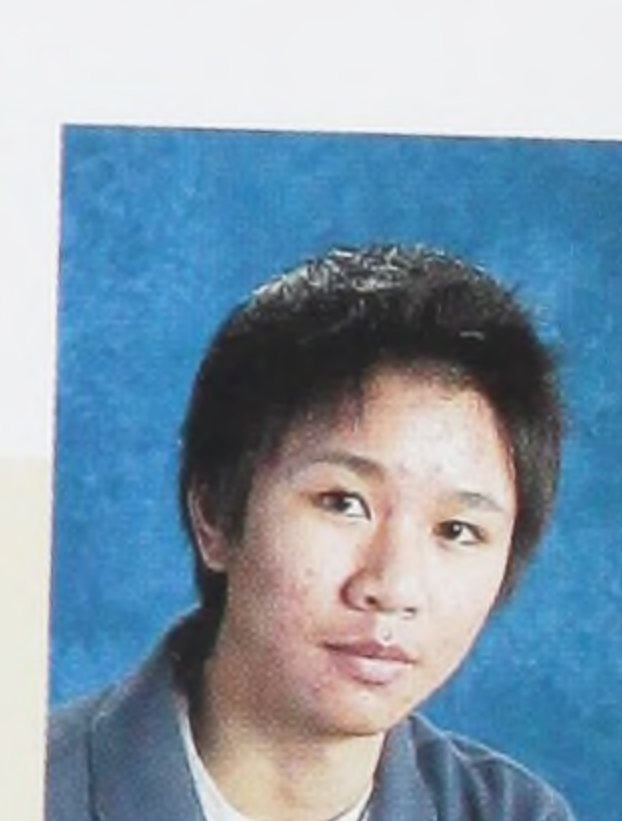
Philip Brown



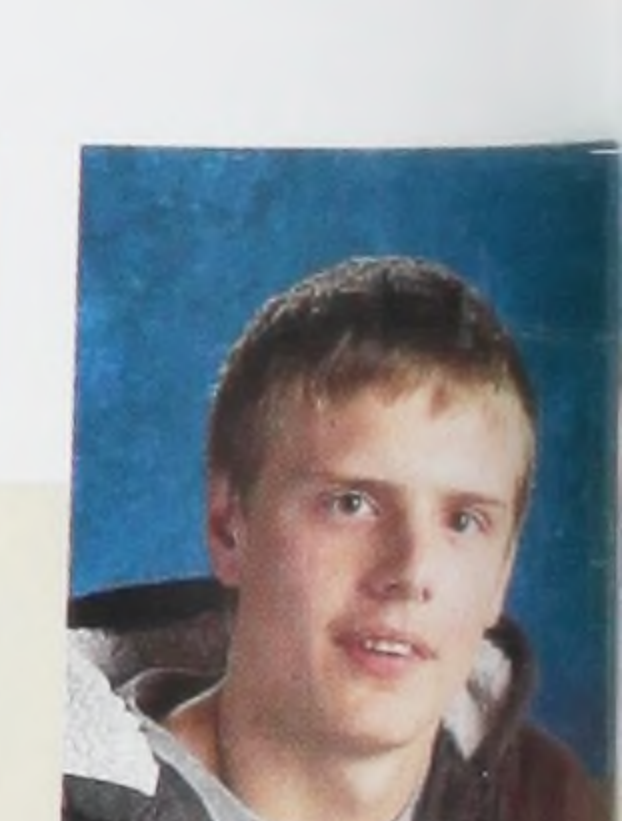
Zachary Bryant



Soontarigar
Buapoen



Tony Bui



Jonathan Burch



Kevin Burns



Shakeryha Burton



Jerald Caldwell



Alan Casas



April Cha



Meyee Cha



Diana Chan



Peter Chau



Michele Chen



Brayan Chin-Barahona



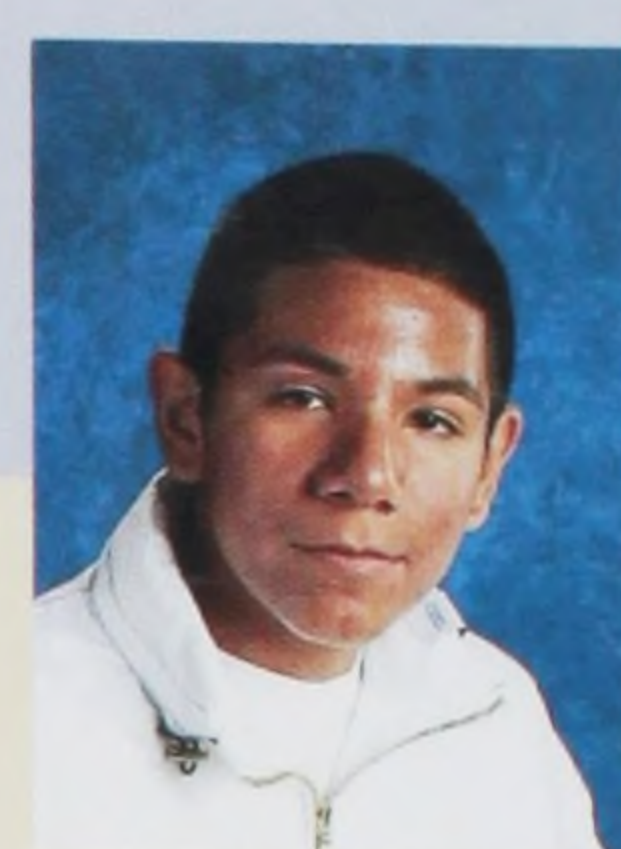
Dianna Chourarath



Octavia Clark



William Cooper



Carlos Cortez-Portillo



Collette Cruz



Dale-Lyonnie Dale



Joyce Dang



Brenda Dao



Torren Davids



Taylor Davis



Chad Deem



Cody Deem



Abigail Delgado



Dina Dely



Julie Diep



Ephrem Diribsa



Christina Doan



Damian Donis



Alex Doyle



Linh Duong



Bobbysue Eriich



Claudia Escobar



Gianica Ford



Ebony Foreman



Julitha Franz



Darray Frazier



Perry Freund



Zachary Fuentes



Dalia Gargurevich-Pacheco



Elizabeth Girres



Frank Granlund



Jacqueline Gutierrez



Laura Gutierrez



Nicholas Guzman



Fana Habtemariam



Frankie Hader



Brant Hajek



Dylan Hallberg



Brian Halvors



Antjuan Hammick



Levi Raymond Hanna



Dylan Harris



John Hart



Daniel Harvey



Emily Heineman



Harrison Hok



Reva Hollingsworth



Patrick Holmberg



Bryce Howell



Ana Huang



Joseph Hunter



Linda Huyen



Teresa Huynh



Autumn Ingram



Joseph Ipox



Frederick Jackson



Nathan Jackson



Shalisa Jackson



Sharice Jackson



Gabriel Jenks



Keith Jing



Alesha Johnson



Carlous Johnson



Cyniece Johnson



Justin Johnson



Paul Johnson



Demesha Joseph



Selam Kahassay



Dillon Kelly



Marc Anthony
Kemp



Jared Kent



Matthew
Kienberger



Margaret Kowatch



Hunter Krout



Vicki Lam



Paige Lawson



Eric Le



John Le



Peter Le



Y Le



Matthew Lee



Kimberly Lieggi



Joel Lui



Jason Mah



Juan Marin



Anntwannette
McKenzie



Jayonna McKinley



Philip Melson



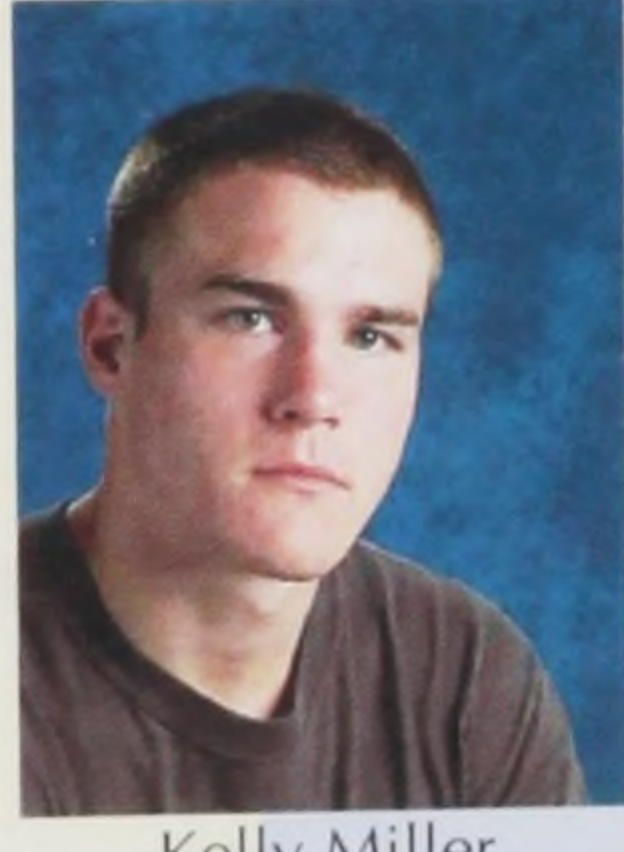
Maria Mendez



Agustina Mendoza-
Mccrory



Michael Meza



Kelly Miller



Aystin Moore



Lolita Moore



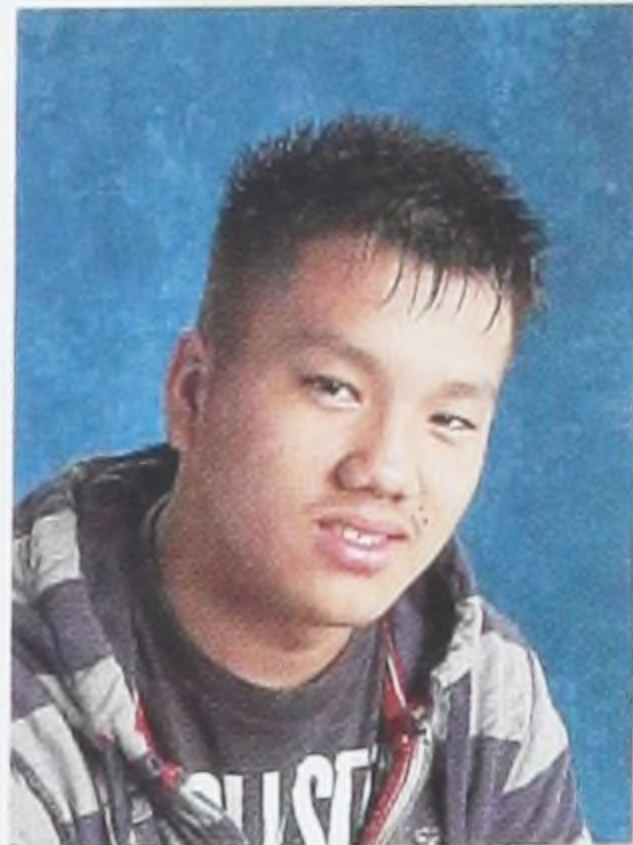
Reginald Moore



Daniel Morales-
Roblero



Mercedes Morgan



David Moua



Anthony
Moulazimis



Qadira Moultrie



Scott Mueller



Jadie Muller



Garrett Mura



Monica Murguia



Ulises Naranjo-
Alvez



Chantiana Nem



Andrew Nguyen



Ashley Nguyen



Emily Nguyen



Hai Nguyen



Kim-Ngan Nguyen



Nina Nguyen



Phung Nguyen



Rose Nguyen



Thuy Nguyen



Victoria Nguyen



Kevin Noeun



Garrett Norman



Wade Norris



Jenna Osterman



David Parker



Tomas Patlan



Andre Pennington



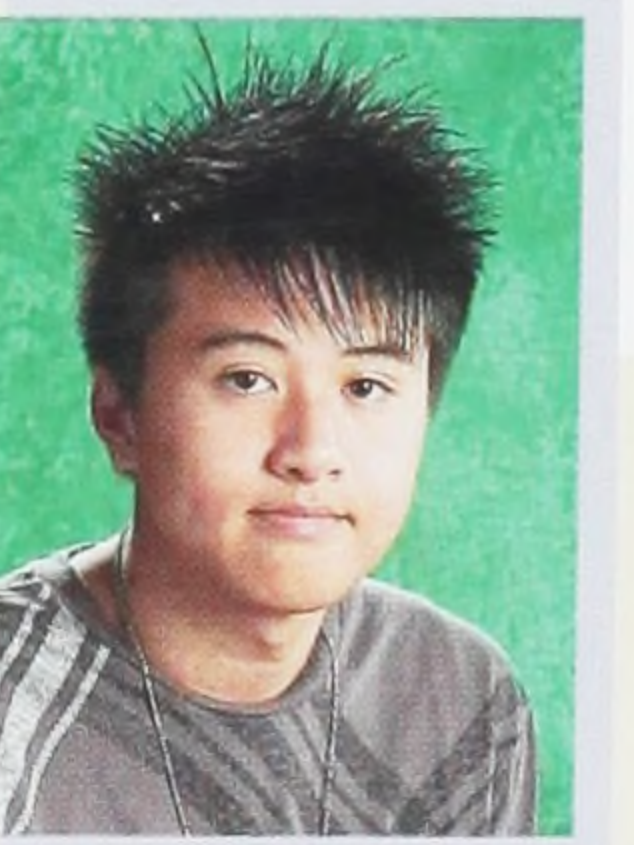
Kiara Penson



Sierra Peters



Hoang Pham



Long Pham



Peter Pham



Phuong Pham



Julie Phan



Mark Phan



Noelle Phan



Sara
Phommavongxay



Vinesh Prasad



Ivan Preciado



Courtney Rauls



Angelica Reeves



Mitchell Regen



David Remington



Esperanza Rendon



Brianda Reyes



Sean Rice



Katelynn Robinson



Michael Robinson



Xavier Rodriguez



Tracy Romero-Rios



Chew Chai
Saephan



Sabinne Saint Felix



Gabriela Sanchez



Martha Sandoval



Carmen Seto



Matthew Siegrist



Gustavo Sig Garcia



Chaz Smale



Jaimi Smith



Sarah Smith



Van Damne Smith



Gabriel
Sprengelmeyer



Corina Stalder



Elizabeth Stanko



Jennifer Steckler



Ebony Stewart



Aaron Stockberger



Charlie Ta



Cheng Tang



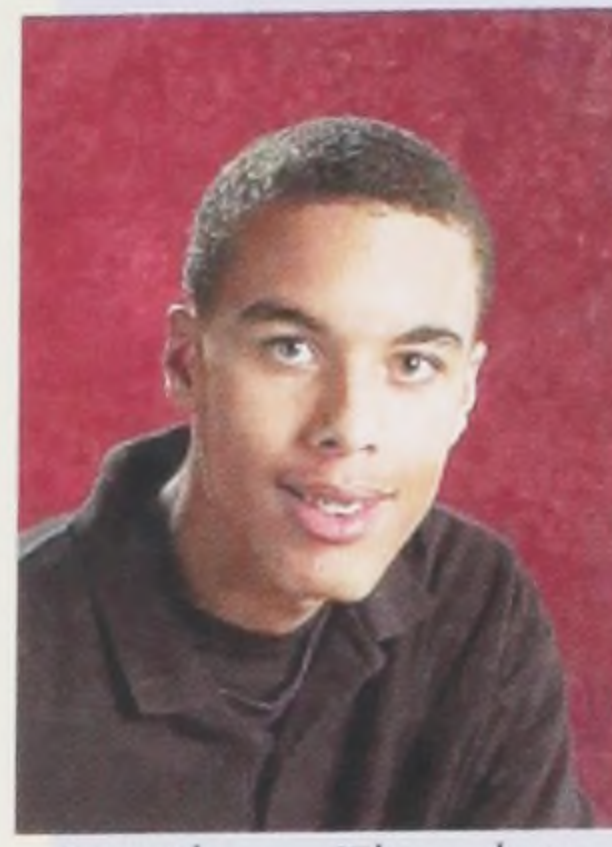
Mekhena Tannehill



Mariya Tatarenko



Chloe Thornes



Matthew Thrasher



Nathen Tippin



Eileen Tom



Diemmy Ton



Jose Torres-R



Anna Tran



Khue Tran



Phihung Tran



Tracy Trieu



Amber Trimble



Daniel Turcas



Nou Vang



Ericka Vazquez-Smith



Cameron Villarreal



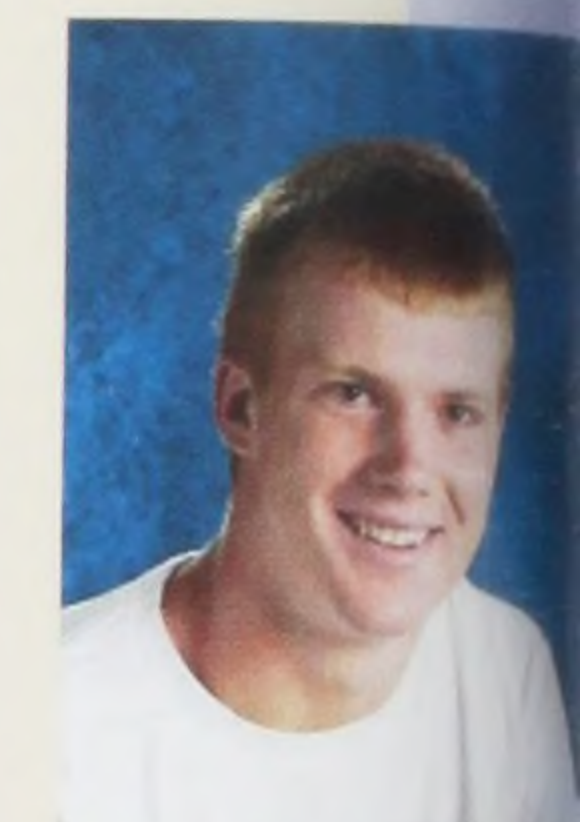
Olga Vlasenko



Tuananh Vo



Catalina Vu



Jeffrey Wallberg



Raevyn Walton



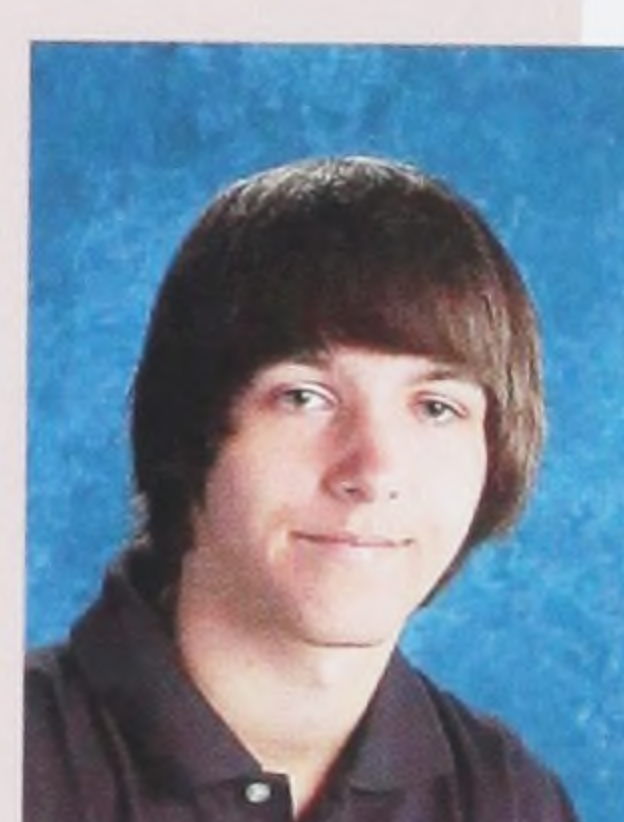
Nopthira Wanwan



Adam Waritu



Christopher Wilson



Shane Wilson



Anders Wohler



Chu Wu



Kevin Xiong



Zhi Yan



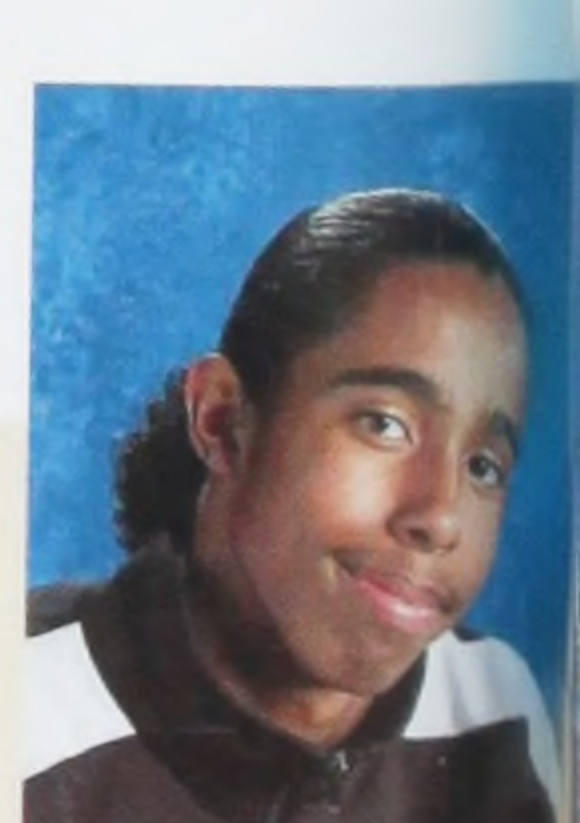
Bing Yang



Steve Yang



Sue Yang



Clarence Zack-Cade



Far left: Juan Marin listens to music as he gets prepped to give blood. Many people gathered this fall in the old gym anxiously awaiting their chance to save lives.

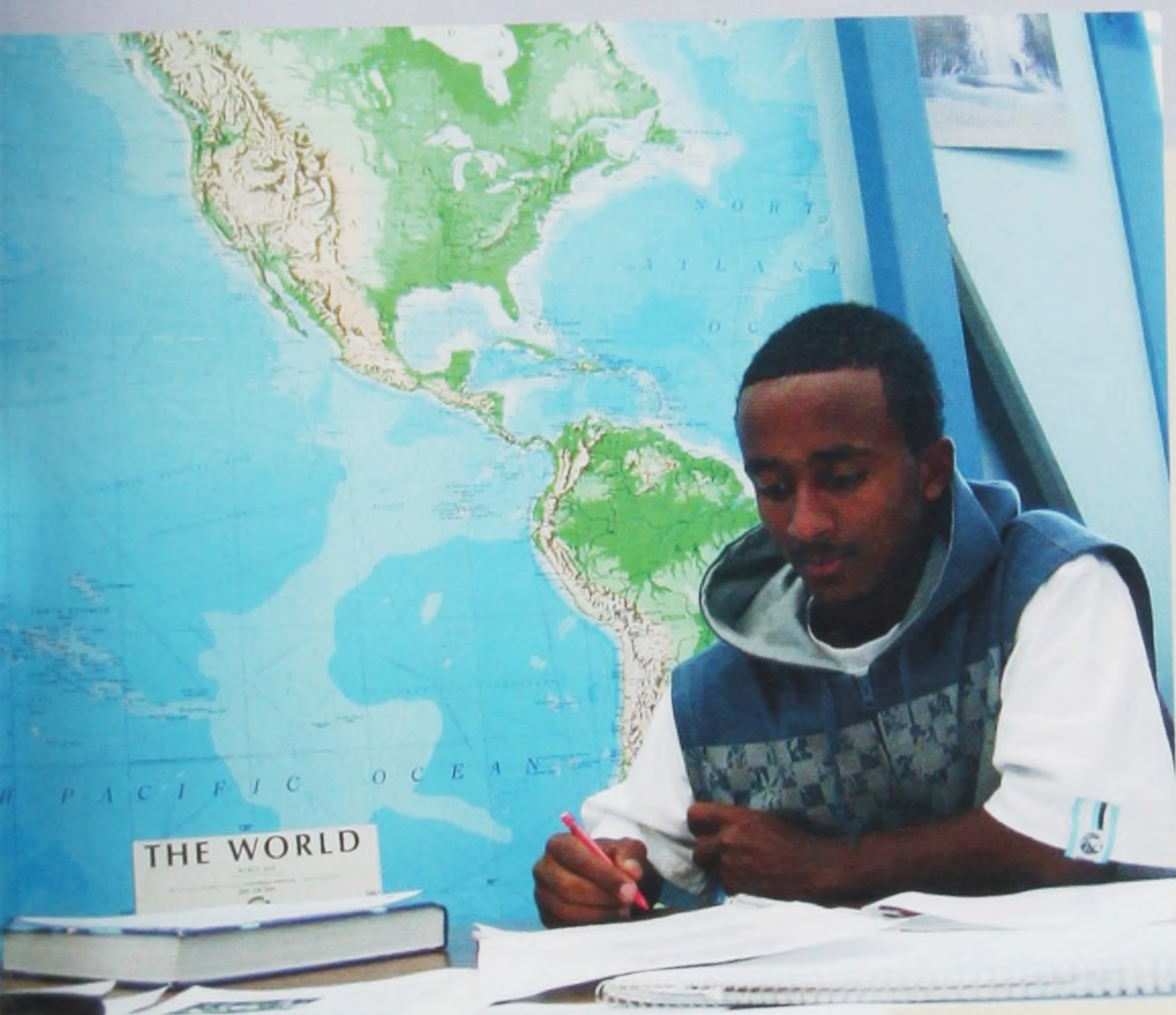
Left: Pre-requisite for Photo/Video classes: POSE-ABILITY!



Catalina Vu, Noelle Phan, Charlie Ta work in a group to contrast and compare past presidents in Ms. Drapers American History class.



Above: David Moua busts a move in the back hallway during lunch. Who needs PE when you can "break" a move for fitty minutes every day?



Left: Spent! Junior Jennifer Crowell gets in some quality nap time on the band couch. Sleep is a many splendored thing for hard working BHS students.

Camera Shy

Anthony Bhan
Shavonne Brazzle-Jackson
Jordan Briggs
Demetrius Cox-Lincoln
Jennifer Crowell
Nycole Griffin
Viet Le
Deshae Watson

Far Left: Abush Metiku contemplates the world and all it's wonder in Mr. Ryan's Social Studies class.

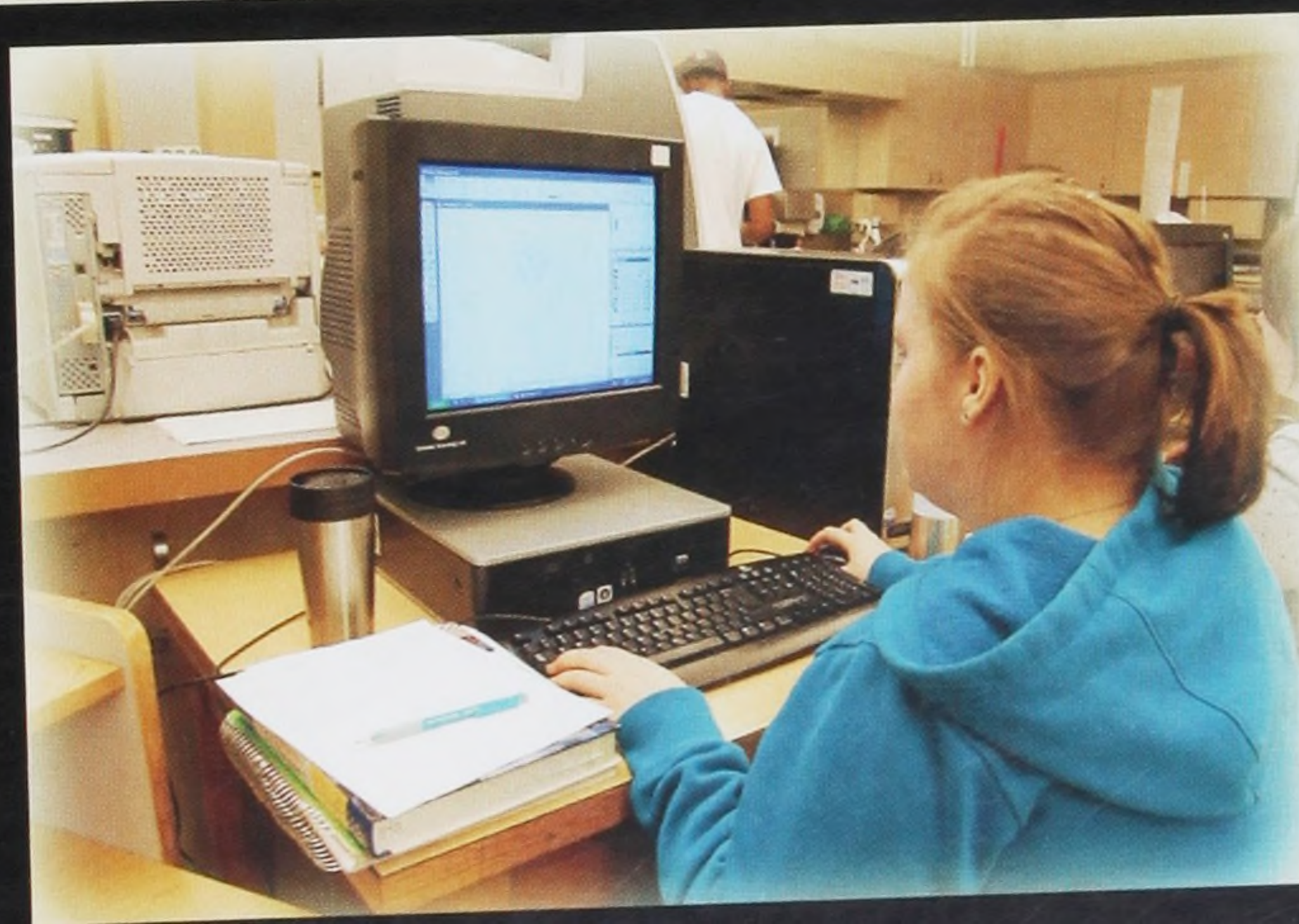
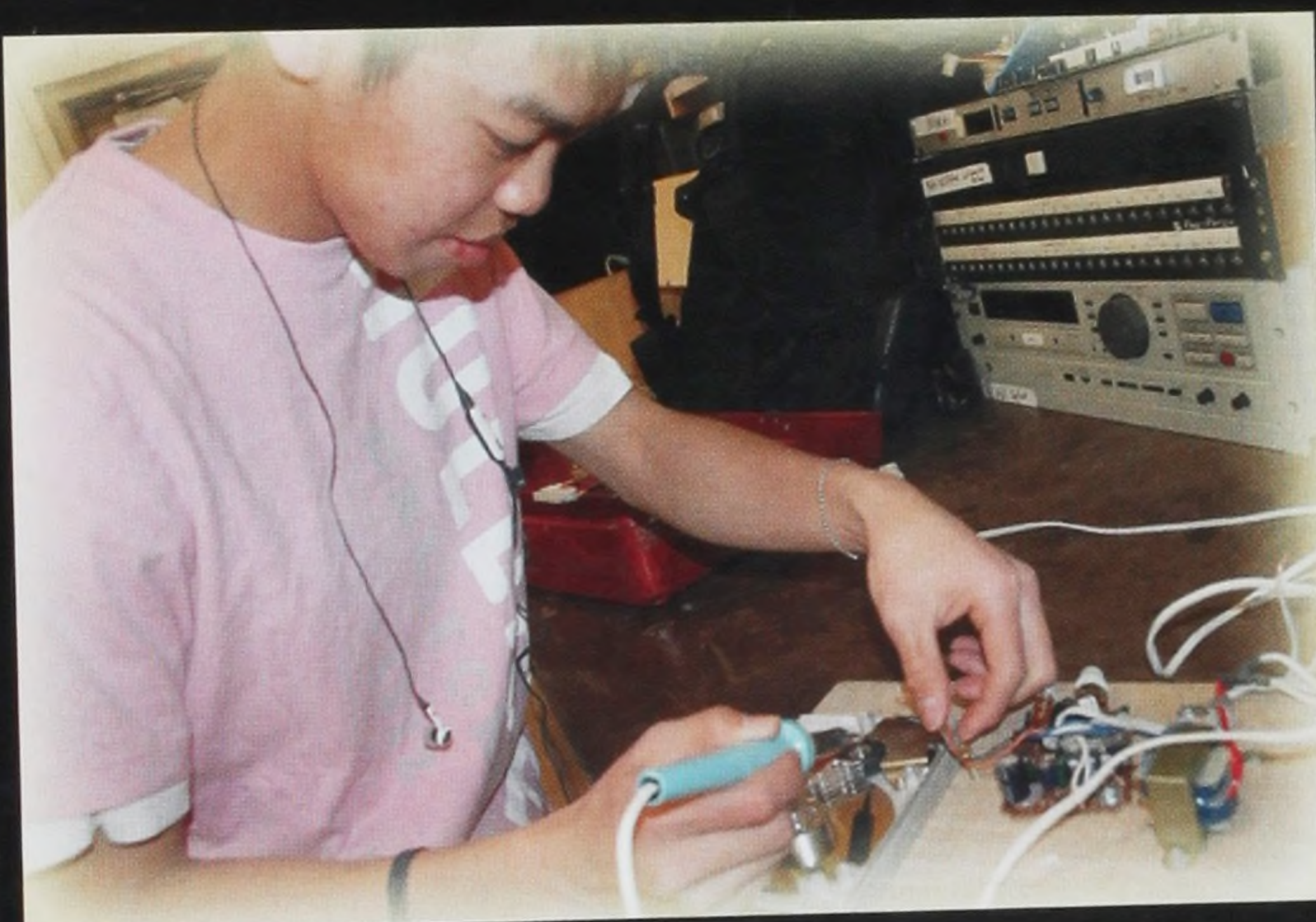
The Nations Fine



Technical School



2009



Health Occupations Students of America

H.O.S.A.

"Concern for someone else was a good remedy for taking the mind off one's own troubles."

- **Elizabeth Ashton**

"Happiness is not a station you arrive at, but a manner of traveling."

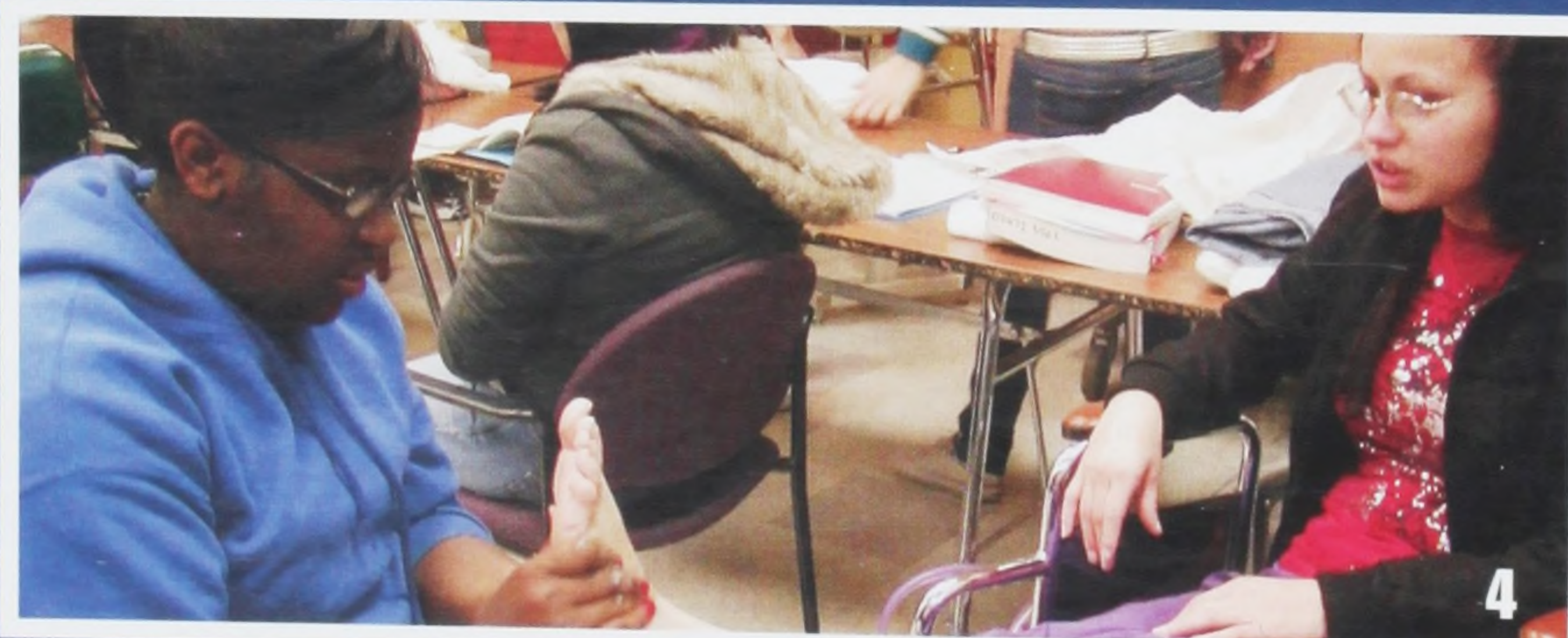
- **Margaret Lee Runbeck**

"Success is never final. Failure is never fatal. Courage is what counts."

- **Sir Winston Churchill**

"In the middle of difficulty lies opportunity."

- **Albert Einstein**



1. Vinesh Prasad demonstrates CPR on both an adult manikin and a baby one. You can tell he is ready to save a life!
2. With gentle care, Susan Gong practices nail care on her peers. She is for sure, a hard working student.

3. Nhi Vu and Thien Do practices "Range of Motion" on Lisa Nguyen. You can tell from their expression that it's fun and worthwhile.
4. A'leesia Ferguson is performs a relaxing foot massage for Perla Hernandez, applying the skills they learned in Nursing.



Alexis Jackson helps out during the blood drive. She maintains a smile on her face, knowing that a lot of Benson students are donating blood to save lives.



Kathy Saechao and Deangelo Moaning are all smiles for the camera as they make a difference in the world by donating blood. He gives a thumbs up indicating that this is the right thing to do.



Ever imagined having nail care done in school? Tammy Nguyen gets this opportunity as she relaxes in the Nursing major.



1. My-Van Duong relaxes in the nursing lab after a satisfying foot massage.

3. HOSA can be fun and educating at the same time. Elizabeth Phan focuses on her anatomy packet with a smile.

2. Carmen Chan and Lei-Anne Catabay focus hard as they do their best to finish their HOSA tasks for Mrs. Nedimeyer.

4. Chu Wu practices on cleaning equipment that are used inside the dental lab.



Mr. Moore's senior EMT class receives hands on experience at the fire department.



Our seniors, Ashley Curry, Katherine Papasadero, and Mary Hartley pose for the camera with the spare seconds they had in their EMT class.

The ones who make HOSA possible

HOSA stands for 'Health Occupations Students of America'. It's a program for students that want to strive and become a health professional. Students are taught the basic skills and techniques that they would need in the future; to fulfill their duties in the health field. Benson's health occupations program is known to be one of the best there is in the entire United States, and it probably always will be.



MARKEETA KOCH

"My job is to prepare students so they have the proper behavior and knowledge to go to clinical sights as juniors and seniors."



SALLY NEDIMEYER

"The future of health care is here."



KATHY LLOYD

"Today is the day, tomorrow is not promised." - Martin Luther King Jr.



SARA CALLIES

"Benson Health Occupations is a fun challenging program. Students in my Anatomy and Physiology class are forming the 'backbone' of their medical knowledge (haha) while we explore the human body."



MARY BEARD

"From my experience from teaching in High School & vocational & community course level, Benson health occupations students are the best there are."



SHANE MOORE

"Be passionate about what you do."



AMERICA



HOSA LIFE



Sarah Leong now knows how it feels to be in a KED, which is used for spinal immobilization. She will definitely take extra care of her future patients with neck injuries.



Rocco Nguyen volunteers to be put into a MAST trouser by his classmates. The MAST trouser is used to prevent severe shock in a patient.



Ling Zhan, Mary Dang, and Erica Wu learned a lot on their field trip to OHSU. They took a lot from the career experience and hope to go again.



Juniors Lulu Tang, Nina Nguyen and Tracy Trieu work hard in their nursing class, completing a book assignment given to them by Mrs. Neidermeyer. If they keep up the good work, their senior year will definitely be a success!



A'leesia Ferguson, Perla Hernandez, Katie Dunn, My Van Duong, and Luna Tesfagiorgis surround Mr. Mannequin with smiles. After a long day, it's time to relax.



Benson's EMT class gets some in depth knowledge at the fire department. They listen carefully as a paramedic specialist relates the experiences of his career and what he does on a day-to-day basis.



Mr. Moore's Senior EMT class explores the inside of an ambulance. Full of enthusiasm and excitement, they focus hard in order to absorb the tons of information given to them.

HOSA Conference



Our 2009 state HOSA officers Nina Nguyen, Sarina Ton, Kendra Pennington, Nhi Vu, and Shreena Narend has done a splendid job this year organizing the HOSA conference. Finally, they get a chance to relax. Don't they look terrific in their blue dresses?



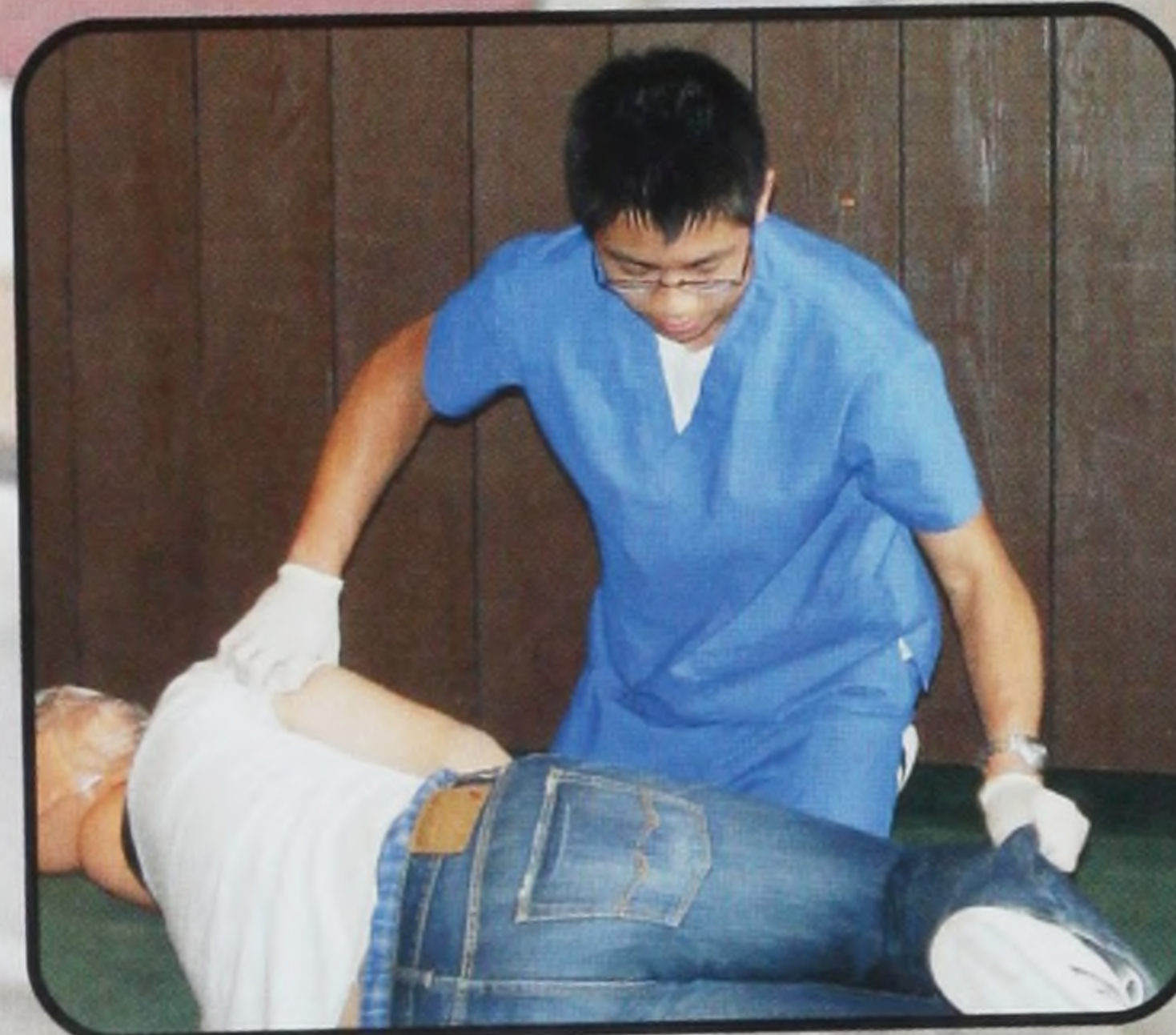
After an exhausting day of competitions, the junior class dress up in their best attire for the banquet dinner. They enjoy their dinner as they wait for the awards ceremony to begin.



HOSA bowl competitors Khanh Huynh, Jing Wu, and Larry Chiem gained a valuable experience for their first time attending.



After two years of health occupations, the sophomore classes hard work has finally paid off! Their achievements and success are presented in their certificates and medals.



Jason Mah carefully performs the process of the Heimlich Maneuver on his partner Brenda Dao. They definitely demonstrated excellent teamwork.



Mrs. Neidermeyer, one of HOSA's state coordinators and a Benson health occupations teacher, accompanies Kassie Konikow, Chelsey Brown, Sharaya Hanson, and Kristina Brown at the banquet dinner.

Communications



Diana Martinez-Carvajal works on photo manipulation during 3-4 period in Ms. Pelster's class. Adding special effects to pictures is one of the things you'll learn in Photography.



Mr. Thompson's students keep themselves busy by working hard on their Desktop Publishing and Web Designs.



Benjamin Oswald takes a minute to think about how to describe his photograph. Explaining your picture can help people understand your photo.



Nepthira Wanwan and Cyniece Johnson both work on Web Design assignments given to them by Mr. Thompson.



Josh Hickman, Kiara Penson, and Marlene Sails take up the pose of the Three Wise Monkeys while Kathy Phouthirath gets their photo. Speak no Evil, Hear no Evil, See no Evil.



The new Communications teacher Ms. Pelster helps Jonathan Kim edit his video poem while Perry Dinyain works on his own video. Using Adobe Premiere to edit videos is great because you can add special effects, cut scenes, and add music to make your video better.



The students in Mrs. Skach's class diligently work on their InDesign and Photoshop projects. Nothing seems to be able to break their focus.



Mr. Thompson gives his freshmen class an introduction to Photoshop. Photoshop is a great program to edit and enhance pictures.



Ngoc Nguyen and Maschell Cha take their time to edit their photographs. These two are very creative when editing their photos.



Dale Johnson films an entrance in the Benson parking lot. He is working on a video to promote Benson High School and show what this school offers.

KBPS



Chief of Staff

Shawn Spears shows great leadership within his senior class. He controls all operations in which the class makes.



Chief of Music

Mariela Ramirez is known for always finding the newest hit songs in the market. She loves her position because she says music is a passion of hers and to have such a responsibility is a great learning experience for her.



Chief of Promotion

Patrice Bass really gets the word out about the station's hottest entertainment. She creates a great fan club for KBPS AM 1450.



Chief of Production

Christy Groda is guaranteed to have a beautiful play-list in mind for our listeners. She's determined to keep the station presentation running smoothly.



Tore James and Christy Groda work in a practice booth to complete their interview assignment. Tore James relies on prompted questions from out of the major's book so that she doesn't get too personal.



Vishek Dass, Brennan Gonzales, Tony Cham, Tucker Brennan, and Johnny Francisco-Manuel search the internet for current events to assure themselves an excellent grade on the upcoming current event test they will be having. All major classes in this shop have to participate in such a test to show what it takes to be a radio station DJ.



Johnny Lawson listens back to a recording layed down in tribute to Barack Obama's presidential inauguration on January 20th, 2009.



Demisha Joseph practices off air on her delivery and tone of voice so that she can be perfect on her upcoming "live" session.



Shawn Spears entertains the audience of Kid Rhythm Radio without his partner because he says "I feel more comfortable going on-air alone because I can get loose and not worry about getting looked at like I'm crazy."

Construction

CAUTION! AS A SAFETY REQUIREMENT GOGGLES
MUST BE WORN WHEN IN THE SHOP!



The Nail Gun

Daniel Donlon frames walls for use in the senior electric class. Concentration is key when using a dangerous tool, such as the nail gun.



Can You Take This Puzzle Apart!

Shawnece Stanciell and Dominique Richards measure a wooden puzzle piece in Mr. Mauck's sophomore construction class. Exact measurements are needed so that everything fits correctly.



Band Saw!

Gustavo Villafuerte-Garcia cuts out small wood pieces on the bandsaw to use in his puzzle project. The puzzle makes a great present for a child or adult.

Wood Planks

Molly Macdonald sands seat slats for a wooden bench. The benches completed in the construction classes, are used around the school, and auctioned off.



Use CAUTION when in the shop!

Carlous Johnson uses a screwdriver to tighten the hinges on his jewelry box. This project teaches the skill of wood joining and sanding techniques.

the Drafting

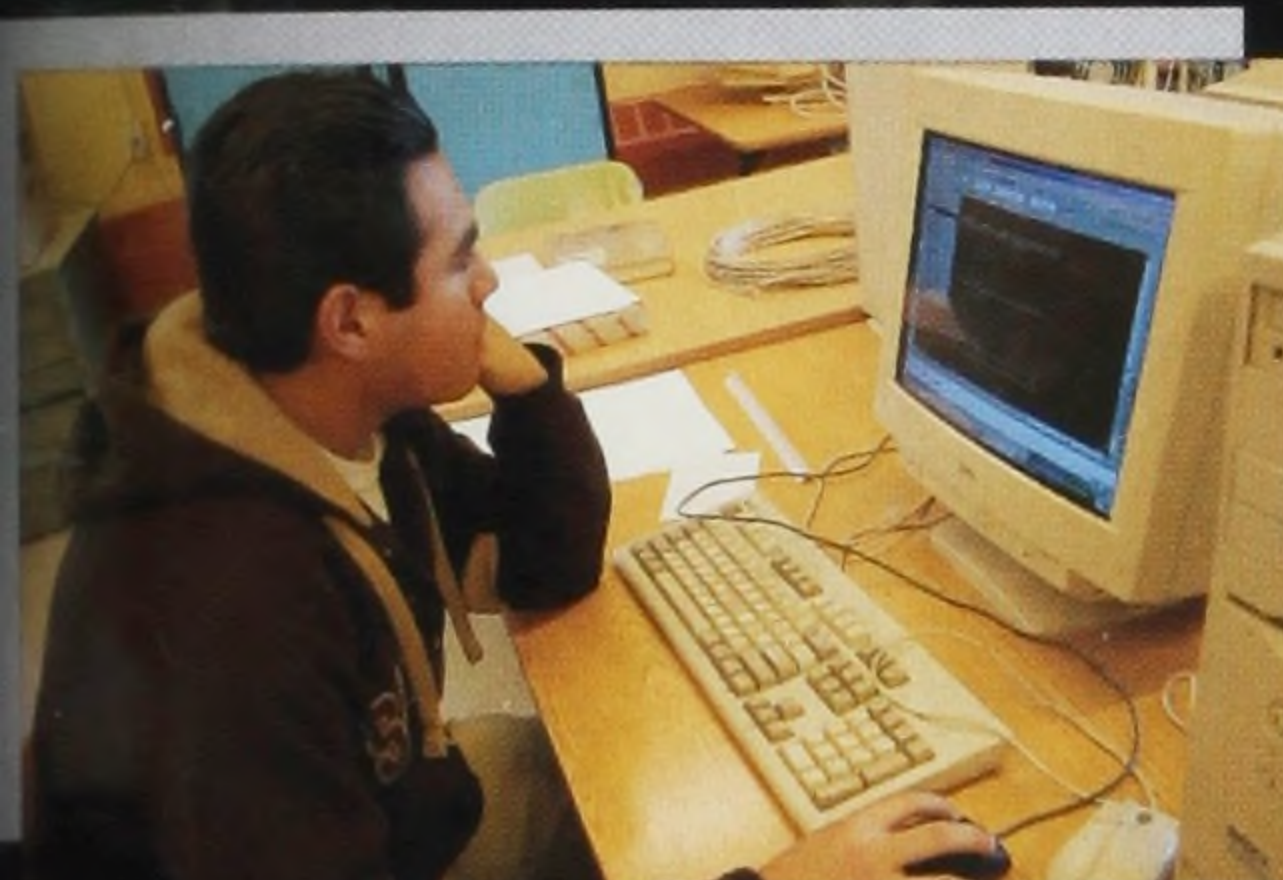
Department

For The Future



Kevin Noeun and Michele Chen review an assignment together in their first quarter of junior drafting. They learn how to work as a team to produce their best designs.

Mariano Aguirre pays serious attention to Mr. Wong's instructions in frosh drafting. Mr. Wong DOES care!



Inside Drafting II class, Efrain Bastida works on a title page before he begins his drawings in the AutoCAD program. Efrain plans on majoring in Architectural Drafting next year for his junior year.



Mr. Wong teaches freshmen the basics of drafting by doing hand drawings first. Bao Nguyen will learn to use Cad-Cam Computer programs after he has mastered free hand techniques.



In Senior Architectural Drafting and Design class, Jalsie Temael finishes her perspective drawing. She details her drawing with color to enhance her project.



Inside Mr. Shaw's classroom, Liezl Dygart, Quynh Le, and Daniel Lurvey work on a drawing with the help of a professional architect visiting Benson. The senior architecture majors work on designing a house for our construction department to build.

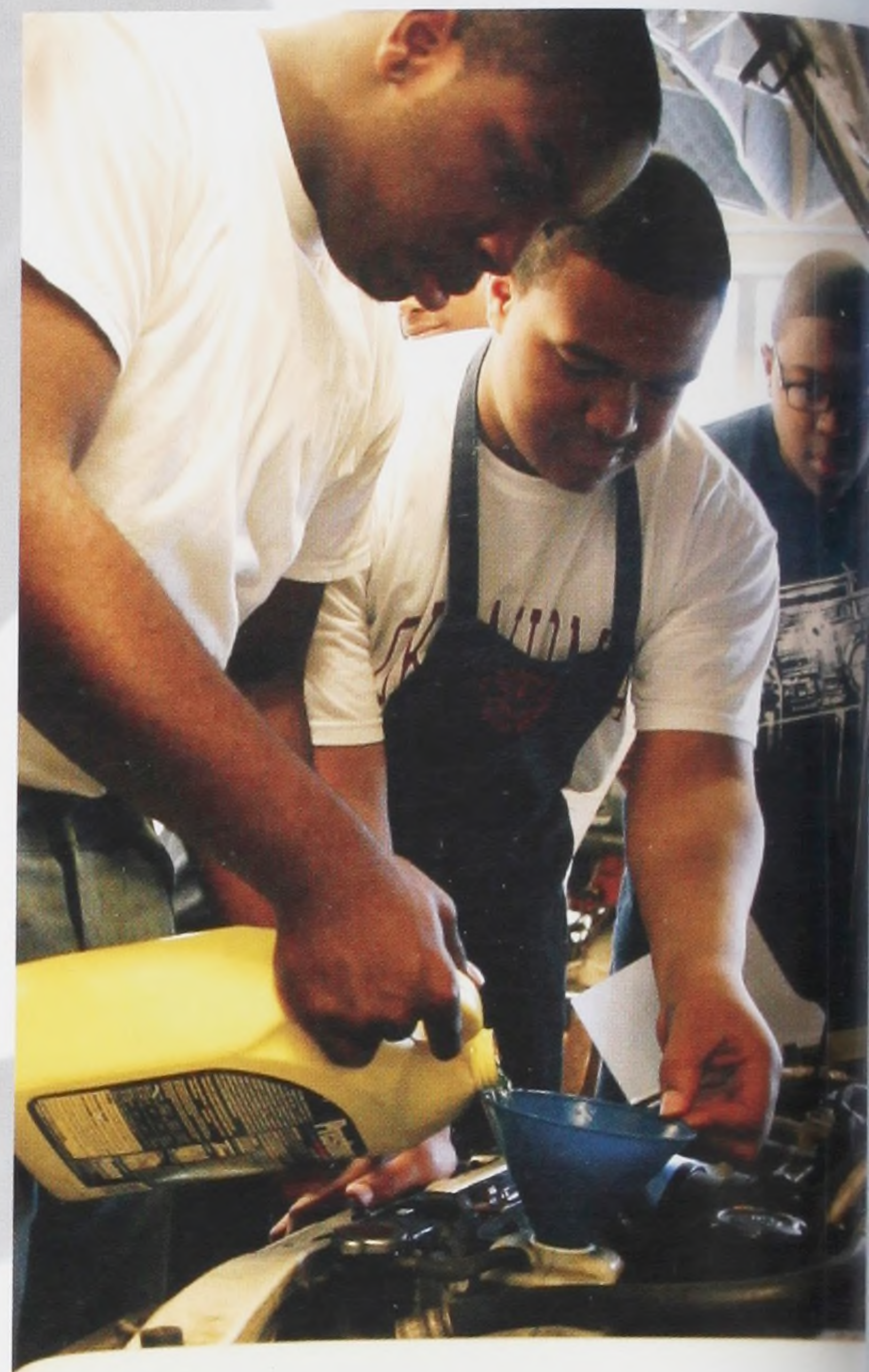
Automotive



Top left: Freshman Matt Freeman and Nikhil Kishore use their tools to put back the flywheel on a lawn motor engine.

Above: Nick Preciso disassembles a lawnmower engine in Mr. Anderson's Freshman Automotive class.

Top right: Derriel Ingram, Floyd Spears and Laronn Arnold change the anti-freeze on a Subaru Legacy in Sophomore Automotive.



Left: Mr Anderson educates Alyssa Meter about how a piston and camshaft operate.

Below: Mabel Munoz and Serly Siro takes apart a diesel engine piece by piece.

Right: Geoff Roberti literally gets into a truck engine assembly assignment.



Manufacturing



Top left: Hunter Ruttum uses the lathe to craft a pump piston for his hydraulic jack project in Senior Manufacturing.

Above: Alexis Lawrence practices her welding in Mr. Mauck's Sophomore Manufacturing class.

Top right: Matt Freeman turns a screwdriver handle in Freshman Manufacturing. It takes skill and patience to shape a square piece of material into a round one.



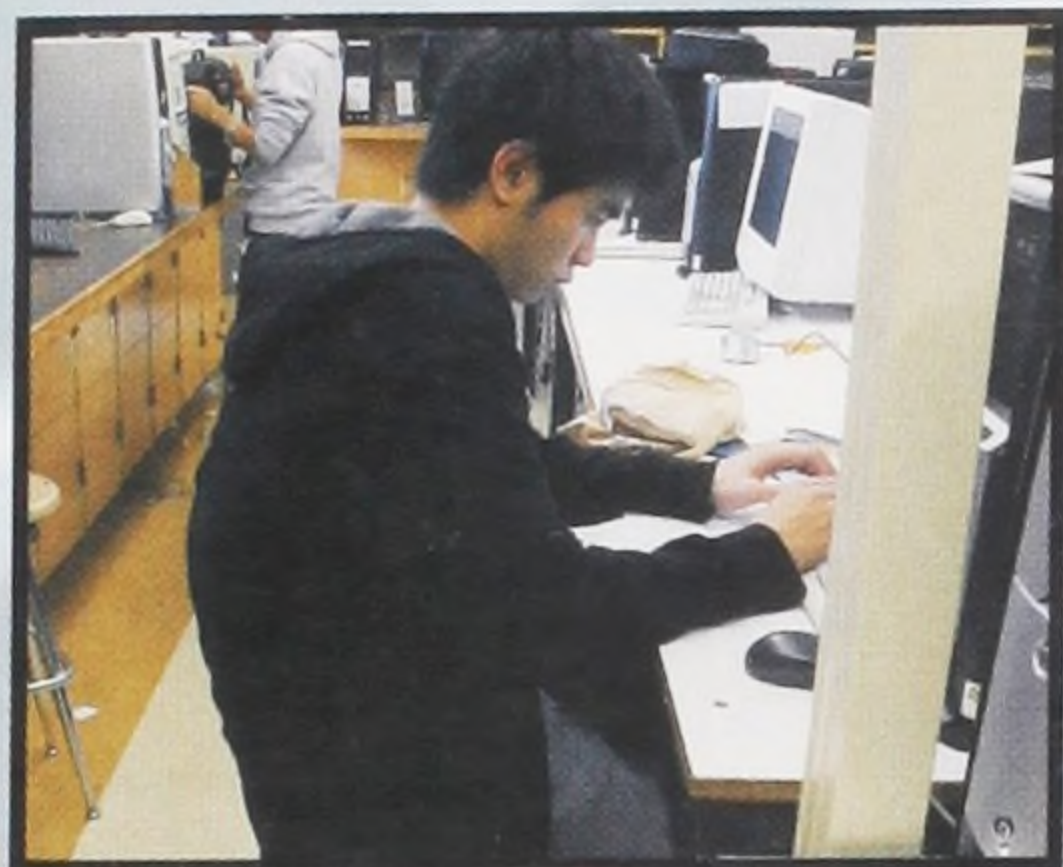
Left: Victor Kuss and Oscar Alamo work on their first tote tray in Sophomore Manufacturing.

Right: Breanna Burnside turns a ramp piston for her hydraulic jack.

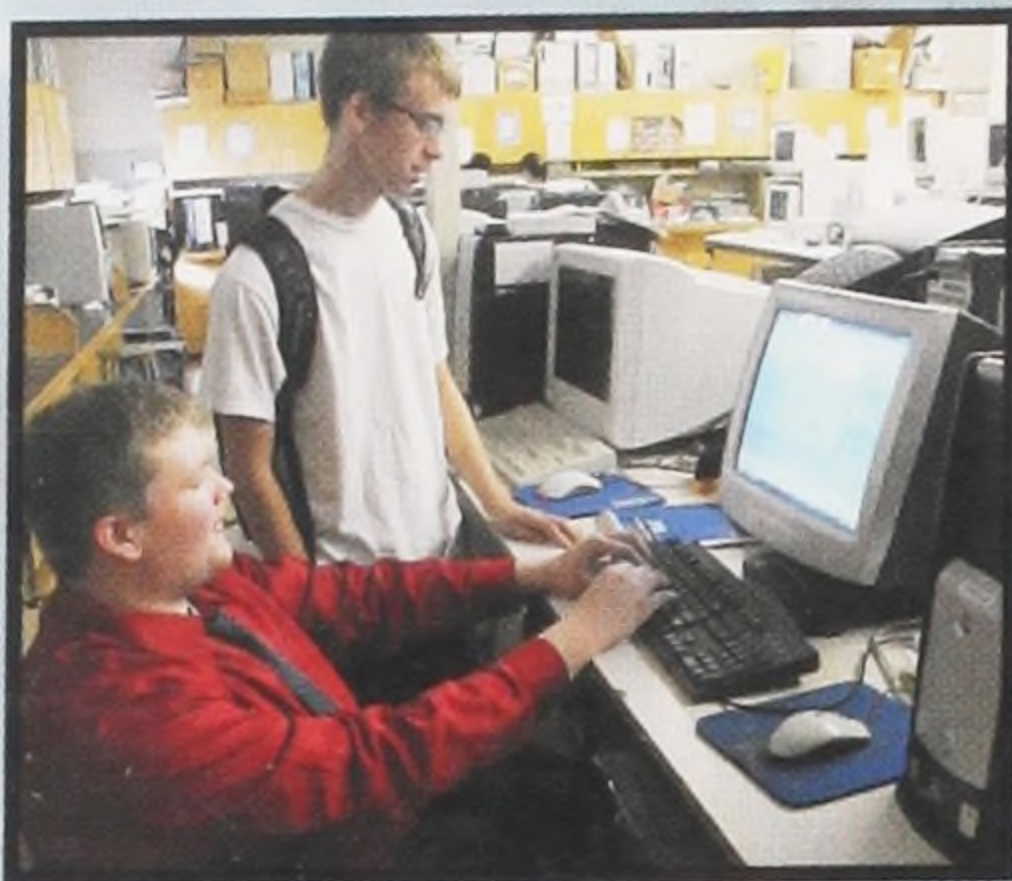
Below: Kavonte Rice saws the corners off of his C-Clamp to prepare it for the shaper.



MCT & CST



Danudet Boonyakamol calculates a complex formula for use in his senior MCT/MST project.



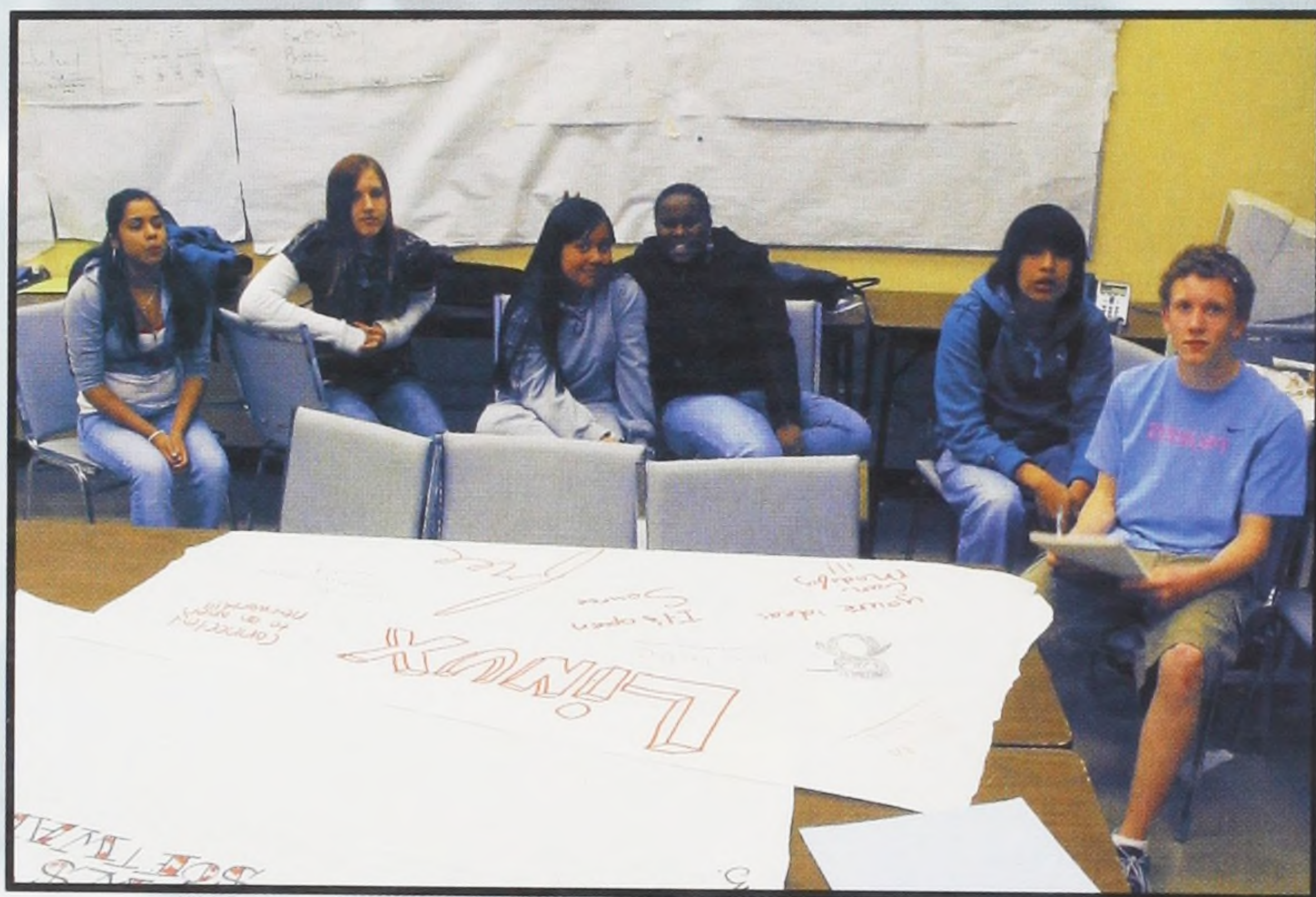
Ben Bush shows Shane Sahnaw how to input the right scripts into his program in order for it to run.



Payton Ketterman, and Jesse Valdez test "Age of Empires" in Windows '98 before they install Windows 2000.



Edwin Aguirre puts some final touches on his C++ program before turning it in to Mr. Rubio. C++ programming knowledge is essential in CST.



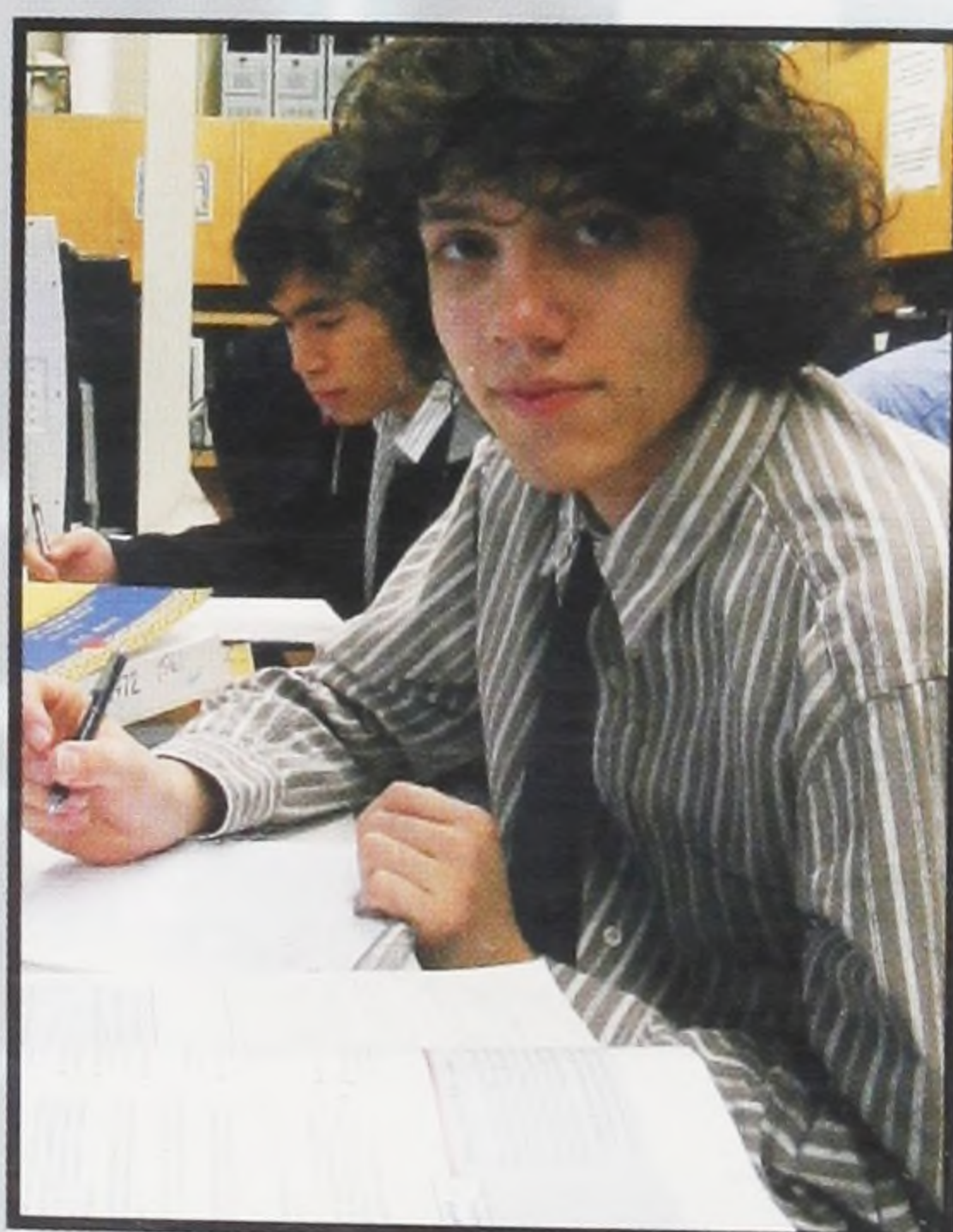
Karen Mata-Mercado, Nicole Sandall, Nancy Reyes, Tiona Harris, Jesus Gonzalez-Aparicio, and Benjamin Rollock meet in sophomore MCT. Mr. Rubio has them weighing the pros and cons of Linux vs. Windows XP.



Shane Wilson, Viet Le, and Joey Hunter check up on their current grades before Mr. Rubio sends out report cards for the first quarter. As you can see, even upper classmates whine about their grades.



Brian Osuna works on a complex assignment in Cisco programming.



Milan Justel, and Danudet Boonyakamol read up on their C++ programming book before they start on their assignments.



Viet Le, David Moua, and Steve Yang, struggle to fix David's programming mistake before the end of Junior MCT class.

"Charging" towards the future!

ELECTRIC



Rebecca Pounder double checks her circuit board for any loose components. The circuit board is used in a continuity tester for checking electrical flow later on.



Luwan Kahassay drills holes into the wood so that her classmates can install wires into them. Drilling is also an essential skill in Electric, not just wiring.



Arlene Hernandez solders parts onto her circuit board. The solder she uses contains lead, so she must wash her hands afterwards.



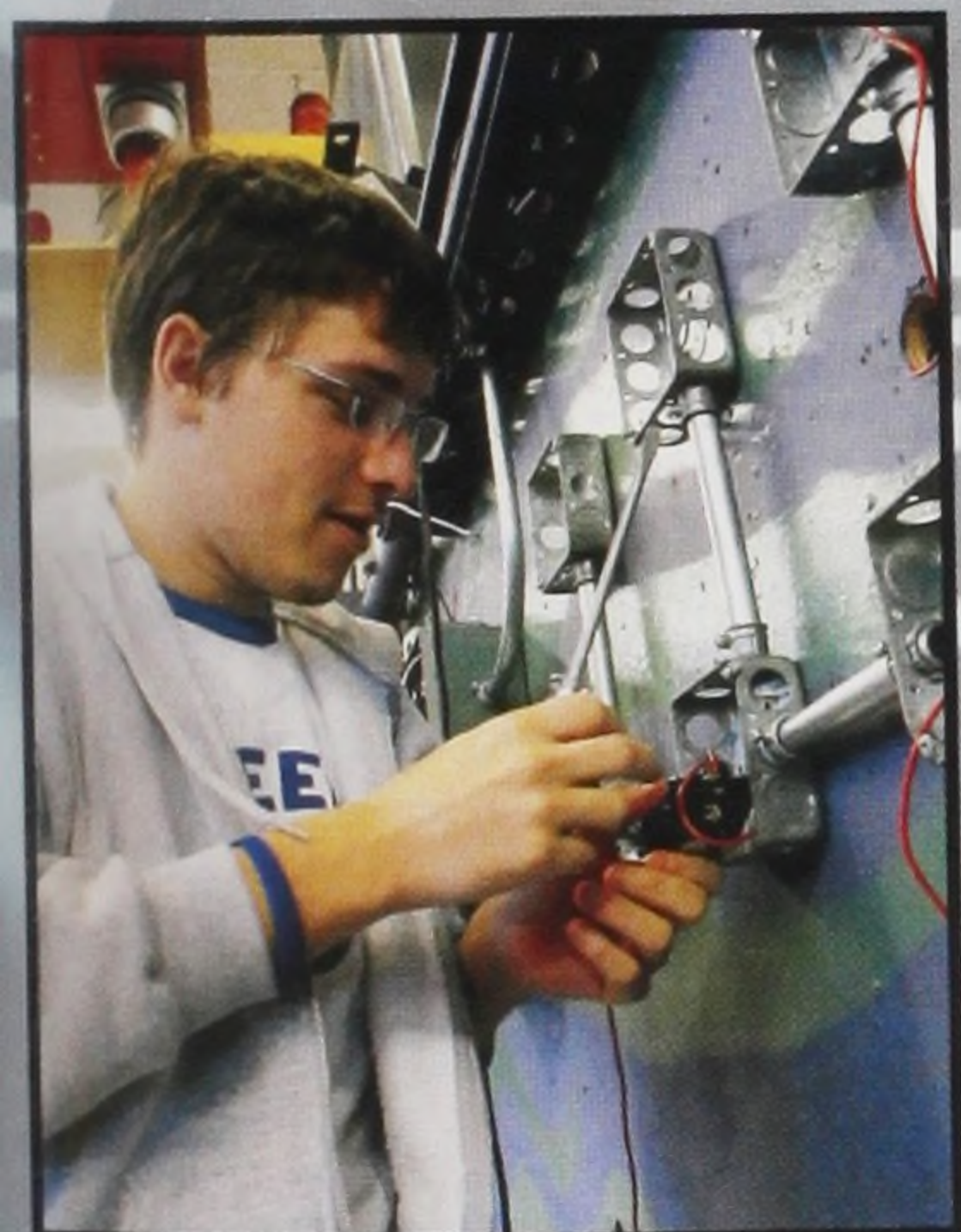
Cory Elliott, explains how a person can turn their hard drive into speakers. The process is quite complicated, but is worth the effort in the long run.



Ivan Preciado does some residential wiring. The job is quite dangerous due to the chance of electrical shock. Hopefully the power has been turned off.



Ethan Dedrickson and Drake Drawley install a switch box into a wood plank. They have to be careful not to break the plank or the whole frame will be unusable.



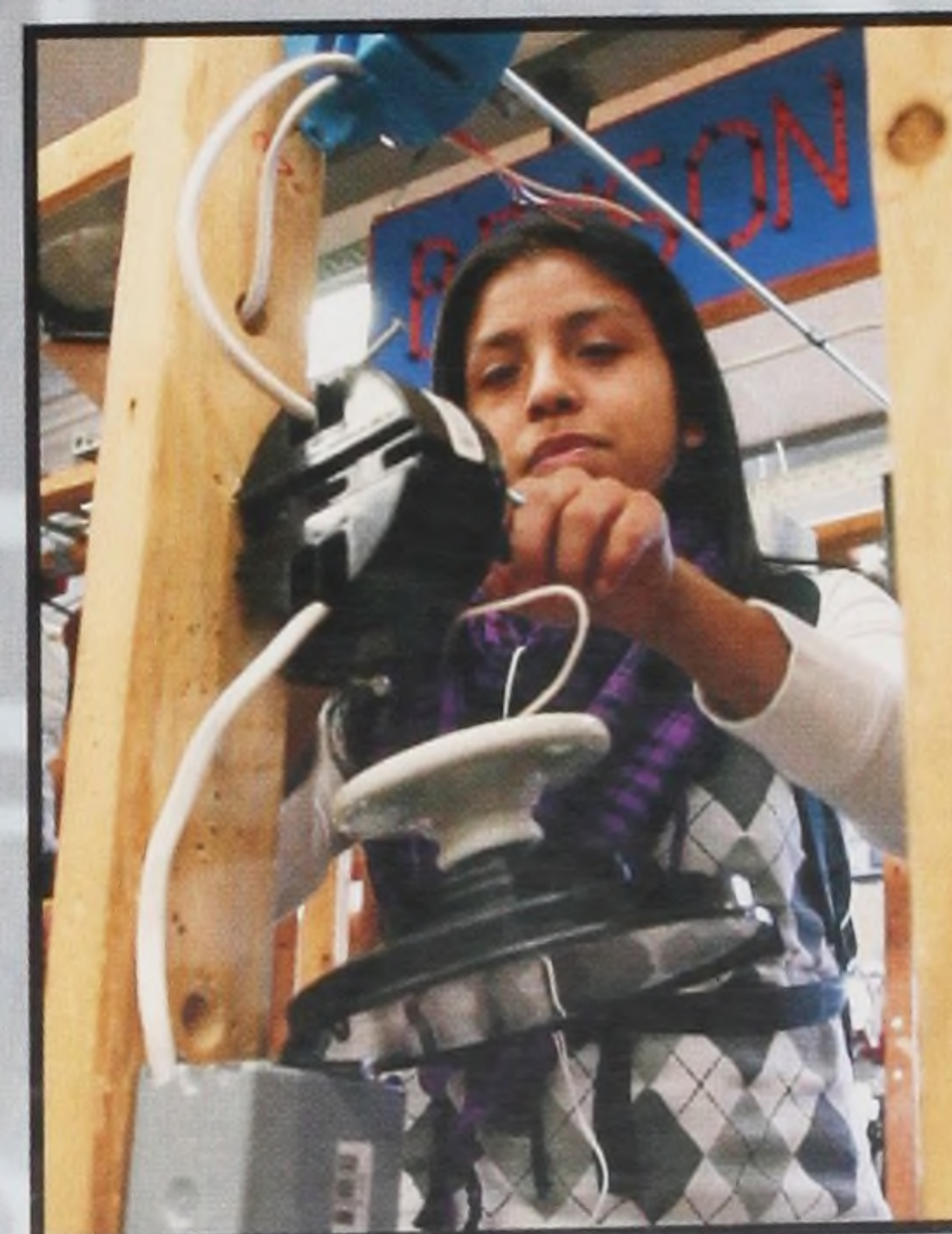
Everett Palmer wires some electrical components into the outlet. The outlets are mounted on a real wall to give the electricians some real hands-on experience.



Blair Tinker strips wires for use in his projects. The wires are covered by insulators to prevent fires from starting. Some of it has to be cut to leave some actual wire out to work with.



Duy Nguyen finishes his wiring project in Sophomore Electric. He has to insert the wires into the boxes, while making sure all the wires are connected and in the right locations.



Jacqueline Gutierrez installs the lighting onto an outlet box. This is what your house looks like without before your walls are finally constructed.

DO YOU KNOW WHO "EYE" AM?

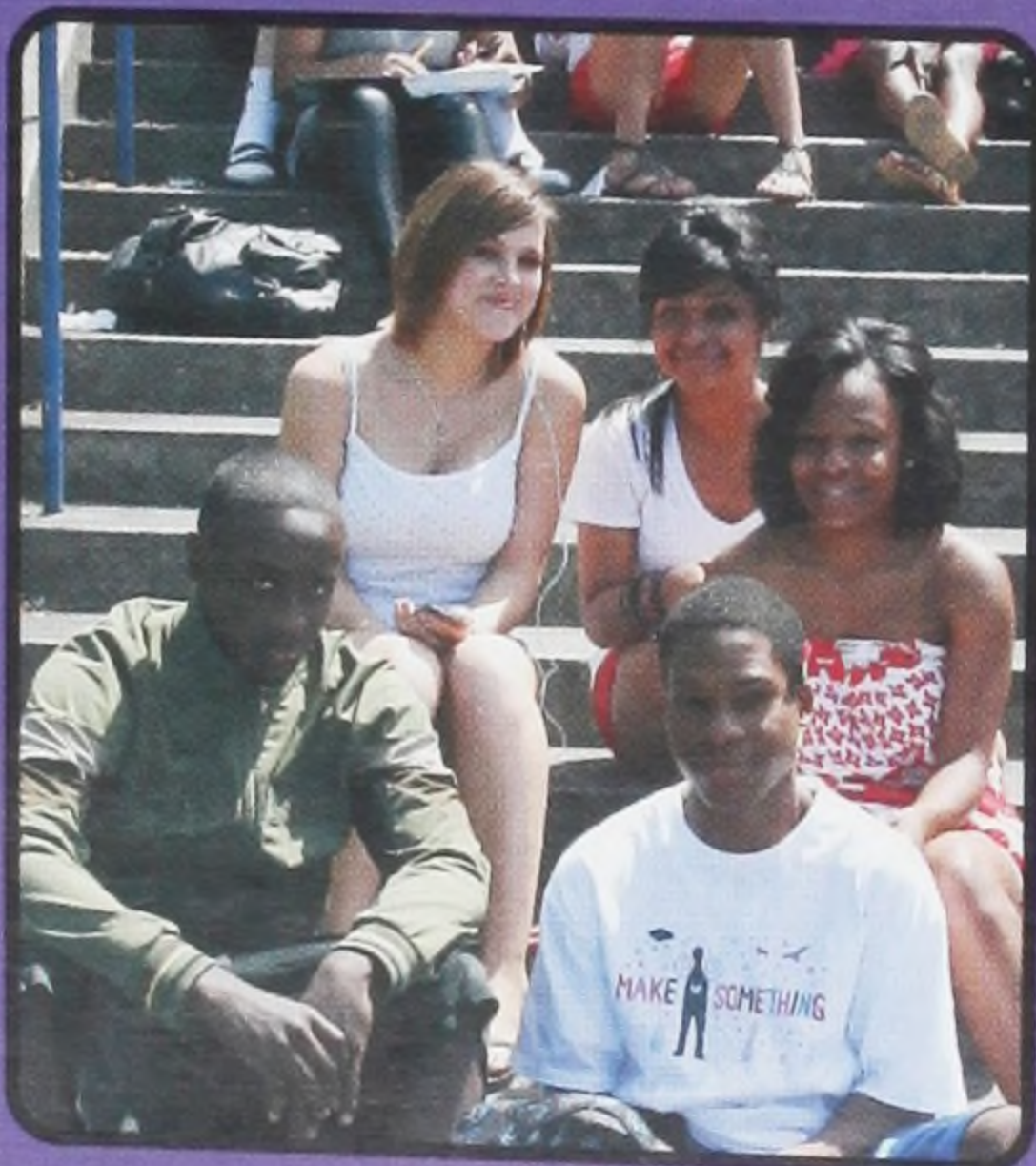


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spring

life

2009





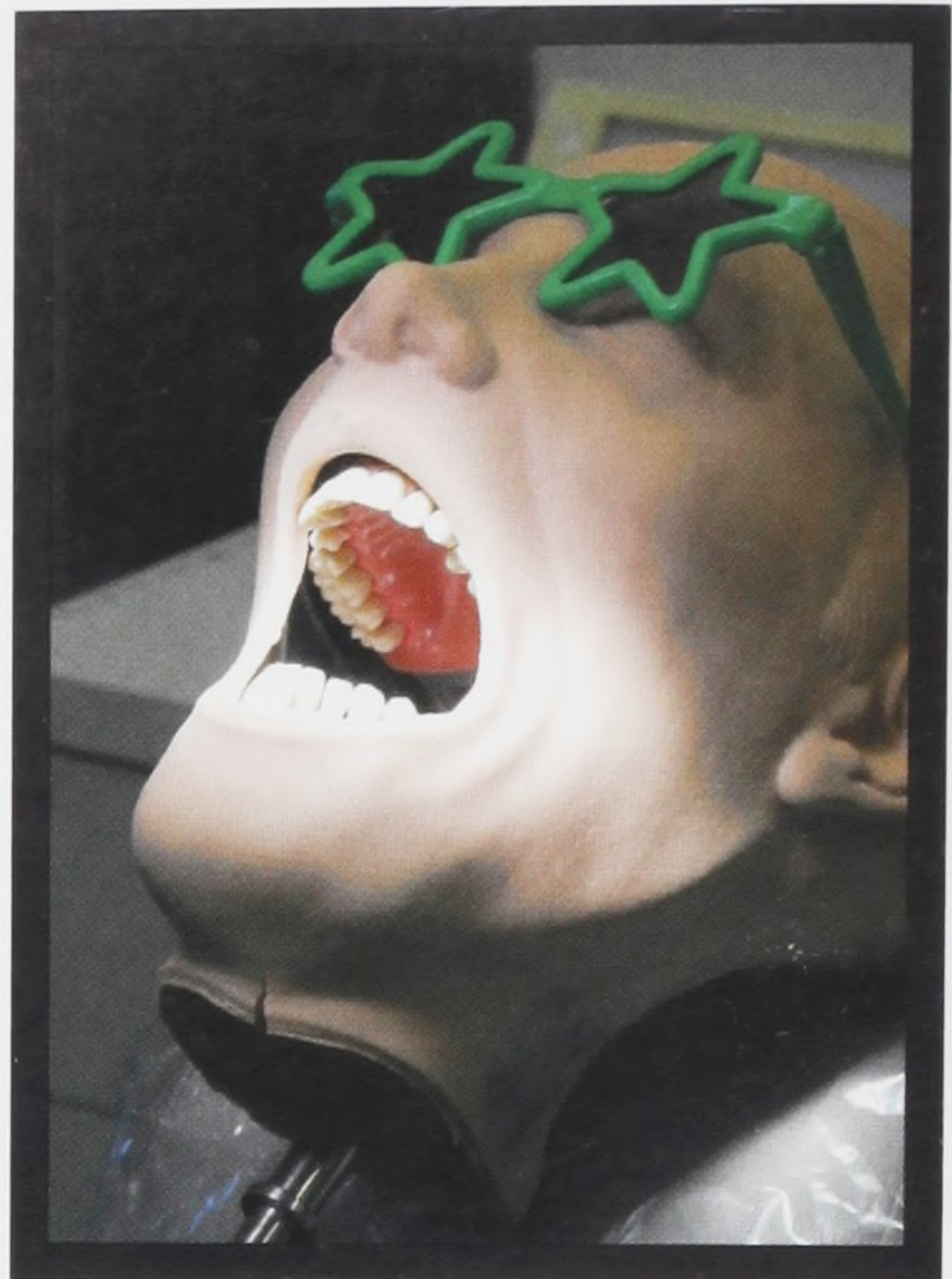
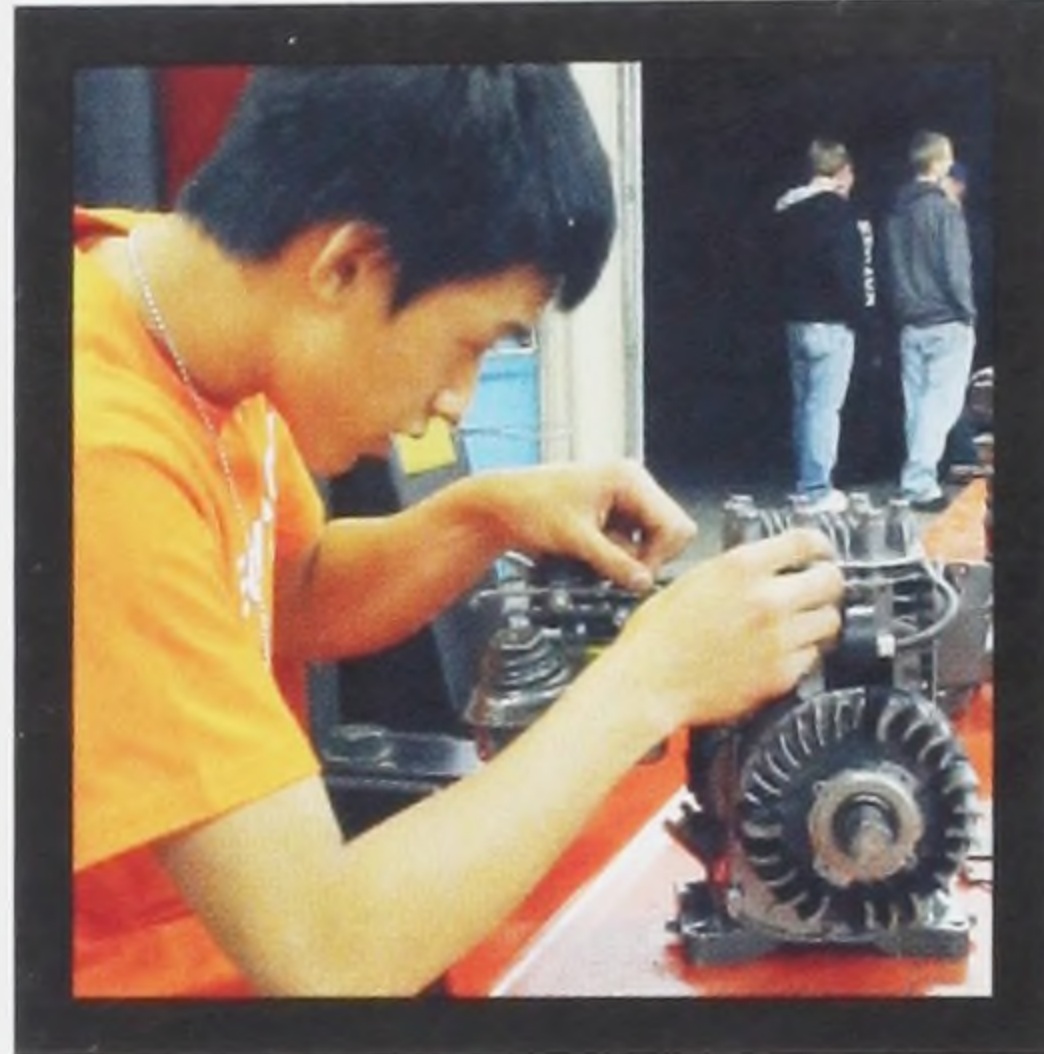
SKILLS USA



TECH

Right: Grotesquely amusing, this "patient", clad in the uber fashionable trend of large sunglasses, has the pearliest teeth in town thanks to the Benson Dental program!

Below: Tinkering with engines is the norm for students at Benson Polytechnic.



Natural song bird Alain Ortega rocks it out in the decked out band room during Tech Show.

-Evidence #1



Such beauty!! She realizes this for sure, hence why they hide it from your virgin eyes! And such a gorgeous smile from the other vixen! That's right. Envy us.

-Evidence #2



And last but not least, we found this hunk roaming around with a friend in the gym/play area during Tech Show. The most handsome piece of moss ever.

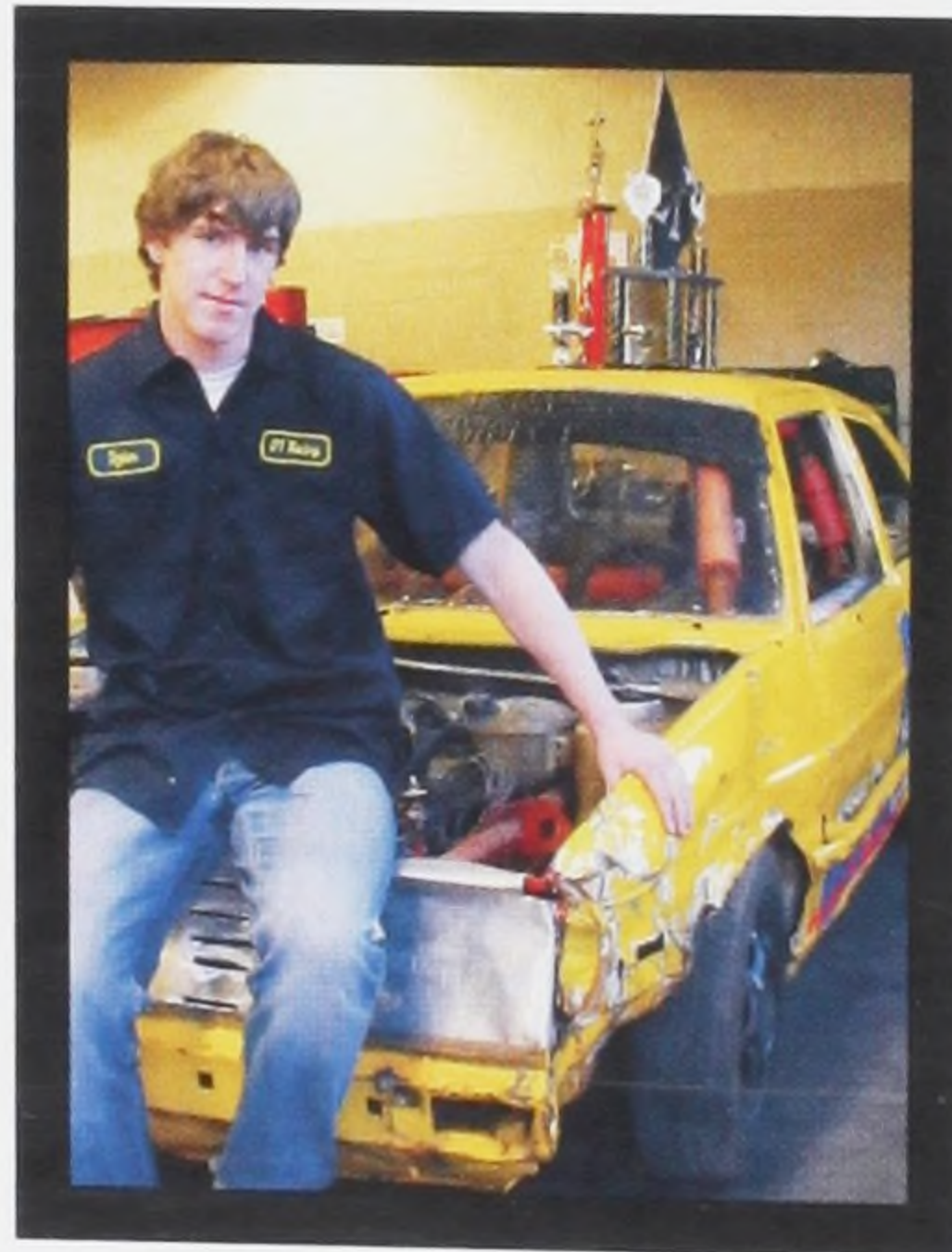
-Evidence #3

"Who's Hot?"

We Are.

"ONLY?"

Heckz Yah.



Above: That baby will ride like a dream once Benson's Automotive program finishes tuning it up with their amazing handiwork. Right now, Dylan Hallberg is just going to pose on it for the ladies. Or the guys. We don't judge.

Right: The EMT team to the rescue! Led by the valiant Mr. Moore, the group demonstrates their skills with a mock victim and a real ambulance, sirens blaring as the trained Health Occ. members diligently save a life!!

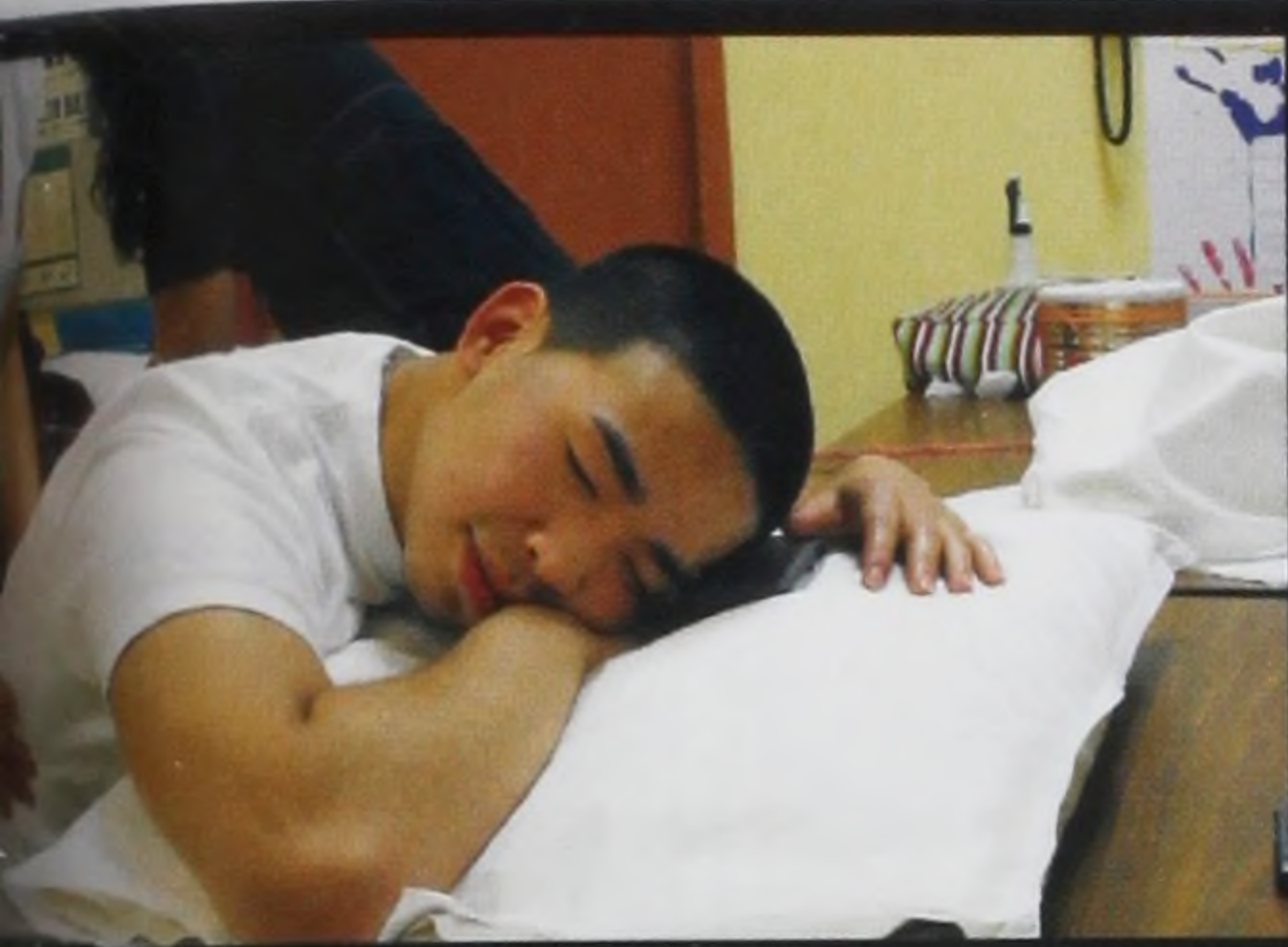




Left: What a shot by the little tyke! There was certainly a group around him in the gym during techshow! Basket after basket, he showed up even some of the bigger kids! Way to score the ladies, man.



Bottom: Liquid nitrogen and his signature mustache are Mr. Adler's main accessories the nights of tech show as he, and volunteered students, demonstrated the insane freezing capabilities of the stuff. Props to the kids who ate the frozen crackers.



Above: The Tech Show includes many diverse activities, ranging from avionic simulations, massages, X-Ray puzzles, pie smashing, chemical mixing, manufacturing, and plenty more to discover.

COOL THOUGHT

"Has anyone ever noticed how short Mr. Foster's attention span is? One minute, you could be chatting it up about a band and then the next, he'd be up and out for donuts."

~ Jenny Chau



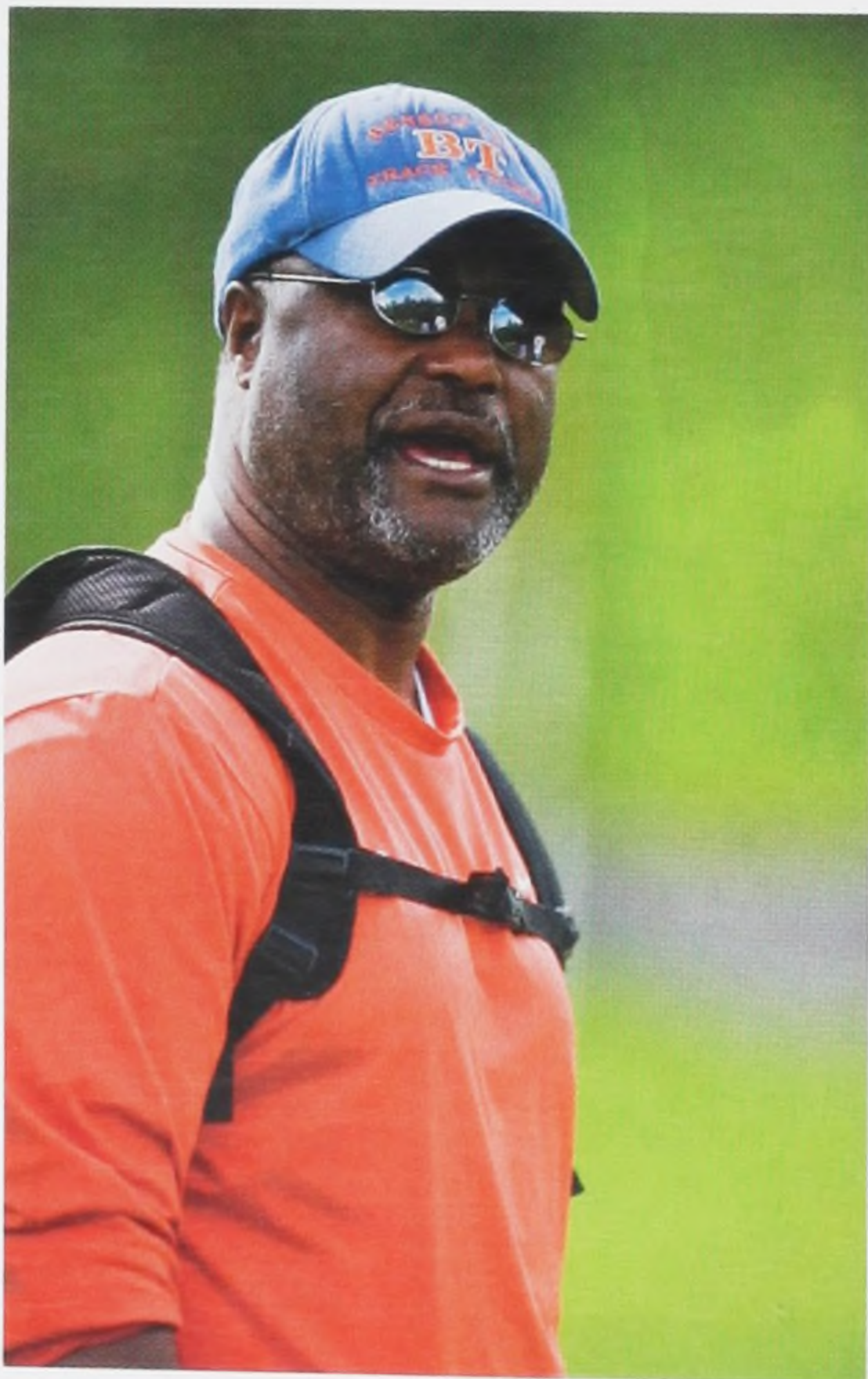
Above: Radio Broadcasting student Brian Halvorsen demonstrates how the radio operates for the visitors.

Mens Track

(Right)
Matthew Dodier gets out
in front on the first leg of
the varsity mens 4x100
relay.



(Below)
Justin "King" Johnson is
one of the top hurdlers in
the district. He runs down
the back stretch on the
second leg of the 4x100
relay.



(Above)
One of the top coaches in the
nation, Leon McKenzie gives his
athletes some inspiration before
they compete. All the state and
invitational titles were possible
because of this great coach.



(Above)
Josh Hickman elevates to
the stars in the Triple
Jump at state in Eugene.

(Left)
Freddy "Dog Catcher"
Jackson brings it home
on the anchor leg of the
4x100 relay. They were
considered one of the top
relay teams in the state
this year.

Womens Track



(Left)
I have to win! Kayla Smith
running the 200 meters.
With a State Record of
24.01.

(Below)
Shawnece Stanciell takes
off on the third leg of the
4x100 Meter Relay.



(Above)
Kayla Smith busts loose at
State in the Long Jump.
This was a Personal
Record for her, 19 feet 1
inch.



(Above)
Here she comes! Ileijah Darden
at the State Competition
running the 4x100 Meter Relay.

(Right) Jazmine Ratcliff at
State Competition running
the 300 Meter Hurdles
and coming in 6TH.



Base Ball



Concentration!

Top left: Pitching Coach Jonathan Jwayed gives his starting pitcher signs.

Left: Ethan Shaddock fires his signature 95 mph fastball.

Bottom left: Alex Redden looks back the lead-off runner on first before his delivery.

|| Baseball is ninety percent mental and the other half is physical.
-Yogi Berra ||



Above: Michael Meza slides safely into third for a stolen base against Rex Putnam.

Right: Juwan Robins sports an awesome leg kick before delivering his nasty slider.

Varsity Baseball



Left: Jeff Wallberg ropes one to right-center.



Right: Chris "Big Pappy" Kennison in his power stance.



Above: Danny Redden takes off for second that resulted in a successful steal.



Varsity Softball

Right: Jazmin Jackson tags out her opponent on a close play at second.



Left: Katherine Papasadero digs out a short hop.



Top: Katie Deem goes for the grounder, Being at the ready is a must.



Soft Ball

Teamwork!

Top right: Alyssa Meter makes a shoestring catch in the outfield.



Right: Jenna Osterman fields a ball on the run. Way to hustle Jenna!



Bottom right: Brittany Johnson scoops up the ball in right field. She made it up to play some Varsity this year.



|| This season was a fresh start to a new beginning. ||
-Kamie Boggan.



Left: Kamie Boggan comes up ready to throw. She has a great stance and a great arm.

Top: Katie Bonnin winds up for the pitch. Way to drive the legs!

MENS TENNIS

Right: Enter the fist of the Quoc Ngo!
Watch this dragon attempt a jump
swing. Quoc physically flies into the
air as he is lifted by his powerful shot.

Below: You have to be the best to play
with the best. Men's tennis captain,
Jason Mah, prepares to return a ball
back to Lincoln's top player.



1: You have to be able to play tennis with your own style, not others. Jeffrey Pham flies across the court like a dancer, returning the ball like a champ.

2: Justin Chen serves the ball with all his might. Every serve he hit was filled with so much power his shirt almost came off; this is why we tuck in our shirts.

3: Tennis is only a game, but the way that John Yu serves, its like his life depended on it. John's entire body weight is thrown into his serve, including his left arm...imagine him on the dance floor...

State Jason Mah



4. Meng Cha & Shawn Chan teams up to play against Grant at Portland Tennis Center, Meng gets ready to backhand the ball, while Shawn is covering Mengs back in case he misses.

5. Primal dancing at its finest, Hao Quach awkwardly poses in an attempt to steady himself after a powerful shot.

6. Freshman Mike Truong, challenges varsity players from Grant as a JV. He was lucky enough to play against people who had been learning tennis for years.



Zack Bryant & Chu Wu double up for a match against Lincoln. Chu follows the ball with his great eye coordination, while Zack carefully watches his opponents and making sure the ball doesn't go past him.



A: Tennis is not just about skills, but also good sportsmanship. Abigail Delgado gives a thumbs up to her partner for the spectacular shot.

B: Nina Nguyen and Luehna Abuan are very inspirational as they cheer their team on. Nina must have mistaken the tennis ball for an apple as she takes a bite out of it.

WOMENS TENNIS



C: Christina Truong easily returns the ball with her strong forehand. This is no match for her!

D: Alexis Jackson sets up her serve. Her rocket serve produced many aces and a return trip to the OSAA state tennis tournament.



State Alexis Jackson



E: With her racquet up in ready position and her intimidating face expression, Tabina Nguyen will for sure win this match.

F: Hoan La raises her racquet, ready to return the ball with her killer backhand smash. This season, she has put in her best effort playing as the number one doubles with her partner Noelle Phan.

G: Noelle Phan takes her racquet back, ready to return a powerful forehand shot. With her concentration, the camera can't even distract her!

H: Sandra Van does a great job at following through to her forehand shot. Even with the sun in her eyes she will still give 100% to the hit. No wonder she hasn't lost a game this season!

Men & Women's Golf



<< Drive

Josh Harvey drives the ball to the first hole at Waverly. Josh went on to compete at state.

Putt >>

Stephen Gibson 2 putts the ball for par on the back nine of Rose City.



<< Iron

Zachary Fuentes drives the ball with a three iron at Heron Lakes.

Wedge >>

John Nguyen blasts the ball out of a bunker with a sand wedge at Eastmoreland.



Golf, a "Gentleman's" Sport

"I guess there is nothing that will get your mind off everything like golf will. I have never been depressed enough to take up the game, but they say you can get so sore at yourself that you forget to hate your enemies."

-Will Rogers



<< Birdie

Lolita Moore putts for birdie at the PIL District Championships.

Wood >>

Omar King drives the fairway with his one wood.



<< Lofted

Lolita Moore drives off the tee at Heron Lakes. She was Benson's representative at the OSAA state golf tournament.

Women's Team >>

From left: Amber Trimble, Alesha Johnson, Dianna Chourarath, Lolita Moore, Chew Chai Saephan, Victoria Nguyen.



It's a game for Ladies also!

"You have to play by the rules of golf just as you have to live by the rules of life. There's no other way."

-Babe Didrikson Zaharias

Varsity Baseball



Sitting (from left): Daniel Redden, Alex Redden, Sjohn Williamson, Chase Meyer, Brandon Berkey. *Standing:* Coach Jonathan Jwayad, Logan Good, Jeffery Wallberg, Jordan Warren, Daniel Wallberg, Juwan Robins. *Coach Adam Cohen. Standing:* Coach Desmond Boots, Kris Kenison, Michael Meza, Vaughn Thirdgill, Marc Kemp, Ethan Shaddock, Coach Jackson Gillet.

JVII Baseball



Sitting (from left): Conor Buckley, Juwan Robins, Sjohn Williamson, Chase Myers, Tyler Wagner. *Scott Mueller. Kneeling:* Trent Shadduck, Brennan Gonzales, Gabriel Elias, Nick Preciso, Alex Jones. *Standing:* Coach Quentin, Coach Adam Cohen, Daniel Wallberg, Adam Lashbaugh, Nikhil Kishore, Dominique Moore, Coach Bergland, Coach Adam Jenson.

Varsity Softball



Sitting (from left): Katie Deem, Liz Girres, Kamie Boggan, Kalie Papisadero, Jazmin Jackson. *Standing:* Coach Katie Meyer, Katie Bonnin, Jenna Osterman, Alyssa Meter, Assistant Coach Annah White.

JV Softball



Sitting (from left): Ke'ranay Vaughn, Nerlie Jean, Davisha Fair, Xzashia Sabb, Darien Fleming, Jojo Gamez. *Standing:* Tori Barton, Ruta Gebremariam, Destiny Camara, Coach Kristin Klee, Brittany Johnson, Luwam Kahassay, Kayla Smith. *Not pictured:* Corey Elliott.

Mens Tennis



Front row (from left): Hao Quach, Khang Truong, Davioun Aaron-Love, Jing Feng Wu, Chu Wu, Larry Chiem, Meng Cha. *Row two:* Shawn Chan, Kahn Hutnh, Jim Ly, Antonio Montoya, Zack Bryant, Mike Truong, Quoc Ngo, Davon Samoun, Jason Mah, Jeffery Pham, Charlie Ta. *Row three:* Coach Fred Wong, Touku Cha, Jason Ma, John Yu, Jason Mah, Justin Chen, Calvin Li, Matthew Lei, Josh Coon, Milan Justel.

Womens Tennis



Front row (from left): Tabina Nguyen, Abigale Delgato, Joyce Dang, Noelle Phan, Nina Nguyen, Luehna Abuan, Ledevedere Sabundo, Christina Truong, Laura Gutierrez. *Row two:* Coach Larsell, Sherry Liao, Mary Dang, Bianda Reyes, Jenny Truong, Elizabeth Phan, Pheobe VanBuren, Lily Zhao. *Row three:* Coach Margot Charlton, Coach Maury, Sandra Van, Hoan La, Alexis Jackson, Sara Yon, Phung Nguyen, Ling Zhan, Erica Wu.

Mens & Womens Track



Front row (from left): Matthew Wilson, Leane Weller, Matthew Dodier, Shawnece Stanciell, Shawnece Richey, Meyee Cha, Abiola Aderonmu, Octavia Clark. Row two: Coach Conway McCallister, Freddie Jackson, Wesley Black, Kenneth Duong, Kayla Smith, Jazmin Ratcliff, Marlene Sails, Olga Vlasenko, Jasmyne Romero-Clark, Ileijah Darden, Dina Dely, Coach Leon McKenzie, Yesinia Avellaneda. Row three: Coach Isaiah Clark, Demetrius Rhodes, Demarkus Davis, Humberto Gomez, Alexander Sattley, Reggie Moore, Josh Hickman, Carina Conley, Justin Johnson, Wesley Gray, Gabriel Jenks, Austin Booker, Kwabena Boateng.

Marching Band



In no particular order: Katie Warberg, Phoebe Van Buren, Nick Mueller, Matthew Lei, Casey Horn, Jodivina Asa, Bao-Ngoc Pham, Josh Coon, Perla Rojas, Collete Cruz, Lily Zhao, Jenny Troung, Carmen Seto, Duy Nguyen, Ana Huang, Alain Ortega, Christina Troung, Mariya Tatarenko, Dever Sabundo, Phung Nguyen, Wilson Lee, Tabina Nguyen, Vanny Chao, Andrew Scribner, Dylan Muldrew, Anthony Minniweather, Sarah Leong, Joey Hunter, Glen Foster, Dennis Escobar, Daniel Drakos, Ben Lindsay, Dylan Hallberg, John Yu, Viet Phan, Joshua Lindsay, Daniel Feasler, Roman Bogza, Igor Bogza, Chaz Smale, Nathan Pointer, Stephen Gibson, Julie Diep, Jennifer Crowell, Tommy Sanders, Brandon Reed, Ethan Dedrickson, Nicole Vansant.

THE SUPERSTAR
o'Ann

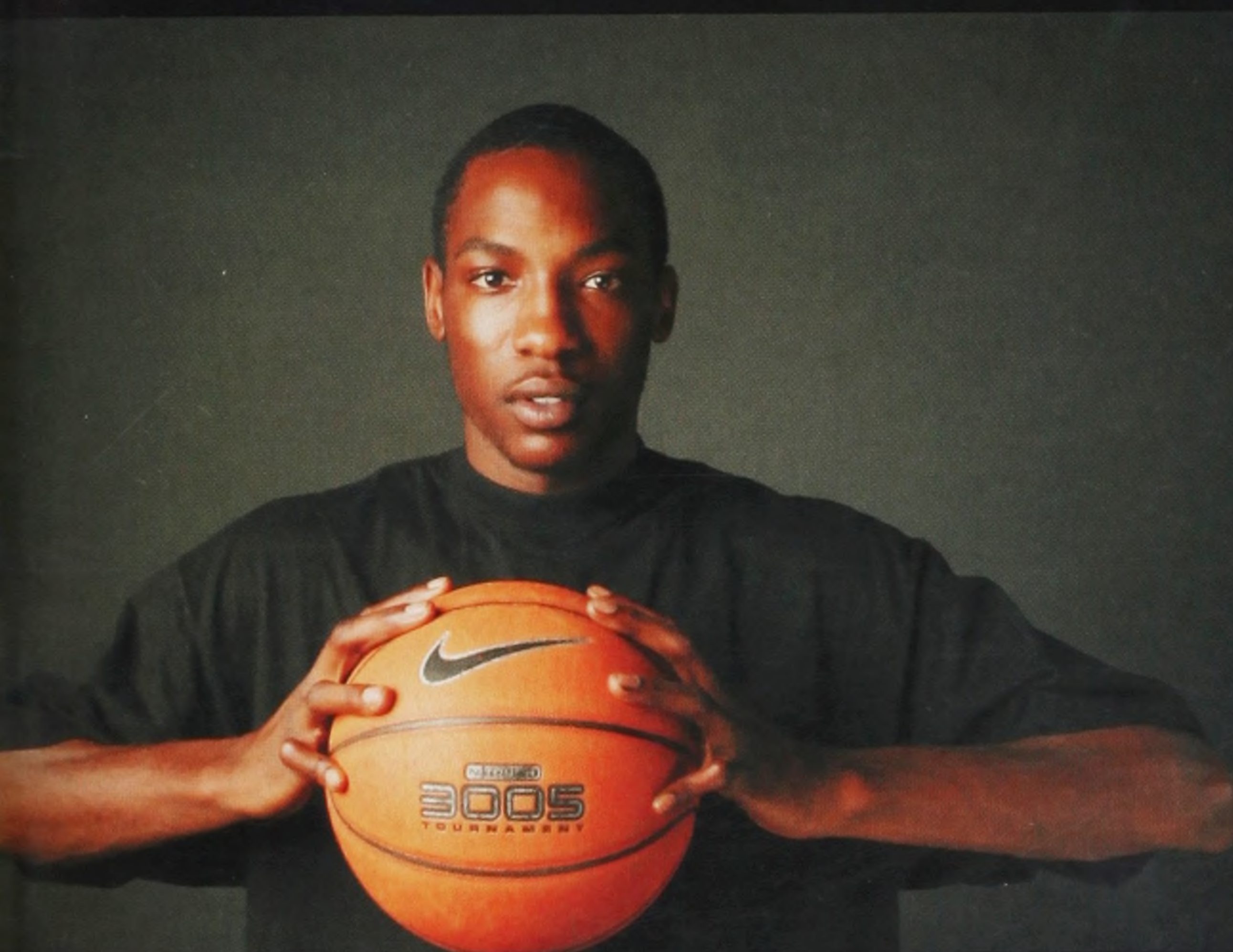


"Zo' Ann"
Marlene Sails

Student Art



"Leaves and Stuff"
Nick Bernier



"Perry"
Demarkus Davis

"Camelia Leaves"
Kathy Phouthirath



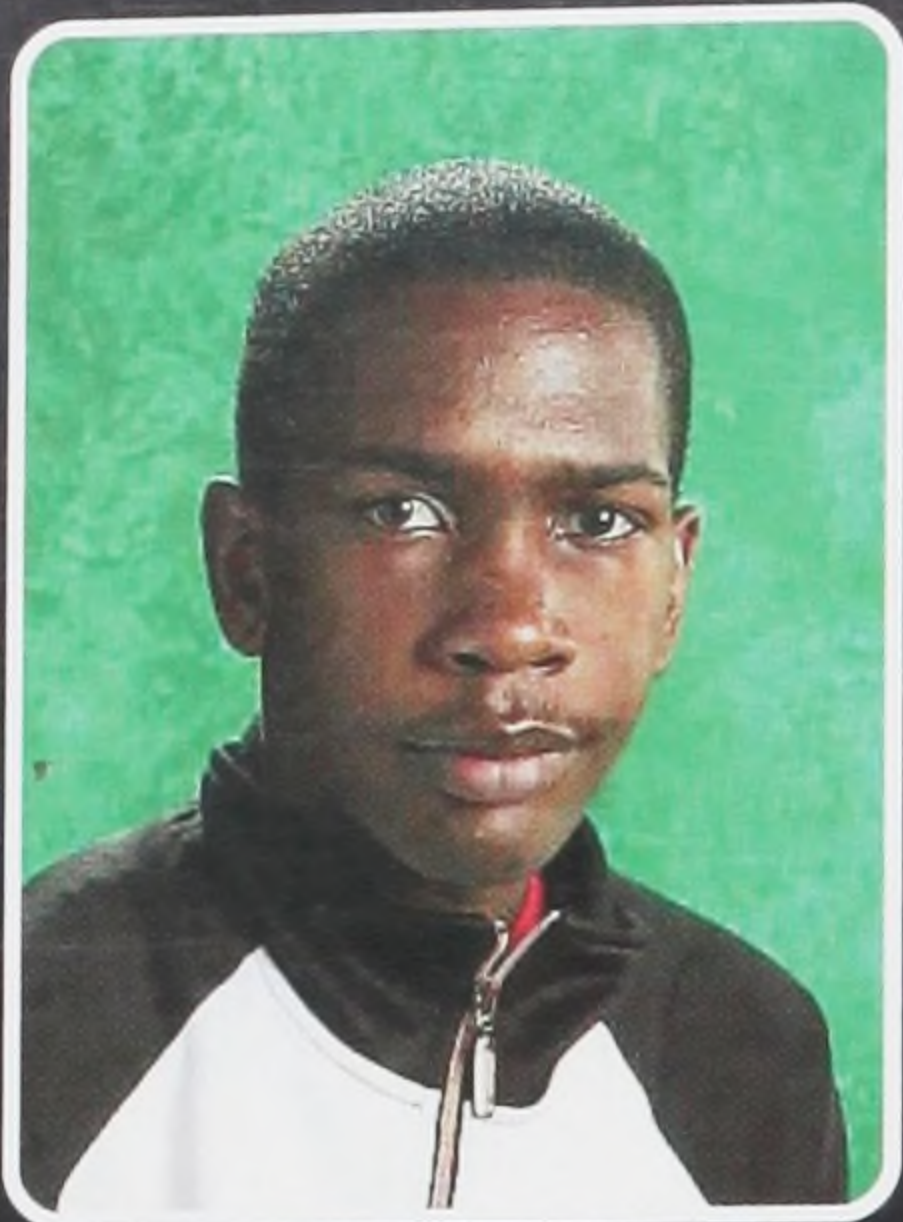


The Graduation



546

g Class of 2009



Joseph Adesida



Edwin Aguirre

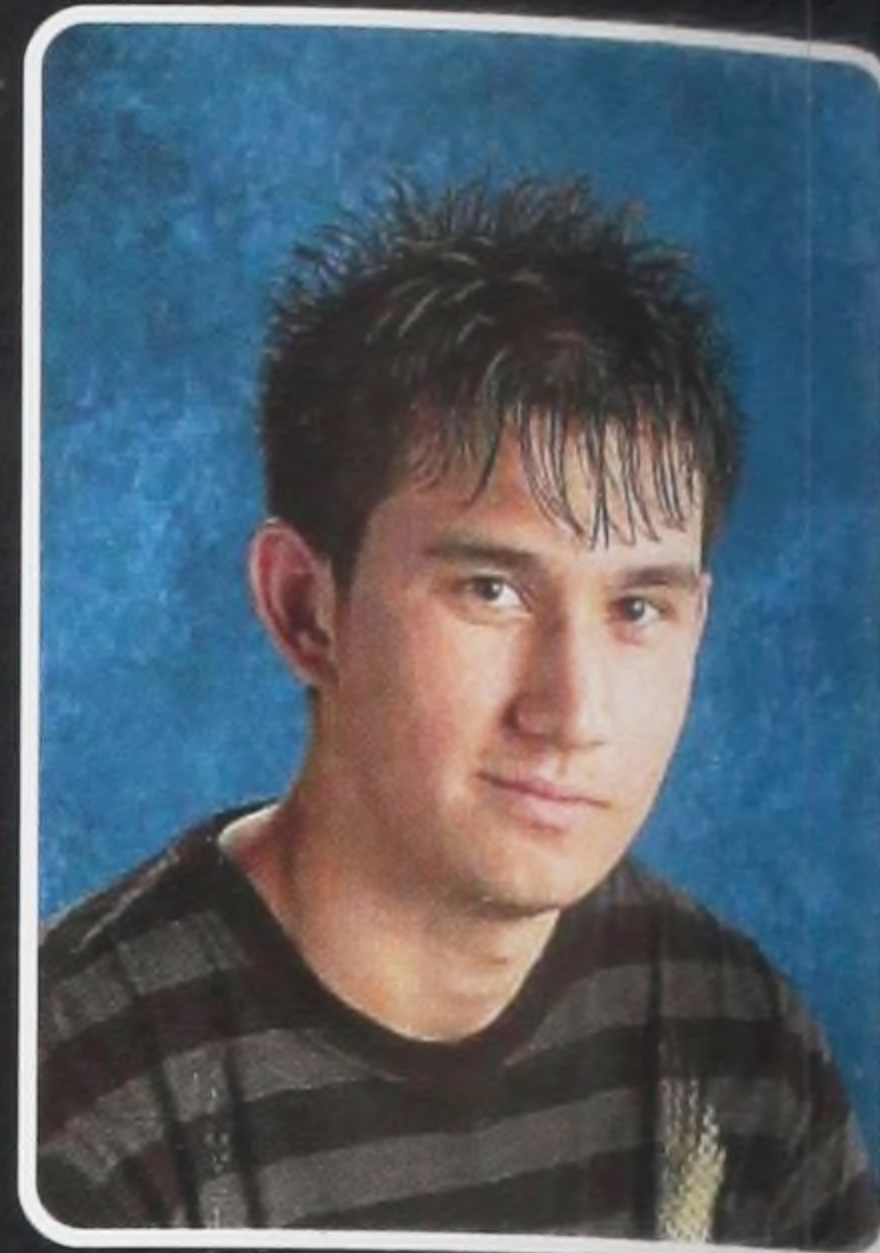


Fernando Alvez

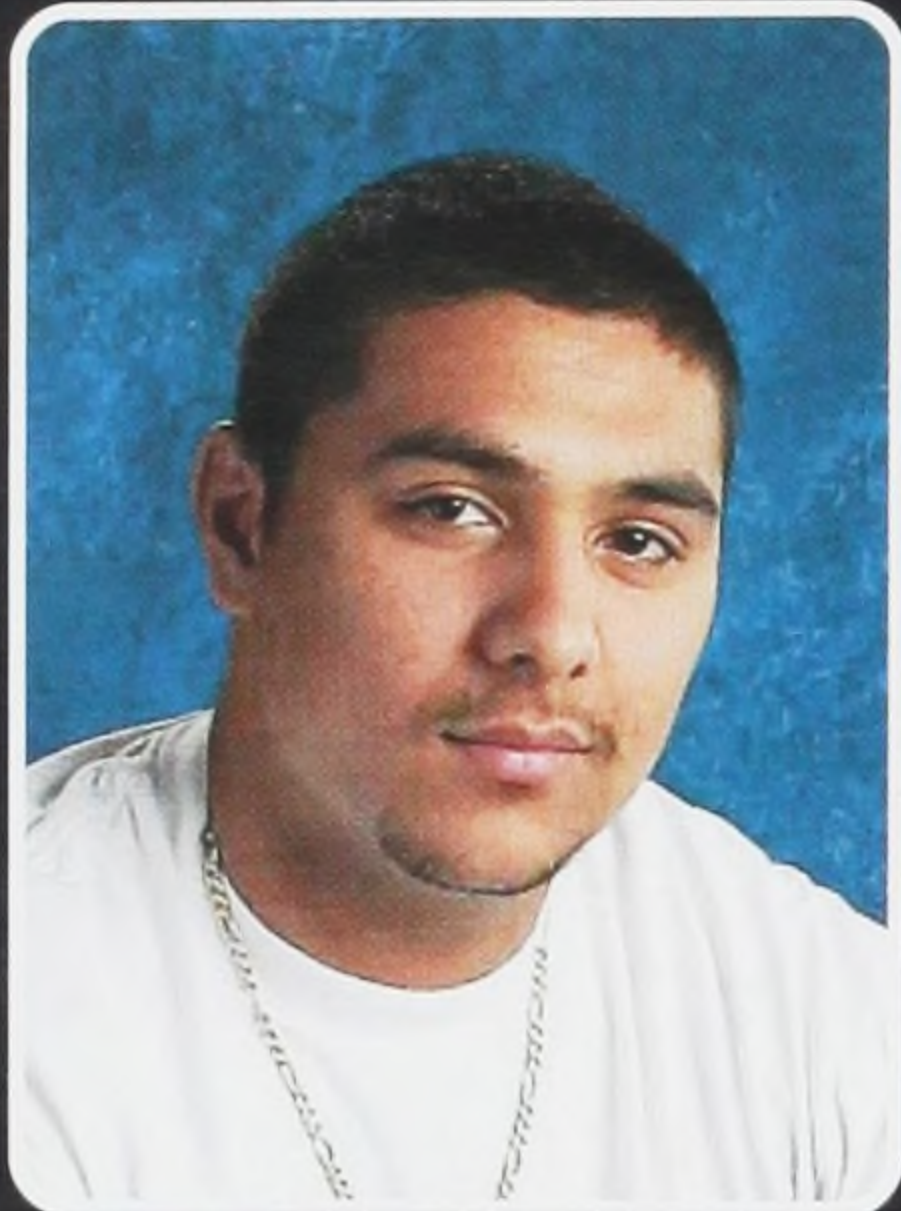


Joanna Aranda

"Life is about trusting our feelings and taking chances, losing and finding happiness, appreciating the memories and learning from our past..."
- Unknown



Jonathan Armstrong



Christopher Ayala



Patrice Bass

"On life's journey faith is nourishment, virtuous deeds are a shelter, wisdoms light by day and right mindfulness is the protection by night."
- Alfred P. Souza



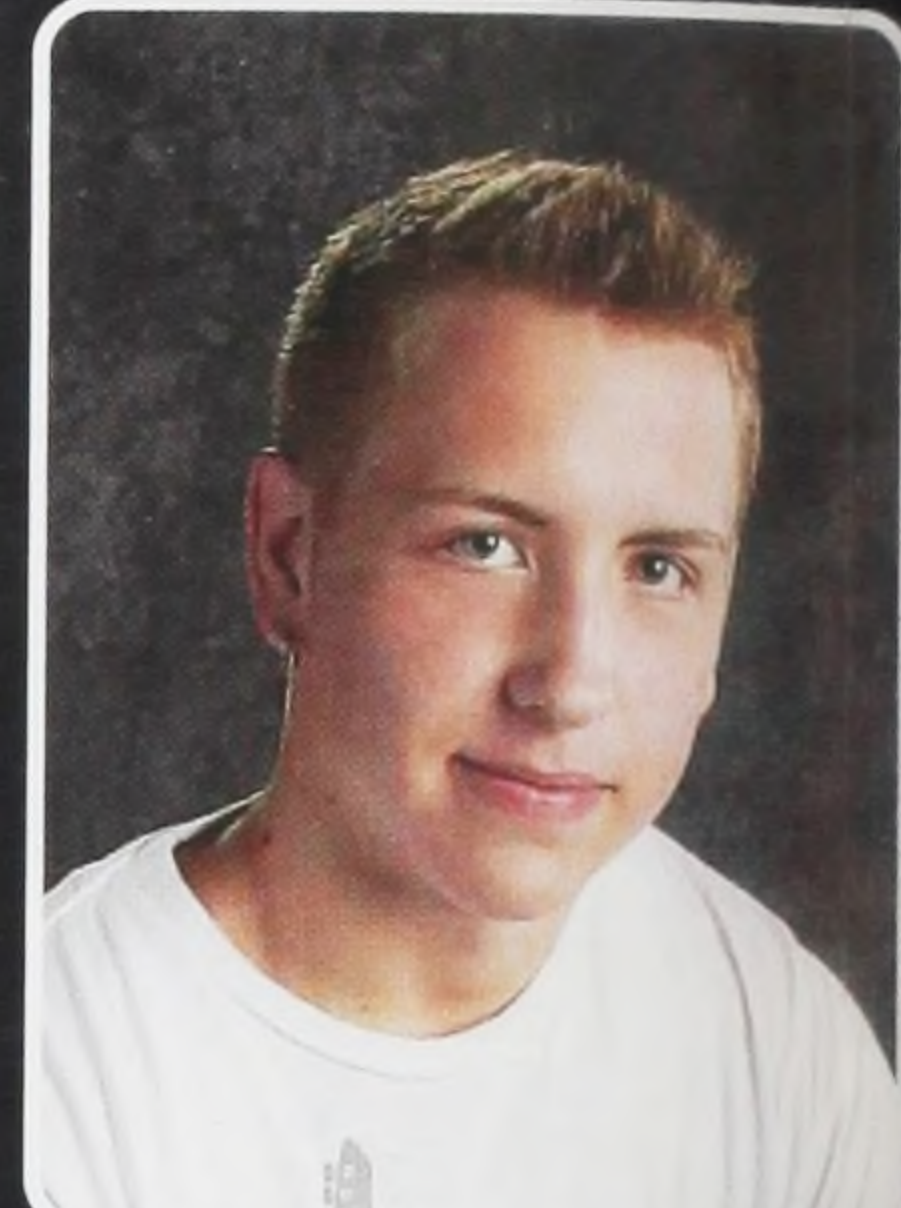
Abner Bastida De Jesus

"I can do anything through Christ who gives me strength"
- Phillipians 4:13



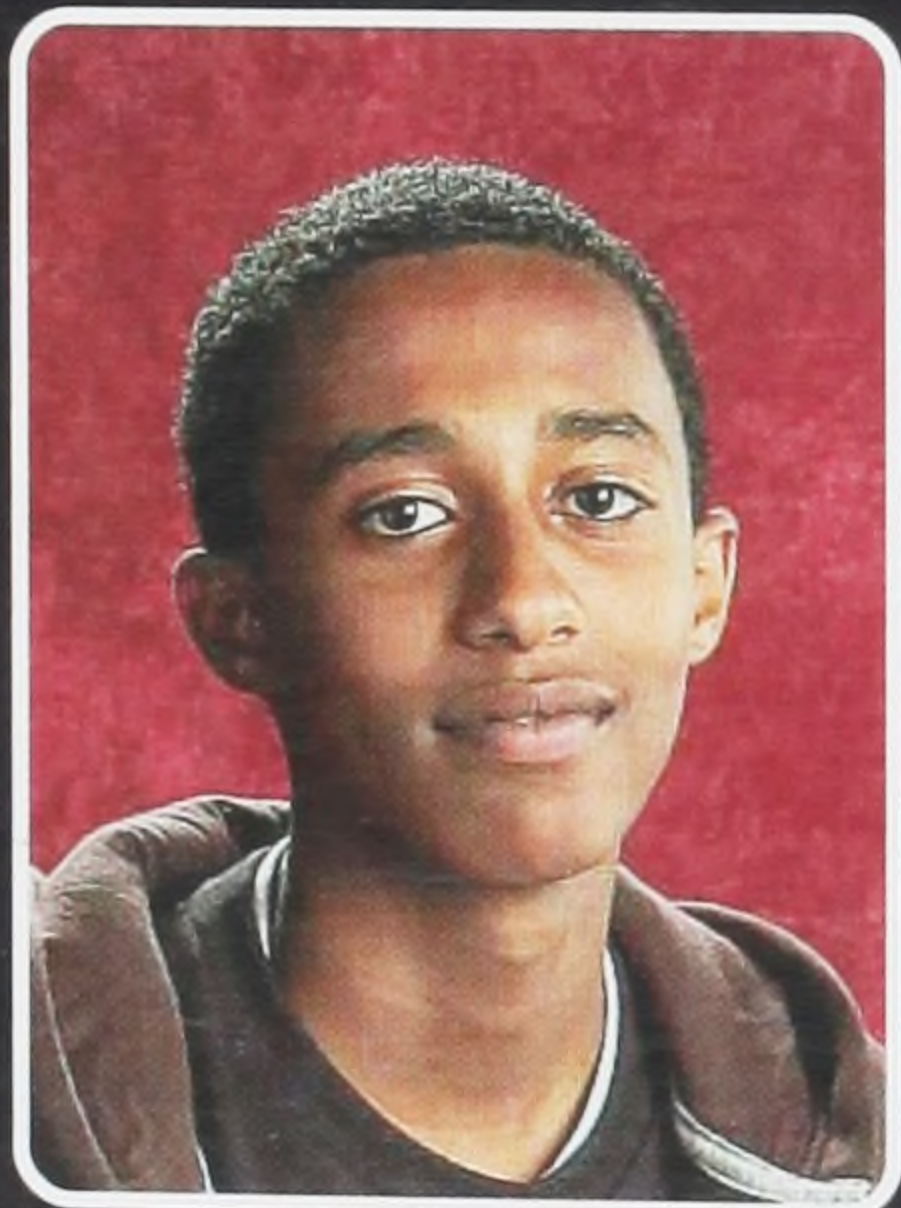
Ayak Beng

"I wake up each day torn between the desire to improve the world and the desire to enjoy it. It makes it hard to plan the day."
- E.B. White

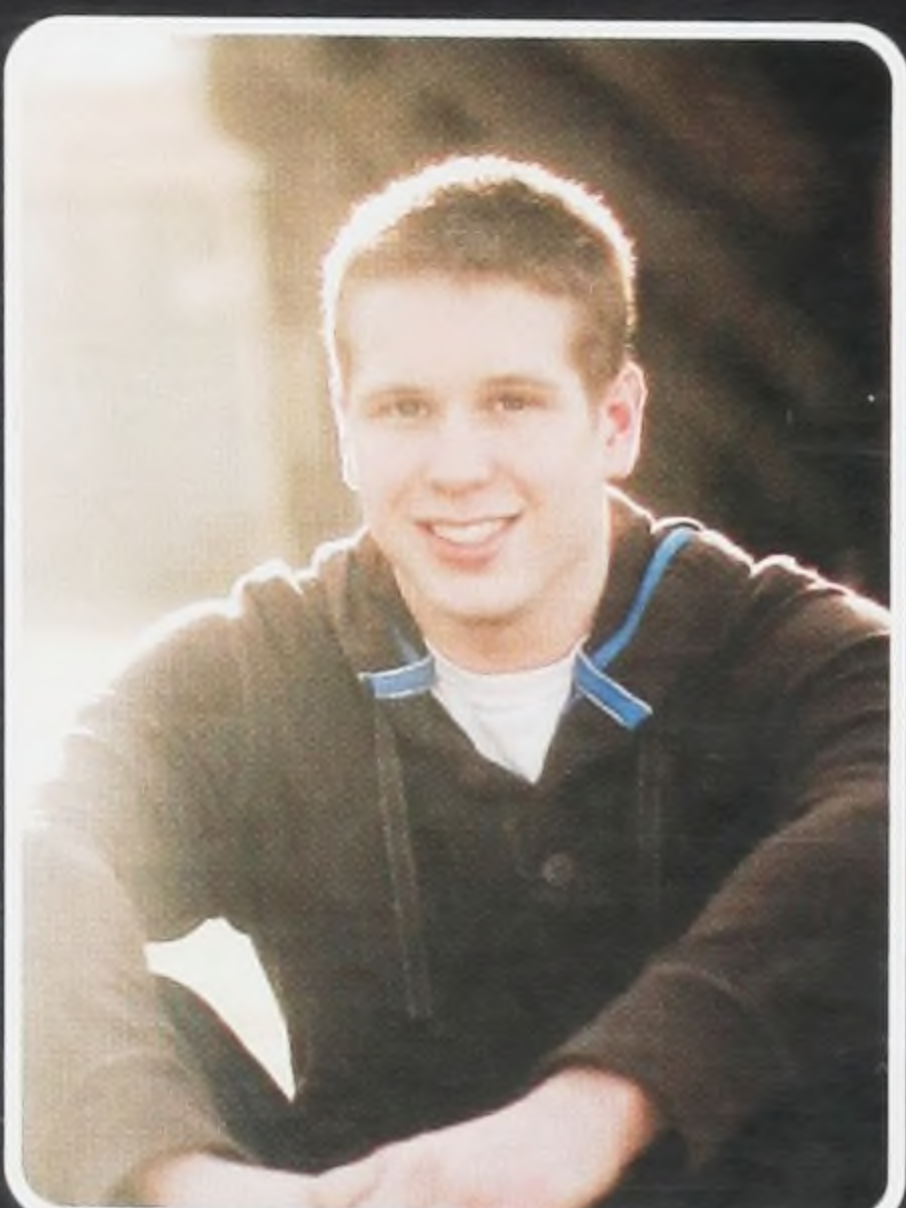


Philip Benson

"Believe what you know, not what you hear."
- Philip Benson



Samuel Bereket

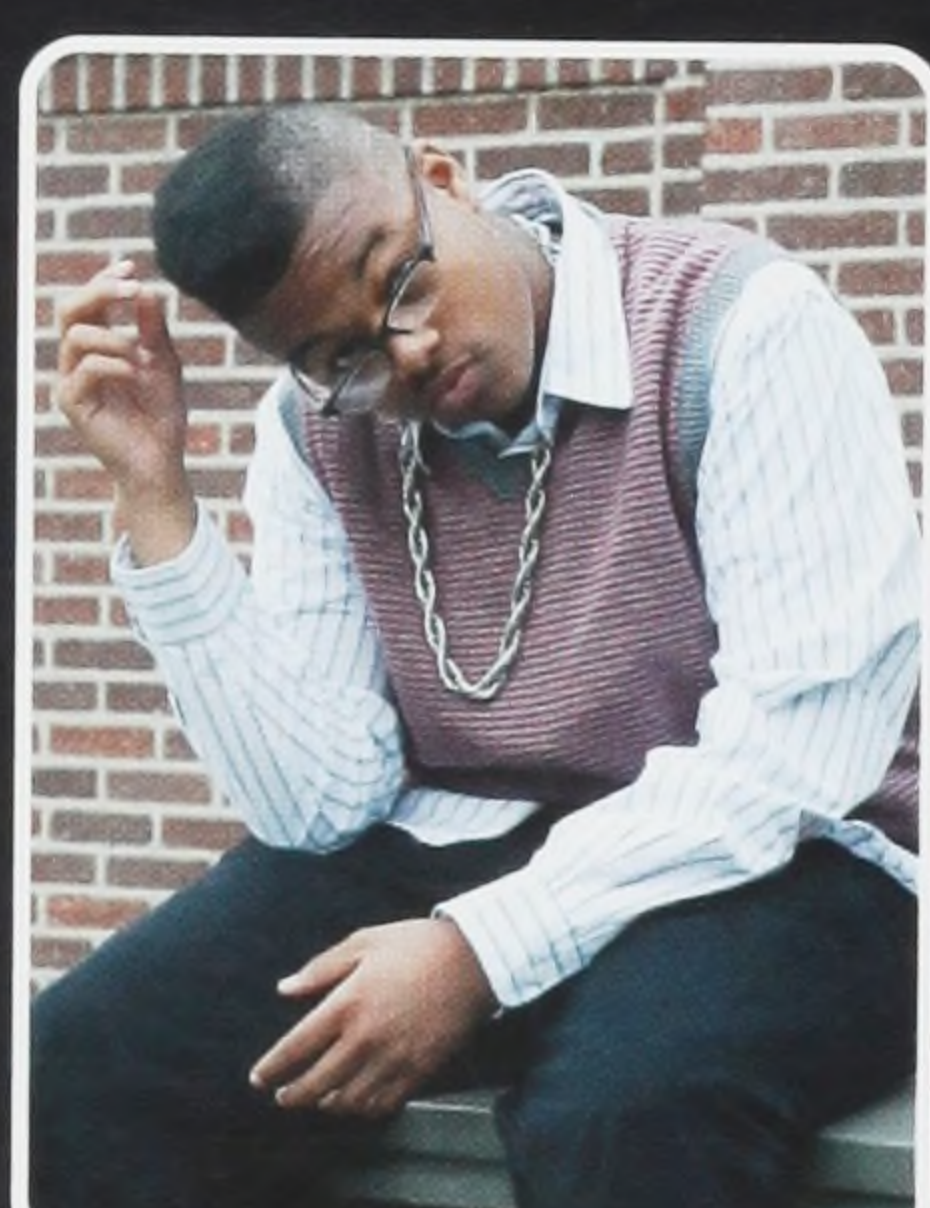


Nick Bernier



Santiago Bibiano

"I came, I saw, I conquered."
- Julius Ceasar



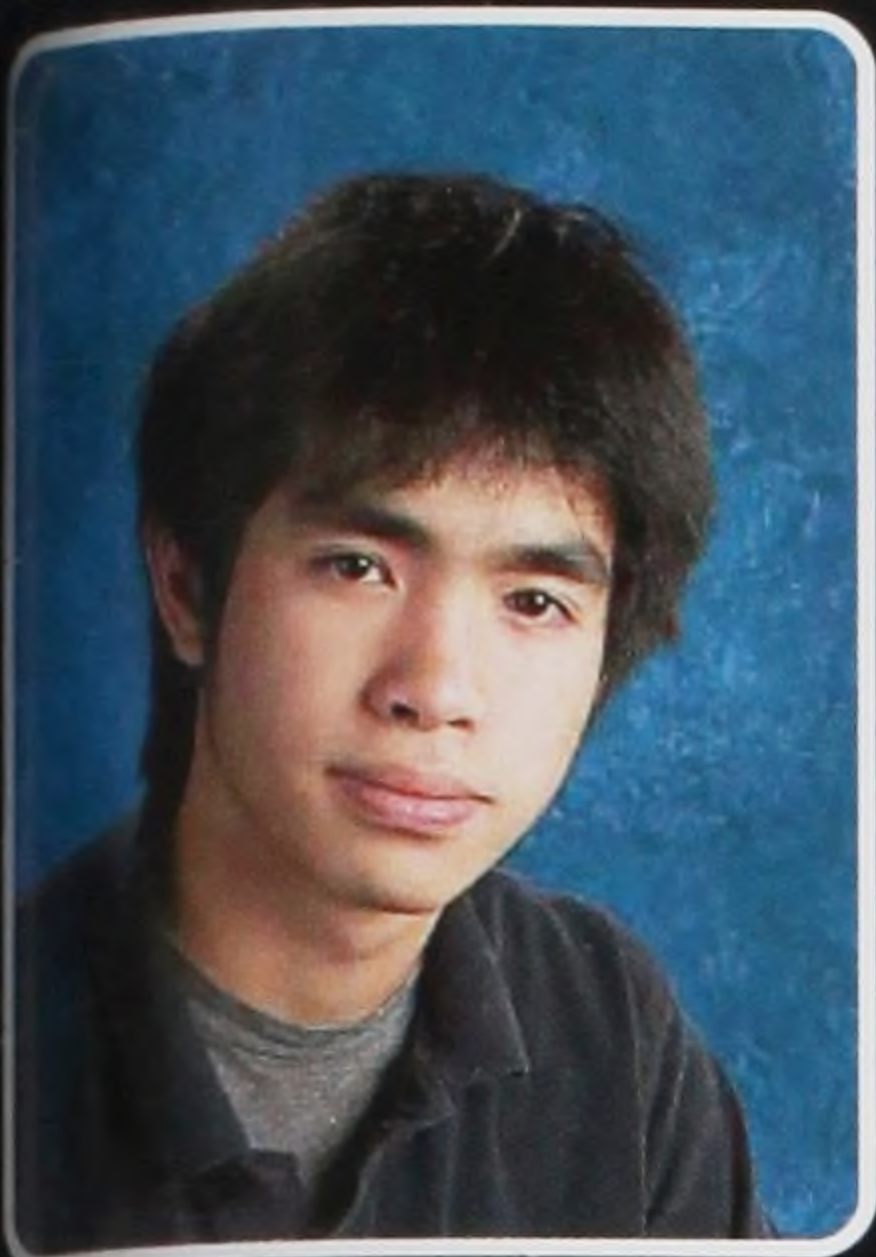
Anton Bogan

"Music is a weapon, you can use it to speak life or death. You choose."
- Tony Fresco



Kameron Boggan

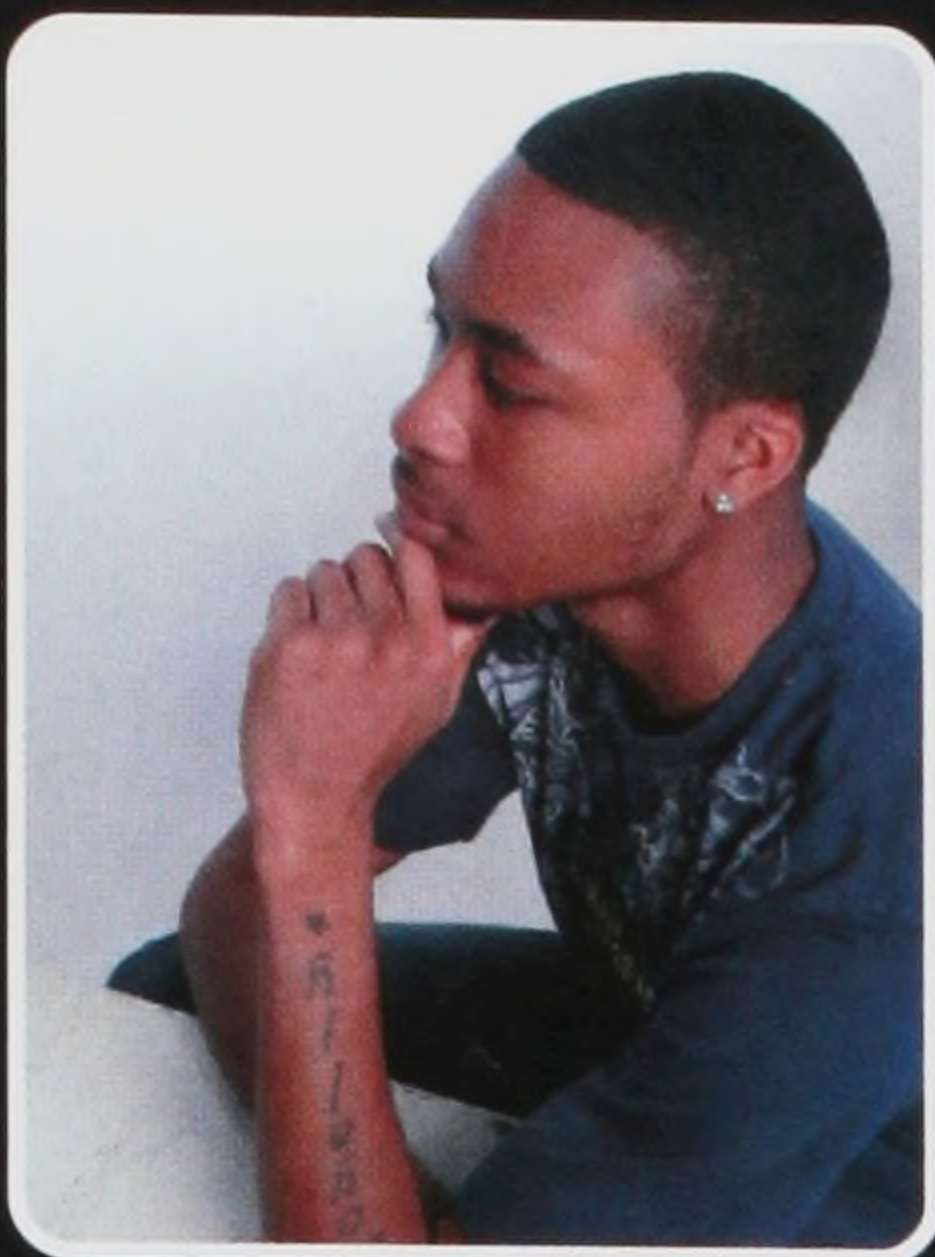
"Intelligence plus character is the true goal of education."
- Martin Luther King Jr.



Danudet Boonyakamol

"Victory needs no explanation, defeat allows none."

- Warhammer 40,000: Dawn of War



Leon Brewer

"Don't fear change, embrace it."

- Anthony J. D'Angelo



Lucas Brockway

"My boy."

- The King



Philip Burch



Breanna Burnside

"Life is a beautiful gift don't waste it."



Benjamin Bush



Shurita Calloway

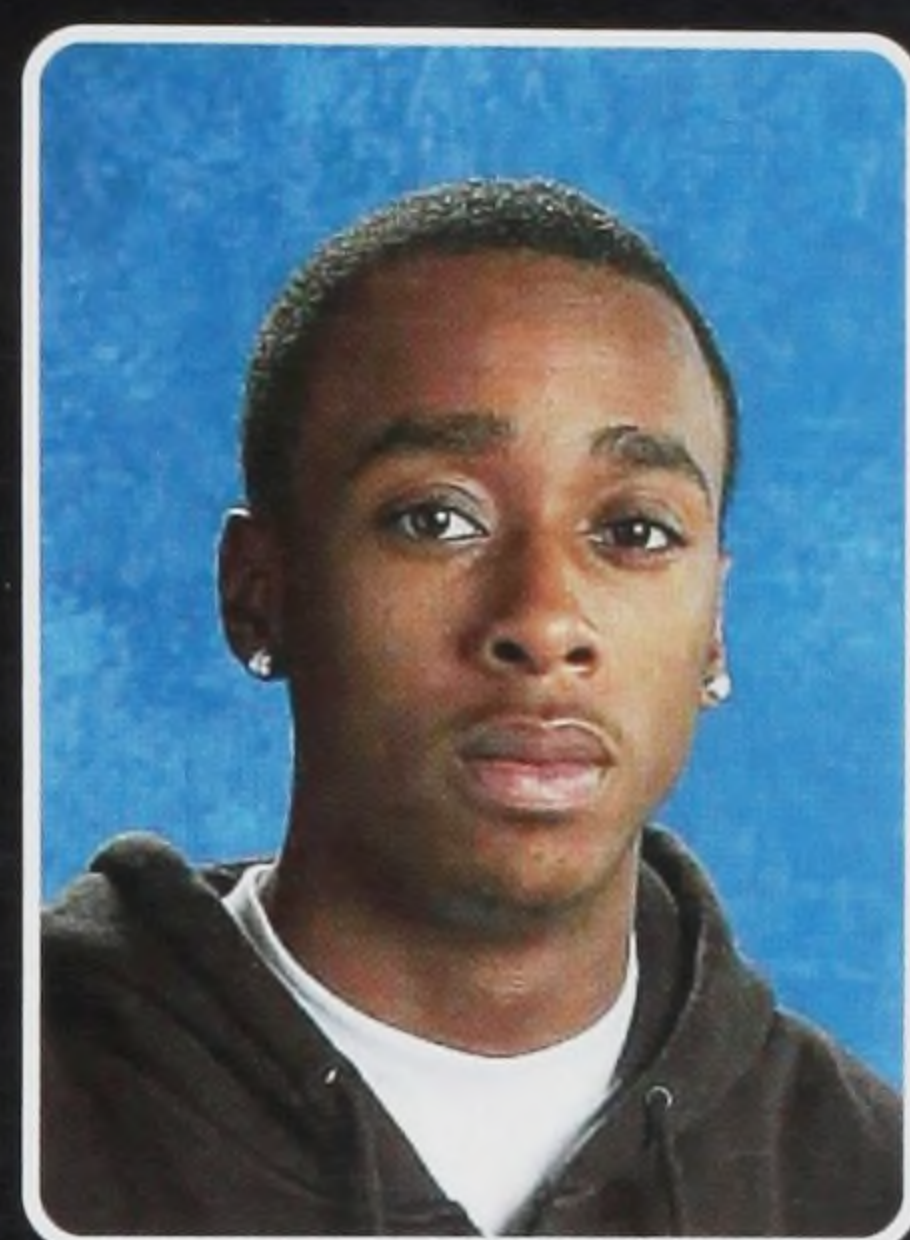


Thao Cao



Shawniece Carr

"Life is in? It's constant? State of moving somewhere. Knowing, unknowing, and taking a chance. Why not fly? Why not try? This constant game we play to stay high. But all is just a state of mind of moving somewhere."
- Unknown



Travayae Cason



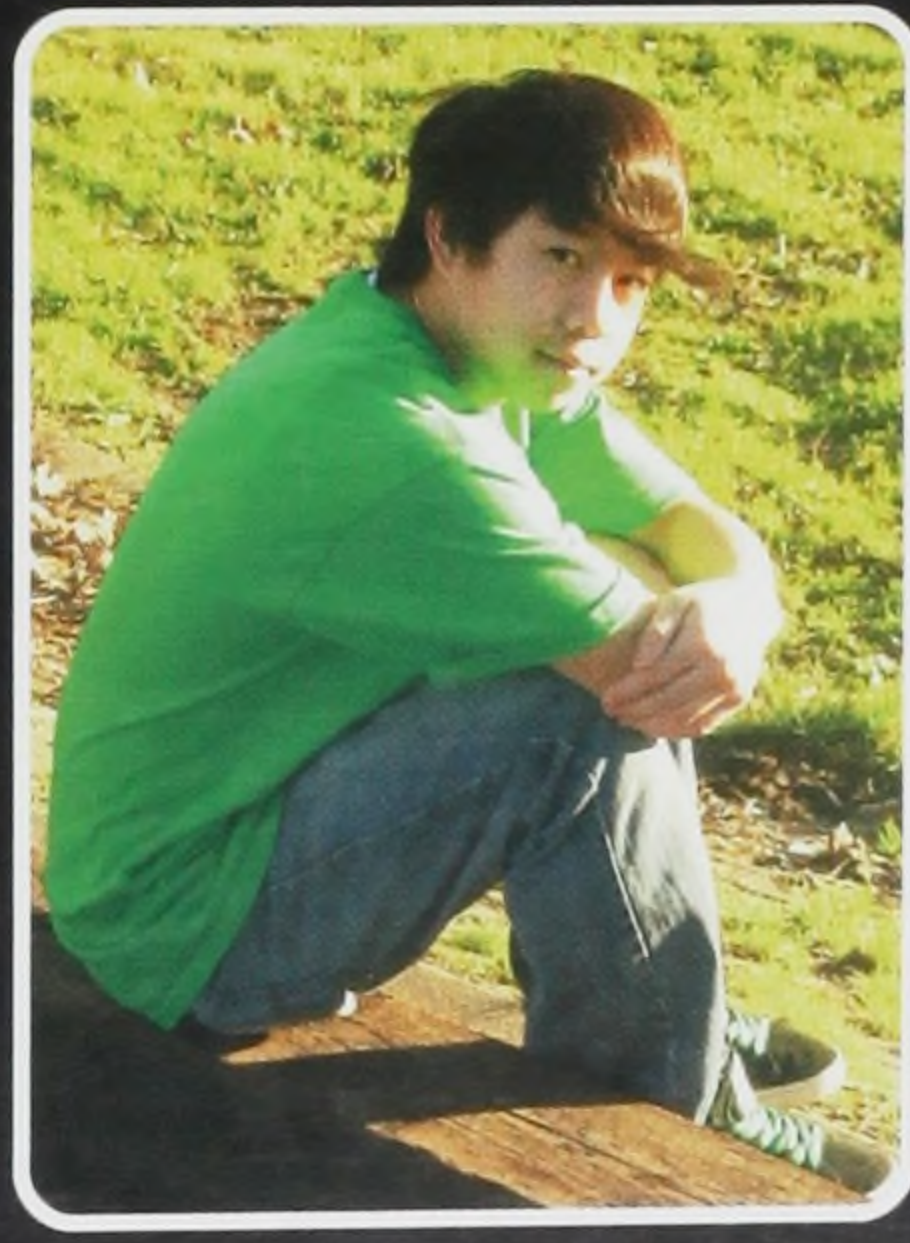
Veronica Castro



Imee Catabay



Lei-Anne Catabay



Bobby Cha



Maschell Cha

"To be strong is to understand weakness. To be weak is to have fears. To have fears is to have something precious to you. To have something precious to you is to be strong."
- Urrasawa Noaki



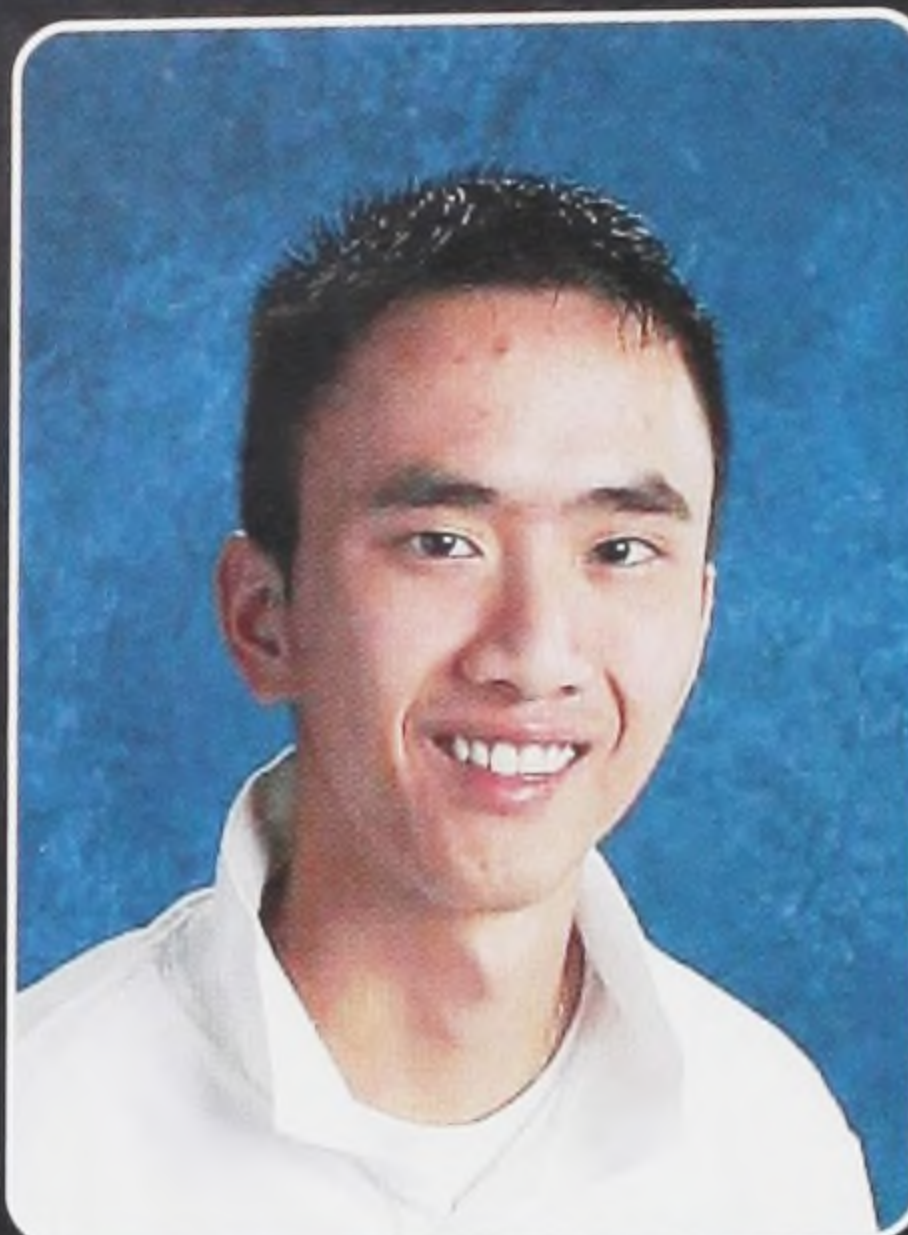
Richard Cha

"I cannot face death willingly until my goals become a reality."
- Richard Cha



Carmen Chan

"They may forget what you said, but they will never forget how you made them feel."
- Carl W. Buechner



Vinson Chan

"Hard work beats talent if talent fails to work hard."
- Unknown



Anna Chen

"One may smile, and smile, and be a villain."
- Shakespeare



Malcolm Cheng



Cynthia Chow

"Sheila! Come back to me! I made you a muffin!"
- Pvt. Michael J. Caboose



Nathan Cote

"Are you gonna eat that?"
- Nate Cote



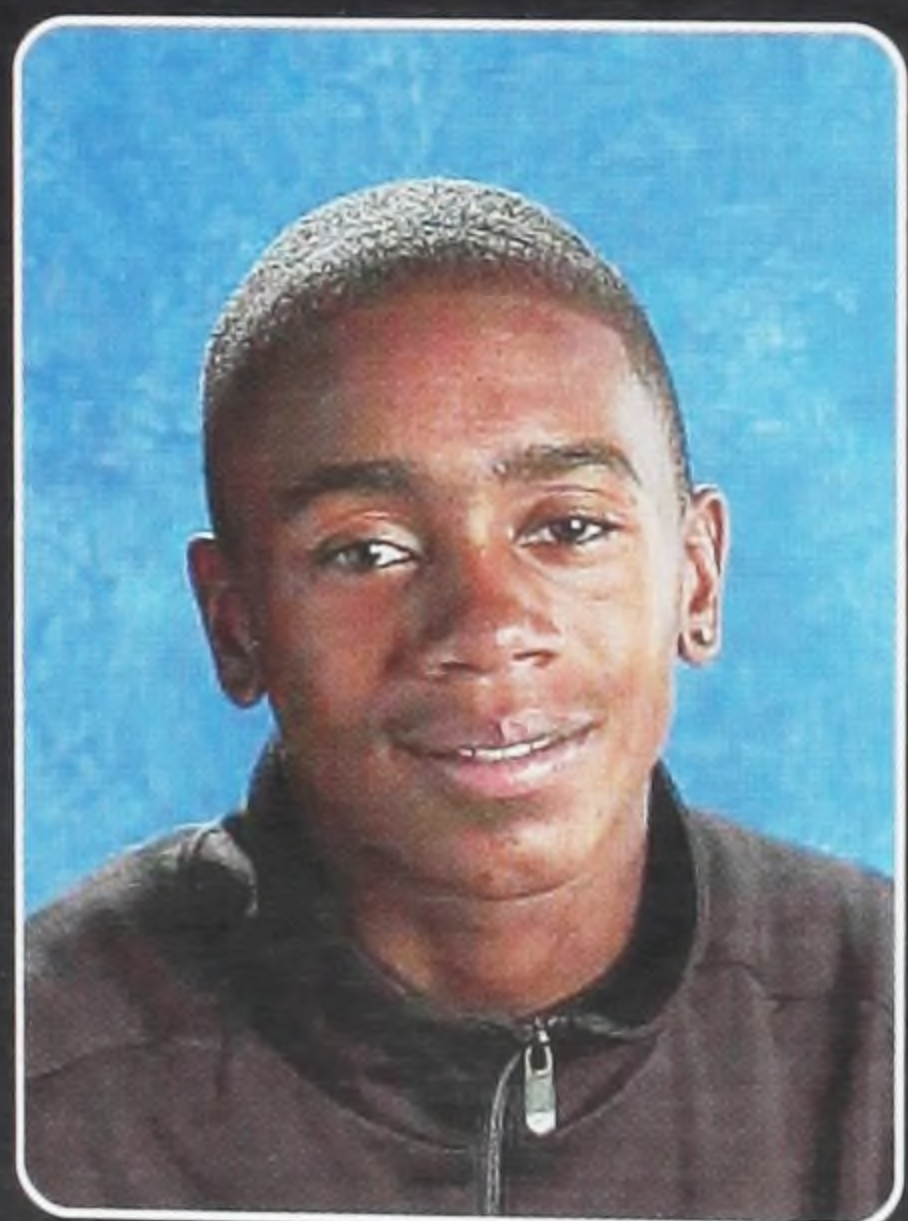
Sean Cronk



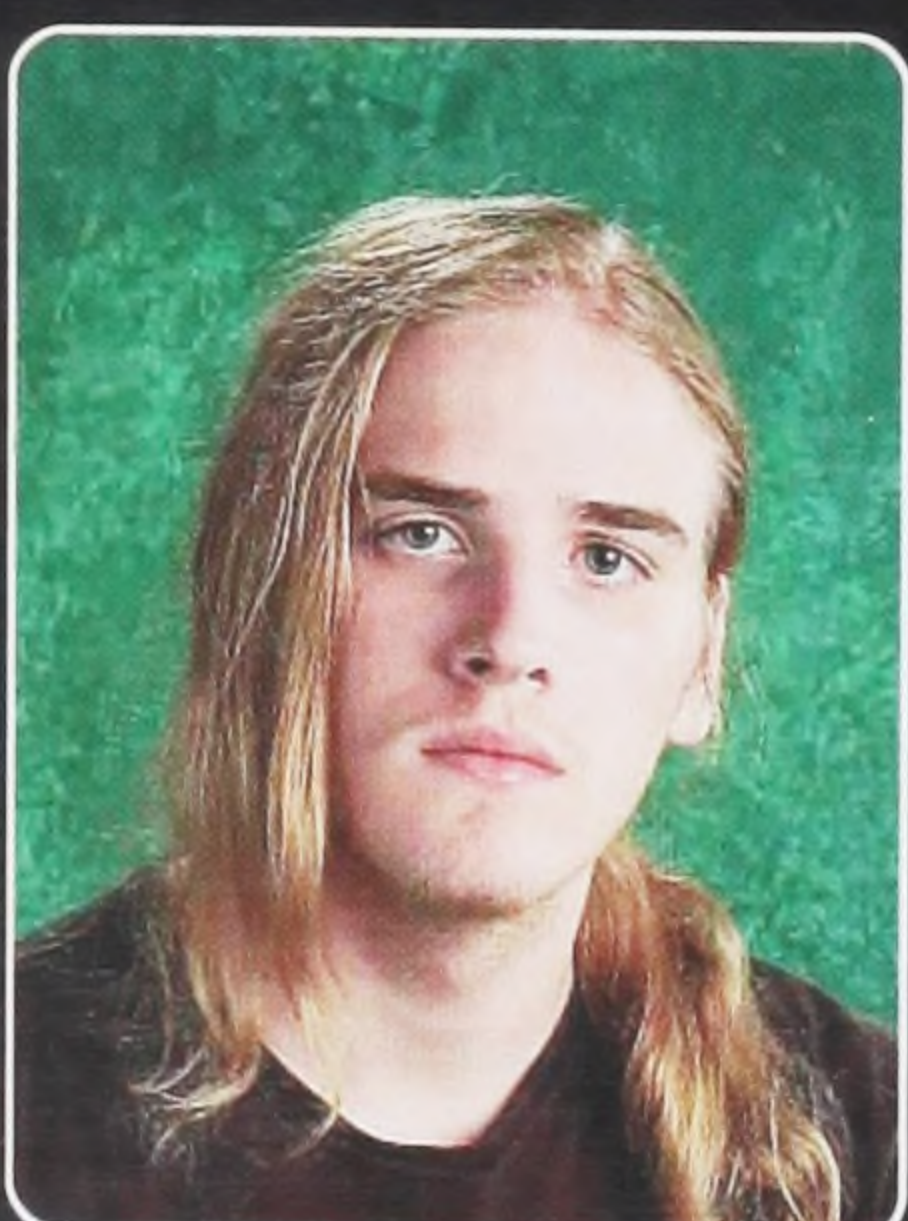
Jorge Cruz



Ashley Curry



Demarkus Davis



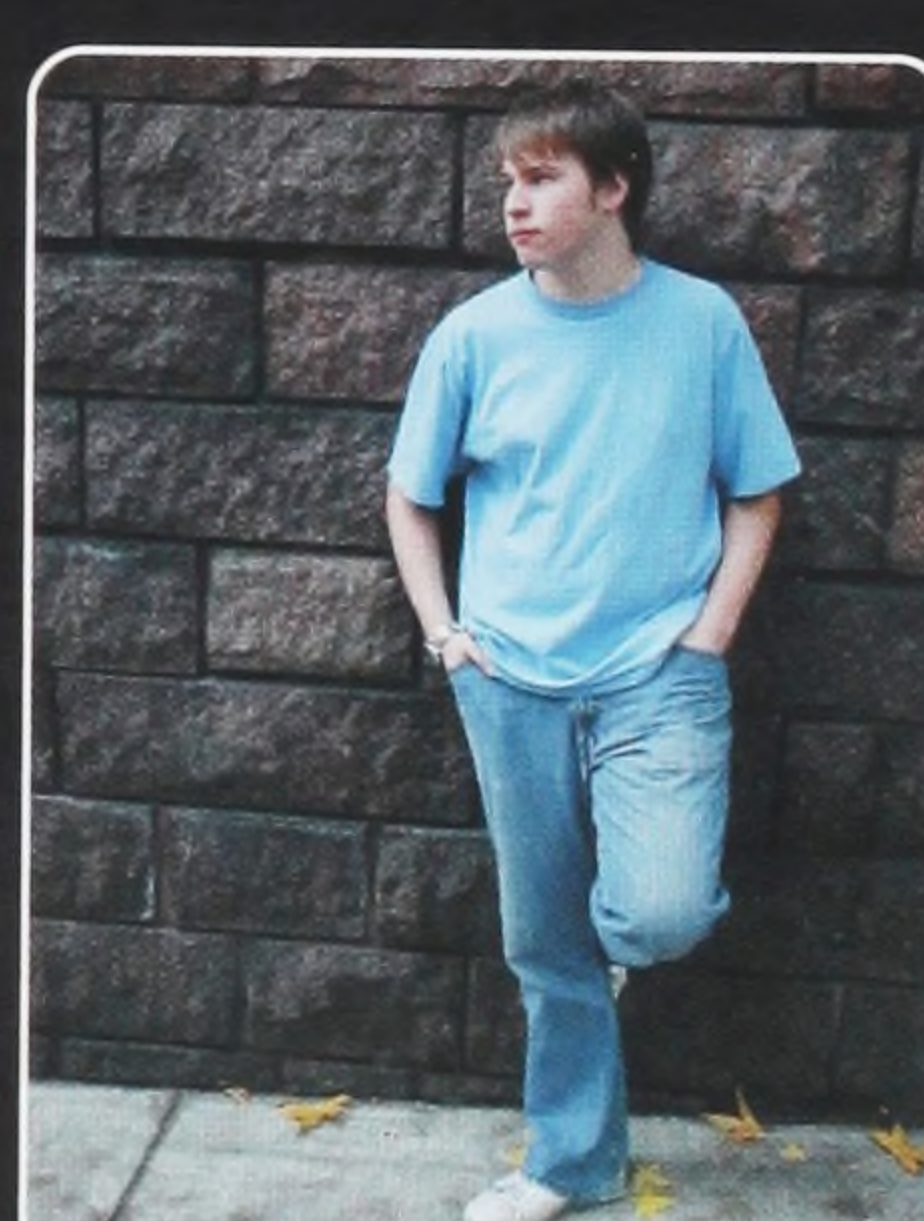
Nolan Dedrickson

"It isn't that there's a 'fine line between genius and insanity.' Genius is the line between sanity and insanity."



Katie Deem

"To live is so startling it leaves little time for anything else."
- Emily Dickenson



Jetten Delmoral

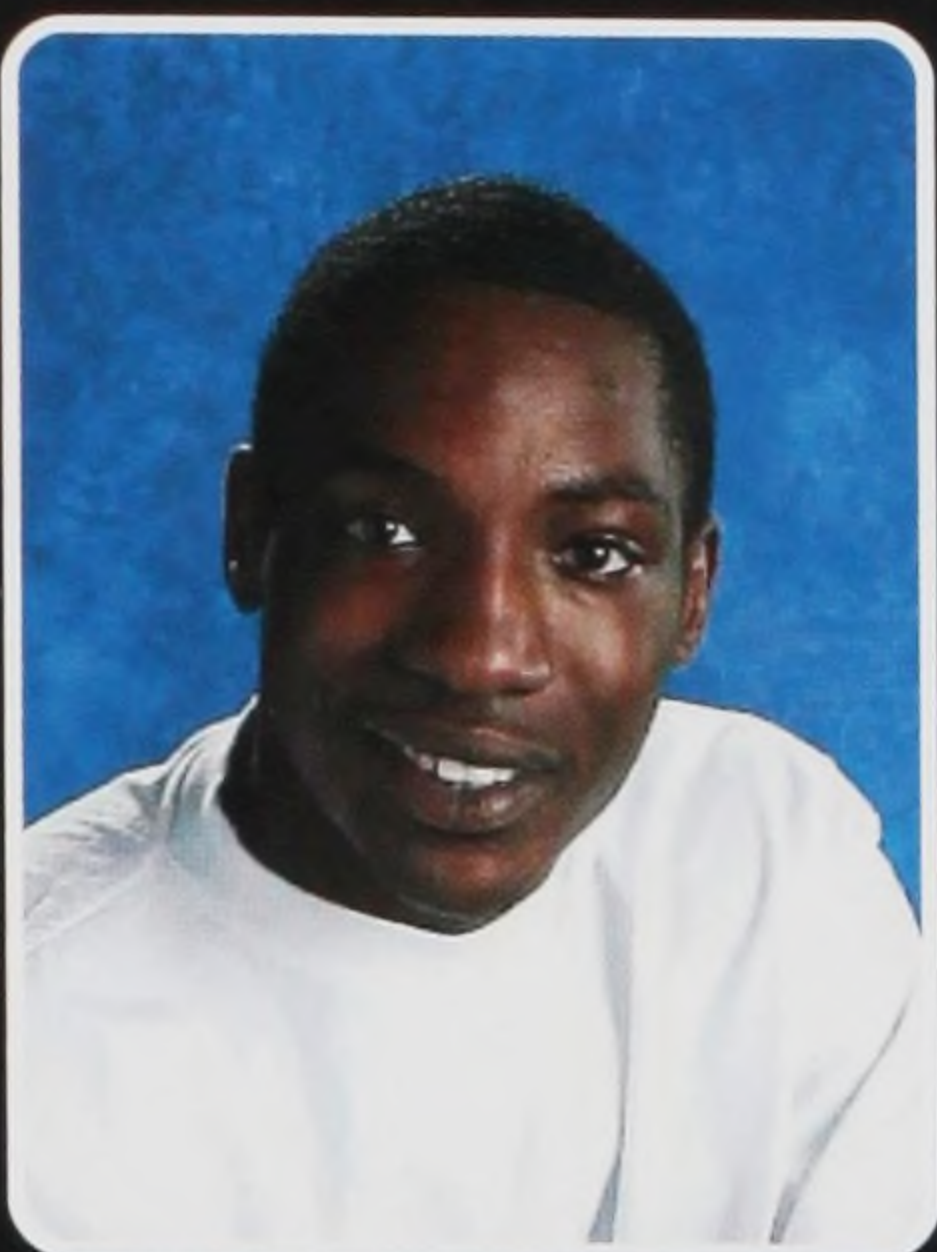
"Doesn't know where come."
- Self



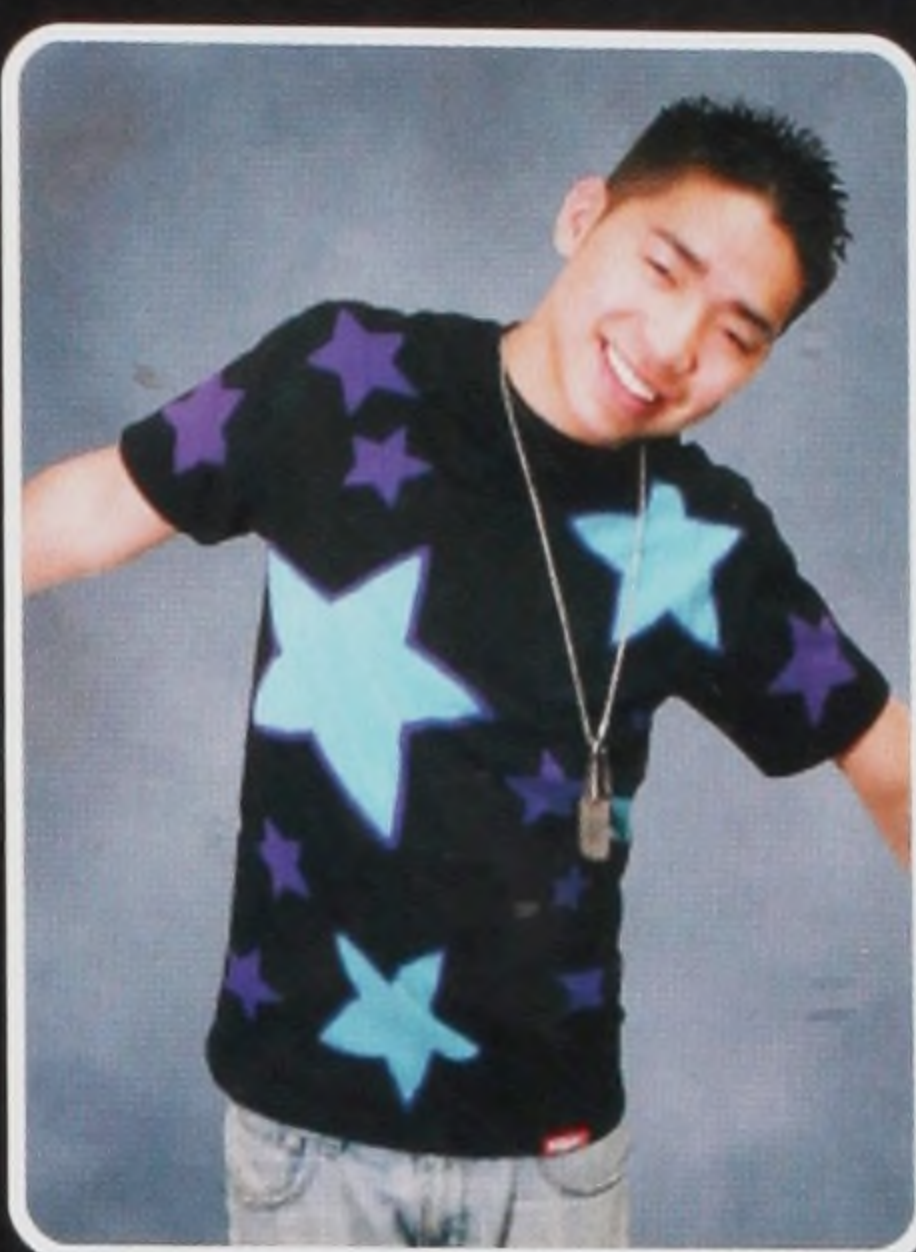
Bezawit Demise



Diana Dinh



Perry Dinyain



Thien Do

"Death does not scare me,
the only thing I am afraid
of is failure."
- Richard Cha



Clemencia Domingo

"I asked God for wisdom and
strength, he sent me on a
path of trial and tribulation.
For wisdom and strength is
achieved through mistakes
and hardships with the
determination to find a
solution"
- Ismael Domingo



Daniel Donlon



Nakecia Dougherty

"Nankurunaisa: Everything
is going to be alright."
- Okinawan Saying



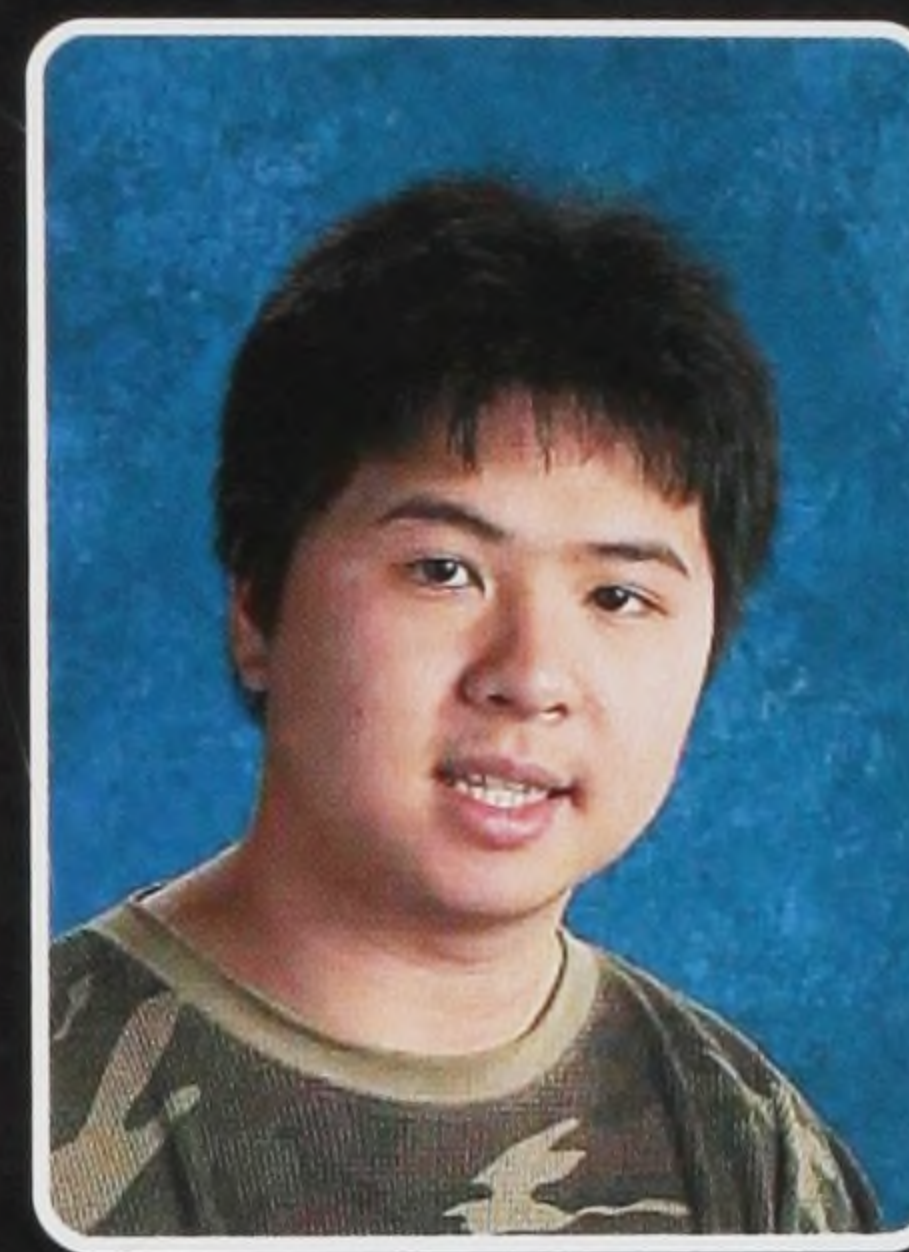
Katie Dunn

"Love prospers when a
fault is forgiven, but
dwelling on it separates
close friends."
- Proverbs 17:9



Agnes Duong

" Dude...where's Bailey? "



Huy Duong



My-Van Duong

"We can do no great
things, only small things
with great love."
- Mother Teresa



Liezl Dygart

"Use what talent you
possess; the woods would
be very silent if no birds
sang except those that
sang best."
- Henry Van Dyke



Nkolika Egbukichi

"The ink of a scholar is
worth a thousand times
more than the blood of a
martyr."
- Lupe Fiasco



Cynthia Feng



A'Leesia Ferguson

"You can't separate
peace from freedom
because no one can be
at peace unless he has his
freedom."
- Malcom X



Diamond Ferguson



Cory Fratto

"Be good or be good at it."
- Turbo



Ronald Fritzler



Lidia Garcia



Stephen Gibson

"SI VIS PACEM PARA
BELLUM: If you want
peace prepare for war."
- Publius Flavius



Tia Gibson



Shane Gil

"There is absolutely
nothing wrong with
coming in second place in
a race. All that matters is
making it across the finish
line."
- Shane J. Gill



Susan Gong

"Unfulfilled dreams are
unfulfilled dreams, shattered
hopes are shattered hopes,
regrets are regrets. Don't let
that stop you from achieving
your ultimate goal."
- Anonymous



Juliana Gonzalez

"You must be the change
you wish to see in the
world."
- Mahatma Ghandi



Logan Good

"God, grant me the serenity to
accept the things I can't
change, courage to change
the things I can change and
the wisdom to know the
difference."
- Unknown



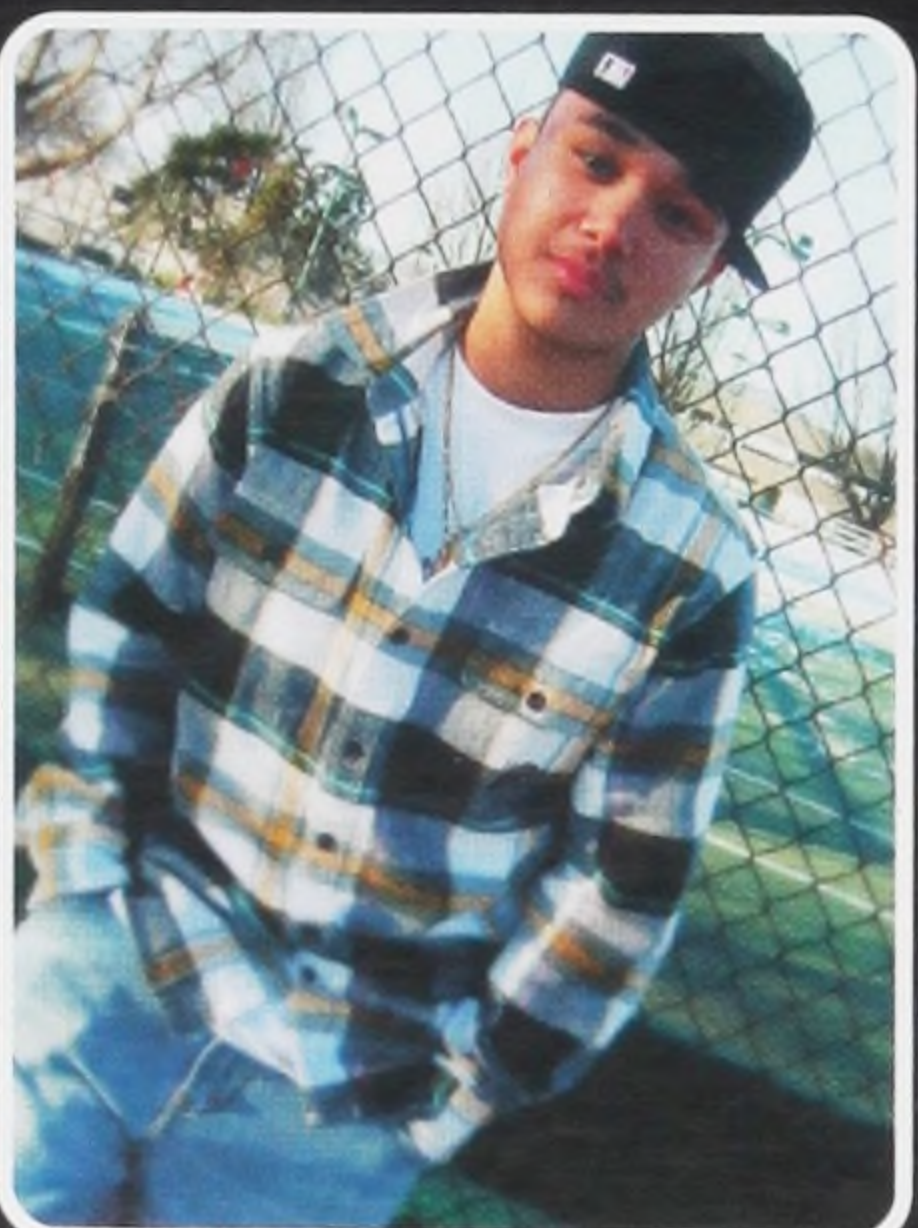
Shakhara Green

"If a human has nothing to die
for, then they aren't fit to live."
-MLK JR.



Christy Groda

"Be loved but never love;
Attach but never combine;
Trip but never fall;
To be broken is better than
shattered;
Speak of your strength but
never of your past;
Be trustworthy but never trust;
Be cracked but never open."



Kelly Gutierrez

"Pain is temporary.
Quitting lasts forever."
- Lance Armstrong



Ian Hankins

"Doubt is a sign of
weakness."
- Warhammer 4000



Jamesria Harris

"Love is pain, pain is like
rain, It hits you
unexpectedly,
protect yourself...
always carry an umbrella."



Mary Hartley

"The depth of your
struggles determines the
height of your success."



Joshua Harvey



Kyle Hatfield



Ana Hernandez

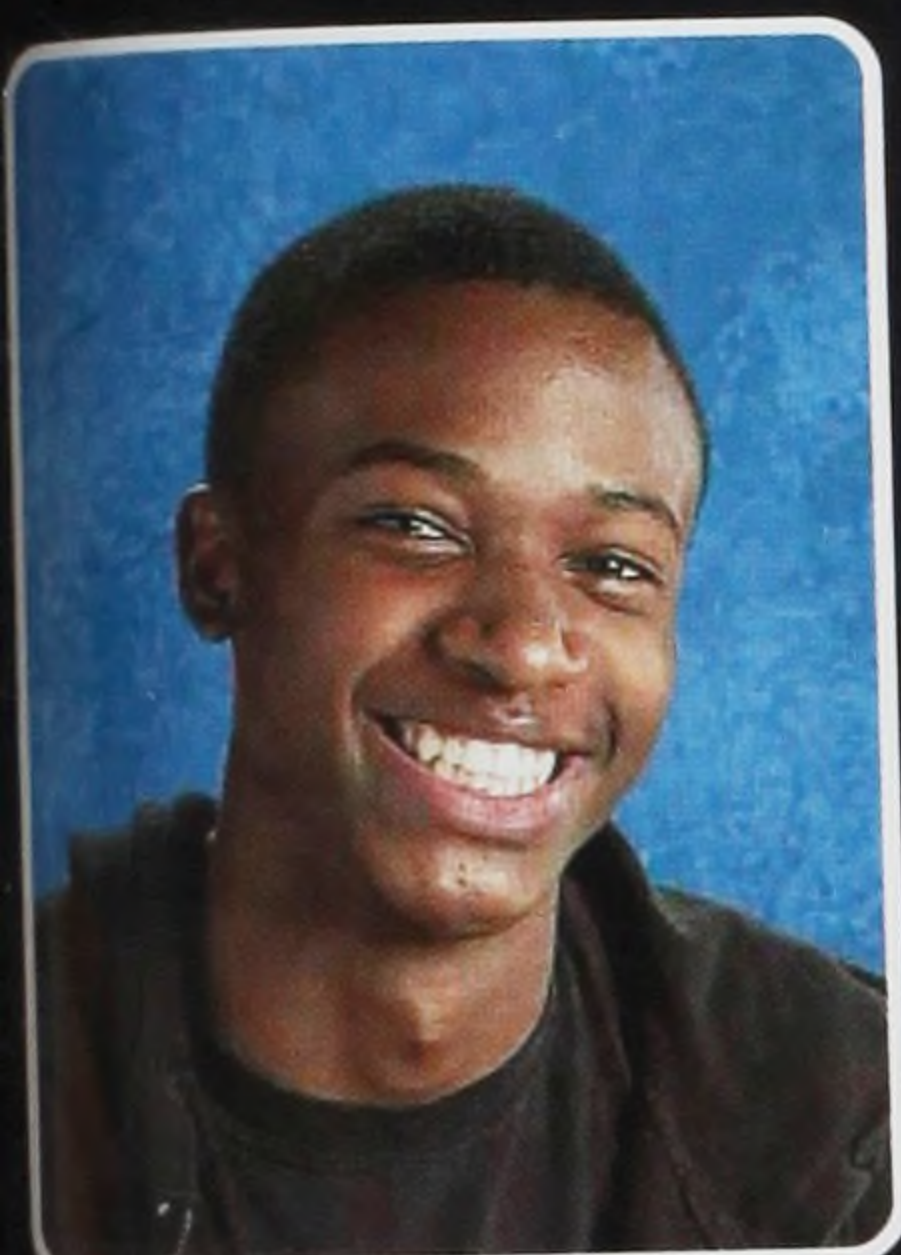
"No matter how far the spirit goes, it will never go further than the heart."
- Confucious



Perla Hernandez



Diana Herrera-Perez



Josh Hickman

"How it ends, is never how it truly ends. The seen, is seen by the unseen. Greatness is not easy to come by, it's road is strenuous. Only through god will one be Invictus."
- Myself



Casey Horn

"To do is to be."
- Nietzsche

"To be is to do."
- Kant

"Do be do be do."
- Sinatra



David Hotchkiss

"Cool beans!"



Kristine Houck



Alexis Jackson

"The ultimate measure of a man is not where he stands in moments of comfort and convenience, but where he stands at times of challenge and controversy."
- Martin Luther King Jr.



Tore James

"There is nothing like returning to a place that remains unchanged to find the ways in which you yourself have altered."
- Nelson Mandela



Brittany Johnson



Dale Johnson

"AH BOB SAGET!!!"
- Tourettes Guy



David Johnson

"Truth is the safest lie."
- Proverb

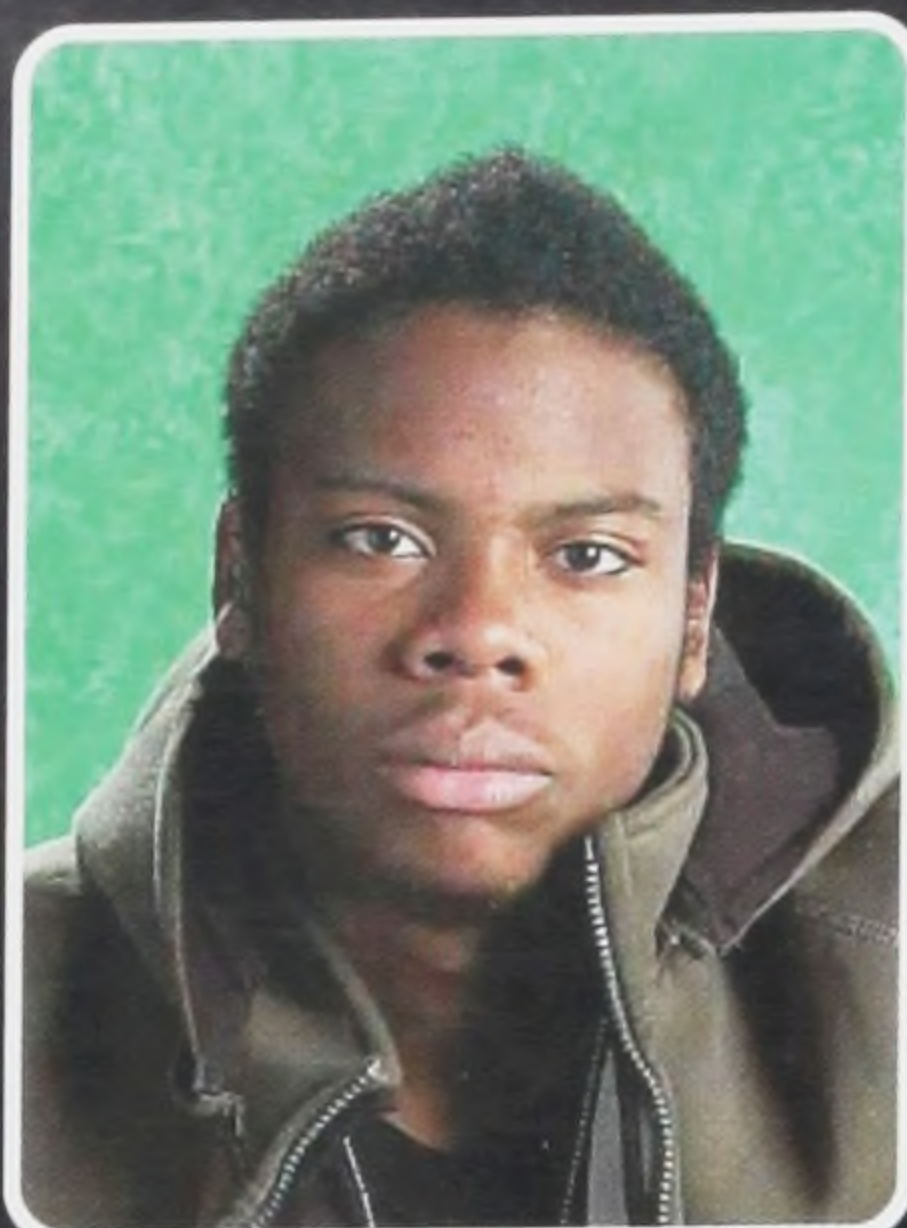


Milan Justel

"(People) will judge you on what you can build, not what you can destroy."
- Barack Obama



Nicholas Karrol



Anthony Kendrix



Kristopher Kenison



Jayme Kent

"Logic will get you from A to B. Imagination will take you everywhere."
- Albert Einstein



Angel Ketchum

"This is see you later, I'm not into goodbyes."
- Every Avenue



Darrell Keyes

"I have learned that success is to be measured not so much by the position that one has reached in life as by the obstacles which he has had to overcome while trying to succeed."



Jonathan Kim



Kassandra Konikow



Jacob Kurtz

"Against the assault of laughter, nothing can stand."
- Mark Twain



Germarcas Lambert



Aaron Larsen

"They say money don't make the man, but damn I'm making money."
- Tupac



Johnny Lawson



Lisa Le



Quynh Le

"Friendship is unnecessary, like philosophy, like art...It has no survival value; rather it is one of those things that give value to survival."
- C.S. Lewis



Sarah Leong

"Live for yourself and not for others because you will have your own personal divinity."



Michelle Li



Benjamin Lindsay



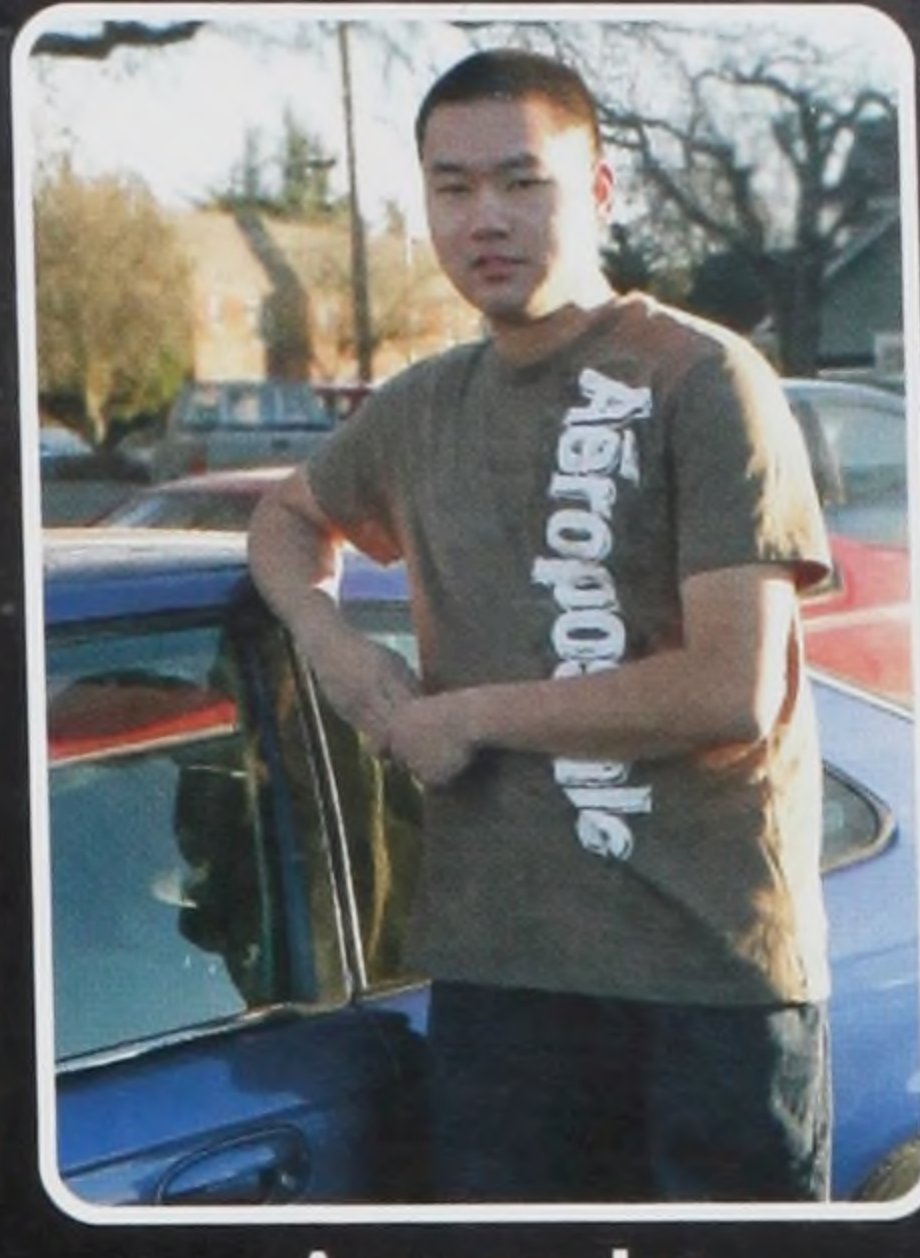
Cedaejia Love

"If you don't stand for something you'll fall for anything."
- O.G. Granny



Daniel Lurvey

"Doesn't it come in slim-fit?"



Aaron Ly



Noel Maalouf

"I want to take your misery, replace it with happiness but I need your faith in me."
- 2Pac



Molly MacDonald

"For if you forgive men their trespasses, your heavenly father will also forgive you."
- Matthew 6:14



Nicole Maplethorpe



Diana Martinez

"Appreciate what you have before it's too late."
- Diana Martinez



Olivia Matthews



Maxwell McCain



Erica McFarland

"Churches are like A.A. meetings. If you don't like the first one go to the next."
- Jacob Jamieson



Brenna McGrath



Ana Mendez



Jackson Metcalf



Alyssa Meter

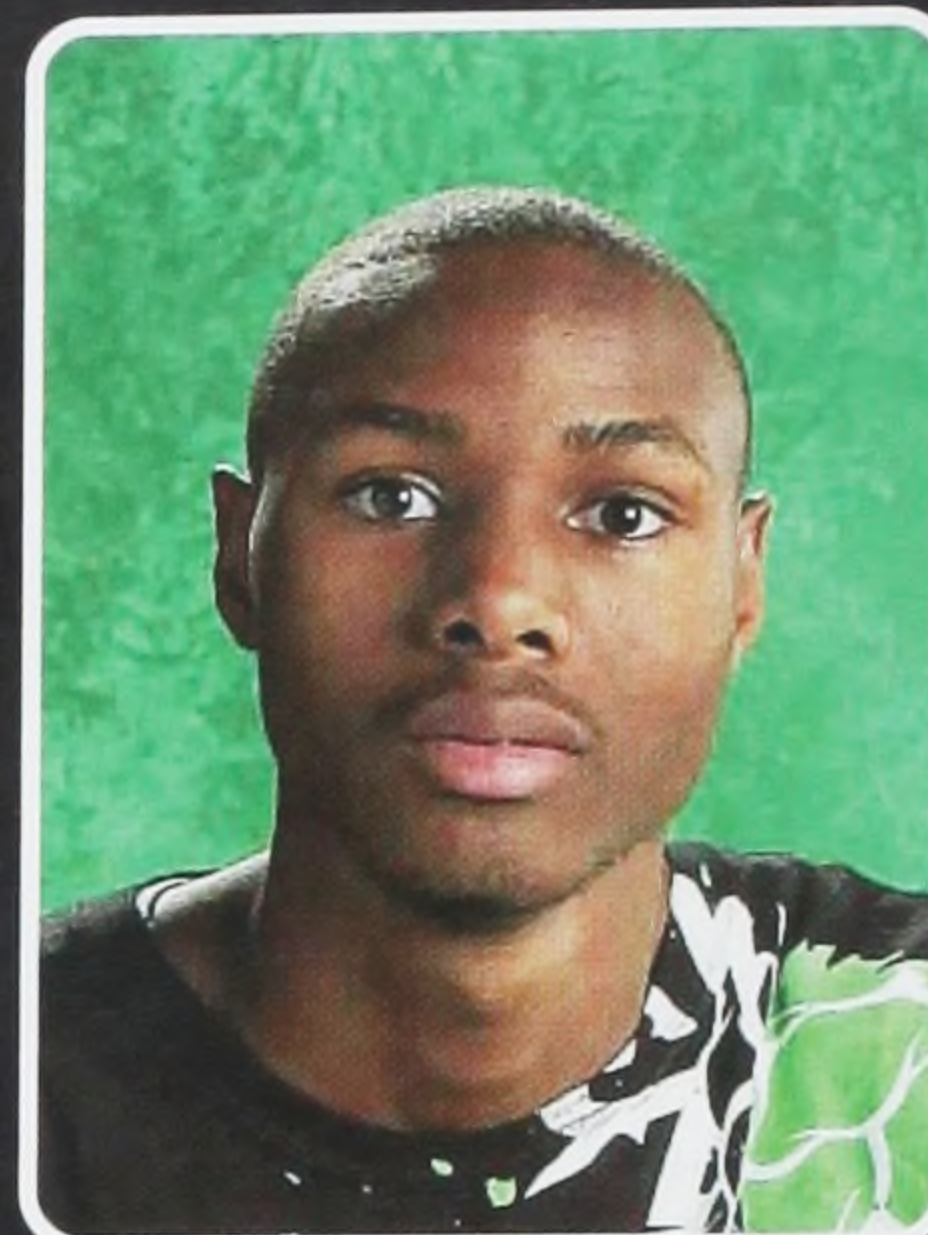
"Dream. Explore. Discover."
- Mark Twain



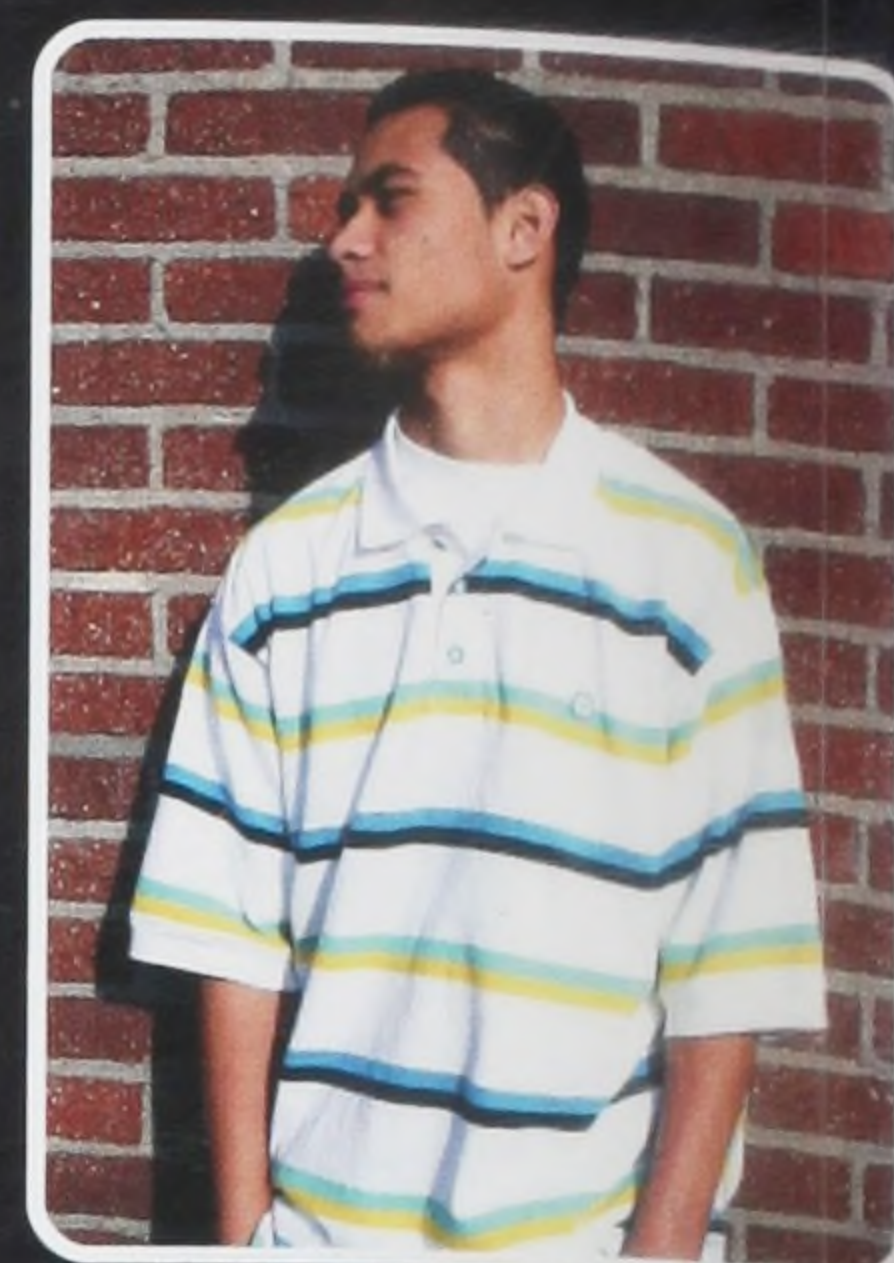
Beatriz Miguel



Keith Mitchell



Deangelo Moaning



Tahi Moeaki



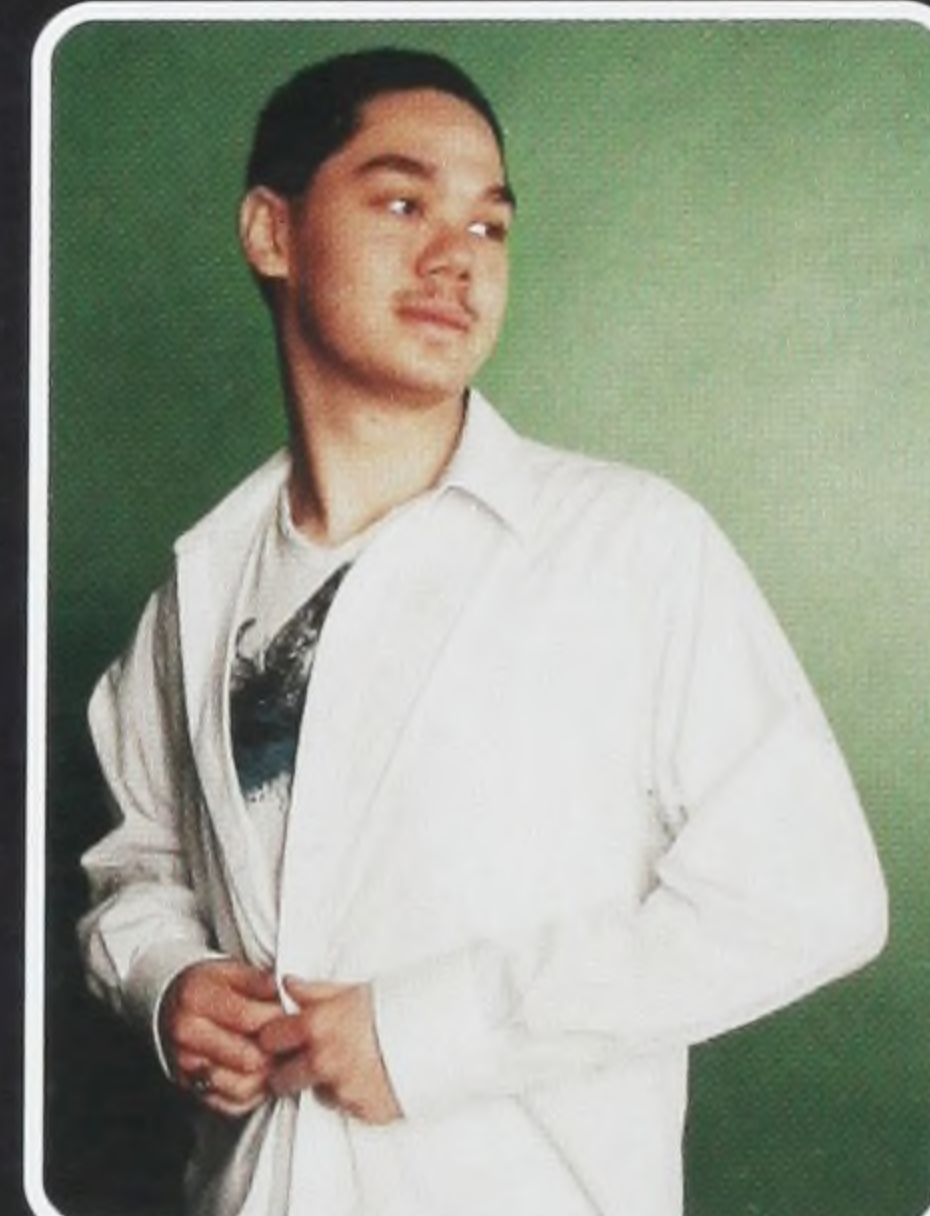
Isidro Molina



Jeffrey Moreland



Angela Morton



Dennis Moss

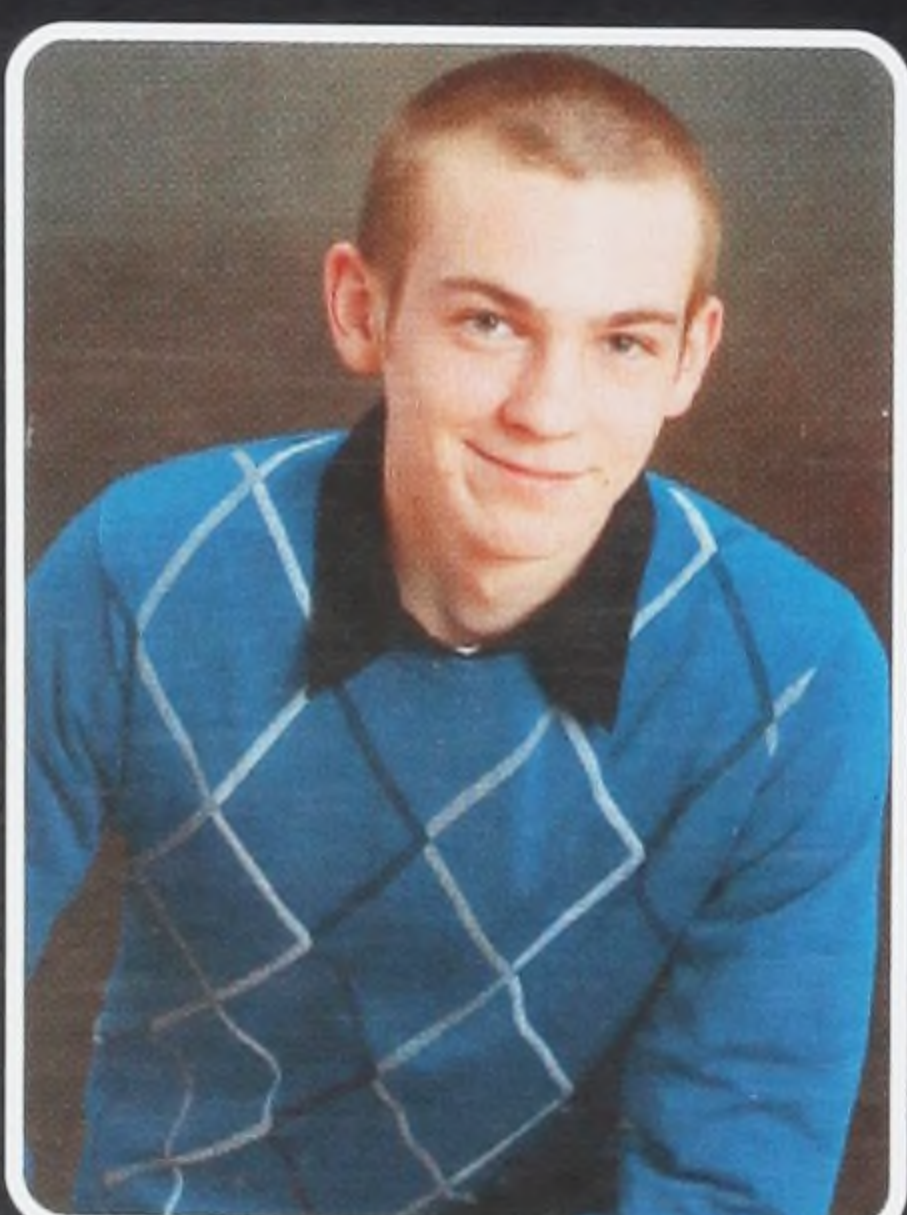


Mabel Munoz

"Only tears can heal the
most painful wounds
inflicted by love."
- Mabel Munoz



Jessica Musgrave



James Nagle



Shreena Narend

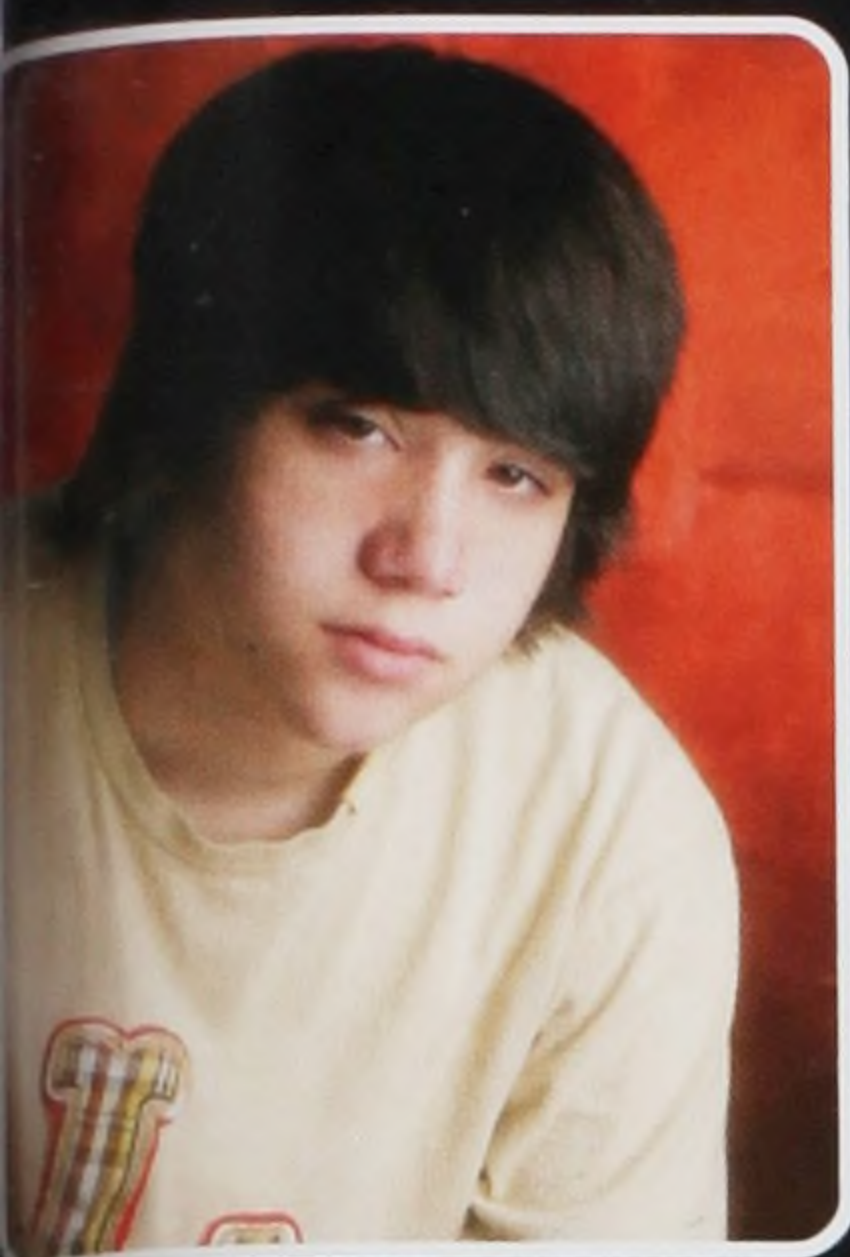


Trisha Nath



Anastasia Nem

"When you get everything
in life, you'll have no desire
for anything."
- Anastasia Nem

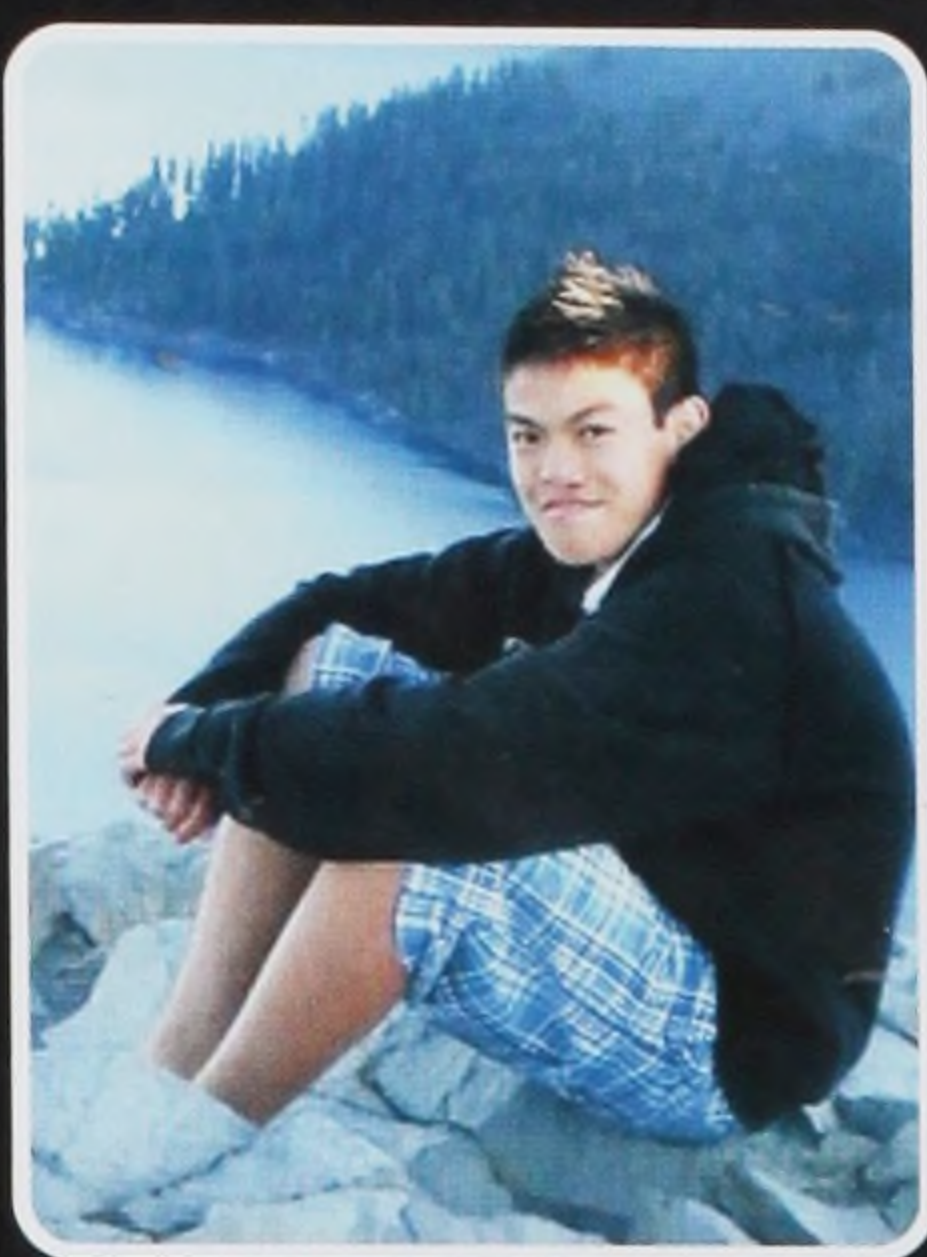


Anthony Ngo



Lucia Ngo

"There is a difference
between knowing the
path and walking the
path."



Quoc Anh Ngo



Tommy Ngo



Anh-Thu Nguyen



Antony Nguyen



Bich-Ngoc Nguyen

"If you don't have a
dream, how are you going
to make a dream come
true?"
- Oscar Hammerstein

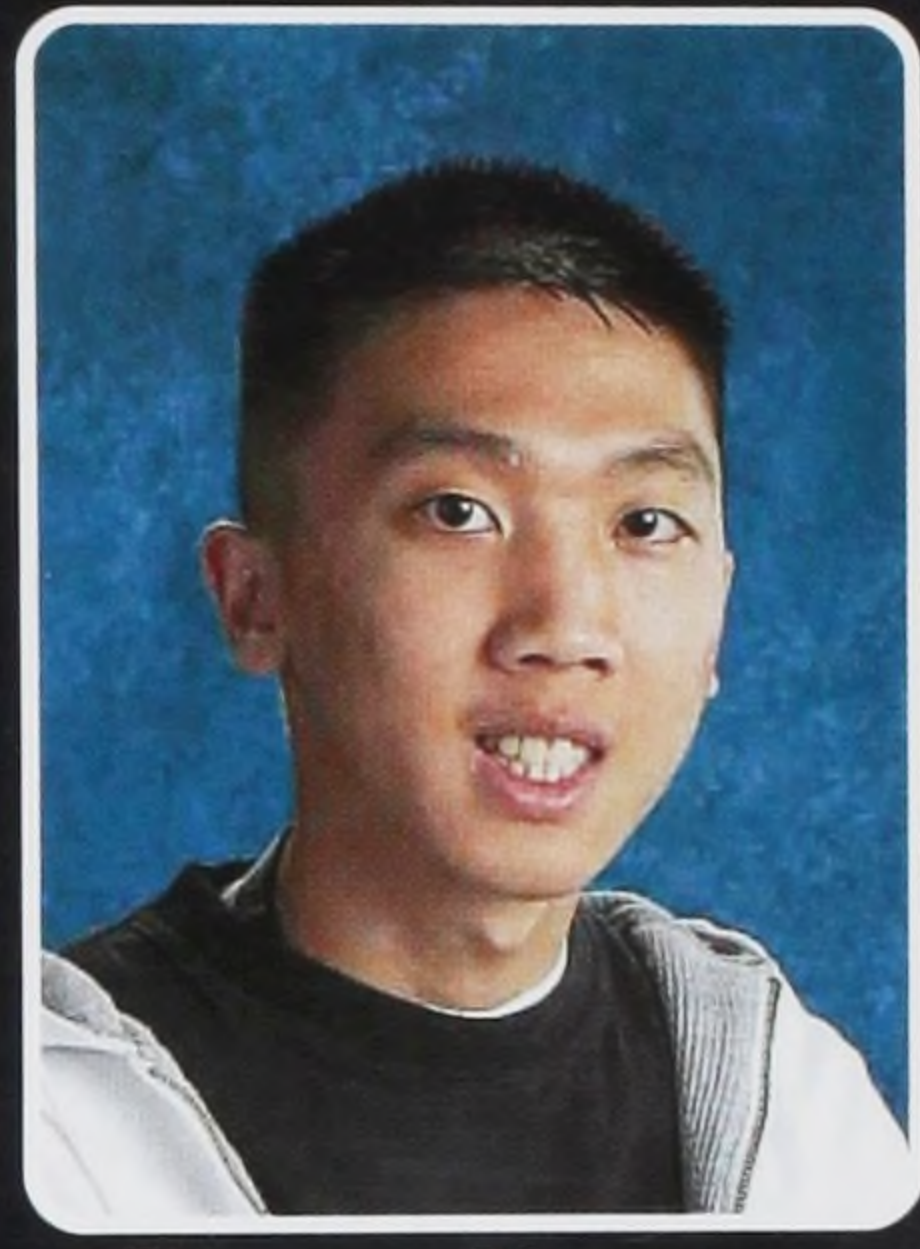


Jessica Nguyen

"Don't tell me the sky's the
limit when there are
footsteps on the moon."
- Anonymous



John Nguyen



Quang Nguyen



Rocco Nguyen



Tammy Nguyen

"Every sixty seconds you
spend upset is a minute of
happiness you'll never get
back."
- Anonymous

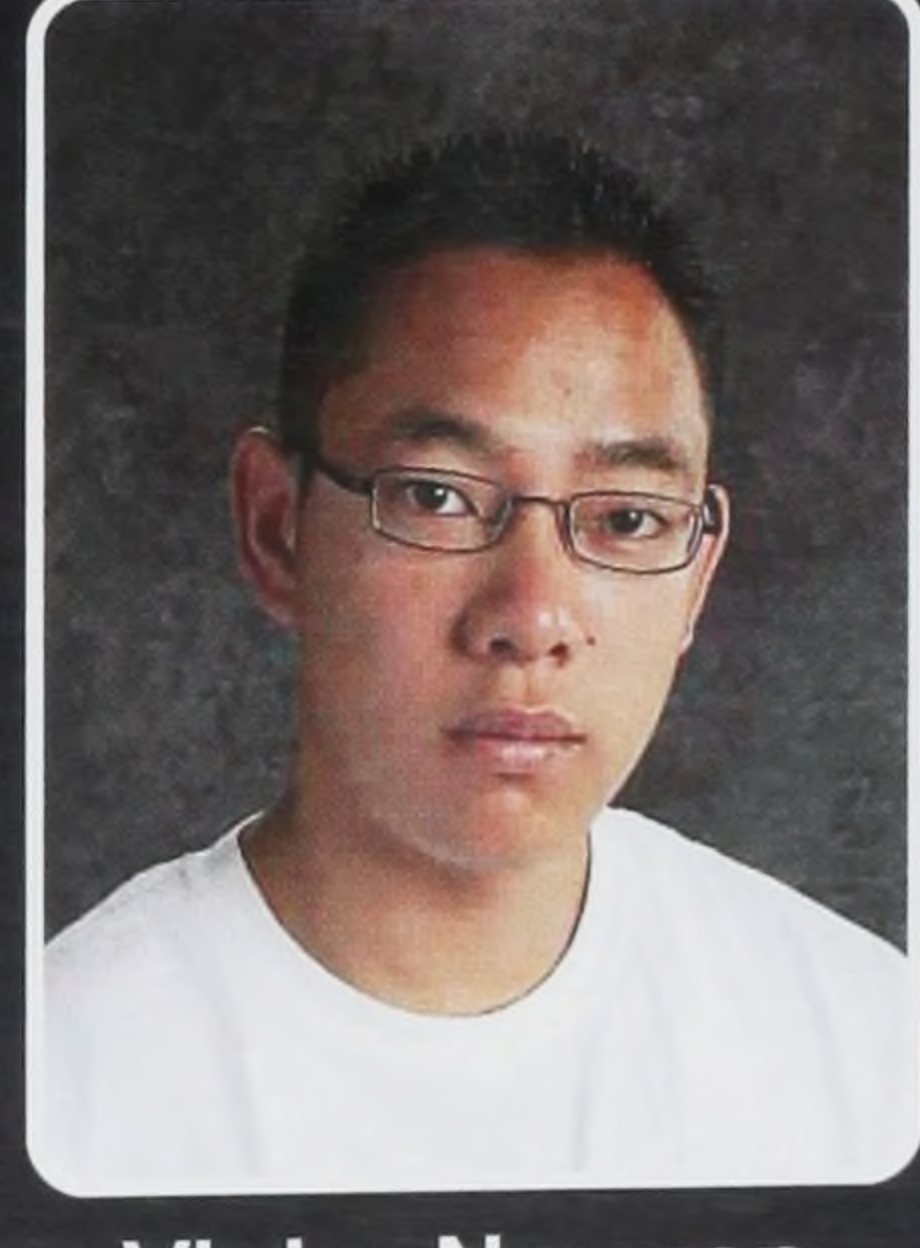


Thao Nguyen



Tien Nguyen

"All your dreams can
come true if you have the
courage to pursue them."
- Walt Disney



Victor Nguyen



Bridget Niece

"Even though I act crazy,
I gotta thank the Lord that
you made me."
- Tupac



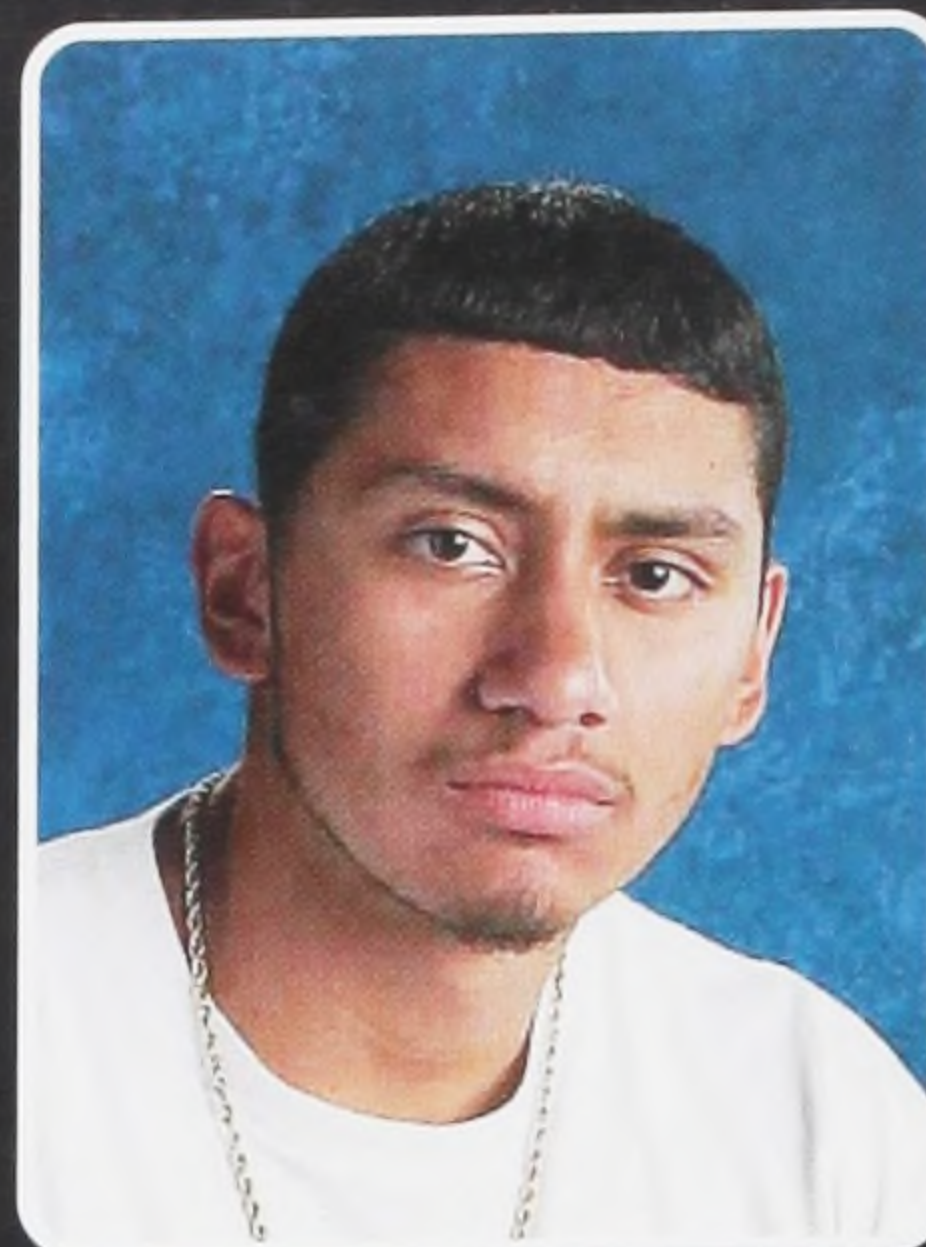
Diana Odighizuwa

"Treat others as you want
to be treated because
Karma is real."

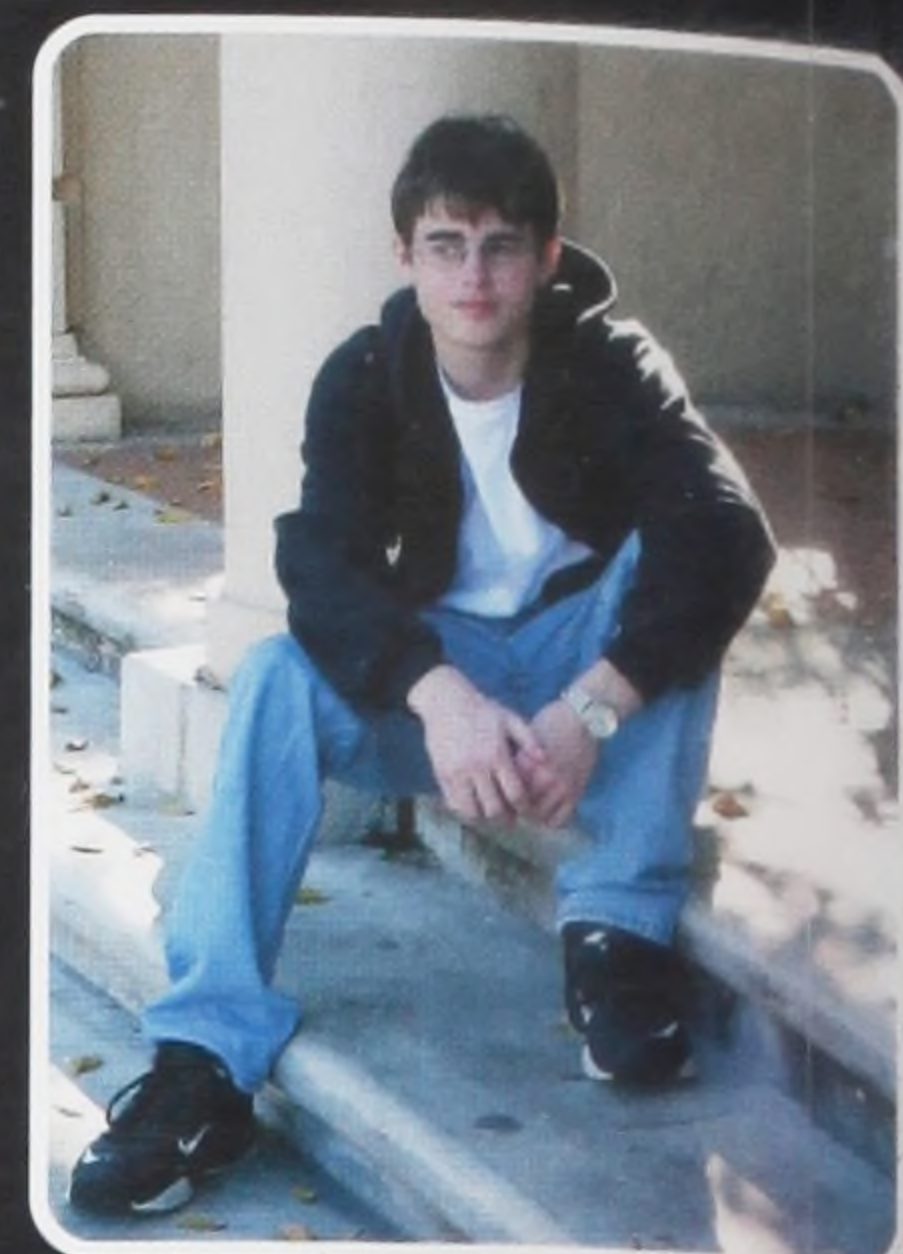


Alain Ortega

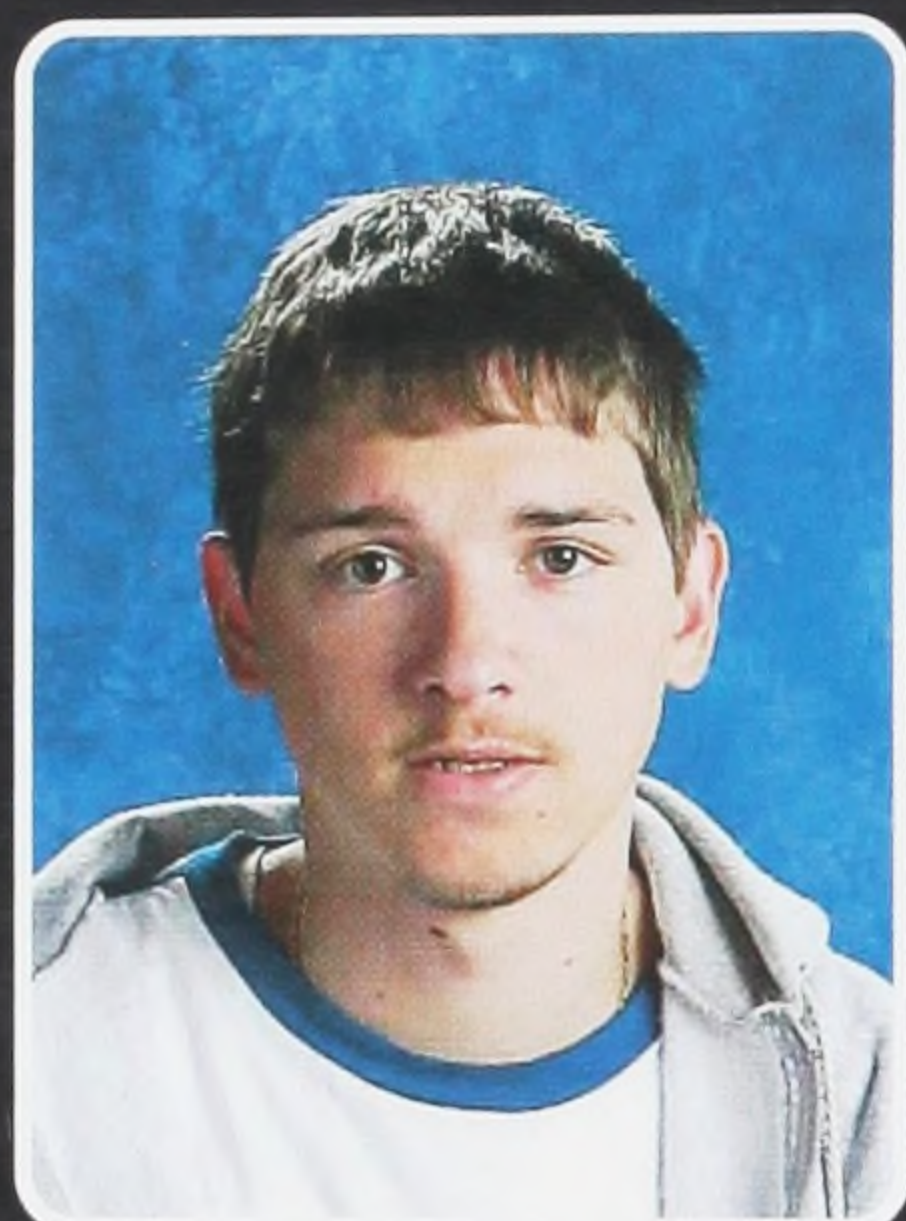
"Life isn't about waiting for
the storm to pass, its about
learning to dance in the
rain."



Brian Osuna



Benjamin Oswald



Everett Palmer

"You're a gentleman and
a scholar! RIP PaPo"
- Mike Kohandros

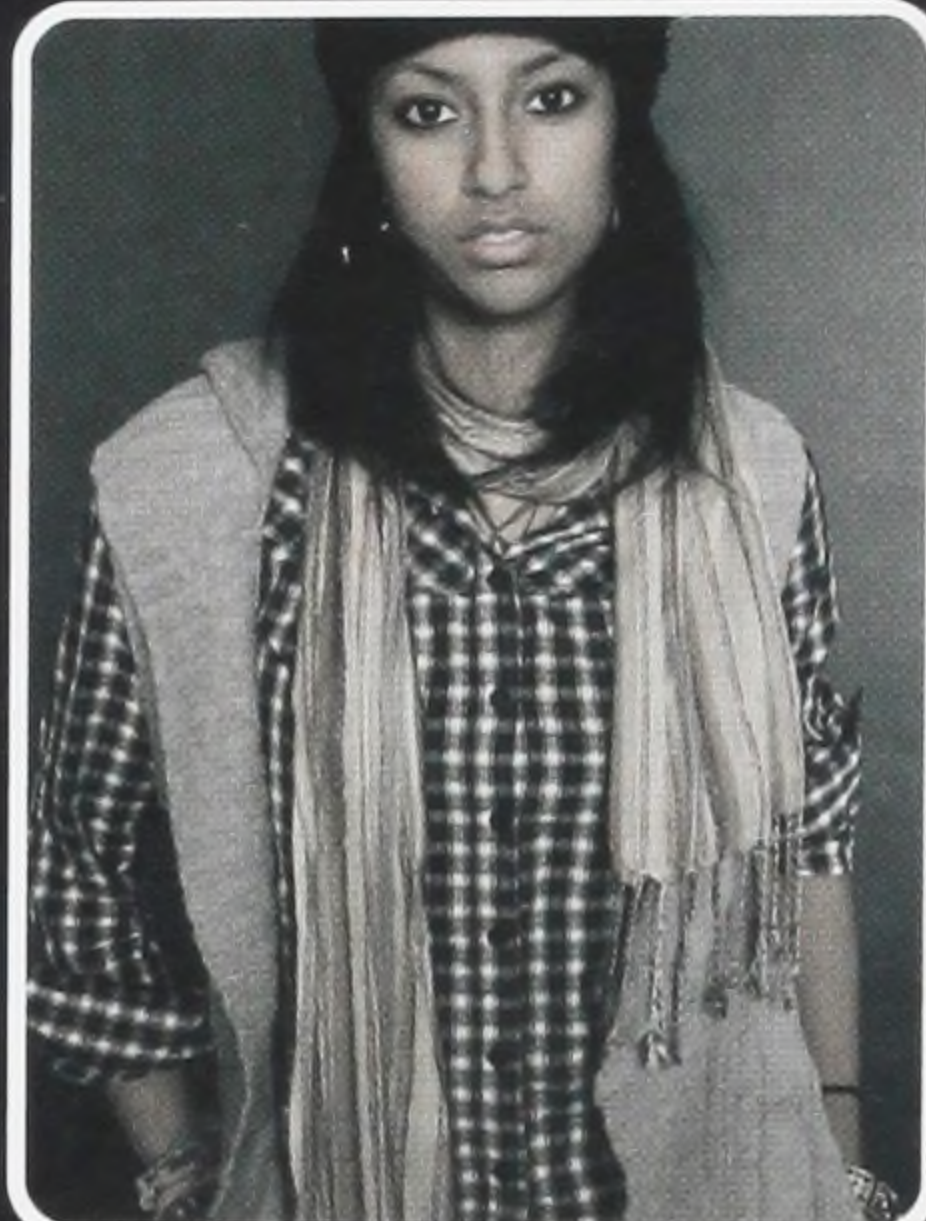


Melissa Panian

"We did not change as we
grew older, we just
became more clearly
ourselves."
- Lynn Hall

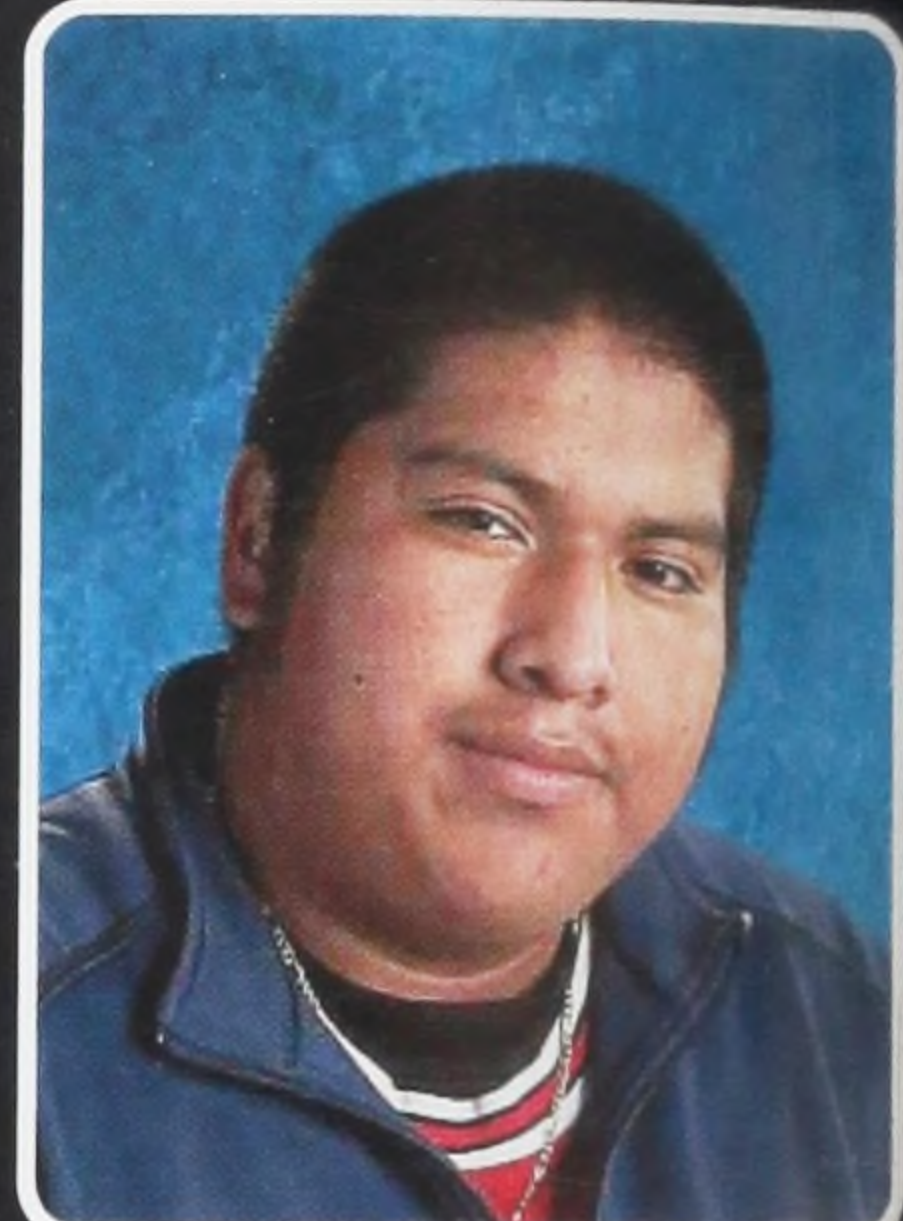


Kalie Papasadero

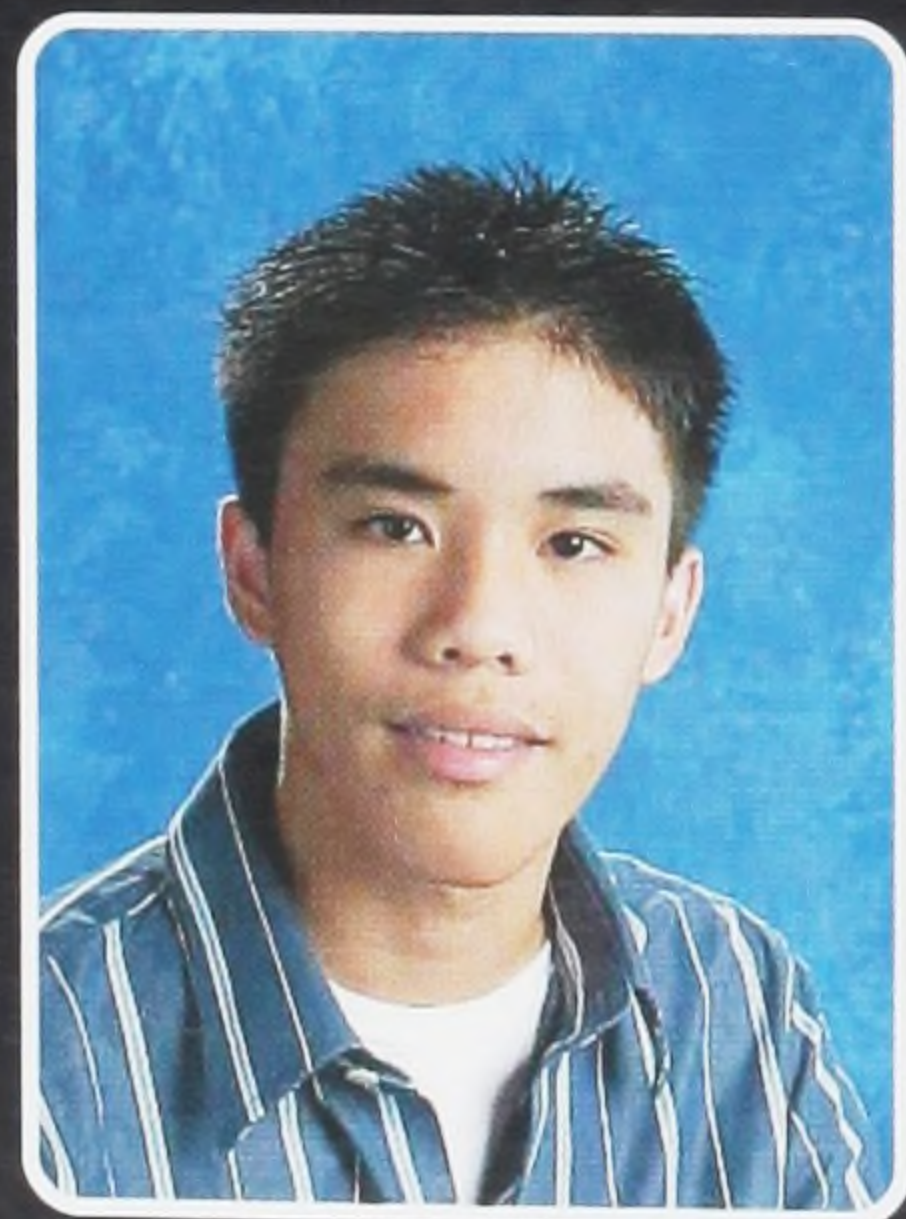


Kiara Penson

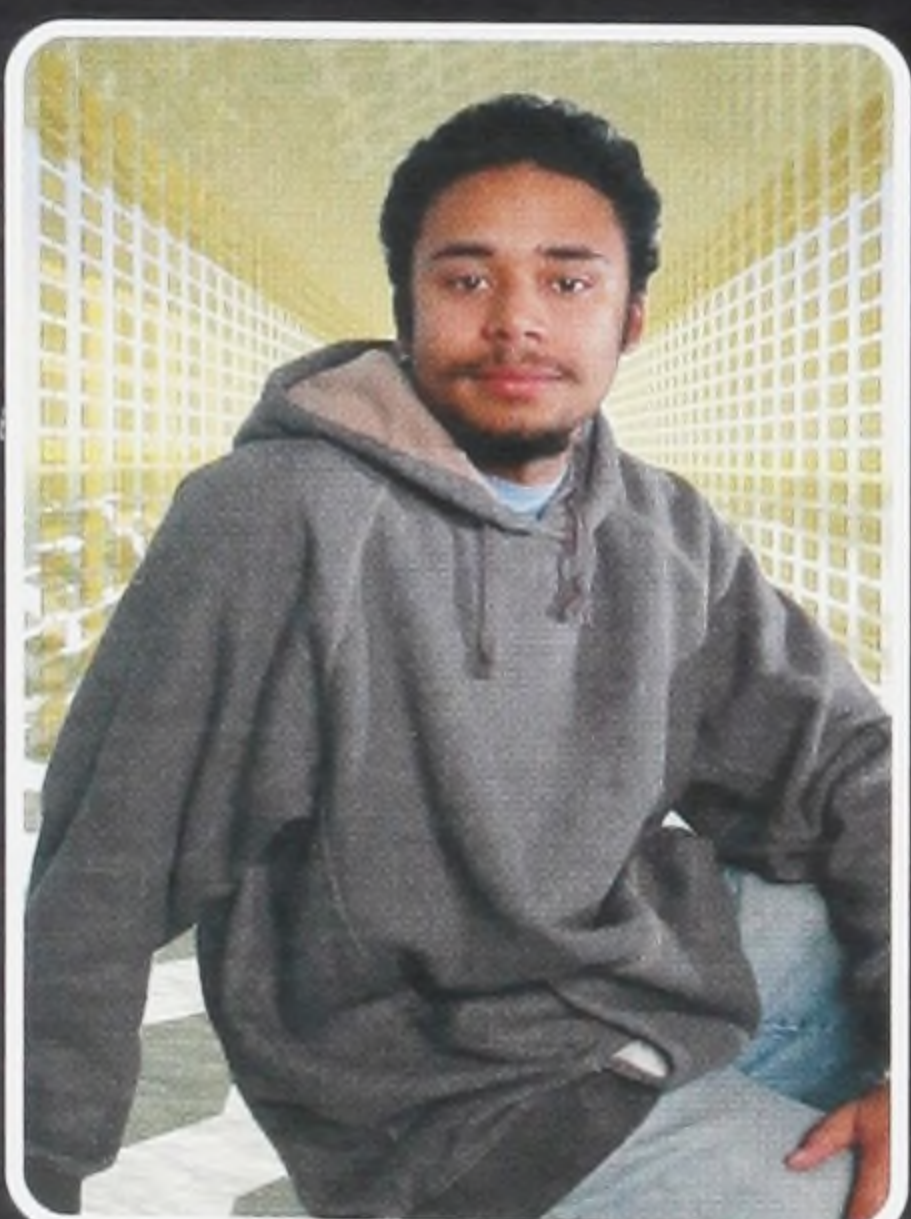
"Change is constant, but
my love is eternal."
- Paul McCoy



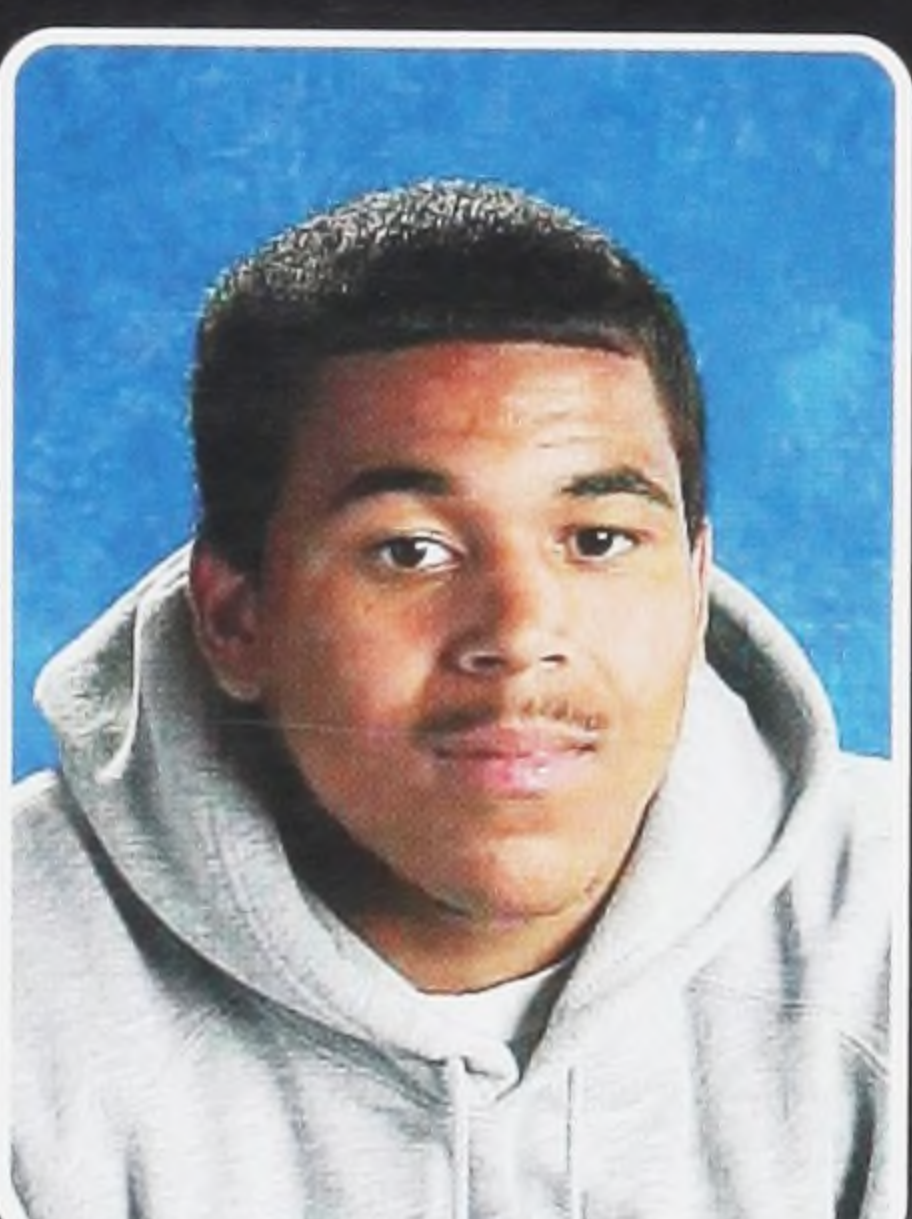
Sebastian Perez



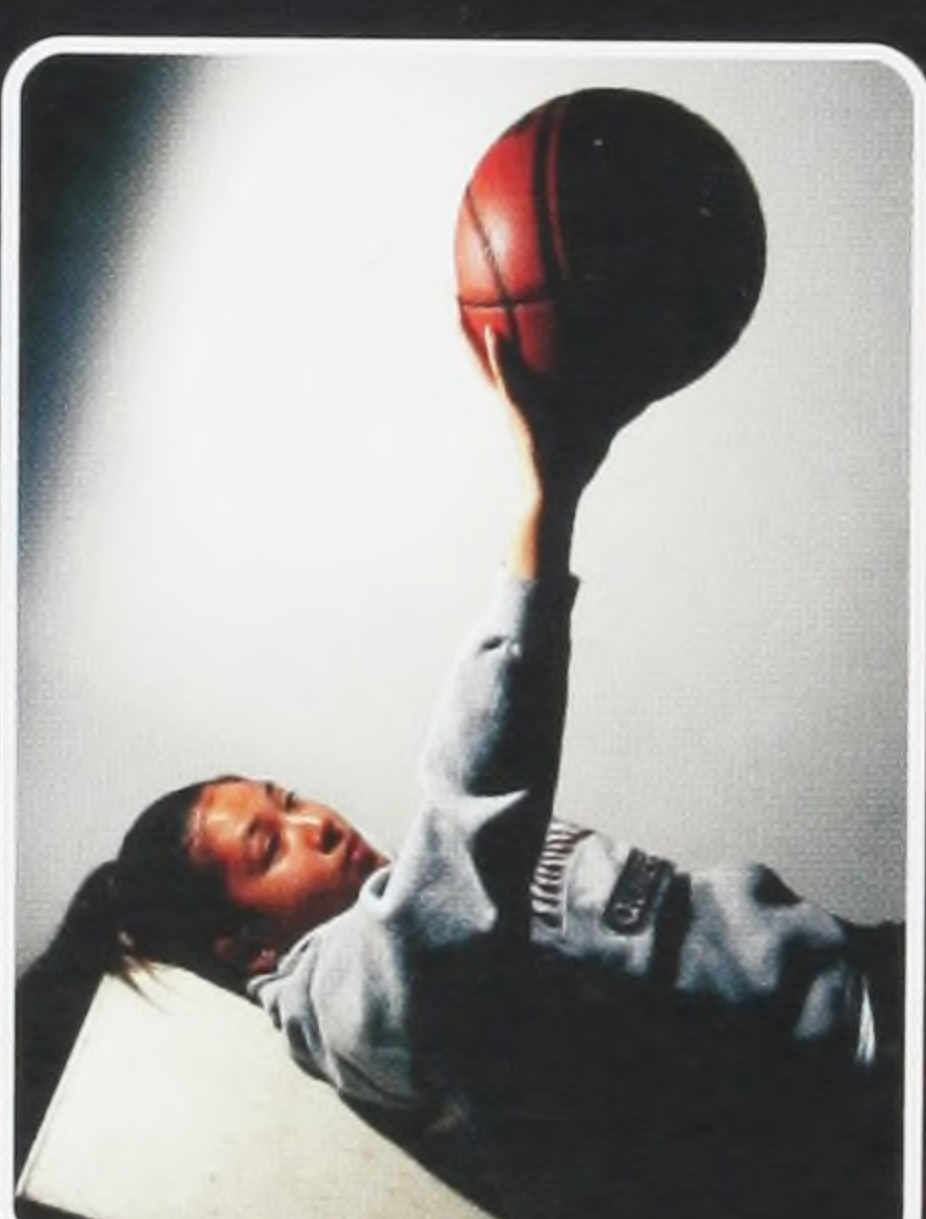
Huy Pham



Sean Philipsen



Xavier Phillips



Kavalay Phosakham

"If they're try'n ta steal your
swag, they praise you."
- Killa Kay



Kathy Phouthirath



Anna Pinkerton



Benjamin Pixley



Christopher Pixley

"The real tragedy is the tragedy of the man who never in his life braces he himself for his one supreme effort - he never stretches to his full capacity, never stands to his full stature."
- Arnold Bennett



Joshua Preuitt



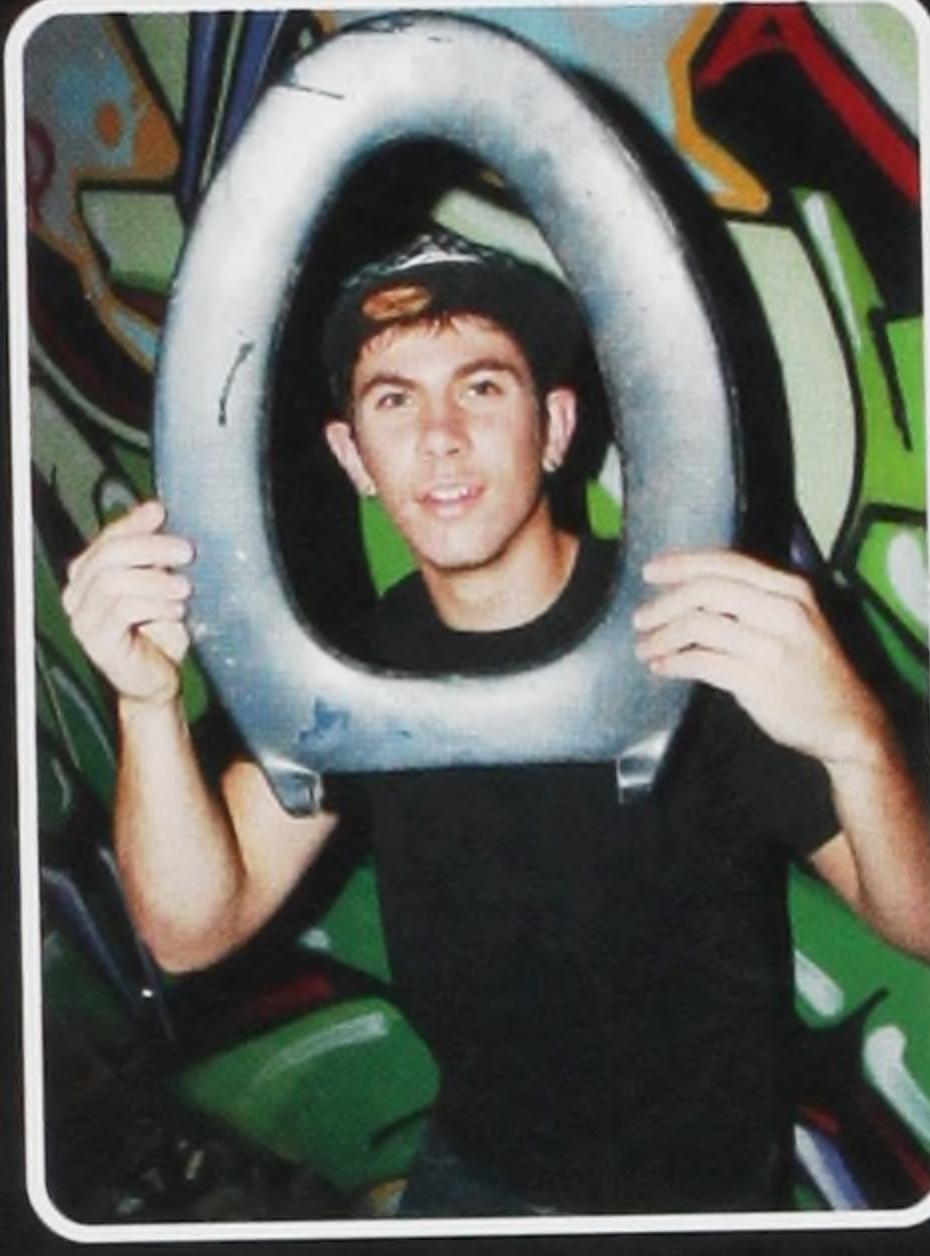
Mariela Ramirez

"But it's no use going back to yesterday, because I was a different person then."
- Alice in Wonderland



Dolores Ramirez

"Go to heaven for the climate, hell for company."
- Mark Twain



Alex Redden

"Si vis pacem para bellum:
If you want peace,
prepare for war."



Stephanie Reed



Milen Reta



Ashley Rigney



Maria Rios

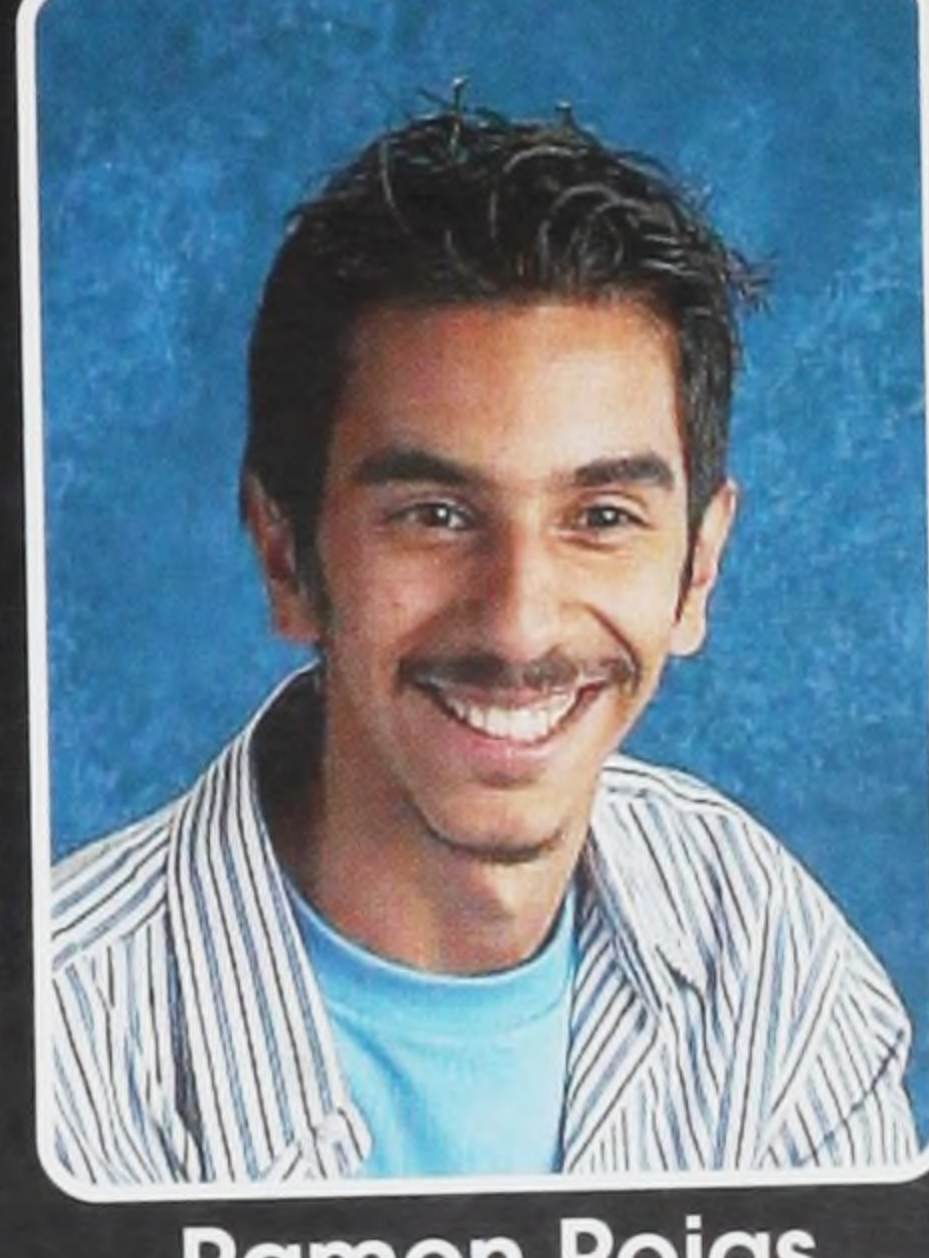


Geoffery Roberti



Freddy Rodriguez

"Let the warmth of something good carry you through the whole day."



Ramon Rojas



Jacob Rotherham

"These things happened. They were glorious and they changed the world..and then we (messed) up the end game."
- Charlie Wilson



Hunter Ruttum

"There is only one way to find out..."



Kathy Saechao



Nai Saechao

"Fall down 7 times, get up 8."
- Dwayne Wade



Shane Sahnaw

"An easy matter for one of my skills."



Marlene Sails

"I may not be better than other people, but at least I'm DIFFERENT."
- Jean-Jacques Rosseau



Eduardo Sanchez



Paiisha Saunders



Steven Seitz



Ethan Shaddock

"DAH!"



Yevgeniy Shevchenko



Benjamin Shy



Serlyana Siro

"He/She who is not courageous enough to take risks will accomplish nothing in life."
- Muhammad Ali

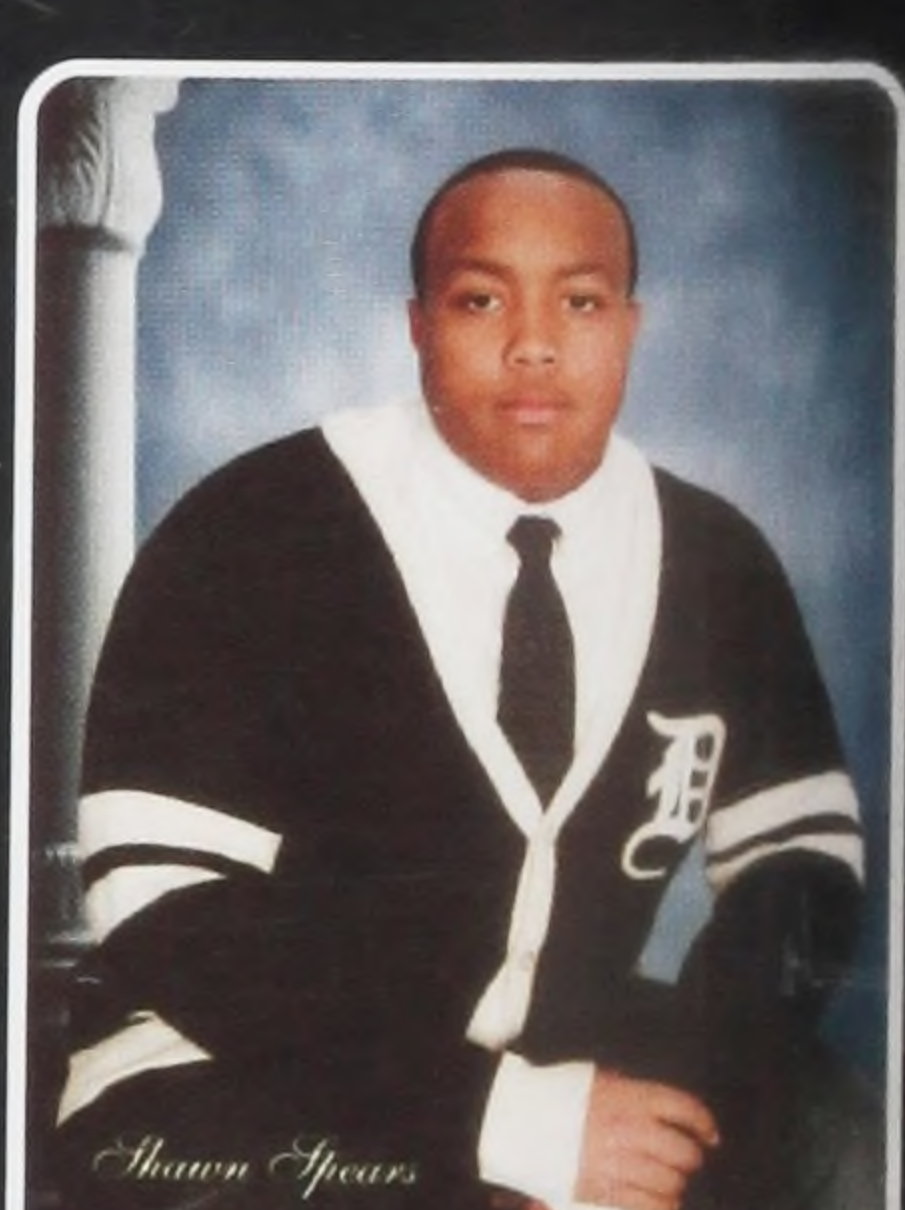


Kayla Smith

"Judgement comes from experience but wisdom comes from bad experience."
- Lionel Kroner



Savannah Smith



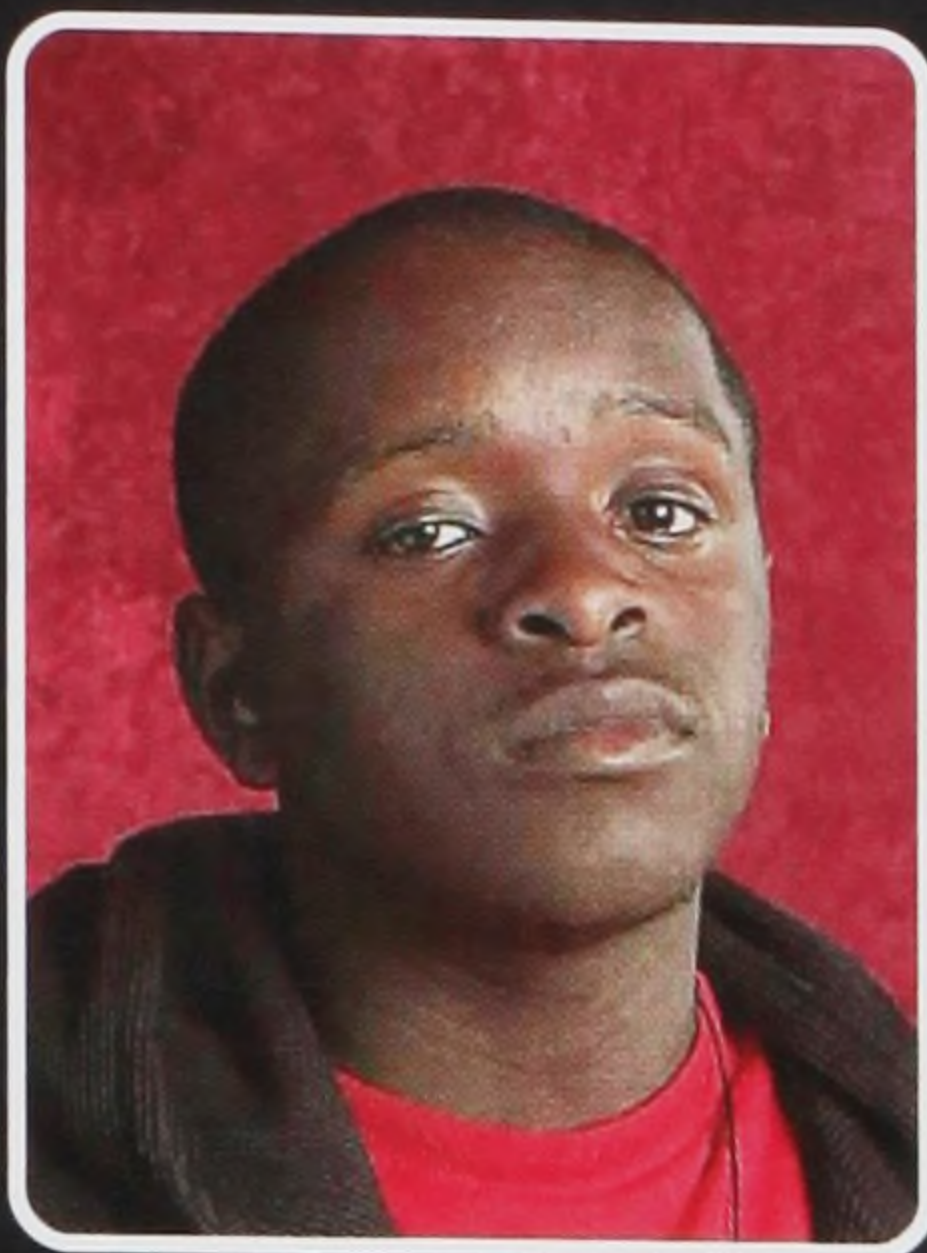
Shawn Spears

"Yesterday is history, tomorrow is a mystery, today is a gift, thats why its called the present. So live life to the fullest!"
- Shawn Spears and Some Wise Guy



David Stewart

"A journey of a thousand miles begins with one single step."
- Unknown

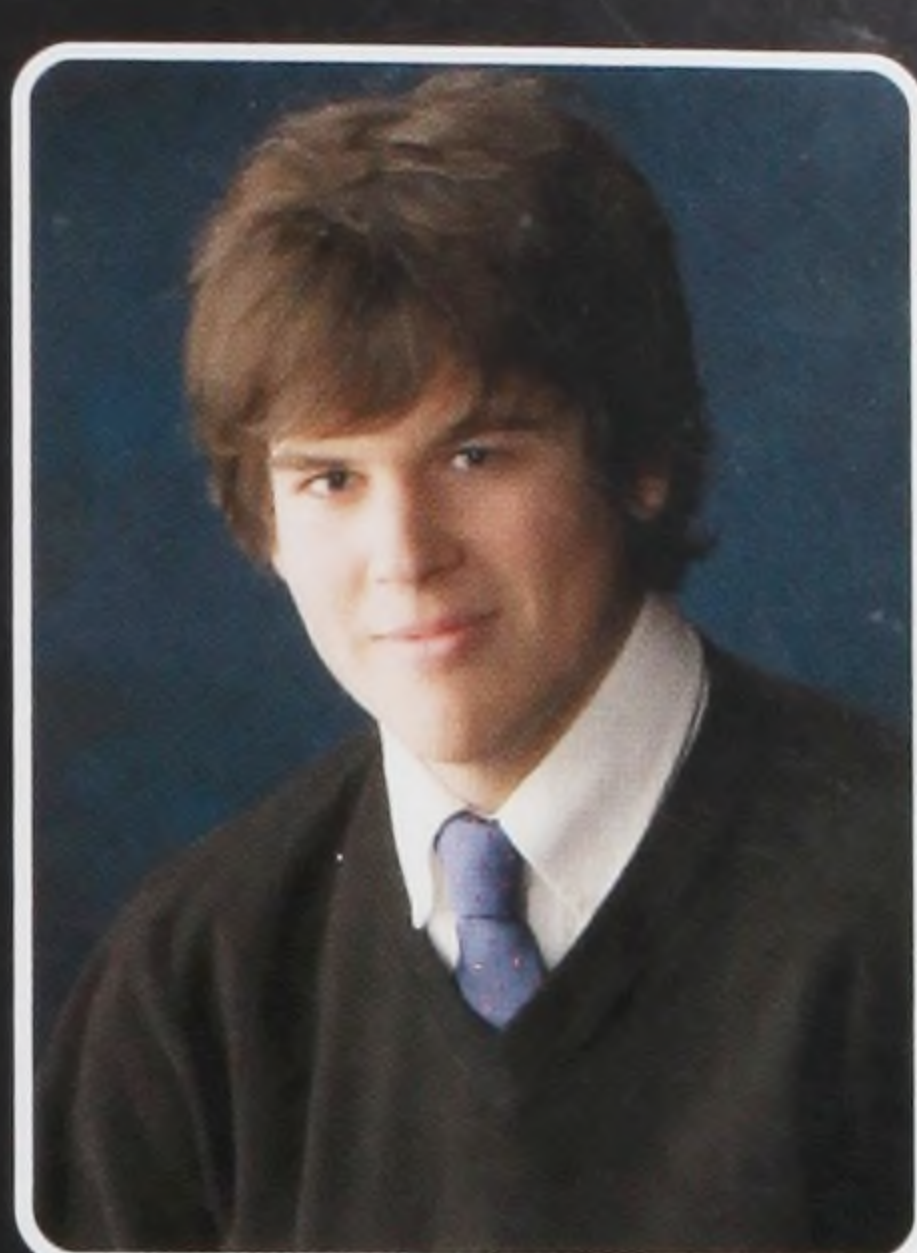


Douglas Stidum

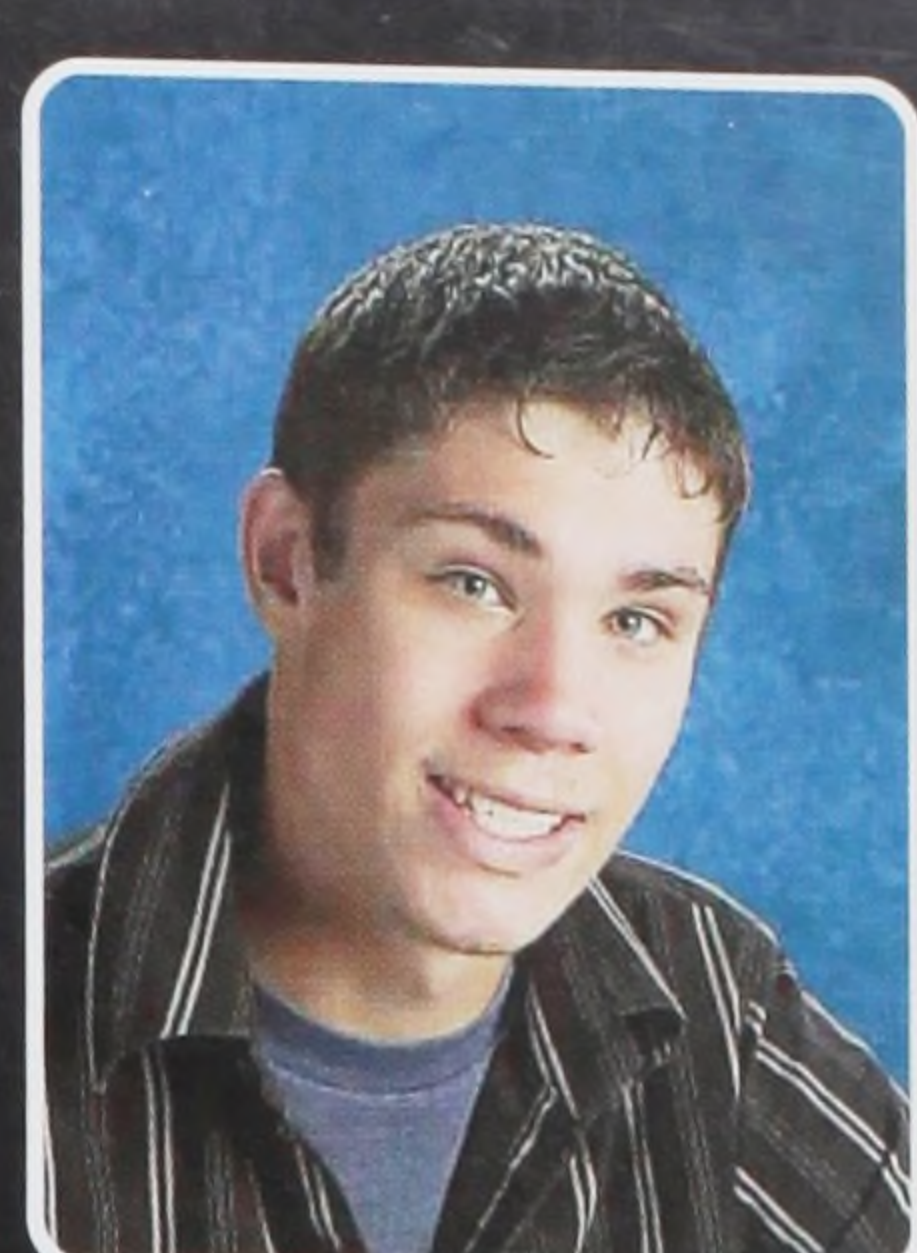


Allison Stofiel

"The first step towards getting somewhere is to decide that you are not going to stay where you are."
- John Pierpoint Morgan



Logan Stowell



James Stump



Joseph Ta

"Only those who will risk going too far can possibly find out how far one can go."
- T.S. Eliot



Catherine Tang



Jalsie Terael



Luna Tesfagiorgis

"Do not follow where the path may lead. Go, instead, where there is no path and leave a trail."
- Ralph Waldo Emerson



Arriam Teshale

"To bring one it's like the fate of a world with no me."
- Arriam Teshale



Lue Thow



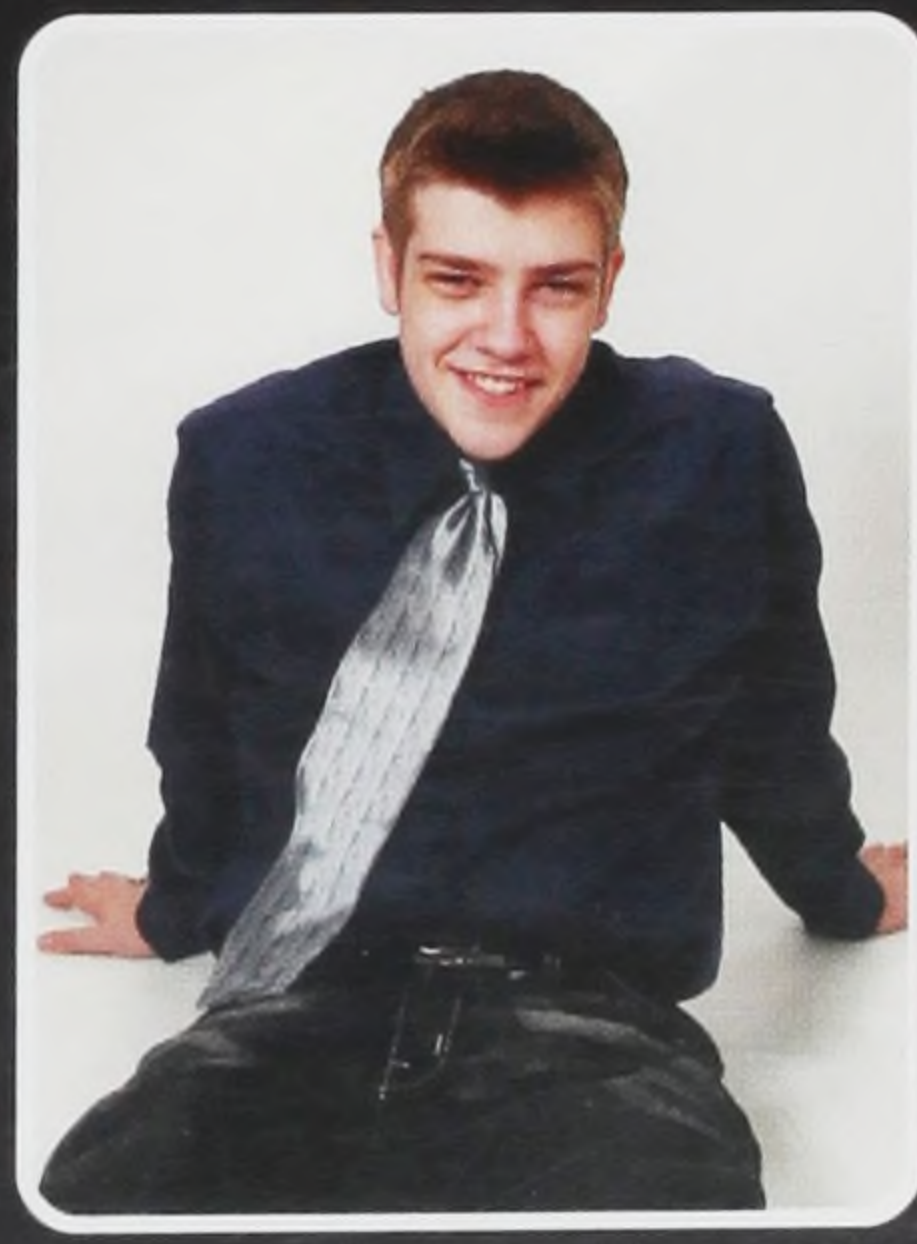
Linda Tran

"Good Girl, Bad Habits."



Tu Tran

"He who wants a rose must respect the thorn."
- Persian Proverb



Samuel Trojano



Nhi Truong

"Life is a challenge, meet it!
Life is a dream, realize it!
Life is a game, play it!
Life is Love, enjoy it!"
- Wu Zun



Jasma Valdefiera

"Shoot for the moon, even if you miss you'll land among the stars."
- Brian Littrell



Patrick Valdefiera



Carmen Vazquez



Nhi Vu

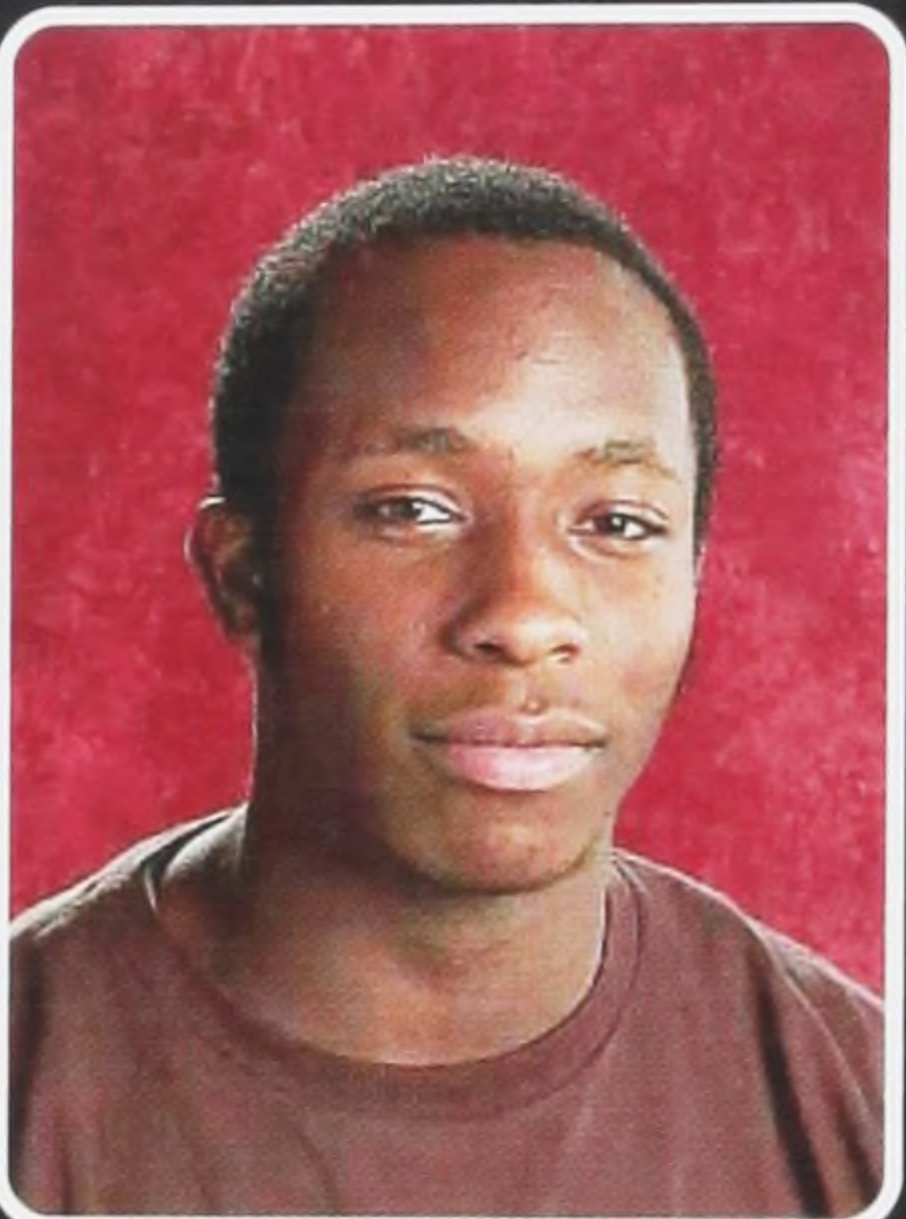


Thuan Vuong

"When we do the best we can, we never know what miracle is wrought in our life, or in the life of another."
- Helen Keller



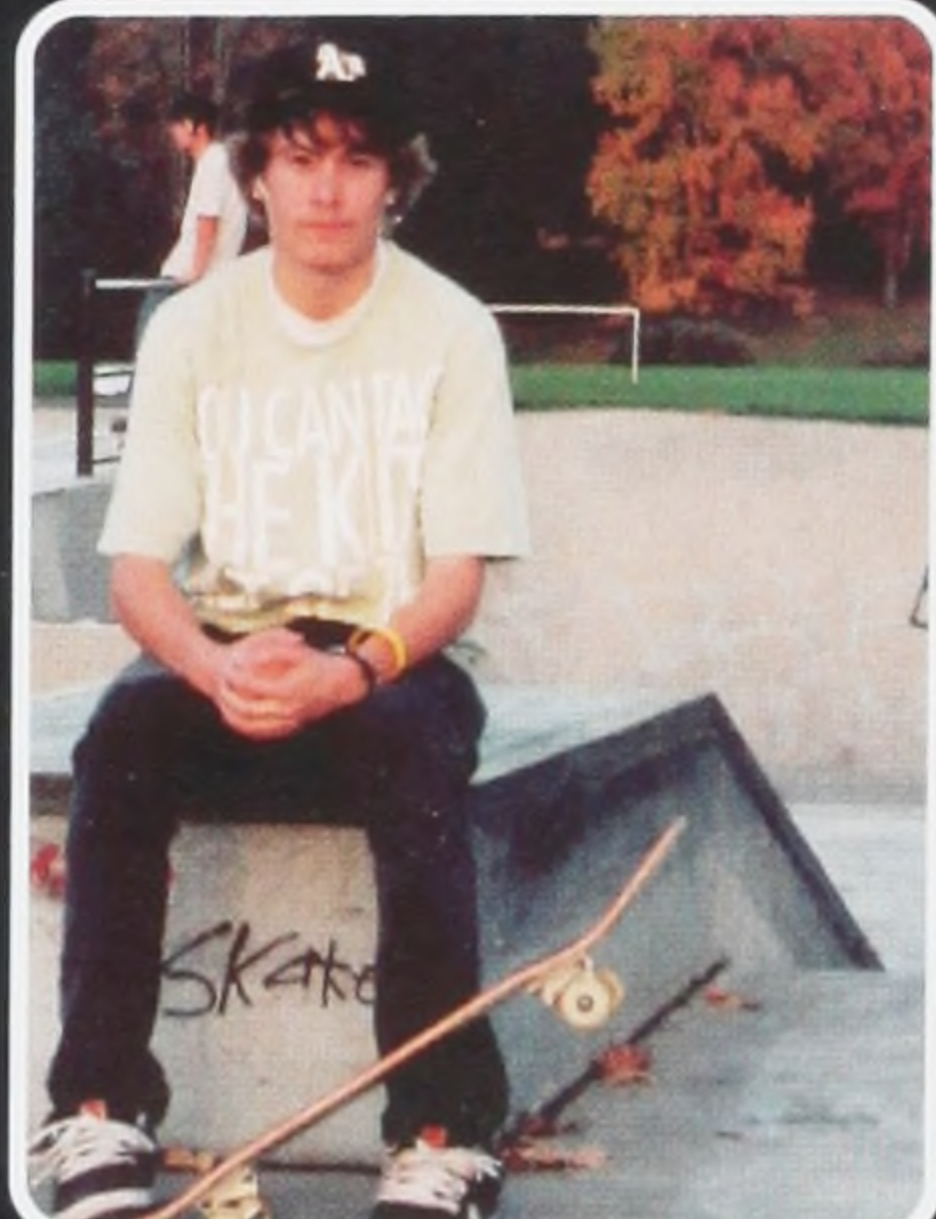
Ryan Wade



Nathan Webster



Dominica White



Joel Williams

"Love, Live Life, Proceed, Progress."
- Weezy F Baby

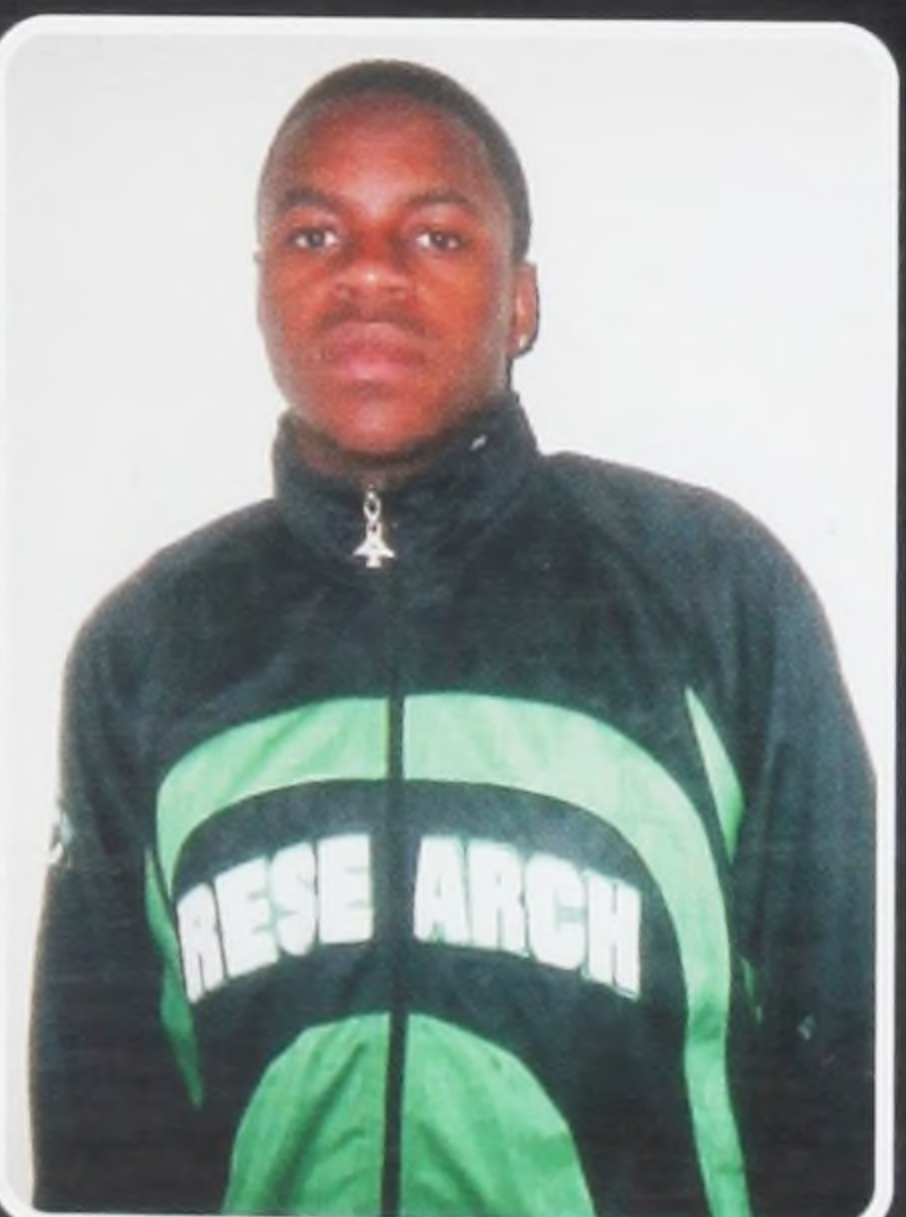


Cydney Williamson

"It takes an athlete to dance, but an artist to be a dancer."
- Shanna LaFleur



Deshawn Woods



Pierce Woods

"You have to have a vision to see your future."



Camera Shy

Adam Bailey
Juan Garcia
German Juarez
Alexander Madsen
Long Vinh Nguyen



'09 IS
SO
FINE!



Senior Most



Goody-Two-Shoes
Casey Horn & Lucia Ngo



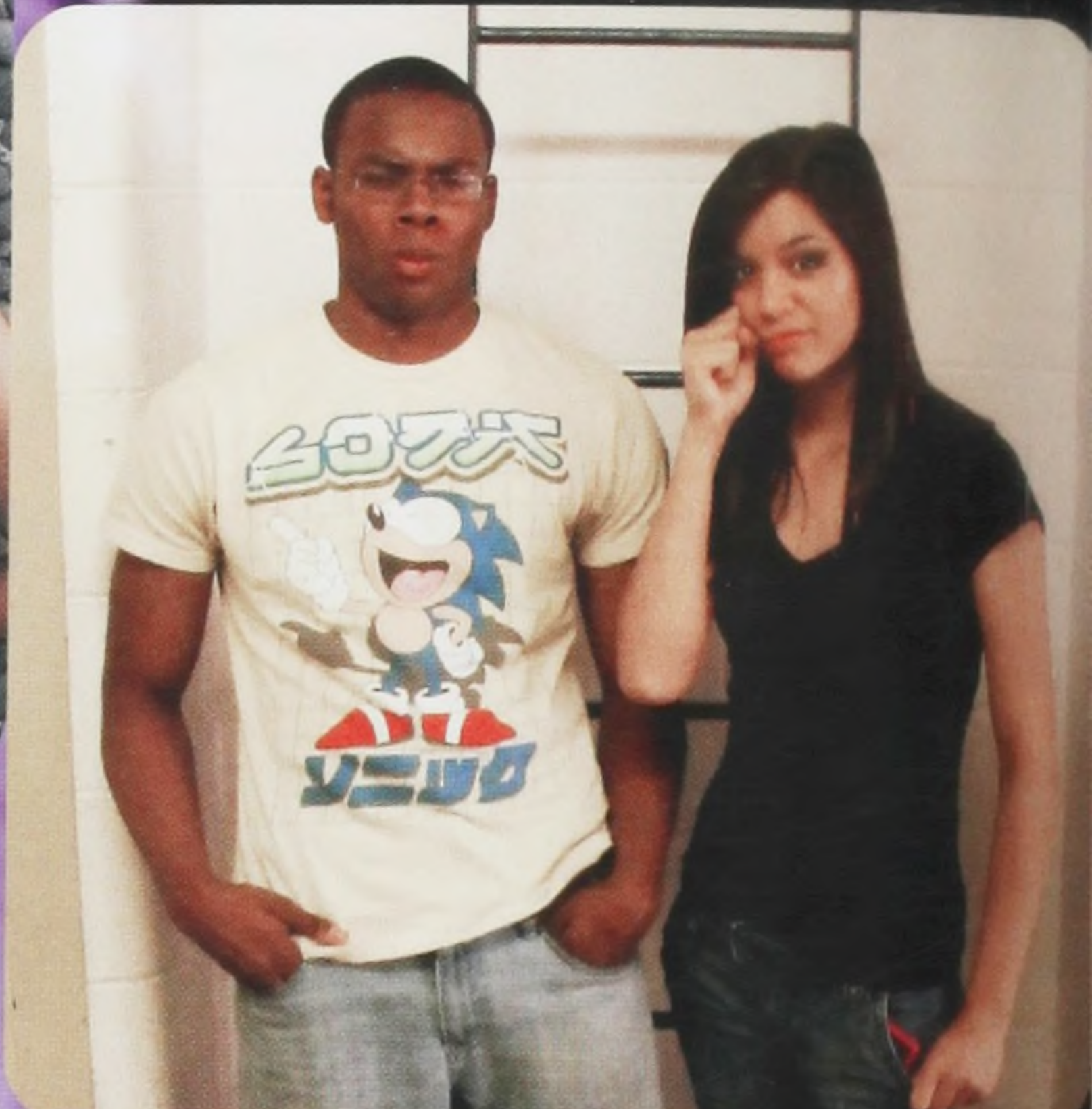
Most Persuasive
Max McCain & Christy Groda



Most Intelligent
Milan Justel & Nhi Vu



Most Memorable
Jacob Kurtz & Katie Dunn



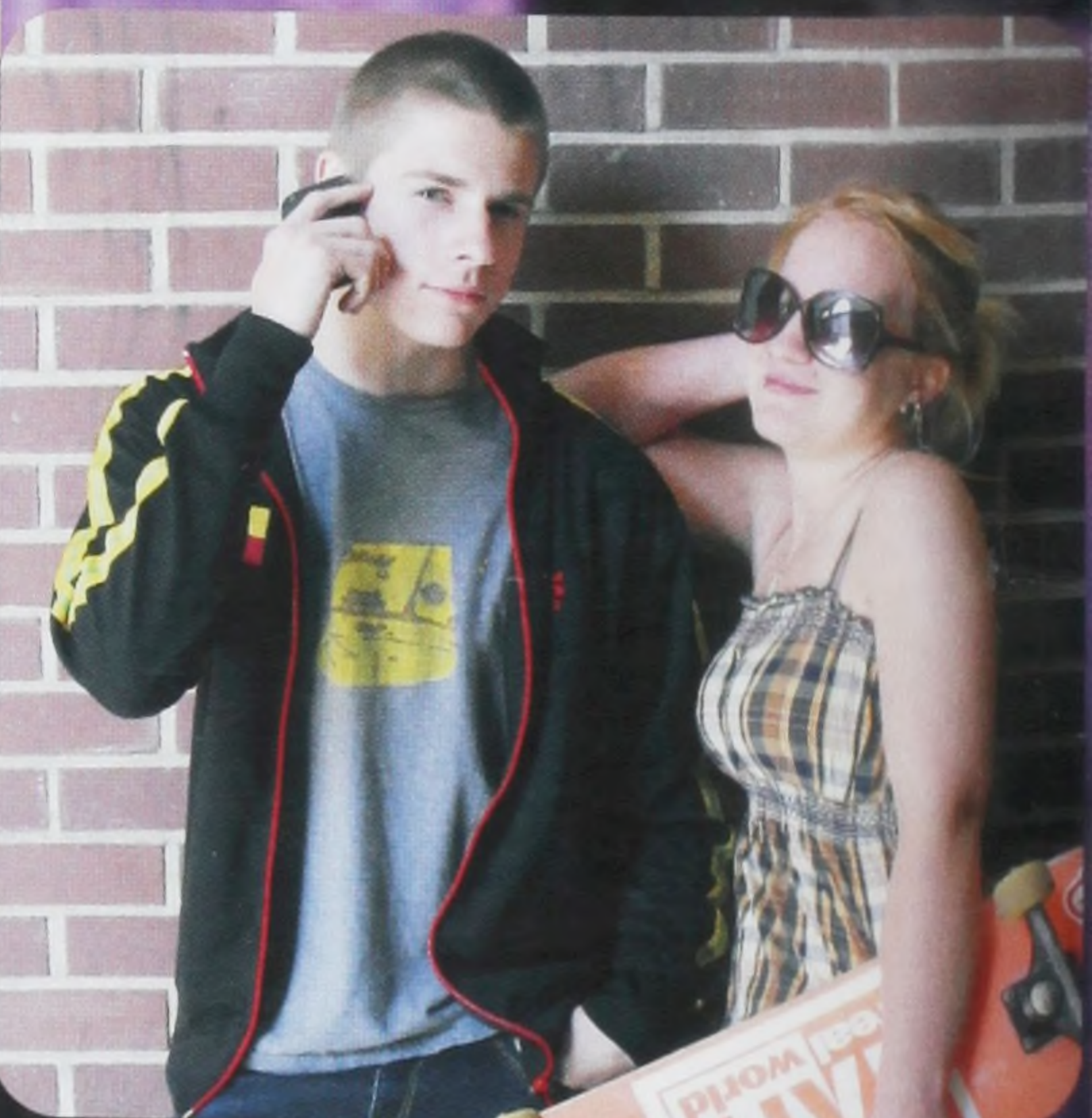
**Most Likely to Complain
About Not Being on the List**
Anthony Kendrix & Kalie Papasadero



Gossip King and Queen
Nick Bernier & Cedaejia Love



Class Clowns
Ayak Beng & Anton Bogan

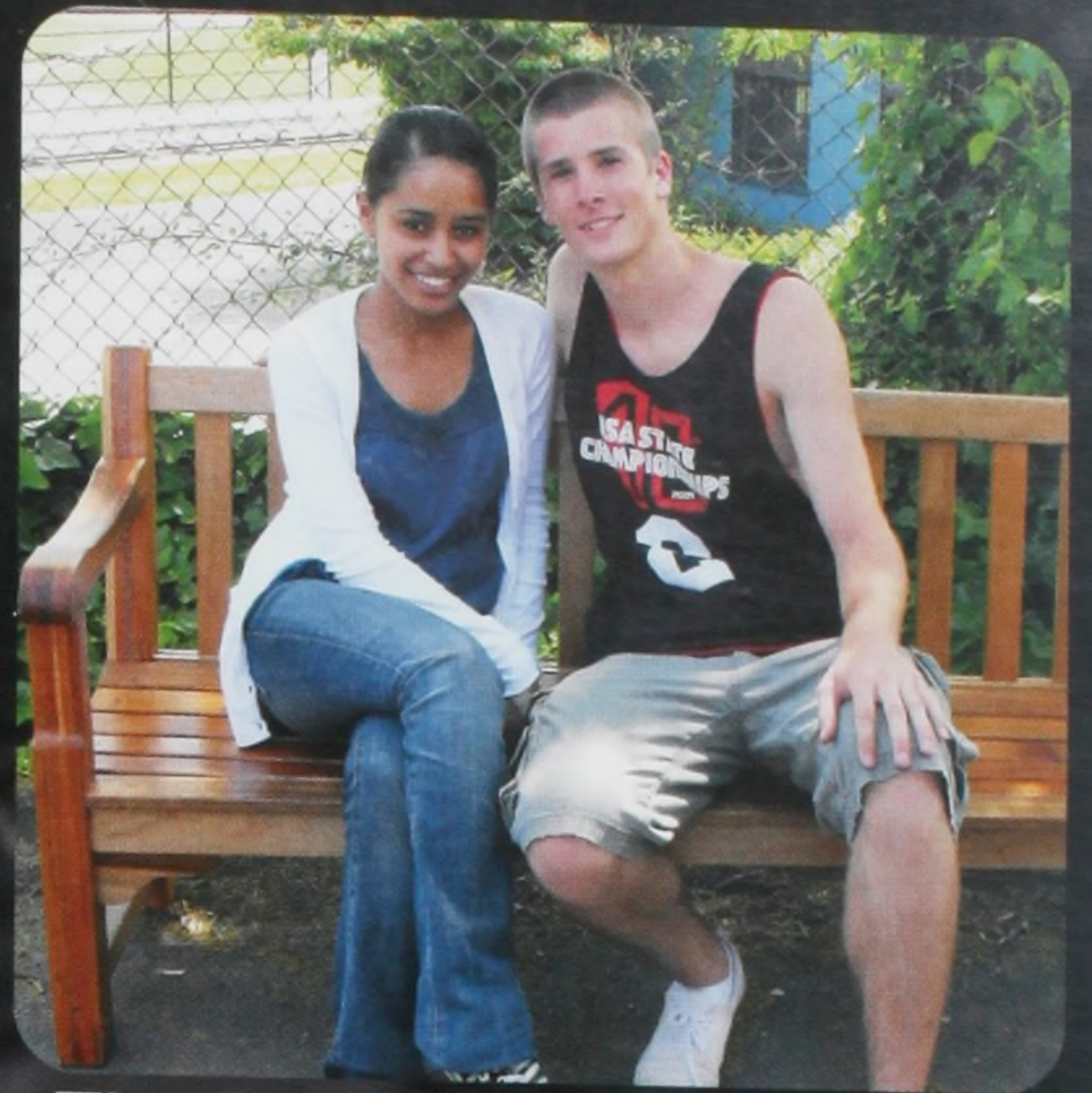


Epitome of Cool
Dale Johnson & Bridget Niece

'09



Most Likely to be in the Olympics
Josh Hickman & Kayla Smith



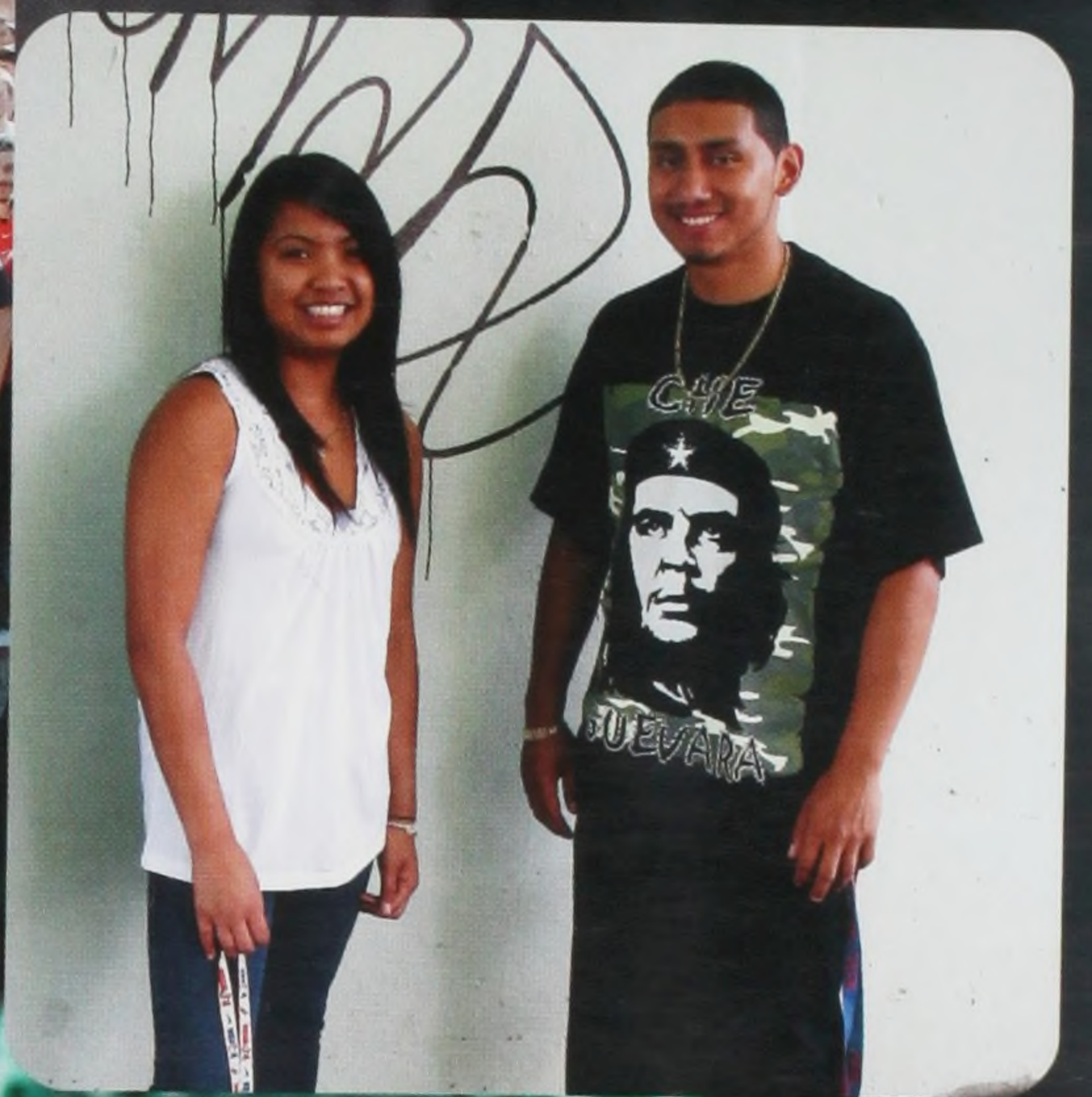
The Ones You Would Take Home to Your Mother.
Bezawit Demise & David Johnson



Heartthrobs
Mary Hartley & Tahi Moeaki



Worst Case of Senioritis
The ENTIRE class of 2009



Distinctive Laugh
Asia Nem & Brian Osuna



Best Transportaion
Cynthia Feng & Daniel Lurvey



Fashionistas
Cydney Williamson & Patrick Valdefiera

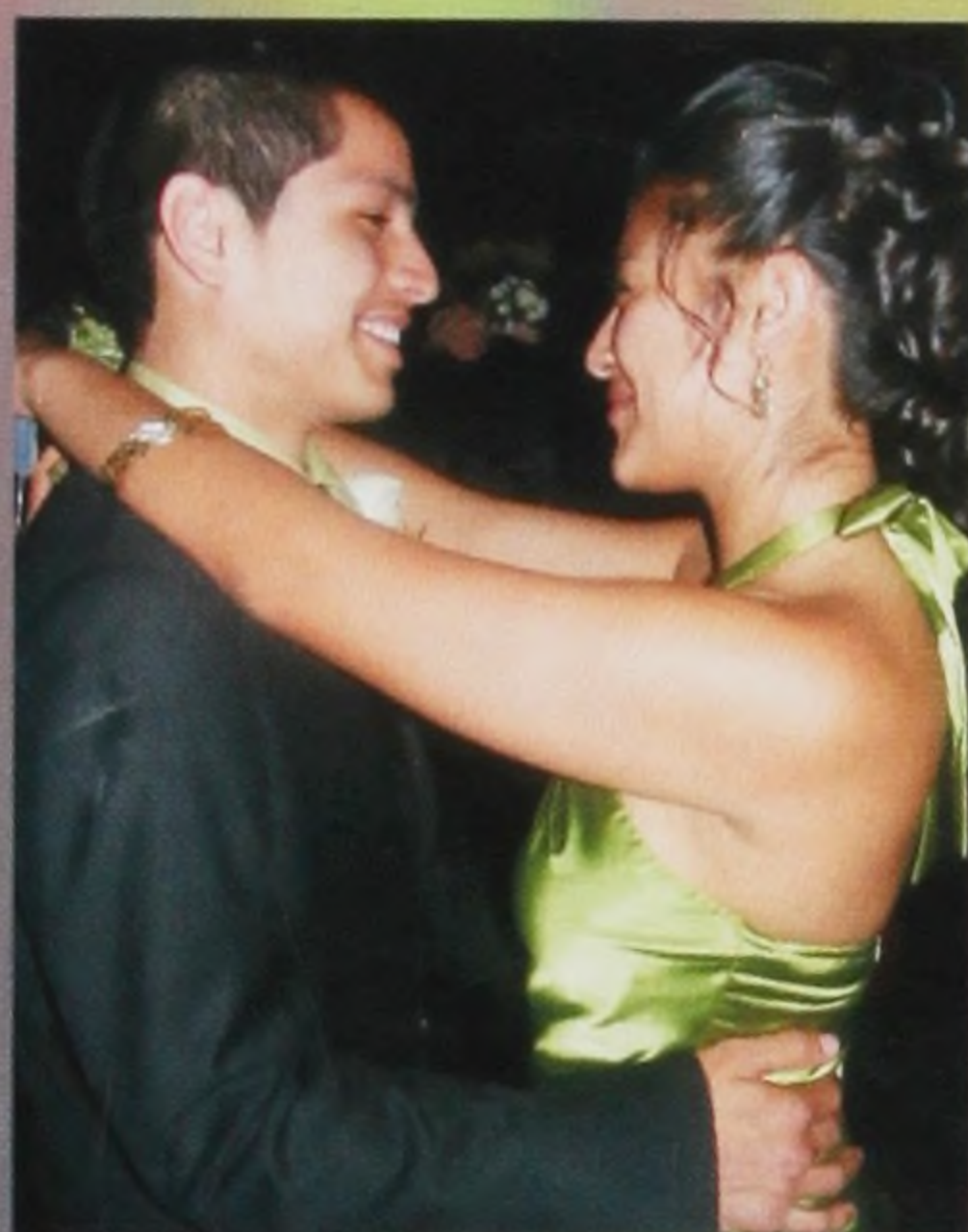


Best Smile
Kammie Boggan & Richard Cha

Senior Prom

*Always and Forever
A Night to Remember
May 9th, 2009*





The King & Queen

Tahi Moeaki and Dolores Ramirez

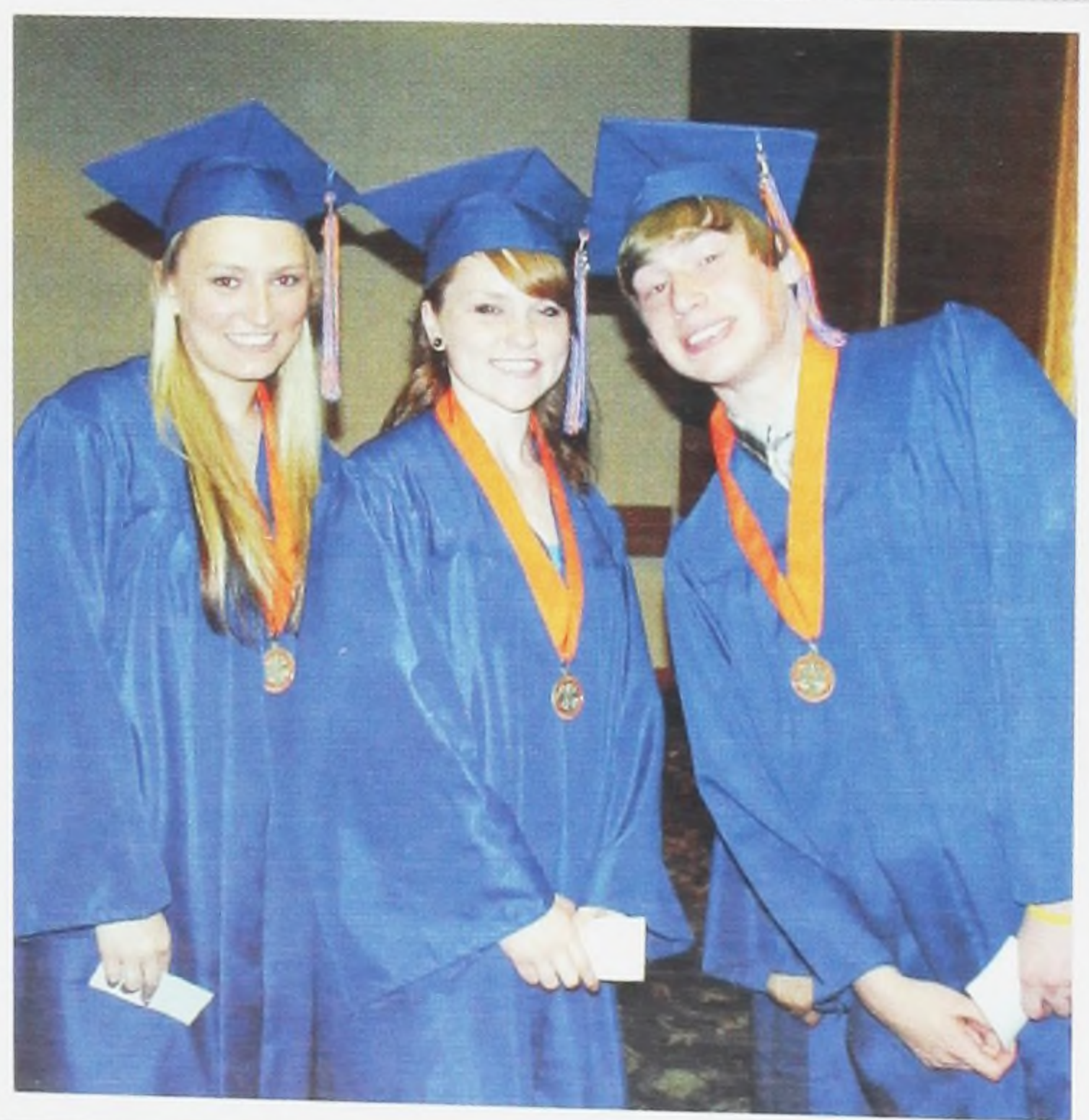
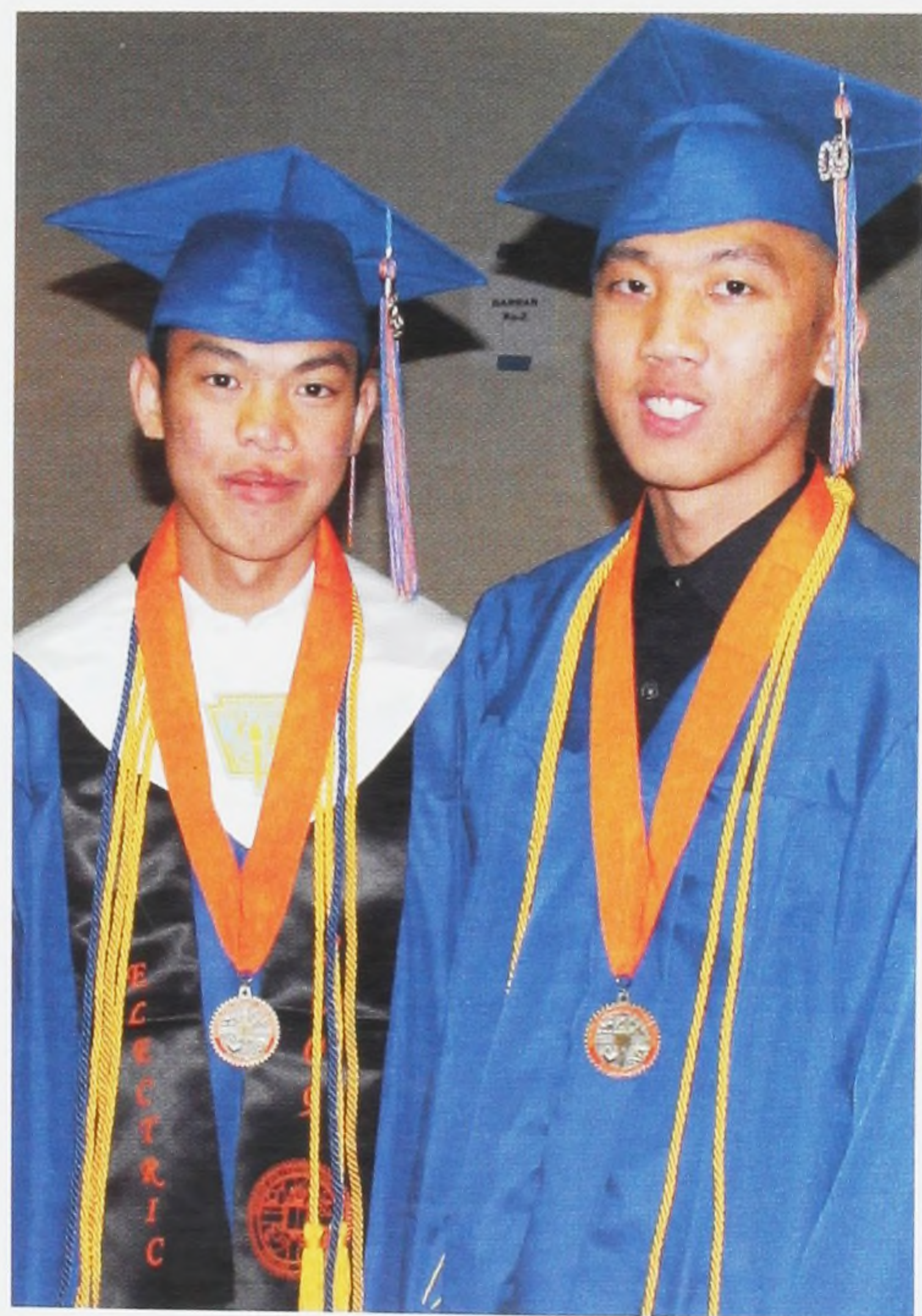


Graduation

The Senior Class of

2009

United by Spirit, Bonded by Name



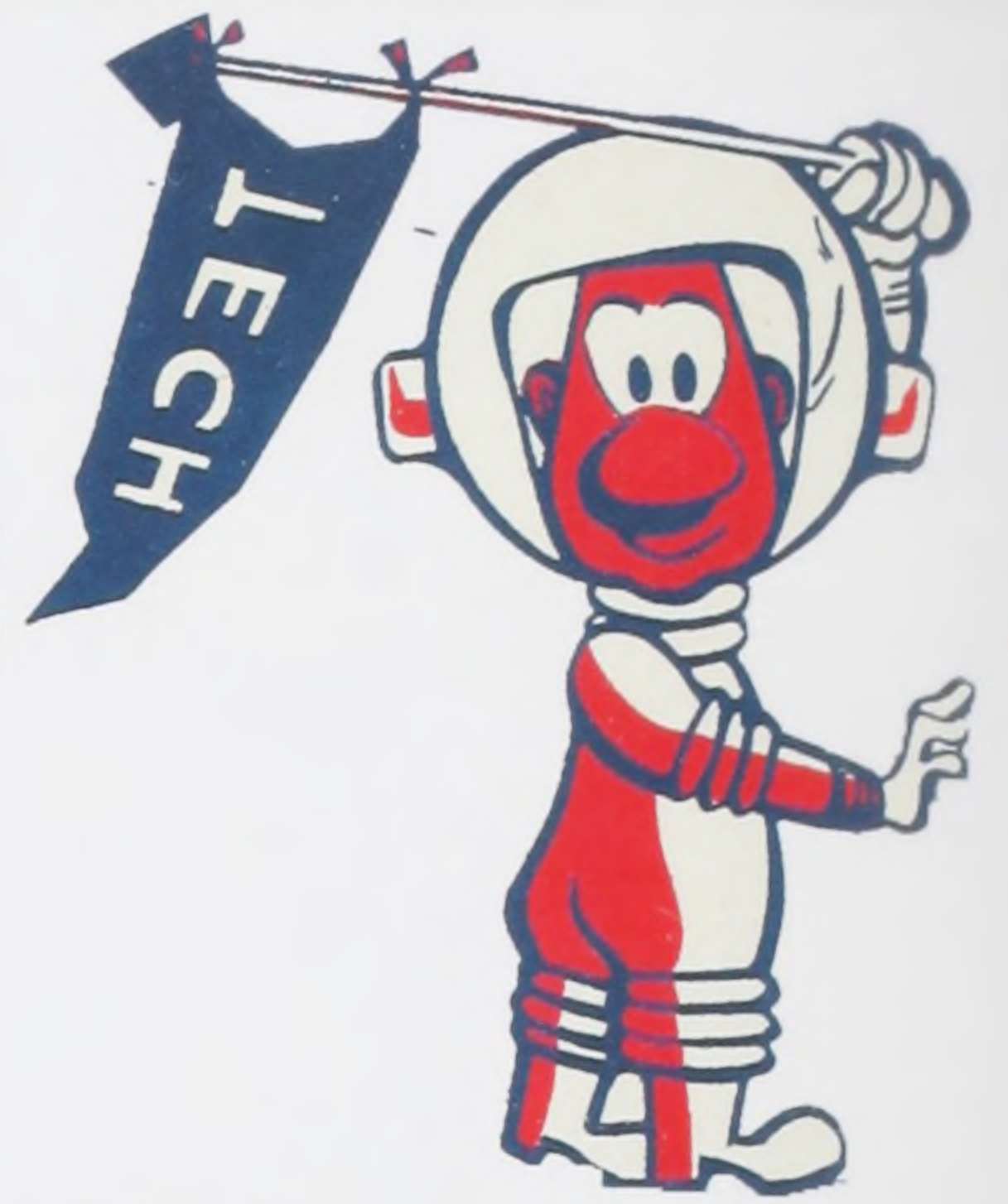


We ARE the
Graduates!



Finally made it!

BENSON



"We are built to conquer strength, dignity, achieve our goals, and we cannot find satisfaction or happiness in life without obstacles to conquer and goals to achieve."

-- Benson Spirit



Robotics

Top row (left to right): John DeLacy, Zeno Idzerda, Tucker Brennan, Ian McBride, Christopher Pixley, Terry Adolphson, Jeff McBride, Galen Kawmoto. Middle row: Keegan Allison, Nolan Dedrickson, Ben Pixley, Kevin Burns, Kyla Overbay, Kyler Buzalsky, Jessica Anderson, Andy Nguyen, Travis Smith. Bottom row: Khue Tran, Penelope Biggs, Ethan Dedrickson.



MESA

Kneeling: Ian Hankins; Front row (from left): Laura Gutierrez, Maria Mendez, Tracy Romero, Than Vuong; Back Row: Danudet Boonyakamol, Huy Duong, Mr. Smith, Alex Eliw, Milan Justel, Touku Cha.
Not pictured: Brianda Reyes, Calvin Lal, Vishek Dass.



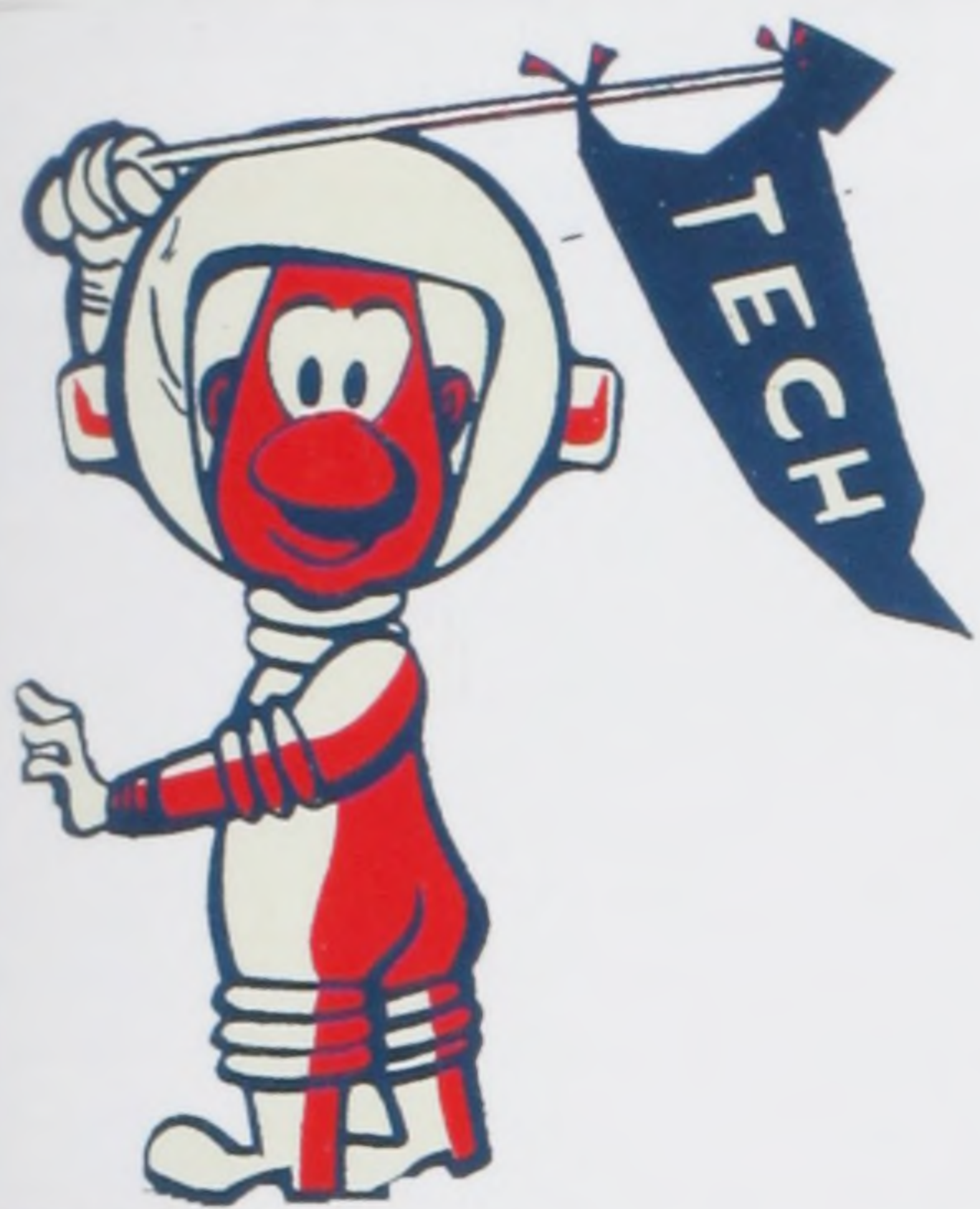
Science Bowl I

Left to Right: Blaise Clarke, Milan Justel, Logan Stowell, Max McCain, Mrs. Eames, Kevin Burns.



Science Bowl II

Left to Right: Mr. Pellico, Danudet Boonyakamol, Gibson Stephen, Thuan Vuong, Chris Pixley, Vicki Lam.



CLUBS

*"Everybody can be great... because anybody can serve. You don't have to have a college degree to serve. You don't have to make your subject and verb agree to serve. You only need a heart full of grace. A soul generated by love."
--Martin Luther King Jr.*



Hispanic

Standing (from left): Carmen Vazquez, Juan Garcia, Giselle Garcia, Jacqueline Gutierrez, Lidia Garcia.
Kneeling: German Juarez, Carlos Miguel.



Peer Mentors

Front Row (from left): Minh Duong, Antonio Montoya, Elizabeth Phan, Luehna Abuan, Victor Kuss, Katie Deem, Adam Waritu, Sharice Jackson, Netty McKenzie, Claudia Escobar. *Middle Row:* Maikhanh Tran, Mercedes Pizarro, Viet Phan, Kalie Papasadero, Katelynn Robinson, Kamie Boggan, Marlene Sails, Esperanza Rendon. *Back Row:* Sean Rice, Kristina Brown, Kassie Konikow, Jeffrey Walberg, Tiona Harris, Gabriel Law, Daniel Morales-Roblero.



Student Government

Sitting (from left): Mary Dang, Noel Maalouf, Abby Delgado, Sandra Van. *Row 2:* Gaby B. Sanchez, Maikhanh Tran, Nhi Tronny, Brenda Dao, Tien Nguyen. *Row 3:* Tommy Ngo, May Wu, Shakahara Green, Dennis Moss, Joyce Dang.



B.A.T.S

Front Row (from left): Ethan Dedrickson, Chris Pixley, Mr. Hager, Andy Nguyen, and Penelope Biggs. *Back Row:* Ben Pixley, Ian McBride, Frank Granlund, Kevin Burns, Will Harrison, Nolan Dedrickson and Sam Trojano.



National Honor Society

In no particular order: Luehna Abuan, Yesenia Avellaneda, Shawn Chan, Vanny Chao, Jenny Chau, Jane Chen, Justin Chen, Larry Chiem, Mary Dang, Ken Duong, Minh Duong, Khanh Huynh, Micheal Le, Matthew Lei, Calvin Li, Sherry Liao, Khalid Osman, Brianna Ono, Elizabeth Phan, Viet Phan, Dever Sabundo, Maikhanh Tran, Tri Tran, Roselily Trang, Christina Troung, Jenny Troung, Sandra Van, Phoebe Van Buren, My-Van Vo, Lianne Weller, Erica Wu, May Wu, Sara Yon, John Yu, Ling Zhan, Piaoling Zhen, Judy Asa, Brenda Dao, Abigail Delgado, Linh Duong, Vicki Lam, John Le, Kim-Ngan Nguyen, Rose Nguyen, Phuong Pham, Julie Phan, Charlie Ta, Phi Tran, Tracy Trieu, Bing Yang, Catalina Vu, Chu Wu, Eileen Tom.



Ocean Bowl

First row (from left): Peter Le, Teresa Huynh, Tracy Trieu, Victor Trinh, Ms. Eames, Mary Gano. *Second row:* Vicki Lam, Milan Justel, Thuan Vuong, Phuong Pham, Kim Nguyen, Matt Pellico. *Third row:* Logan Stowell, Ana Huang, Judy Asa. *Standing:* Chu Wu, Eileen Toms, Fred Wong, Michael Le.



African American Awareness

Front row (from left): Chico Bailey, Shurita Calloway, Kayla Smith, Stephanie Reed. *Middle row:* Ashley Curry, Mary Hartley, Shakara Green, Patrice Bass, Nycole. *Back row:* Shane Gill, Ese, Kalie, Kammie Bogan.



Color Guard

Front row (from left): Luna Tesfagiorgis and Nou Vang. *Back row:* Vicki Lam, Thuan Vuong, Ana Hernandez.



Drama

Front row (from left): Ms. Figueroa, Christina Doan, Claudia Barcenaz, Claudia Escoban, Peter Le, Sarah Leong, Ana Hernandez. *Back row:* Vicki Lam, Ebony Foreman, Charlie Ta, Eileen Tom. *Not Pictured:* Emily Heineman, Phi Tran.

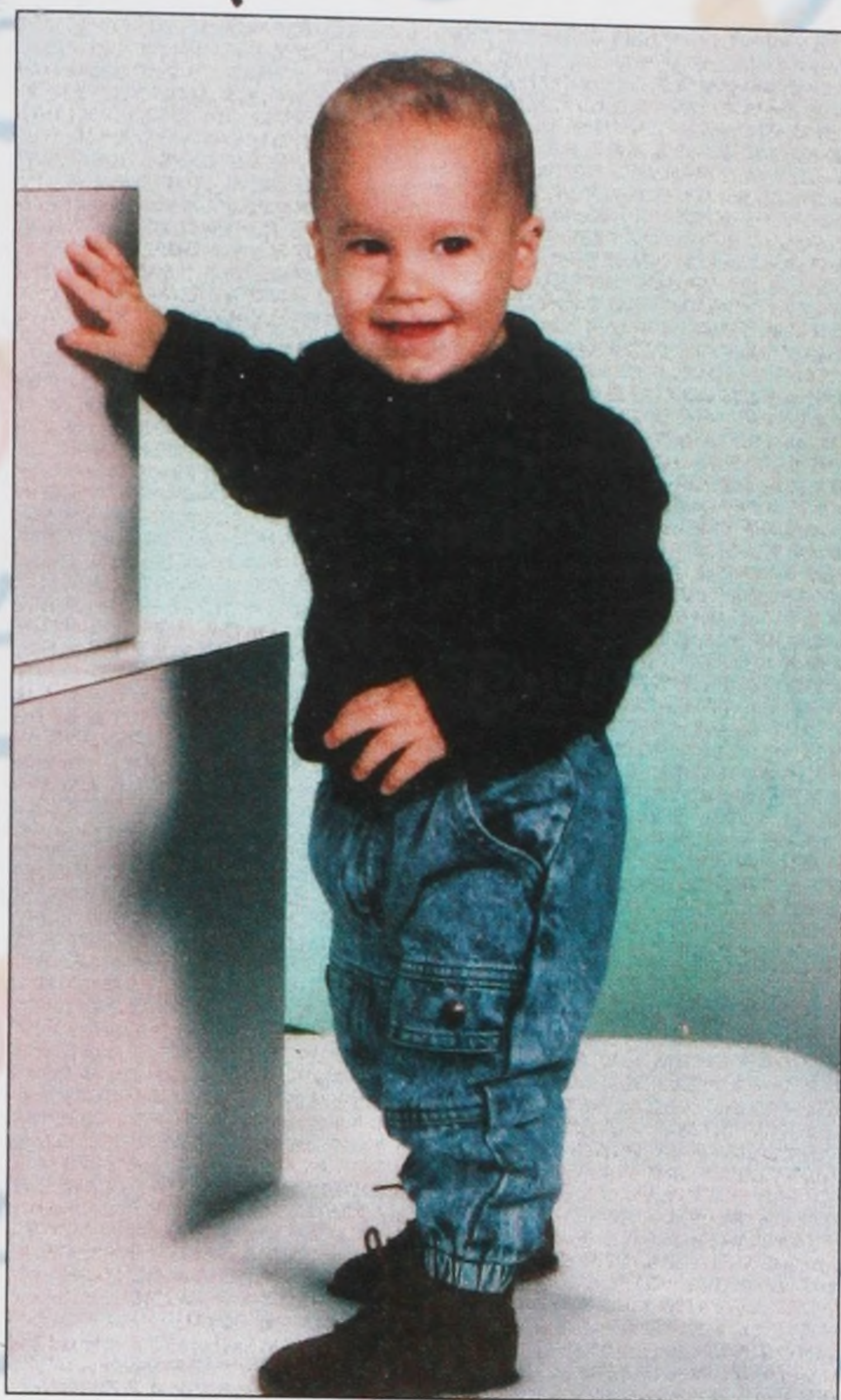
Allison Stofiel



Congratulations Allison, we are so proud of you!

- Love Mom and Dad

Stephen Gibson



I loved you the moment you entered the world. I am so proud of all you are, and are going to become. Go live your life, don't forget to laugh and always believe in yourself.

- Mom

Patrice Bass



Stay beautiful and continue to inspire!

Love,
Mom

Nick Bernier



Congratulations! You're our survivor. Go make your mark in the world.

Love,
Mom & Dad



Editor
Nick Bernier

The 2008-2009 Yearbook Staff



Co-Editor
Mariela Ramirez



Front row (from left): Khayrie Rivers, Shawnece Stanciell, Evelin Hernandez, Judy Asa, Perla Rojas, Jane Chen, Erica Wu. Row 2: Bill Phan, Sandra Dao, Shawnice Richey, Marsean Smith, Jenny Chau, Jennifer Roman, Nicolle Asencio, Gia Yen Nguyen, Touku Cha. Not Pictured: Taylor Davis, Dale Johnson, Jonathan Kim, Jacob Kurtz, Noel Maalouf, Chantiana Nem, Jessica Nguyen, Ngoc Nguyen, Wade Norris, Kiara Penson, Carmen Seto, Lue Thow, Raevyn Walton.

